# ON CLASSIFICATION OF NORMAL MATRICES IN INDEFINITE INNER PRODUCT SPACES* 

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#### Abstract

Canonical forms are developed for several sets of matrices that are normal with respect to an indefinite inner product induced by a nonsingular Hermitian, symmetric, or skewsymmetric matrix. The most general result covers the case of polynomially normal matrices, i.e., matrices whose adjoint with respect to the indefinite inner product is a polynomial of the original matrix. From this result, canonical forms for complex matrices that are selfadjoint, skewadjoint, or unitary with respect to the given indefinite inner product are derived. Most of the canonical forms for the latter three special types of normal matrices are known in the literature, but it is the aim of this paper to present a general theory that allows the unified treatment of all different cases and to collect known results and new results such that all canonical forms for the complex case can be found in a single source.


Key words. Indefinite inner products, Sesquilinear forms, Bilinear forms, Normal matrices, Selfadjoint matrices, Skewadjoint matrices, Unitary matrices.

AMS subject classifications. 15A21, 15A57, 15A63.

1. Introduction. Let $\mathbb{F}$ denote one of the fields $\mathbb{R}$ or $\mathbb{C}$, and let $H \in \mathbb{F}^{n \times n}$ be invertible. If $H$ is (skew-)symmetric, then $H$ induces a nondegenerate (skew-) symmetric bilinear form on $\mathbb{F}^{n}$ via $[x, y]:=y^{T} H x$ for $x, y \in \mathbb{F}^{n}$. Analogously, if $\mathbb{F}=\mathbb{C}$ and $H$ is Hermitian, then $H$ induces a nondegenerate Hermitian sesquilinear form on $\mathbb{C}^{n}$ via $[x, y]:=y^{*} H x$ for $x, y \in \mathbb{C}^{n}$.

For a matrix $M \in \mathbb{F}^{n \times n}$, the $H$-adjoint of $M$ is defined to be the unique matrix $M^{[\star]}$ satisfying

$$
[x, M y]=\left[M^{[\star]} x, y\right] \quad \text { for all } x, y \in \mathbb{F}^{n} .
$$

Thus, $M^{[\star]}=H^{-1} M^{\star} H$. (Here and throughout the remainder of the paper, $M^{\star}$ denotes $M^{T}$ in the case that $[\cdot, \cdot]$ is a bilinear form, and $M^{*}$ (the conjugate transpose of $M$ ) in the case that $[\cdot, \cdot]$ is a sesquilinear form.) A matrix $M \in \mathbb{F}^{n \times n}$ is called $H$ selfadjoint, $H$-skew-adjoint, or $H$-unitary, respectively, if $M^{[\star]}=M, M^{[\star]}=-M$, or $M^{[\star]}=M^{-1}$, respectively. These three types of matrices have been widely discussed in the literature, both in terms of theory and numerical analysis, in particular for the case of a sesquilinear form or under the additional assumptions $\mathbb{F}=\mathbb{R}$. Extensive lists of references can be found in $[1,14,19,21]$.
$H$-selfadjoint, $H$-skewadjoint, and $H$-unitary matrices are special cases of $H$ normal matrices. A matrix $M \in \mathbb{C}^{n \times n}$ is called $H$-normal if $M$ commutes with its $H$-adjoint, i.e., if $M M^{[\star]}=M^{[\star]} M$. Observe that the structure of pairs $(M, H)$ is

[^0]invariant under transformations of the form
\[

$$
\begin{equation*}
(M, H) \mapsto\left(P^{-1} M P, P^{\star} H P\right), \quad P \in \mathbb{F}^{n \times n} \text { nonsingular. } \tag{1.1}
\end{equation*}
$$

\]

(This corresponds to a change of bases $x \mapsto P x$ in the space $\mathbb{F}^{n}$.) Thus, $M$ is $H$-selfadjoint, $H$-skewadjoint, $H$-unitary, or $H$-normal, respectively, if and only if $P^{-1} M P$ is $P^{\star} H P$-selfadjoint, $P^{\star} H P$-skewadjoint, $P^{\star} H P$-unitary, or $P^{\star} H P$-normal, respectively.

Canonical forms for $H$-selfadjoint and $H$-skewadjoint matrices under transformations of the form (1.1) are well known for the case of Hermitian $H$ (see, e.g., [3, 6, 14]) and for $\mathbb{F}=\mathbb{R}$ in the case of symmetric or skew-symmetric $H$ (see, e.g., $[3,4,14]$ ). They are implicitly known for $\mathbb{F}=\mathbb{C}$ and the case of symmetric or skew-symmetric $H$ by the canonical forms for pairs of complex symmetric or skew-symmetric matrices given in [26]. (Observe that, for example, for symmetric $H$, a matrix $M \in \mathbb{C}^{n \times n}$ is $H$-selfadjoint if and only if $H M$ is symmetric. Thus, a canonical form for the pair $(M, H)$ under transformations of the form (1.1) can be easily obtained from the canonical form for the pair $(H M, H)$ of symmetric matrices under simultaneous congruence.)

Canonical forms for $H$-unitary matrices seem to be less familiar. For the case of Hermitian $H$, they have been developed in [8], and for $\mathbb{F}=\mathbb{R}$ and the case of skewsymmetric $H$, they can be obtained from $[24$, Theorem 5]. For the case $\mathbb{F}=\mathbb{R}$ and symmetric $H$, a canonical form is given in [23] in general and in [2] for the special case that $M$ is diagonalizable (over the complex field). In addition, canonical forms for $H$-unitary matrices for some particular choices of $H$ have been developed in [17, 22] under similarity transformations that leave $H$ invariant.

On the other hand, the problem of finding a canonical form for $H$-normal matrices has been proven to be as difficult as classifying pairs of commuting matrices under simultaneous similarity, see [7]. So far, a classification of $H$-normal matrices has only been obtained for some special cases, see $[7,10,11]$.

From this point of view, the set of all $H$-normal matrices is "too large" and it makes sense to look for proper subsets for which a complete classification can be obtained. A first approach in this direction has been made in [8], where block-Toeplitz $H$-normal matrices have been defined (see Section 2 for the definition). Two years later, a complete classification for block-Toeplitz $H$-normal matrices has be given in [9] for the case that $H$ induces a Hermitian sesquilinear form. However, in the case that $H$ induces a complex or real bilinear form that is symmetric or skew-symmetric, there exist $H$-selfadjoint, $H$-skewadjoint, or $H$-unitary matrices that fail to be blockToeplitz $H$-normal (see Section 2 for details). Thus, the approach via block-Toeplitz $H$-normal matrices only makes sense for the case of a Hermitian sesquilinear form.

In [20], several subsets of the set of $H$-normal matrices have been considered with the emphasis of finding a subset that is 'large enough' in order to contain all $H$-selfadjoint, $H$-skewadjoint, and $H$-unitary matrices, but that is still 'small enough' such that a complete classification its elements can be obtained. A suitable set with these properties is the set of polynomially $H$-normal matrices. By definition, a matrix $X \in \mathbb{C}^{n \times n}$ is polynomially $H$-normal if there exists a polynomial $p \in \mathbb{C}[t]$ such that $X^{\star}=p(X)$.

In this paper, we develop canonical forms for polynomially $H$-normal matrices. It will turn out that canonical forms for $H$-selfadjoint, $H$-skewadjoint, and $H$-unitary matrices are special cases of the general form. We mainly consider the case $\mathbb{F}=\mathbb{C}$ here, but we will extend results to the real case, whenever this easily achievable. However, the investigation of the real case in full detail needs additional discussions and is referred to the subsequent paper [18].

The paper is organized as follows. In Section 2, we compare the notions of blockToeplitz $H$-normal matrices and polynomially $H$-normal matrices and we introduce the notion of $H$-decomposability. In Section 3, we discuss how to decompose a matrix into a block diagonal matrix with indecomposable diagonal blocks. Section 4 is devoted to similarity transformations that leave the set of upper triangular Toeplitz matrices invariant. These similarity transformations will be used in Section 5 to obtain canonical forms for polynomially $H$-normal matrices that are similar to a Jordan block. Finally, we present canonical forms for polynomially $H$-normal matrices and deduce from the general result canonical forms for $H$-selfadjoint, $H$-skewadjoint, and $H$-unitary matrices. Section 6 contains the case of Hermitian $H$, Section 7 the case of symmetric $H$, and Section 8 the case of skew-symmetric $H$. Most of the canonical forms presented in Sections 6-8 are known in the literature, but it is the aim of this paper to present a general theory that allows a unified treatment of $H$-selfadjoint, $H$-skewadjoint, and $H$-unitary matrices and to provide a forum, where all forms for the case $\mathbb{F}=\mathbb{C}$ are collected in a single source.

Throughout the paper, we use the following notation. $\mathbb{N}$ is the set of natural numbers (excluding zero). If it is not explicitly stated otherwise, $H$ always denotes an $n \times n$ invertible matrix that is either Hermitian and induces a sesquilinear form $[\cdot, \cdot]$, or it is symmetric or skew-symmetric and induces a bilinear form $[\cdot, \cdot]$. A matrix $A=A_{1} \oplus \cdots \oplus A_{k}$ denotes a block diagonal matrix $A$ with diagonal blocks $A_{1}, \ldots, A_{k}$ (in that order). $e_{i}$ is the $i$-th unit vector in $\mathbb{F}^{n} . A=\left(a_{\alpha(i), \beta(j)}\right) \in \mathbb{F}^{m \times n}$, where $\alpha(i), \beta(j)$ are functions of the row and column indices $i$ or $j$, respectively, denotes a matrix $A$ whose $(i, j)$-entry is given by $a_{\alpha(i), \beta(j)}$ for $i=1, \ldots, m ; j=1, \ldots, n$. The symbols $R_{n}$ and $\Sigma_{n}$ denote the $n \times n$ reverse identity and the $n \times n$ reverse identity with alternating signs, respectively, i.e.,

$$
R_{n}=\left[\begin{array}{lll}
0 & & 1 \\
& . & \\
1 & & 0
\end{array}\right], \quad \Sigma_{n}=\left[\begin{array}{ccc}
0 & . & (-1)^{0} \\
(-1)^{n-1} & . & 0
\end{array}\right]
$$

Moreover, $\mathcal{J}_{n}(\lambda)$ denotes the upper triangular Jordan block of size $n$ associated with the eigenvalue $\lambda$. A matrix $A \in \mathbb{F}^{n \times n}$ is called anti-diagonal if $R_{n} A$ is diagonal. Also, recall that $M^{*}$ is the conjugate transpose of the matrix $M$ and that $M^{\star}$ (or $M^{[\star]}$, respectively) stands for $M^{T}$ (or $H^{-1} M^{T} H$, respectively) whenever we consider the case of symmetric or skew-symmetric $H$, and it stands for $M^{*}$ (or $H^{-1} M^{*} H$, respectively) whenever we consider the case of Hermitian $H$. Finally, $M^{-\star}:=\left(M^{\star}\right)^{-1}=\left(M^{-1}\right)^{\star}$.
2. Block-Toeplitz $H$-normal matrices and polynomially $H$-normal matrices. An important notion in the context of classification of matrices that are structured with respect to indefinite inner products is the notion of $H$-decomposability.

A matrix $X \in \mathbb{F}^{n \times n}$ is called $H$-decomposable if there exists a nonsingular matrix $P \in \mathbb{F}^{n \times n}$ such that

$$
P^{-1} X P=X_{1} \oplus X_{2}, \quad P^{\star} H P=H_{1} \oplus H_{2}
$$

where $X_{1}, H_{1} \in \mathbb{F}^{m \times m}$ and $X_{2}, H_{2} \in \mathbb{F}^{(n-m) \times(n-m)}$ for some $0<m<n$. Otherwise, $X$ is called $H$-indecomposable. Clearly, any matrix $X$ can always be decomposed as

$$
\begin{equation*}
P^{-1} X P=X_{1} \oplus \cdots \oplus X_{k}, \quad P^{\star} H P=H_{1} \oplus \cdots \oplus H_{k}, \tag{2.1}
\end{equation*}
$$

where $X_{j}$ is $H_{j}$-indecomposable, $j=1, \ldots, k$. Thus, it remains to classify indecomposable matrices.

As pointed out in the introduction, block-Toeplitz $H$-normal matrices have been investigated in $[8,9]$ in order to obtain a complete classification for matrices from a subset of the set of $H$-normal matrices. An $H$-normal matrix $X$ is called block-Toeplitz if there exists a decomposition as in (2.1) such that each indecomposable block $X_{j}$ is similar to either one Jordan block or to a matrix with two Jordan blocks associated with two distinct eigenvalues. The reason for the notion "block-Toeplitz $H$-normal" is obvious by the following theorem (proved in [8]).

Theorem 2.1. Let $X \in \mathbb{C}^{n \times n}$ and let $H \in \mathbb{C}^{n \times n}$ be Hermitian. Then $X$ is block-Toeplitz $H$-normal if and only if there exists a nonsingular matrix $P \in \mathbb{C}^{n \times n}$ such that

$$
\begin{equation*}
P^{-1} X P=X_{1} \oplus \cdots \oplus X_{k} \quad \text { and } \quad P^{*} H P=H_{1} \oplus \cdots \oplus H_{k} \tag{2.2}
\end{equation*}
$$

where, for each $j$, the matrices $X_{j}$ and $H_{j}$ have the same size, $X_{j}$ is indecomposable, and the pair $\left(X_{j}, H_{j}\right)$ has one and only one of the following forms:

1) $H_{j}=\varepsilon R_{p_{j}}$, where $\varepsilon \in\{1,-1\}$ and $X_{j}$ is an upper triangular Toeplitz matrix with nonzero superdiagonal element;
2) $X_{j}=X_{j 1} \oplus X_{j 2}$ and $H_{j}=R_{2 p_{j}}$, where $X_{j 1}, X_{j 2} \in \mathbb{C}^{p_{j} \times p_{j}}$ are upper triangular Toeplitz matrices with nonzero superdiagonal elements and the spectra of $X_{j 1}$ and $X_{j 2}$ are disjoint.
In [20], it has been shown that polynomially $H$-normal matrices are block-Toeplitz $H$-normal in the case of a Hermitian form. (The converse is false, i.e., there are blockToeplitz $H$-normal matrices that are not polynomially $H$-normal, see [20].) However, this is no longer true for the case of a (skew-)symmetric bilinear form, because the following examples show that already $H$-selfadjoint and $H$-skewadjoint matrices need not be block Toeplitz $H$-normal.

Example 2.2. Let $S=\mathcal{J}_{2}(0)$. Then there exists no invertible symmetric matrix $H \in \mathbb{F}^{2 \times 2}$ such that $S$ is skewadjoint with respect to the bilinear form induced by $H$. Indeed, setting $H=\left(h_{i j}\right), h_{21}=h_{12}$, we obtain from the identity $S^{T} H=-H S$ that

$$
\left[\begin{array}{cc}
0 & 0 \\
h_{11} & h_{12}
\end{array}\right]=\left[\begin{array}{ll}
0 & -h_{11} \\
0 & -h_{12}
\end{array}\right] .
$$

This implies $h_{11}=h_{12}=0$ in contrast to the invertibility of $H$. Next consider

$$
\tilde{S}=\left[\begin{array}{cc}
\mathcal{J}_{2}(0) & 0 \\
0 & -\mathcal{J}_{2}(0)
\end{array}\right], \quad \tilde{H}=R_{4}
$$

It is easily seen that $\tilde{S}$ is skewadjoint with respect to the bilinear form induced by $\tilde{H}$. By the above, $\tilde{S}$ must be $\tilde{H}$-indecomposable, but $\tilde{S}$ has two Jordan blocks associated with 0 . Thus, $\tilde{S}$ is not block-Toeplitz $H$-normal.

Example 2.3. Let $A=0 \in \mathbb{F}^{2 \times 2}$ and $H=\Sigma_{2}$. Then $H$ is skew-symmetric and $A$ is selfadjoint with respect to the bilinear form induced by $H$. Clearly, $A$ is $H$-indecomposable, because there do not exist invertible skew-symmetric matrices of odd dimension. But $A$ has two Jordan blocks associated with 0 . Thus, $A$ is not block-Toeplitz $H$-normal.

These examples show that the set of block-Toeplitz $H$-normal matrices does not contain all $H$-selfadjoint and $H$-skewadjoint matrices in the case of bilinear forms. (Similarly, one can construct examples of $H$-unitary matrices that are not blockToeplitz $H$-normal.) Therefore, we suggest to investigate polynomially $H$-normal matrices instead. Indeed, any $H$-selfadjoint matrix $A, H$-skewadjoint matrix $S$, and $H$-unitary matrix $U$ is always polynomially $H$-normal. This follows immediately from the identities $A^{\star}=A, S^{\star}=-S$, and $U^{\star}=U^{-1}$, using in the latter case that the inverse of an invertible matrix $U$ is a polynomial in $U$. We conclude this section by listing some useful properties of polynomially $H$-normal matrices. Recall that a Jordan chain $\left(v_{1}, \ldots, v_{l}\right)$ for $X \in \mathbb{F}^{n \times n}$ associated with $\lambda \in \mathbb{C}$ is an ordered set of nonzero vectors such that $X v_{1}=\lambda v_{1}$ and $X v_{j}=\lambda v_{j}+v_{j-1}$, for $j=2, \ldots, l$.

Proposition 2.4. Let $H \in \mathbb{F}^{n \times n}$ be Hermitian or (skew-)symmetric and let $X \in \mathbb{F}^{n \times n}$ satisfy $X^{[\star]}=\tilde{p}(X)$ for some polynomial $\tilde{p} \in \mathbb{F}[t]$, that is, $X$ is polynomially $H$-normal.

1) There is a unique polynomial $p \in \mathbb{F}[t]$ of minimal degree with $X^{[\star]}=p(X)$.
2) If $\left(v_{1}, \ldots, v_{l}\right)$ is a (possibly complex) Jordan chain for $X$ associated with $\lambda \in \mathbb{C}$, then

$$
\begin{equation*}
p(X) v_{j}=\sum_{\nu=0}^{j-1} \frac{1}{\nu!} p^{(\nu)}(\lambda) v_{j-\nu}, \quad j=1, \ldots l . \tag{2.3}
\end{equation*}
$$

3) We have $p\left(\mathcal{J}_{k}(\lambda)\right)=p(\lambda) I_{k}+p_{0}\left(\mathcal{J}_{k}(0)\right)$, where

$$
\begin{equation*}
p_{0}(t)=p^{\prime}(\lambda) t+\frac{1}{2!} p^{\prime \prime}(\lambda) t^{2}+\ldots+\frac{1}{(k-1)!} p^{(k-1)}(\lambda) t^{k-1} \tag{2.4}
\end{equation*}
$$

4) $p^{\prime}(\lambda) \neq 0$ for all eigenvalues $\lambda \in \mathbb{C}$ of $X$ having partial multiplicities larger than one.
5) If $H$ induces a sesquilinear form, then $\bar{p}(p(X))=X$. If $H$ induces a bilinear form, then $p(p(X))=X$.
Proof. 1) follows easily from [12, Theorem 6.1.9] noting that the LagrangeHermite interpolation problem always has a unique solution, while 2) and 3) follow
from [12] formula 6.1 .8 which is

$$
p\left(\mathcal{J}_{n}(\lambda)\right)=\left[\begin{array}{ccccc}
p(\lambda) & p^{\prime}(\lambda) & \frac{1}{2!} p^{\prime \prime}(\lambda) & \cdots & \frac{1}{(n-1)!} p^{(n-1)}(\lambda)  \tag{2.5}\\
0 & p(\lambda) & p^{\prime}(\lambda) & \ddots & \vdots \\
\vdots & 0 & p(\lambda) & \ddots & \vdots \\
\vdots & \vdots & \ddots & \ddots & p^{\prime}(\lambda) \\
0 & \cdots & \cdots & 0 & p(\lambda)
\end{array}\right]
$$

The same formula implies 4), because $p(X)=H^{-1} X^{\star} H$. Thus, the dimensions of the spaces $\operatorname{Eig}(X)$ and $\operatorname{Eig}(p(X))$ generated by all eigenvectors of $X$ and $p(X)$, respectively, must be equal. Finally, 5) follows from

$$
X=\left(X^{[T]}\right)^{[T]}=(p(X))^{[T]}=H^{-1} p(X)^{T} H=p\left(H^{-1} X^{T} H\right)=p\left(X^{[T]}\right)=p(p(X))
$$

in the case that $H$ induces a bilinear form, and in the case that $H$ induces a sesquilinear form, 5) follows from

$$
X=(p(X))^{[*]}=H^{-1} p(X)^{*} H=\bar{p}\left(H^{-1} X^{*} H\right)=\bar{p}\left(X^{[*]}\right)=\bar{p}(p(X))
$$

Observe that the assumption on $H$ of being Hermitian or (skew-)symmetric is not needed in the proof of 1)-4), but only for 5) because of the use of $X=\left(X^{[\star]}\right)^{[\star]}$.

Definition 2.5. Let $X \in \mathbb{F}^{n \times n}$ be such that $X^{[\star]}=\tilde{p}(X)$ for some polynomial $\tilde{p} \in \mathbb{F}[t]$. Then the unique polynomial $p \in \mathbb{F}[t]$ of minimal degree with $X^{[\star]}=p(X)$ is called the $H$-normality polynomial of $X$.
3. Decomposition of polynomially $H$-normal matrices. In this section, we investigate decomposability of polynomially $H$-normal matrices and discuss spectral properties of indecomposable such matrices. The first result shows that H decomposability can be deduced from the existence of nontrivial $H$-nondegenerate invariant subspaces. A nonzero subspace $\mathcal{V} \subseteq \mathbb{F}^{n}$ is called $H$-nondegenerate if for each $v \in \mathcal{V}$ there exists $w \in \mathcal{V}$ such that $[v, w] \neq 0$.

Proposition 3.1. Let $X \in \mathbb{F}^{n \times n}$ be polynomially $H$-normal and $\mathcal{V} \subseteq \mathbb{F}^{n}$ a nontrivial $X$-invariant subspace that is $H$-nondegenerate. Then $X$ is $H$-decomposable.

Proof. Without loss of generality, we may assume that $\left(e_{1}, \ldots, e_{m}\right)$ is a basis of $\mathcal{V}$. (Otherwise apply a suitable transformation on $X$ and $H$.) Then $X$ and $H$ have the block forms

$$
X=\left[\begin{array}{cc}
X_{11} & X_{12} \\
0 & X_{22}
\end{array}\right] \quad \text { and } \quad H=\left[\begin{array}{cc}
H_{11} & H_{12} \\
\pm H_{12}^{\star} & H_{22}
\end{array}\right]
$$

where $X_{11}, H_{11} \in \mathbb{F}^{m \times m}$. Then $1 \leq m \leq n-1$, because $\mathcal{V}$ is nontrivial. Since $\mathcal{V}$ is $H$-nondegenerate, we obtain that $H_{11}$ is nonsingular. Setting

$$
P=\left[\begin{array}{cc}
I_{m} & H_{11}^{-1} H_{12} \\
0 & I_{n-m}
\end{array}\right]
$$

we obtain that

$$
\tilde{X}=P^{-1} X P=\left[\begin{array}{cc}
X_{11} & \tilde{X}_{12} \\
0 & X_{22}
\end{array}\right] \quad \text { and } \quad \tilde{H}=P^{\star} H P=\left[\begin{array}{cc}
H_{11} & 0 \\
0 & \tilde{H}_{22}
\end{array}\right]
$$

with suitable matrices $\tilde{X}_{12}, \tilde{H}_{22}$. Note that with $\tilde{X}$ also $p(\tilde{X})$ is block upper triangular. Then the identity $\tilde{X}^{\star} \tilde{H}=\tilde{H} p(\tilde{X})$ implies $\tilde{X}_{12}=0$. Thus, $X$ is $H$-decomposable.

In order to check invariant subspaces for $H$-nondegeneracy, the following technical lemma will be necessary.

Proposition 3.2. Let $X \in \mathbb{F}^{n \times n}$ be polynomially $H$-normal with $H$-normality polynomial $p$ and let $\lambda, \mu \in \mathbb{C}$ be eigenvalues of $X$. Furthermore, let $\left(v_{1}, \ldots, v_{l}\right)$ be a Jordan chain for $X$ with respect to $\lambda$ and let $\left(w_{1}, \ldots, w_{m}\right)$ be a Jordan chain for $X$ with respect to $\mu$, where $m \geq l$. (Both chains are allowed to be complex in the case $\mathbb{F}=\mathbb{R}$.) Then for all $i=1, \ldots, l, j=1, \ldots, m$, and $\eta=0, \ldots, \min (i-1, m-j)$ the following conditions are satisfied:

1) if $\mathbb{F}=\mathbb{C}$ and $H$ induces a sesquilinear form:
a) $\left[w_{j}, v_{i}\right]=\left(\overline{p^{\prime}(\lambda)}\right)^{\eta}\left[w_{j+\eta}, v_{i-\eta}\right]$ whenever $\mu=\overline{p(\lambda)}$ and $\left[w_{\sigma}, v_{\nu}\right]=0$ for $\sigma+\nu<i+j$;
b) $\left[w_{j}, v_{i}\right]=0$ if $i+j \leq m$;
c) $\left[w_{j}, v_{i}\right]=0$ if $i+j>m$ and $\mu \neq \overline{p(\lambda)}$;
2) if $H$ induces a bilinear form:
a) $\left[w_{j}, v_{i}\right]=\left(p^{\prime}(\lambda)\right)^{\eta}\left[w_{j+\eta}, v_{i-\eta}\right]$ whenever $\mu=p(\lambda)$ and $\left[w_{\sigma}, v_{\nu}\right]=0$ for $\sigma+\nu<i+j$;
b) $\left[w_{j}, v_{i}\right]=0$ if $i+j \leq m$;
c) $\left[w_{j}, v_{i}\right]=0$ if $i+j>m$ and $\mu \neq p(\lambda)$.

Proof. We only prove the result for the case that $H$ is Hermitian and induces a sesquilinear form. The proof in the case of a bilinear form proceeds completely analogously. Let $v_{0}:=0$ and $w_{0}:=0$. Then

$$
p(X) v_{i}=\sum_{\nu=0}^{i} \frac{1}{\nu!} p^{(\nu)}(\lambda) v_{i-\nu} \quad \text { and } \quad X w_{j}=\mu w_{j}+w_{j-1}
$$

for $i=1, \ldots, l ; j=1, \ldots, m$, because of (2.3) and because $\left(w_{1}, \ldots, w_{m}\right)$ is a Jordan chain. If $\mu=\overline{p(\lambda)}$ and if $j<m$ and $i>1$ are such that $\left[w_{\sigma}, v_{\nu}\right]=0$ for $\sigma+\nu<i+j$ then

$$
\begin{aligned}
{\left[w_{j}, v_{i}\right] } & =\left[X w_{j+1}, v_{i}\right]-\mu\left[w_{j+1}, v_{i}\right]=\left[w_{j+1}, p(X) v_{i}\right]-\overline{p(\lambda)}\left[w_{j+1}, v_{i}\right] \\
& =\left[w_{j+1}, \sum_{\nu=0}^{i} \frac{1}{\nu!} p^{(\nu)}(\lambda) v_{i-\nu}\right]-\left[w_{j+1}, p(\lambda) v_{i}\right] \\
& =\left[w_{j+1}, \sum_{\nu=1}^{i} \frac{1}{\nu!} p^{(\nu)}(\lambda) v_{i-\nu}\right]=\overline{p^{\prime}(\lambda)}\left[w_{j+1}, v_{i-1}\right] .
\end{aligned}
$$

Repeating this argument implies a). The remainder of the proof proceeds by induction on $k=i+j$ (including the cases $i=0$ and $j=0$ ). The case $k=1$ is trivial. Thus,
assume $k>1$. If $i=0$ or $j=0$ then there is nothing to prove. Thus, let $i, j>0$. First let us assume $\overline{p(\lambda)}=\mu$ and $k \leq m$. Using $j+i-1<m$, the induction hypothesis $\left[w_{\sigma}, v_{\nu}\right]=0$ for $\sigma+\nu<k$, and a), we obtain that

$$
\begin{aligned}
{\left[w_{j}, v_{i}\right] } & =\left(\overline{p^{\prime}(\lambda)}\right)^{i-1}\left[w_{j+i-1}, v_{1}\right]=\left(\overline{p^{\prime}(\lambda)}\right)^{i-1}\left(\left[X w_{j+i}, v_{1}\right]-\mu\left[w_{j+i}, v_{1}\right]\right) \\
& =\left(\overline{p^{\prime}(\lambda)}\right)^{i-1}\left(\left[w_{j+i}, p(X) v_{1}\right]-\overline{p(\lambda)}\left[w_{j+i}, v_{1}\right]\right)=0
\end{aligned}
$$

Next consider the case $\overline{p(\lambda)} \neq \mu$. Then the induction hypothesis yields $\left[w_{j-1}, v_{i}\right]=0$ and $\left[w_{j}, v_{\nu}\right]=0$ for $\nu<i$. Thus, we obtain that

$$
\begin{aligned}
\mu\left[w_{j}, v_{i}\right] & =\left[\mu w_{j}, v_{i}\right]=\left[X w_{j}, v_{i}\right]-\left[w_{j-1}, v_{i}\right]=\left[X w_{j}, v_{i}\right]=\left[w_{j}, p(X) v_{i}\right] \\
& =\left[w_{j}, \sum_{\nu=0}^{i} \frac{1}{\nu!} p^{(\nu)}(\lambda) v_{i-\nu}\right]=\overline{p(\lambda)}\left[w_{j}, v_{i}\right]
\end{aligned}
$$

which implies $\left[w_{j}, v_{i}\right]=0$. This concludes the proof of b ) and c ). $\mathrm{\square}$
With the help of the results of Proposition 3.2, we can now give some criteria for the $H$-nondegeneracy of invariant subspaces.

Proposition 3.3. Let $X \in \mathbb{F}^{n \times n}$ be polynomially $H$-normal with $H$-normality polynomial $p$, let $\left(v_{1}, \ldots, v_{l}\right)$ be a Jordan chain for $X$, and let $\mathcal{V}:=\operatorname{Span}\left(v_{1}, \ldots, v_{l}\right)$.
i) $\mathcal{V}$ is nondegenerate if and only if $\left[v_{1}, v_{l}\right] \neq 0$.
ii) Let $\mathcal{B}:=\left(v_{1}, \ldots, v_{n}\right)$ be an extension of $\left(v_{1}, \ldots, v_{l}\right)$ to a basis of $\mathbb{C}^{n}$ that consists of Jordan chains for $X$. If every Jordan chain in $\mathcal{B}$ different from $\left(v_{1}, \ldots, v_{l}\right)$ has length smaller than $l$, then $\mathcal{V}$ is nondegenerate.
Proof. If $\left[v_{1}, v_{l}\right]=0$, then by condition b) in Proposition 3.2 we have $\left[v_{1}, v_{j}\right]=0$ for $j=1, \ldots, l$ and hence $\mathcal{V}$ is degenerate. To prove the converse, assume $\mathcal{V}$ is degenerate and let $v \in \mathcal{V} \backslash\{0\}$ be such that $\left[v_{j}, v\right]=0$ for $j=1, \ldots, l$. Then $v=c_{1} v_{1}+\cdots+c_{l} v_{l}$ for some $c_{1}, \ldots, c_{l} \in \mathbb{C}$. Let $\nu$ be the largest index for which $c_{\nu} \neq 0$. Then

$$
0=\left[v, v_{l-\nu+1}\right]=c_{\nu}\left[v_{\nu}, v_{l-\nu+1}\right]=\zeta^{l-\nu} c_{\nu}\left[v_{l}, v_{1}\right]
$$

by conditions a) and b) in Proposition 3.2. Here $\zeta=p^{\prime}(\lambda)$ in the case of a bilinear form or $\zeta=\overline{p^{\prime}(\lambda)}$ in the case of a sesquilinear form, where $\lambda$ is the eigenvalue associated with the Jordan chain $\left(v_{1}, \ldots, v_{l}\right)$. In particular, $\zeta^{l-\nu} \neq 0$. (For $l>1$ this follows from condition 4) in Proposition 2.4 and for $l=1$ the exponent $l-\nu$ is zero.) But then, we necessarily have $\left[v_{l}, v_{1}\right]=0$. This concludes the proof of i).

For the proof of ii), assume that $\mathcal{V}$ is degenerate. Then by i) we have $\left[v_{l}, v_{1}\right]=0$. Moreover, the fact that all Jordan chains in $\left(v_{l+1}, \ldots, v_{n}\right)$ have size smaller than $l$ and condition b) in Proposition 3.2 imply that $\left[v_{j}, v_{1}\right]=0$ for $j=1, \ldots, n$. This contradicts $H$ being nonsingular and the inner product being nondegenerate. Consequently, $\mathcal{V}$ is nondegenerate. $\quad \square$

As an application of Proposition 3.3, we obtain a classification of $H$-indecomposable polynomially $H$-normal matrices in terms of maximal numbers of linearly independent eigenvectors.

Proposition 3.4. Let $X \in \mathbb{F}^{n \times n}$ be an $H$-indecomposable polynomially $H$ normal matrix with $H$-normality polynomial $p$ and let $\operatorname{Eig}_{\mathbb{F}}(X) \subseteq \mathbb{F}^{n}$ be the space generated by all eigenvectors of $X$ (over $\mathbb{F}$ ). Then:
a) $\operatorname{dim} \operatorname{Eig}_{\mathbb{F}}(X) \leq 2$.
b) If $\operatorname{dim} \operatorname{Eig}_{\mathbb{F}}(X)=1$, then $X$ is similar to a Jordan block associated with an eigenvalue $\lambda \in \mathbb{F}$. Moreover, $p(\lambda)=\bar{\lambda}$ if $H$ induces a Hermitian sesquilinear form or $p(\lambda)=\lambda$ if $H$ induces a (skew-)symmetric bilinear form.
c) If $\operatorname{dim} \operatorname{Eig}_{\mathbb{F}}(X)=2$, then there exist two Jordan chains $\left(v_{1}, \ldots, v_{m}\right)$ and $\left(w_{1}, \ldots, w_{m}\right)$ for $X$ associated with the eigenvalues $\lambda, \mu \in \mathbb{F}$, respectively, such that $\mathbb{F}^{n}=\mathcal{V} \dot{+} \mathcal{W}$, where $\mathcal{V}:=\operatorname{Span}\left(v_{1}, \ldots, v_{m}\right)$ and $\mathcal{W}:=\operatorname{Span}\left(w_{1}, \ldots, w_{m}\right)$ are $H$-neutral. In particular, $n=2 m$ is even.
Moreover, $\overline{p(\lambda)}=\mu \neq \lambda=\overline{p(\mu)}$ if $H$ induces a Hermitian sesquilinear form. If $H^{T}=\delta H, \delta= \pm 1$ induces a bilinear form, then $p(\lambda)=\mu$ and $p(\mu)=\lambda$ and we have $\mu=\lambda$ only if $\delta p^{\prime}(\lambda)^{m-1}=-1$.
Proof. If $\mathbb{F}=\mathbb{R}$ and if $X$ has no real eigenvalues, then $\operatorname{dim} \operatorname{Eig}_{\mathbb{R}}(X)=0$ and there is nothing to prove. Thus, assume that $X$ has an eigenvalue $\lambda \in \mathbb{F}$ and let $\left(v_{1}, \ldots, v_{m}\right)$ be a Jordan chain (over $\mathbb{F}$ ) for $X$ of maximal length $m$ associated with $\lambda$.

If $\left[v_{m}, v_{1}\right] \neq 0$ then $\mathcal{V}=\operatorname{Span}\left(v_{1}, \ldots, v_{m}\right)$ is nondegenerate by condition i) in Proposition 3.3. But if $\mathcal{V}$ is nondegenerate, then Proposition 3.1 and the $H$ indecomposability of $X$ imply $n=m$ and hence $X$ is similar to a Jordan block and $\operatorname{dim} \operatorname{Eig}_{\mathbb{F}}(X)=1$. Moreover, condition c) in Proposition 3.2 implies $p(\lambda)=\bar{\lambda}$ in the case $H$ induces a sesquilinear form and $p(\lambda)=\lambda$ in the case $H$ induces a bilinear form.

If $\left[v_{m}, v_{1}\right]=0$ then the fact that the inner product is nondegenerate implies that there exists a Jordan chain $\left(w_{1}, \ldots, w_{l}\right)$ for $X$ (over $\mathbb{C}$ ) associated with an eigenvalue $\mu \in \mathbb{C}$ such that $\left[w_{l}, v_{1}\right] \neq 0$. Condition c) of Proposition 3.2 implies $\mu=p(\lambda)$ in the case of a (skew-)symmetric bilinear form and $\mu=\overline{p(\lambda)}$ in the case of a Hermitian form. In particular, $\mu=p(\lambda)$ is real in the case $\mathbb{F}=\mathbb{R}$ and the Jordan chain $\left(w_{1}, \ldots, w_{l}\right)$ can be chosen real. (Indeed, $\left[w_{l}, v_{1}\right] \neq 0$ implies $\left[\operatorname{Re}\left(w_{l}\right), v_{1}\right] \neq 0$ or $\left[\operatorname{Im}\left(w_{l}\right), v_{1}\right] \neq 0$, so either choose the Jordan chain $\left(\operatorname{Re}\left(w_{1}\right), \ldots, \operatorname{Re}\left(w_{l}\right)\right)$ or $\left(\operatorname{Im}\left(w_{1}\right), \ldots, \operatorname{Im}\left(w_{l}\right)\right)$.) Then condition b) in Proposition 3.2 implies $l \geq m$, in fact $l=m$ due to the maximality assumption. Furthermore, $\left[w_{m}, w_{1}\right]=0$, because otherwise $\operatorname{Span}\left(w_{1}, \ldots, w_{m}\right)$ would be nondegenerate in contrast to the $H$-indecomposability of $X$. We claim that the space $\mathcal{U}=\operatorname{Span}\left(v_{1}, \ldots, v_{m}, w_{1}, \ldots, w_{l}\right)$ is nondegenerate. Indeed, let

$$
v=\alpha_{1} v_{1}+\cdots+\alpha_{m} v_{m}+\beta_{1} w_{1}+\cdots+\beta_{m} w_{m}, \quad \alpha_{1}, \ldots, \alpha_{m}, \beta_{1}, \ldots, \beta_{m} \in \mathbb{F}
$$

be such that $[v, z]=0$ for all $z \in \mathcal{V}$. Assume $v \neq 0$ and let $k$ be the largest index such that $\alpha_{k} \neq 0$ or $\beta_{k} \neq 0$. Then conditions a) and b) in Proposition 3.2 and $\left[v_{m}, v_{1}\right]=0=\left[w_{m}, w_{1}\right]$ (or, equivalently, $\left[v_{k}, v_{m-k+1}\right]=0=\left[w_{k}, w_{m-k+1}\right]$ ) imply

$$
\begin{aligned}
& 0=\left[v, w_{m-k+1}\right]=\alpha_{k}\left[v_{k}, w_{m-k+1}\right]=\zeta \alpha_{k}\left[v_{m}, w_{1}\right], \\
& 0=\left[v, v_{m-k+1}\right]=\beta_{k}\left[w_{k}, v_{m-k+1}\right]=\xi \beta_{k}\left[w_{1}, v_{m}\right]
\end{aligned}
$$

where $\zeta$ and $\xi$ are nonzero constants. Thus, we obtain $\alpha_{k}=\beta_{k}=0$, a contradiction. Hence $v=0$, i.e., $\mathcal{U}$ is nondegenerate. Then Proposition 3.1 implies $n=2 m$ and,
therefore, $\operatorname{dim}_{\operatorname{Eig}}^{\mathbb{F}}(X)=2$. Next, we show that the Jordan chains $\left(v_{1}, \ldots, v_{m}\right)$ and $\left(w_{1}, \ldots, w_{m}\right)$ can be chosen in such a way that they span $H$-neutral subspaces. We consider two cases.

Case (i): $\mu \neq \lambda$. By condition c) in Proposition 3.2, we obtain from $\left[w_{m}, v_{1}\right] \neq 0$ that $\lambda=p(\mu)$ in the case of a Hermitian form and $\lambda=p(\mu)$ in the case of a (skew-) symmetric bilinear form. In view of condition 5) of Proposition 2.4 this implies $\lambda \neq \overline{p(\lambda)}$ in the case of a Hermitian form and $\lambda \neq p(\lambda)$ in the case of a (skew-) symmetric bilinear form. Hence, by condition c) in Proposition 3.2, both $\mathcal{V}$ and $\mathcal{W}$ are necessarily $H$-neutral.

Case (ii): $\mu=\lambda$. First, we consider the case of a Hermitian form. Then

$$
\left[w_{1}, v_{m}\right]={\bar{p}^{\prime}(\lambda)}^{m-1}\left[w_{m}, v_{1}\right]={\overline{p^{\prime}(\lambda)}}^{m-1}{\overline{\left[v_{1}, w_{m}\right]} .}_{\text {. }}
$$

Now let $\alpha \in \mathbb{C}$ and consider $\left(v_{1}+\alpha w_{1}, \ldots, v_{m}+\alpha w_{m}\right)$ which is a Jordan chain associated with $\lambda$. Clearly, $\alpha$ can be chosen such that
$\left[v_{1}+\alpha w_{1}, v_{m}+\alpha w_{m}\right]=\alpha\left[w_{1}, v_{m}\right]+\bar{\alpha}\left[v_{1}, w_{m}\right]=\alpha{\overline{p^{\prime}(\lambda)}}^{m-1} \overline{\left[v_{1}, w_{m}\right]}+\bar{\alpha}\left[v_{1}, w_{m}\right] \neq 0$
(For example, choose $\alpha=1$ if $\left[v_{1}, w_{m}\right] \neq-{\overline{p^{\prime}(\lambda)}}^{m-1} \overline{\left[v_{1}, w_{m}\right]}$ and $\alpha=i$ otherwise.) But then $\operatorname{Span}\left(v_{1}+\alpha w_{1}, \ldots, v_{m}+\alpha w_{m}\right)$ is nondegenerate by Proposition 3.3 in contrast to the $H$-indecomposability of $X$. Thus, case (ii) does not occur in the case of a Hermitian form.

Next, consider the case that $H=\delta H^{T}$ induces a bilinear form. Repeating the argument from the previous paragraph for $\alpha=1$, we obtain that $\left(v_{1}+w_{1}, \ldots, v_{m}+w_{m}\right)$ is a Jordan chain associated with $\lambda$ satisfying

$$
\left[v_{1}+w_{1}, v_{m}+w_{m}\right]=\left(1+\delta p^{\prime}(\lambda)^{m-1}\right)\left[v_{1}, w_{m}\right]
$$

which is nonzero unless $\delta p^{\prime}(\lambda)^{m-1}=-1$. Thus, case (ii) only occurs in the case that $\delta p^{\prime}(\lambda)^{m-1}=-1$, because otherwise $X$ would be $H$-decomposable.

Assume that the Jordan chains $\left(v_{1}, \ldots, v_{m}\right)$ and $\left(w_{1}, \ldots, w_{m}\right)$ associated with $\lambda$ and $\mu=p(\lambda)$, respectively, are chosen in such a way that

$$
\left[v_{m}, v_{j}\right]=0=\left[w_{m}, w_{j}\right]
$$

for $j=1, \ldots, k$, where $k$ is maximal. Then $k \geq 1$ because $\left[v_{m}, v_{1}\right]=0=\left[w_{m}, w_{1}\right]$. Let $\mathcal{V}=\operatorname{Span}\left(v_{1}, \ldots, v_{m}\right)$ and $\mathcal{W}=\operatorname{Span}\left(w_{1}, \ldots, w_{m}\right)$. Clearly, $\mathcal{V}$ and $\mathcal{W}$ are $H-$ neutral if and only if $k=m$. Assume $k<m$. Then $\left[v_{m}, v_{k+1}\right] \neq 0$ or $\left[w_{m}, w_{k+1}\right] \neq 0$. Without loss of generality, we may assume that $\left[v_{m}, v_{k+1}\right] \neq 0$. Then by condition a) in Proposition 3.2, we have that

$$
\left[v_{m}, v_{k+1}\right]=\delta\left[v_{k+1}, v_{m}\right]=\delta p^{\prime}(\lambda)^{m-k-1}\left[v_{m}, v_{k+1}\right]
$$

which implies $\delta p^{\prime}(\lambda)^{m-k-1}=1$. Set

$$
c:=-\frac{\left[v_{m}, v_{k+1}\right]}{2\left[v_{m}, w_{1}\right]} \quad \text { and } \quad \tilde{v}_{j}:= \begin{cases}v_{j} & \text { for } j \leq k \\ v_{j}+c w_{j-k} & \text { for } j>k .\end{cases}
$$

Then $\left(\tilde{v}_{1}, \ldots, \tilde{v}_{m}\right)$ is a Jordan chain for $X$ associated with $\lambda$ and

$$
\left[\tilde{v}_{m}, \tilde{v}_{j}\right]=\left[v_{m}, v_{j}\right]+c\left[w_{m-k}, v_{j}\right]=0
$$

for $j=1, \ldots, k$ because of $m-k+j \leq m$ and condition b ) in Proposition 3.2. On the other hand, we obtain from

$$
\left[w_{m-k}, v_{k+1}\right]=\delta\left[v_{k+1}, w_{m-k}\right]=\delta p^{\prime}(\lambda)^{m-k-1}\left[v_{m}, w_{1}\right]=\left[v_{m}, w_{1}\right]
$$

and $\left[w_{m-k}, w_{1}\right]=0$ that

$$
\left[\tilde{v}_{m}, \tilde{v}_{k+1}\right]=\left[v_{m}, v_{k+1}\right]+c\left[v_{m}, w_{1}\right]+c\left[w_{m-k}, v_{k+1}\right]+c^{2}\left[w_{m-k}, w_{1}\right]=0 .
$$

If necessary, an analogous modification of the Jordan chain $\left(w_{1}, \ldots, w_{m}\right)$ yields a Jordan chain $\left(\tilde{w}_{1}, \ldots, \tilde{w}_{m}\right)$, where $\left[\tilde{w}_{m}, \tilde{w}_{j}\right]=0$ for $j=1, \ldots, k+1$. (Note that the vectors $\tilde{v}_{1}, \ldots, \tilde{v}_{m}, \tilde{w}_{1}, \ldots, \tilde{w}_{m}$ are linearly independent, because the vectors $\tilde{v}_{1}=v_{1}$ and $\tilde{w}_{1}=w_{1}$ are.) This contradicts the maximality assumption on $k$. Hence $k=m$, and $\mathcal{V}$ and $\mathcal{W}$ are $H$-neutral.

Corollary 3.5. Let $X \in \mathbb{F}^{n \times n}$ be an $H$-indecomposable polynomially $H$-normal matrix with $H$-normality polynomial $p$. If there exist two linearly independent eigenvectors of $X$ in $\mathbb{F}^{n}$, then $n=2 m$ is even and there exists a nonsingular matrix $P \in \mathbb{F}^{n \times n}$ such that

$$
P^{-1} X P=\left[\begin{array}{cc}
\mathcal{J}_{m}(\lambda) & 0  \tag{3.1}\\
0 & p\left(\mathcal{J}_{m}(\lambda)\right)^{\star}
\end{array}\right], \quad P^{\star} H P=\left[\begin{array}{cc}
0 & I_{m} \\
\delta I_{m} & 0
\end{array}\right]
$$

where $\delta=1$ and $\lambda \neq \overline{p(\lambda)}$ in the case $H$ induces a Hermitian form, and $\lambda \neq p(\lambda)$ or $\lambda=p(\lambda)$ and $\delta p^{\prime}(\lambda)^{m-1}=-1$ in the case that $H^{T}=\delta H, \delta= \pm 1$ induces a bilinear form.

Proof. By Proposition 3.4, we may assume that, after an appropriate change of bases, $X$ and $H$ have the forms

$$
X=\left[\begin{array}{cc}
\mathcal{J}_{m}(\lambda) & 0 \\
0 & \mathcal{J}_{m}(\mu)
\end{array}\right], \quad H=\left[\begin{array}{cc}
0 & H_{12} \\
H_{21} & 0
\end{array}\right]
$$

It is clear that $H_{12}$ is nonsingular and $H_{21}=\delta H_{12}^{\star}$, where $\delta$ and $\lambda$ satisfy the conditions in the statement of the corollary. Hence, setting $P=I_{m} \oplus H_{12}^{-1}$, we obtain using $X^{\star}=p(X)$ that $P^{-1} X P$ and $P^{\star} H P$ have the forms (3.1).
4. Transforming upper triangular Toeplitz matrices. In this section, we will collect some technical results that will be used in the following section for the reduction of polynomially $H$-normal matrices towards canonical form. Let us start with a nilpotent Jordan block $\mathcal{J}_{n}(0)$. If $H$ is such that $\mathcal{J}_{n}(0)$ is polynomially $H$ normal with $H$-normality polynomial $p$, then $\mathcal{J}_{n}(0)^{*} H=\mathcal{J}_{n}(0)^{T} H=H p\left(\mathcal{J}_{n}(0)\right)$ or, equivalently,

$$
\left(R_{n} H\right)^{-1} \mathcal{J}_{n}(0) R_{n} H=p\left(\mathcal{J}_{n}(0)\right)
$$

which implies that the similarity transformation with $R_{n} H$ transforms $\mathcal{J}_{n}(0)$ to an upper triangular Toeplitz matrix. (Here, we used that $R_{n} \mathcal{J}_{n}(0) R_{n}=\mathcal{J}_{n}(0)^{T}$ or, more generally, $R_{n} T R_{n}=T^{T}$ for any Toeplitz matrix $T \in \mathbb{F}^{n \times n}$.) In this section, we will focus on transformation matrices such as $R_{n} H$ and analyze their structure.

It is well known that a matrix $T$ commutes with $\mathcal{J}_{n}(0)$ if and only if $T$ is an upper triangular Toeplitz matrix, see [5]. These matrices will play an important role in the following and we use the following notation for them: for $a_{0}, \ldots, a_{n-1} \in \mathbb{C}$ we denote

$$
T\left(a_{0}, \ldots, a_{n-1}\right):=\left[\begin{array}{cccc}
a_{0} & a_{1} & \ldots & a_{n-1} \\
0 & a_{0} & \ddots & \vdots \\
0 & 0 & \ddots & a_{1} \\
0 & 0 & 0 & a_{0}
\end{array}\right]
$$

Moreover, we denote
$\mathcal{T}(n)$ : set of all $n \times n$ upper triangular Toeplitz matrices
$\mathcal{T}_{k}(n)$ : set of all $n \times n$ upper triangular Toeplitz matrices $T\left(a_{0}, a_{1}, \ldots, a_{n-1}\right)$, where $a_{0}=\cdots=a_{k-1}=0, a_{k} \neq 0$.

In particular, $\mathcal{I}_{1}(n)$ consists of all upper triangular Toeplitz matrices that are similar to the Jordan block $\mathcal{J}_{n}(0)$. This means that for $a_{1}, \ldots, a_{n-1} \in \mathbb{F}, a_{1} \neq 0$, there exists a nonsingular matrix $Q$ such that $Q^{-1} \mathcal{J}_{n}(0) Q=T\left(0, a_{1}, \ldots, a_{n-1}\right)$. The set of all transformations of this form will be denoted by $\mathcal{G}(n)$, i.e.,

$$
\mathcal{G}(n)=\left\{Q \in \mathbb{F}^{n \times n} \mid Q^{-1} \mathcal{J}_{n}(0) Q \in \mathcal{T}_{1}(n)\right\} .
$$

Proposition 4.1. The set $\mathcal{G}(n)$ is a group. Moreover, if $Q \in \mathcal{G}(n)$, then we also have $R_{n} Q^{*} R_{n} \in \mathcal{G}(n)$ and $R_{n} Q^{T} R_{n} \in \mathcal{G}(n)$.

Proof. Clearly, $\mathcal{G}(n)$ is closed under matrix multiplication, since elements of $\mathcal{T}_{1}(n)$ are just sums of powers of $\mathcal{J}_{n}(0)$. Let $Q \in \mathcal{G}(n)$, that is, $T:=Q^{-1} \mathcal{J}_{n}(0) Q \in \mathcal{I}_{1}(n)$. We show by induction on $k$ that $Q \mathcal{J}_{n}(0)^{k} Q^{-1} \in \mathcal{T}_{k}(n)$ for $k=n-1, \ldots, 1$. Then the statement for $k=1$ implies $Q^{-1} \in \mathcal{G}(n)$. First, let $k=n-1$. Then

$$
Q^{-1} \mathcal{J}_{n}(0)^{n-1} Q=T^{n-1}=\alpha \mathcal{J}_{n}(0)^{n-1}
$$

for some $\alpha \neq 0$, because $T^{n-1} \in \mathcal{T}_{n-1}(n)$. This implies $Q \mathcal{J}_{n}(0)^{n-1} Q^{-1}=\frac{1}{\alpha} \mathcal{J}_{n}(0)^{n-1}$. Next, let $k<n-1$. Then

$$
Q^{-1} \mathcal{J}_{n}(0)^{k} Q=T^{k}=\sum_{j=k}^{n-1} \beta_{j} \mathcal{J}_{n}(0)^{j}
$$

for some $\beta_{k}, \ldots, \beta_{n-1} \in \mathbb{F}$, where $\beta_{k} \neq 0$. The induction hypothesis for $k+1, \ldots, n-1$ implies

$$
Q \mathcal{J}_{n}(0)^{k} Q^{-1}=\frac{1}{\beta_{k}}(\mathcal{J}_{n}(0)^{k}-\underbrace{\sum_{j=k+1}^{n-1} \beta_{j} Q \mathcal{J}_{n}(0)^{j} Q^{-1}}_{\in \mathcal{I}_{k+1}}) \in \mathcal{T}_{k}(n)
$$

which concludes the induction proof. Hence, $\mathcal{G}(n)$ is a group. For the remainder of the proof, let $Q \in \mathcal{G}(n)$ be such that

$$
Q^{-1} \mathcal{J}_{n}(0) Q=T\left(0, a_{1}, \ldots, a_{n-1}\right)
$$

Then noting that $R_{n} T^{*} R_{n}=\bar{T}$ for any $T \in \mathcal{T}(n)$, we obtain that

$$
\begin{aligned}
\left(R_{n} Q^{-*} R_{n}\right)^{-1} \mathcal{J}_{n}(0)\left(R_{n} Q^{-*} R_{n}\right) & =\left(R_{n} Q^{*} R_{n}\right)\left(R_{n} \mathcal{J}_{n}(0)^{T} R_{n}\right)\left(R_{n} Q^{-*} R_{n}\right) \\
& =R_{n} Q^{*} \mathcal{J}_{n}(0)^{T} Q^{-*} R_{n}=R_{n}\left(Q^{-1} \mathcal{J}_{n}(0) Q\right)^{*} R_{n} \\
& =R_{n} T\left(0, a_{1}, \ldots, a_{n-1}\right)^{*} R_{n}=T\left(0, \overline{a_{1}}, \ldots, \overline{a_{n-1}}\right) .
\end{aligned}
$$

Thus, $R_{n} Q^{-*} R_{n} \in \mathcal{G}(n)$ and since $\mathcal{G}(n)$ is a group, we also have $R_{n} Q^{*} R_{n} \in \mathcal{G}(n)$. The proof for $R_{n} Q^{T} R_{n} \in \mathcal{G}(n)$ is analogous.

What do the elements of $\mathcal{G}(n)$ look like? The answer is given in a more general sense in the next result.

Proposition 4.2. Let $a_{1}, \ldots, a_{n-1} \in \mathbb{F}, a_{1} \neq 0$, let $T:=T\left(0, a_{1}, \ldots, a_{n-1}\right)$, and let $p \geq n$. Then for any $q \in \mathbb{F}^{n}$, the matrix $\tilde{Q}=\left(q_{i j}\right) \in \mathbb{F}^{p \times n}$ given by

$$
\tilde{Q}={ }_{p-n}^{n}\left[\begin{array}{c}
n  \tag{4.1}\\
Q \\
0
\end{array}\right], Q=\left[\begin{array}{c}
q^{T} \\
q^{T} T \\
\vdots \\
q^{T} T^{n-1}
\end{array}\right]
$$

satisfies

$$
\begin{equation*}
\mathcal{J}_{p}(0) \tilde{Q}=\tilde{Q} T \tag{4.2}
\end{equation*}
$$

On the other hand, any matrix $\tilde{Q}$ satisfying (4.2) is uniquely determined by its first row, say $q^{T}$, and has the form (4.1). In particular, $Q$ is upper triangular, and for $k=1, \ldots, n, l=0, \ldots, n-k$, we obtain that

$$
\begin{align*}
q_{k k} & =a_{1}^{k-1} q_{11}  \tag{4.3}\\
q_{k, k+l} & =\sum_{i=1}^{l+1} a_{i} q_{k-1, k+l-i}  \tag{4.4}\\
q_{k, k+l} & =(k-1) a_{1}^{k-2} a_{l+1} q_{11}+a_{1}^{k-1} q_{1, l+1}+f_{k l}\left(a_{1}, \ldots, a_{l}, q_{11}, \ldots, q_{1 l}\right),
\end{align*}
$$

where $f_{k l} \in \mathbb{F}$ depends on $a_{1}, \ldots, a_{l}, q_{11}, \ldots, q_{1 l}$, but not on $a_{l+1}$ or $q_{1, l+1}$, and where $a_{n}:=0$.

Proof. It is well known (see, e.g., [5] chapter VIII, §1) that the solutions $X$ of the equation $\mathcal{J}_{p}(0) X=X T$ form a vector space of dimension $n$. A straightforward computation shows that any $Q$ of the form (4.1) is indeed a solution to $\mathcal{J}_{p}(0) X=X T$. Thus, $Q$ is uniquely determined by the $n$ entries of the first row $q^{T}$ and we immediately obtain the identities (4.3) and (4.4) by comparing the two sides in (4.1). We will now
prove identity (4.5) by induction on $k$. If $k=1$, then (4.5) is trivially satisfied with $f_{1 l}=0$ for $l=0, \ldots, n-k$. If $k>1$ and $l \in\{0, \ldots, n-k-1\}$, then (4.4) implies

$$
\begin{equation*}
q_{k+1, k+1+l}=\sum_{j=1}^{l+1} a_{j} q_{k, k+l-j+1}=a_{l+1} q_{k k}+a_{1} q_{k, k+l}+\sum_{j=2}^{l} a_{j} q_{k, k+l-j+1} \tag{4.6}
\end{equation*}
$$

By the induction hypothesis, we obtain that $q_{k, k+l-j+1}$ does neither depend on $a_{l+1}$ nor on $q_{1, l+1}$ for $j=2, \ldots, l$. Moreover, using (4.3) and the induction hypothesis for $q_{k, k+l}$, we obtain that

$$
\begin{aligned}
q_{k+1, k+1+l} & =a_{l+1} q_{k k}+a_{1} q_{k, k+l}+\widetilde{f}_{k l} \\
& =a_{1}^{k-1} a_{l+1} q_{11}+a_{1}\left((k-1) a_{1}^{k-2} a_{l+1} q_{11}+a_{1}^{k-1} q_{1, l+1}+f_{k l}\right)+\widetilde{f}_{k l} \\
& =k a_{1}^{k-1} a_{l+1} q_{11}+a_{1}^{k} q_{1, l+1}+f_{k+1, l}
\end{aligned}
$$

where $\tilde{f}_{k l} \in \mathbb{F}$ and $f_{k+1, l}=\tilde{f}_{k l}+a_{1} f_{k l}$ may depend on $a_{1}, \ldots, a_{l}, q_{11}, \ldots, q_{1 l}$, but do neither depend on $a_{l+1}$ nor on $q_{1, l+1}$. This concludes the proof.

Example 4.3. Any matrix $Q \in \mathbb{F}^{4 \times 4}$ satisfying $\mathcal{J}_{4}(0) Q=Q T\left(0, a_{1}, a_{2}, a_{3}\right)$ has the form

$$
Q=\left[\begin{array}{cccc}
q_{11} & q_{12} & q_{13} & q_{14} \\
0 & a_{1} q_{11} & a_{2} q_{11}+a_{1} q_{12} & a_{3} q_{11}+a_{2} q_{12}+a_{1} q_{13} \\
0 & 0 & a_{1}^{2} q_{11} & 2 a_{1} a_{2} q_{11}+a_{1}^{2} q_{12} \\
0 & 0 & 0 & a_{1}^{3} q_{11}
\end{array}\right]
$$

for some $q_{11}, q_{12}, q_{13}, q_{14} \in \mathbb{F}$.
Proposition 4.4. Let $n \geq 2$ and let $H$ be such that $R_{n} H \in \mathcal{G}(n)$, i.e., $H$ is invertible and there exists a matrix $T:=T\left(0, a_{1}, \ldots, a_{n}\right) \in \mathcal{T}_{1}(n)$ such that $\mathcal{J}_{n}(0)^{T} H=H T$.

1) If $H$ is symmetric, then $a_{1}=1$ if $n$ is even, or $a_{1}= \pm 1$ if $n$ is odd.
2) If $H$ is skew-symmetric, then $n$ is even and $a_{1}=-1$.
3) If $H$ is Hermitian, then $a_{1}=\frac{\left|h_{\nu+1, \nu}\right|^{2}}{h_{\nu+1, \nu}^{2}}$ if $n=2 \nu$ is even or $a_{1}= \pm \frac{\left|h_{\nu+2, \nu}\right|}{h_{\nu+2, \nu}}$ if $n=2 \nu+1$ is odd.
If one of the conditions 1)-3) is satisfied and if, in addition, the last row of $H$ is a multiple of the first unit vector $e_{1}^{T}$, then $a_{2}=\ldots=a_{n-1}=0$ and $H$ is anti-diagonal.

Proof. Let $M=R_{n} H=\left(m_{i j}\right)=\left(h_{n+1-i, j}\right)$. Then

$$
\mathcal{J}_{n}(0) M=R_{n}\left(R_{n} \mathcal{J}_{n}(0) R_{n}\right) H=R_{n} \mathcal{J}_{n}(0)^{T} H=R_{n} H T=M T
$$

and $M$ is upper triangular by Proposition 4.2. Since $M$ is nonsingular, we have furthermore that $m_{11} \neq 0$. First, let $n=2 \nu$ be even. Then Proposition 4.2 implies that

$$
m_{\nu \nu}=\left\{\begin{aligned}
& m_{\nu+1, \nu+1}=a_{1} m_{\nu \nu}, \text { if } H \text { is symmetric; } \\
&-m_{\nu+1, \nu+1}=-a_{1} m_{\nu \nu}, \text { if } H \text { is skew-symmetric } \\
& \overline{m_{\nu+1, \nu+1}}=\overline{a_{1}} \overline{m_{\nu \nu}}, \\
& \text { if } H \text { is Hermitian }
\end{aligned}\right.
$$

Thus, $a_{1}=1$ if $H$ is symmetric, $a_{1}=-1$ if $H$ is skew-symmetric, and $a_{1}=\frac{\left|m_{\nu \nu}\right|^{2}}{m_{\nu \nu}^{2}}$ if $H$ is Hermitian. On the other hand, if $n=2 \nu+1$ is odd, then Proposition 4.2 implies that

$$
m_{\nu \nu}= \begin{cases}m_{\nu+2, \nu+2}=a_{1}^{2} m_{\nu \nu}, & \text { if } H \text { is symmetric; } \\ \overline{m_{\nu+2, \nu+2}}={\overline{a_{1}}}^{2} \overline{m_{\nu \nu}}, & \text { if } H \text { is Hermitian }\end{cases}
$$

Thus, $a_{1}= \pm 1$ if $H$ is symmetric and $a_{1}= \pm \frac{\left|m_{\nu, \nu}\right|}{m_{\nu, \nu}}$ if $H$ is Hermitian. (The case that $H$ is skew-symmetric does not appear, because $H$ is assumed to be invertible.)

Finally, assume that the last row of $H$ is a multiple of the first unit vector, that is, $m_{12}=\ldots=m_{1 n}=0$. Then Proposition 4.2 implies that $M$ has the form

$$
M=m_{11}\left[\begin{array}{c}
e_{1}^{T} \\
e_{1}^{T} T \\
\vdots \\
e_{1}^{T} T^{n-1}
\end{array}\right]
$$

i.e., the rows of $M$ are just the first rows of $I, T, \ldots, T^{n-1}$ multiplied by $m_{11}$. Since each $T^{k}$ is an upper triangular Toeplitz matrix, it is completely determined by its first row and we immediately obtain that

$$
\begin{equation*}
T^{k}=\frac{m_{k+1, k+1}}{m_{11}} \mathcal{J}_{n}(0)^{k}+\cdots+\frac{m_{k+1, n}}{m_{11}} \mathcal{J}_{n}(0)^{n-1}, \quad k=1, \ldots, n-1 \tag{4.7}
\end{equation*}
$$

Assume that not all $a_{j}, j=2, \ldots, n-1$ are zero. Let $l \in\{2, \ldots, n-1\}$ be the smallest index such that $a_{l} \neq 0$, i.e.,

$$
\begin{equation*}
T=a_{1} \mathcal{J}_{n}(0)+a_{l} \mathcal{J}_{n}(0)^{l}+\cdots+a_{n-1} \mathcal{J}_{n}(0)^{n-1} \tag{4.8}
\end{equation*}
$$

By (4.7), $\frac{m_{n-l+1, n}}{m_{11}}$ is the coefficient of $\mathcal{J}_{n}(0)^{n-1}$ in $T^{n-l}$. On the other hand, using (4.8) to compute $T^{n-l}$, we obtain that

$$
T^{n-l}=a_{1}^{n-l} \mathcal{J}_{n}(0)^{n-l}+(n-l) a_{1}^{n-l-1} a_{l} \mathcal{J}_{n}(0)^{n-1}
$$

This implies $m_{n-l+1, n}=m_{11}(n-l) a_{1}^{n-l-1} a_{l}$. However, we have $m_{n-l-1, n}= \pm m_{1 l}$ if $H$ is (skew-)symmetric or $m_{n-l-1, n}= \pm \overline{m_{1 l}}$ if $H$ is Hermitian, and we have that $m_{1 l}=0$. This implies $a_{l}=0$ in contradiction to the assumption. Thus, we have that $a_{2}=\ldots=a_{n-1}=0$. In particular, $T$ is just a scalar multiple of a Jordan block and it follows from (4.7) that $m_{k+1, j}=0$ for $j=k+2, \ldots, n, k=1, \ldots, n-1$. Thus, $M$ is diagonal, i.e., $H$ is anti-diagonal.
5. H-normal matrices similar to a Jordan block. As an application of the results in Section 4, we obtain a canonical form for $H$-normal matrices that are similar to a Jordan block. For the case of a Hermitian sesquilinear form, the reduction technique is based on ideas that are similar to the ideas used in [9]. However, an independent proof is given here in order to make the paper self-contained and to be
able to emphasize the differences in the cases of a Hermitian sesquilinear form and a (skew-)symmetric bilinear form. We start with a remark that can be verified by a straightforward calculation.

Remark 5.1. Let $A=\left(a_{i j}\right), B=\left(b_{i j}\right), C=\left(c_{i j}\right) \in \mathbb{F}^{n \times n}$ and $D=\left(d_{i j}\right)=A B C$.

1) $R_{n} A=\left(a_{n+1-i, j}\right)$ and $A R_{n}=\left(a_{i, n+1-j}\right)$.
2) If $A, B$, and $C$ are upper triangular, then for $l, k=1, \ldots, n$ we have

$$
d_{l k}=\sum_{i=l}^{k} \sum_{j=l}^{i} a_{l j} b_{j i} c_{i k}
$$

Theorem 5.2. Let $X \in \mathbb{F}^{n \times n}, n \geq 2$ be similar to the Jordan block $\mathcal{J}_{n}(\lambda)$. Furthermore, let $X$ be polynomially $H$-normal with $H$-normality polynomial $p \in \mathbb{F}[t]$.

1) If $H$ induces a Hermitian sesquilinear form, then $p(\lambda)=\bar{\lambda}$ and $\left|p^{\prime}(\lambda)\right|=1$. Moreover, there exists a nonsingular matrix $Q \in \mathbb{C}^{n \times n}$ such that

$$
\begin{align*}
Q^{-1} X Q & =\lambda I_{n}+e^{i \theta} T\left(0,1, i r_{2}, \ldots, i r_{n-1}\right)  \tag{5.1}\\
Q^{*} H Q & =\varepsilon R_{n} \tag{5.2}
\end{align*}
$$

where the parameter $\varepsilon= \pm 1$ is uniquely determined, and the parameters $\theta \in[0, \pi)$ and $r_{2}, \ldots, r_{n-1} \in \mathbb{R}$ are uniquely determined by $\lambda$ and the coefficients of the polynomial $p$ and can be computed from the identity

$$
\bar{\lambda} I_{n}+e^{-i \theta} T\left(0,1,-i r_{2}, \ldots,-i r_{n-1}\right)=p\left(\lambda I_{n}+e^{i \theta} T\left(0,1, i r_{2}, \ldots, i r_{n-1}\right)\right)
$$

2) If $H=\delta H^{T}, \delta= \pm 1$ induces a bilinear form, then $p(\lambda)=\lambda$ and $p^{\prime}(\lambda)^{n}=-\delta$. In particular, one of the following cases applies:
2a) if $p^{\prime}(\lambda)=1$, then $H$ is symmetric and there exists a nonsingular matrix $Q \in \mathbb{F}^{n \times n}$ such that

$$
\begin{equation*}
Q^{-1} X Q=\mathcal{J}_{n}(\lambda), Q^{T} H Q=\varepsilon R_{n} \tag{5.3}
\end{equation*}
$$

where $\varepsilon$ is uniquely determined and $\varepsilon=1$ if $\mathbb{F}=\mathbb{C}$ and $\varepsilon= \pm 1$ if $\mathbb{F}=\mathbb{R}$;
2b) if $p^{\prime}(\lambda)=-1$, then $H$ is symmetric if $n$ is odd and skew-symmetric if $n$ is even; moreover there exists a nonsingular matrix $Q \in \mathbb{F}^{n \times n}$ such that

$$
\begin{align*}
Q^{-1} X Q & =T\left(\lambda, 1, a_{2}, a_{3}, \ldots, a_{n-1}\right)=T\left(\lambda, 1, a_{2}, 0, a_{4}, 0, \ldots\right)  \tag{5.4}\\
Q^{T} H Q & =\varepsilon \Sigma_{n}
\end{align*}
$$

where $\varepsilon=$ is uniquely determined and $\varepsilon=1$ if $\mathbb{F}=\mathbb{C}$ or $\varepsilon= \pm 1$ if $\mathbb{F}=\mathbb{R}$, and where $a_{j}=0$ for odd $j$ and the parameters $a_{j}$ for even $j$ are uniquely determined by $\lambda$ and the coefficients of the polynomial $p$ and can be computed from the identity $T\left(\lambda,-1, a_{2}, 0, a_{4}, 0, \ldots\right)=p\left(T\left(\lambda, 1, a_{2}, 0, a_{4}, 0, \ldots\right)\right)$.
Proof. Without loss of generality, we may assume that $X=\mathcal{J}_{n}(\lambda)$. From the identity $X^{\star}=p(X)$, we immediately obtain that $p(\lambda)=\bar{\lambda}$ in the case of a Hermitian form and $p(\lambda)=\lambda$ in the case of a bilinear form. Without loss of generality, we may
assume $\lambda=0$. Indeed, it follows from Proposition 2.4.3 that $Y=X-\lambda I_{n}=\mathcal{J}_{n}(0)$ is polynomially $H$-normal with $H$-normality polynomial $p_{0}$, where $p_{0}$ is given in (2.4), because of

$$
H^{-1} Y^{*} H=H^{-1}\left(X^{*}-\bar{\lambda} I_{n}\right) H=p\left(\mathcal{J}_{n}(\lambda)\right)-\bar{\lambda} I_{n}=p_{0}\left(\mathcal{J}_{n}(0)\right)=p_{0}(Y)
$$

in the case of a Hermitian form or

$$
H^{-1} Y^{T} H=H^{-1}\left(X^{T}-\lambda I_{n}\right) H=p\left(\mathcal{J}_{n}(\lambda)\right)-\lambda I_{n}=p_{0}\left(\mathcal{J}_{n}(0)\right)=p_{0}(Y)
$$

in the case of a bilinear form. (Recall that by (2.4) the coefficients of $p_{0}$ depend on $\lambda$ and on the coefficients of $p$.)

Thus, let $\lambda=0$ and $p(t)=\alpha_{0}+\alpha_{1} t+\ldots+\alpha_{n-1} t^{n-1}$. Then the fact that $X$ is polynomially $H$-normal implies

$$
\begin{equation*}
\mathcal{J}_{n}(0)^{T} H=H p\left(\mathcal{J}_{n}(0)\right)=H T\left(\alpha_{0}, \ldots, \alpha_{n}\right) . \tag{5.6}
\end{equation*}
$$

Clearly, we have $\alpha_{0}=0$. Moreover, (5.6) implies $\mathcal{J}_{n}(0) R_{n} H=R_{n} H T\left(\alpha_{0}, \ldots, \alpha_{n}\right)$, that is, $R_{n} H \in \mathcal{G}(n)$ and hence, $R_{n} H$ is upper triangular. The idea is now to simplify $H$ by applying a congruence transformation on $H$ with a matrix $Q=\left(q_{i j}\right) \in \mathcal{G}(n)$. By Proposition 4.2, the matrix $Q$ satisfying $Q^{-1} \mathcal{J}_{n}(0) Q=T\left(0, a_{1}, \ldots, a_{n-1}\right)$ is uniquely determined by the parameters $q_{11}, \ldots, q_{1 n}, a_{1}, \ldots, a_{n-1}$. It is our aim to choose these parameters in a way such that the transformed matrices $X$ and $H$ become as simple as possible. We will consider two different cases.

Case (1): $H$ is Hermitian and induces a sesquilinear form. Then Proposition 4.4 implies $\left|\alpha_{1}\right|=1$. Consider $M:=\left(m_{i j}\right):=R_{n} Q^{*} H Q=\left(R_{n} Q^{*} R_{n}\right)\left(R_{n} H\right) Q$ and let $\left(h_{i j}\right):=H$. Then by Remark 5.1 the elements of the first row of $M$ satisfy

$$
\begin{equation*}
m_{1 k}=\sum_{i=1}^{k} \sum_{j=1}^{i} \overline{q_{n-j+1, n}} h_{n-j+1, i} q_{i k}, \quad k=1, \ldots, n \tag{5.7}
\end{equation*}
$$

By (4.5), the only summands in (5.7) that do possibly depend on $a_{k}$ or $q_{1 k}$ (where $\left.a_{n}:=0\right)$ are $\overline{q_{n n}} h_{n 1} q_{1 k}$ and $\overline{q_{n-k+1, n}} h_{n-k+1, k} q_{k k}$. Identity (4.3) of Proposition 4.2 implies that $h_{n-k+1, k}=\alpha_{1}^{k-1} h_{n 1}$ and $q_{k k}=a_{1}^{k-1} q_{11}$. Using this and (4.5), we obtain that $m_{1 k}$ has the form
(5.8) $m_{1 k}=\overline{a_{1}^{n-1}} \overline{q_{11}} h_{n 1} q_{1 k}+\left((n-k) \overline{a_{1}^{n-k-1}} \overline{a_{k}} \overline{q_{11}}+\overline{a_{1}^{n-k}} \overline{q_{1 k}}\right) \alpha_{1}^{k-1} h_{n 1} a_{1}^{k-1} q_{11}+\mathcal{S}_{k}$,
where $\mathcal{S}_{k}=\mathcal{S}_{k}\left(a_{1}, \ldots, a_{k-1}, q_{11}, \ldots, q_{1, k-1}\right)$ does neither depend on $a_{k}$ nor on $q_{1 k}$. Now choose $a_{1}=e^{i \theta}$ to be the square root of $\overline{\alpha_{1}}$ with argument $\theta \in[0, \pi)$. Then $\alpha_{1}={\overline{a_{1}}}^{2}$ and (5.8) becomes

$$
\begin{align*}
m_{1 k} & =\overline{a_{1}^{n-1}} \overline{q_{11}} h_{n 1} q_{1 k}+\left((n-k) \overline{a_{1}^{n-2}} \overline{a_{k}} \overline{q_{11}}+\overline{a_{1}^{n-1}} \overline{q_{1 k}}\right) q_{11} h_{n 1}+\mathcal{S}_{k} \\
& =\overline{a_{1}^{n-1}} h_{n 1}\left(\overline{q_{11}} q_{1 k}+\overline{q_{1 k}} q_{11}+(n-k) a_{1} \overline{a_{k}}\left|q_{11}\right|^{2}+\frac{a_{1}^{n-1}}{h_{n 1}} \mathcal{S}_{k}\right) \tag{5.9}
\end{align*}
$$

Note that $\overline{a_{1}^{n-1}} h_{n 1}$ is real. Indeed,

$$
\overline{\overline{a_{1}^{n-1}} h_{n 1}}=a_{1}^{n-1} \overline{h_{n 1}}=a_{1}^{n-1} h_{1 n}=a_{1}^{n-1} \alpha_{1}^{n-1} h_{n 1}=\overline{a_{1}^{n-1}} h_{n 1} .
$$

Then we set $q_{11}=1 / \sqrt{\left|\overline{a_{1}^{n-1}} h_{n 1}\right|}$ and we successively choose
$a_{k}=\frac{1}{(n-k) q_{11}^{2}} \operatorname{Im}\left(\frac{a_{1}^{n-1}}{h_{n 1}} \mathcal{S}_{k}\right) i e^{i \theta}, \quad q_{1 k}=-\frac{1}{2 q_{11}} \operatorname{Re}\left(\frac{a_{1}^{n-1}}{h_{n 1}} \mathcal{S}_{k}\right), \quad k=2, \ldots, n-1$
which implies $m_{1 k}=0$ for $k=2, \ldots, n-1$. Observe that (5.9) for $k=n$ takes the form

$$
m_{1 n}=\overline{a_{1}^{n-1}} h_{n 1} q_{11}\left(q_{1 n}+\overline{q_{1 n}}\right)+\mathcal{S}_{n}
$$

Since $\overline{a_{1}^{n-1}} h_{n 1}, q_{11}$, and $m_{1 n}=h_{n n}$ are real, so must be $\mathcal{S}_{n}$. Then choosing

$$
q_{1 n}=-\frac{1}{2 q_{11}} \frac{a_{1}^{n-1}}{h_{n 1}} \mathcal{S}_{n}
$$

gives $m_{1 n}=0$. Since $R_{n} H, Q \in \mathcal{G}(n)$, we obtain that $R_{n} Q^{*} R_{n} \in \mathcal{G}(n)$ and then also $M=R_{n} Q^{*} H Q \in \mathcal{G}(n)$. But then, Proposition 4.4 implies that $Q^{*} H Q$ is antidiagonal. Observe that the anti-diagonal elements of $\widetilde{H}:=\left(\widetilde{h}_{i j}\right):=Q^{*} H Q$ have the forms

$$
\widetilde{h}_{n+1-k, k}=\overline{q_{n+1-k, n+1-k}} h_{n+1-k, k} q_{k k}=\overline{a_{1}^{n-k} q_{11}} \alpha_{1}^{k-1} h_{n 1} a_{1}^{k-1} q_{11}=\frac{\overline{a_{1}^{n-1}} h_{n 1}}{\left|\overline{a_{1}^{n-1}} h_{n 1}\right|}=\varepsilon,
$$

where $\varepsilon=1$ if $\overline{a_{1}^{n-1}} h_{n 1}>0$ and $\varepsilon=-1$ otherwise. (We have $h_{n 1} \neq 0$, because of the nonsingularity of $H$.) Thus, $Q^{*} H Q=\varepsilon R_{n}$. By construction, we have that

$$
Q^{-1} A Q=T\left(0, a_{1}, \ldots, a_{n-1}\right)=e^{i \theta} T\left(0,1, i r_{2}, \ldots, i r_{n-1}\right),
$$

where $r_{2}, \ldots, r_{n-1} \in \mathbb{R}$. It remains to show uniqueness of these forms. First, we show that the parameters $r_{2}, \ldots, r_{n-1} \in \mathbb{R}$ and $\theta \in[0, \pi)$ are uniquely determined by the coefficients of the polynomial $p$. Indeed, since $p(t)=\alpha_{1} t+\alpha_{2} t^{2}+\ldots+\alpha_{n-1} t^{n-1}$, we obtain from the special structure of $\widetilde{X}:=Q^{-1} X Q$ that

$$
p(\widetilde{X})=\alpha_{1} e^{i \theta} T\left(0,1, i r_{2}, \ldots, i r_{n-1}\right)+T\left(0,0, s_{2}, s_{3}, \ldots, s_{n-1}\right)
$$

where $s_{j}$ may depend on $\alpha_{2}, \ldots, \alpha_{j}, r_{2}, \ldots, r_{j-1}$, but not on $r_{j}$. A straightforward computation shows $\widetilde{H}^{-1} \widetilde{X}^{*} \widetilde{H}=e^{-i \theta} T\left(0,1,-i r_{2}, \ldots,-i r_{n-1}\right)$, because $\widetilde{H}=\varepsilon R_{n}$. Then we obtain from the identity $p(\widetilde{X})=\widetilde{H}^{-1} \widetilde{X}^{*} \widetilde{H}$ that

$$
\begin{equation*}
\alpha_{1} e^{i \theta} T\left(0,1, i r_{2}+s_{2}, \ldots, i r_{n_{1}}+s_{n_{1}}\right)=e^{-i \theta} T\left(0,1,-i r_{2}, \ldots,-i r_{n-1}\right) \tag{5.10}
\end{equation*}
$$

Thus, $\theta \in[0, \pi)$ is uniquely determined by the identity $\alpha_{1} e^{i \theta}=e^{-i \theta}$ and the parameters $r_{j}$ can be successively obtained as the unique solutions of $2 i r_{j}=-s_{j}$, because
$s_{j}$ only depends on $r_{i}$ for $i<j$. Thus, the parameters $r_{2}, \ldots, r_{n-1}$ are uniquely determined by the coefficients of $p$. Concerning uniqueness of the parameter $\varepsilon$, assume that $Z^{-1} \widetilde{X} Z=\widetilde{X}$. Since $\widetilde{X}$ is an upper triangular Toeplitz matrix with nonzero superdiagonal element $a_{1}$, it follows easily that $Z=\left(z_{i j}\right)$ must be an upper triangular Toeplitz matrix as well. Then considering $\hat{H}:=Z^{*} \widetilde{H} Z=R_{n}\left(R_{n} Z^{*} R_{n}\right) R_{n} \widetilde{H} Z$, it follows by Remark 5.1 that the $(1, n)$-entry $\hat{h}_{1 n}$ of $\hat{H}$ has the form

$$
\hat{h}_{1 n}=\overline{z_{11}} h_{1 n} z_{n n}=\varepsilon\left|z_{11}\right|^{2} .
$$

Thus, we can never change the sign of $\varepsilon$ with a transformation that leaves $\tilde{X}$ invariant. This proves uniqueness of the parameter $\varepsilon$ and concludes the proof of Case (1).

Case (2): $H$ is (skew-)symmetric and induces a bilinear form. Then Proposition 4.4 implies $\alpha_{1}= \pm 1$. Consider the matrix $M:=\left(m_{i j}\right):=R_{n} Q^{T} H Q$. Then a calculation analogous to the calculation that lead us to (5.8) yields

$$
\begin{equation*}
m_{1 k}=a_{1}^{n-1} q_{11} h_{n 1} q_{1 k}+\left((n-k) a_{1}^{n-k-1} a_{k} q_{11}+a_{1}^{n-k} q_{1 k}\right) \alpha_{1}^{k-1} h_{n 1} a_{1}^{k-1} q_{11}+\mathcal{S}_{k} \tag{5.11}
\end{equation*}
$$

where $\mathcal{S}_{k}=\mathcal{S}_{k}\left(a_{1}, \ldots, a_{k-1}, q_{11}, \ldots, q_{1, k-1}\right)$ neither depends on $a_{k}$ nor on $q_{1 k}$. We now distinguish two subcases.

Subcase (2a): $\alpha_{1}=1$.
In this case $H$ is necessarily symmetric by Proposition 4.4 and (5.11) becomes

$$
\begin{equation*}
m_{1 k}=2 a_{1}^{n-1} q_{11} h_{n 1} q_{1 k}+(n-k) a_{1}^{n-2} a_{k} q_{11}^{2} h_{n 1}+\mathcal{S}_{k}, \tag{5.12}
\end{equation*}
$$

Set $a_{2}=\ldots=a_{n-1}=0$ and $q_{11}=1 / \sqrt{h_{11}}$ if $\mathbb{F}=\mathbb{C}$, or $q_{11}=1 / \sqrt{\left|h_{11}\right|}$ if $\mathbb{F}=\mathbb{R}$, respectively. Then successively define

$$
q_{1 k}=\frac{-\mathcal{S}_{k}}{2 a_{1}^{n-1} q_{11} h_{n 1}}
$$

for $k=2, \ldots, n$. Then $m_{1 k}=0$ and as in Case (1), we conclude that $Q^{T} H Q$ is anti-diagonal. In particular, $Q^{T} H Q$ and $Q^{-1} X Q$ have the forms (5.3), where $\varepsilon=1$ if $\mathbb{F}=\mathbb{C}$ or $\varepsilon=h_{11} /\left|h_{11}\right|= \pm 1$ if $\mathbb{F}=\mathbb{R}$, respectively. Uniqueness of $\varepsilon$ is shown as in Case (1).

Subcase (2b): $\alpha_{1}=-1$.
By Proposition 4.4, $H$ is symmetric if $n$ is odd and skew-symmetric if $n$ is even. Moreover, (5.11) becomes

$$
\begin{equation*}
m_{1 k}=a_{1}^{n-1} q_{11} h_{n 1} q_{1 k}\left(1+(-1)^{k-1}\right)+(n-k) a_{1}^{n-2} a_{k} q_{11}^{2} h_{n 1}(-1)^{k-1}+\mathcal{S}_{k} \tag{5.13}
\end{equation*}
$$

Then we set $q_{11}=1 / \sqrt{h_{11}}$ if $\mathbb{F}=\mathbb{C}$, or $q_{11}=1 / \sqrt{\left|h_{11}\right|}$ if $\mathbb{F}=\mathbb{R}$, respectively, and then successively

$$
\begin{array}{ll}
q_{1 k}:=0, \quad a_{k}:=\frac{\mathcal{S}_{k}}{(n-k) a_{1}^{n-2} h_{n 1} q_{11}^{2}} & \text { if } k \text { is even, } \\
a_{k}:=0, \quad q_{1 k}:=\frac{-\mathcal{S}_{k}}{2 a_{1}^{n-1} q_{11} h_{n 1}} & \text { if } k \text { is odd },
\end{array}
$$

for $k=2, \ldots, n-1$, and $q_{1 n}:=0$ if $n$ is even or $q_{1 n}:=-\mathcal{S}_{n} / 2 a_{1}^{n-1} q_{11} h_{n 1}$ if $n$ is odd. Then we obtain $m_{1 k}=0$ for $k=2, \ldots, n$. (Note that if $n$ is even then $m_{1 n}=0$ follows from the fact that $H$ is skew-symmetric.) Then we conclude as in Case (1) that $\tilde{H}:=Q^{T} H Q$ is anti-diagonal. In particular, $Q^{T} H Q$ and $\tilde{X}:=Q^{-1} X Q$ have the forms (5.4) and (5.5), where $\varepsilon=1$ if $\mathbb{F}=\mathbb{C}$ or $\varepsilon=h_{11} /\left|h_{11}\right|= \pm 1$ if $\mathbb{F}=\mathbb{R}$, respectively. Uniqueness of the parameters $\varepsilon$ and $a_{j}$ for even $j$ is shown analogously to Case (1). Indeed, the identity $\tilde{H}^{-1} \tilde{X}^{T} \tilde{H}=p(\tilde{X})$ now becomes

$$
\begin{equation*}
T\left(0,-1, a_{2}, 0, a_{4}, 0, \ldots\right)=T\left(0,-1,-a_{2}+s_{2}, s_{3},-a_{4}+s_{4}, s_{5}, \ldots\right) \tag{5.14}
\end{equation*}
$$

where $s_{j}$ may depend on $\alpha_{2}, \ldots, \alpha_{j}$ and $a_{i}$ for $i<j$, but it does not depend on $a_{j}$. Thus, the parameters $a_{2}, a_{4}, \ldots$ can be successively obtained as the unique solutions of the identities $2 a_{2 j}=s_{2 j}$ and, consequently, they are uniquely determined by the coefficients of $p$.

Remark 5.3. The uniqueness property of Theorem 5.2 is the reason why we transformed the matrix $X$ in Subcase ( 2 b ) to the special upper triangular Toeplitz form where every other superdiagonal is zero. Because if $\tilde{X}=T\left(0,1, a_{2}, a_{3}, \ldots, a_{n-1}\right)$, then (5.14) becomes

$$
T\left(0,-1,(-1)^{2} a_{2}, \ldots,(-1)^{n-1} a_{n-1}\right)=T\left(0,-1,-a_{2}+s_{2}, \ldots,-a_{n-1}+s_{n-1}\right)
$$

Thus, only the parameters $a_{j}$ with even index $j$ are determined by $s_{2}, \ldots, s_{n-2}$ and the parameters $a_{j}$ with odd index $j$ have to be specified in another way. We did this by setting all of them to zero.
6. The case of a Hermitian sesquilinear form. In this section, we present a canonical form for polynomially $H$-normal matrices for the case that $H$ is Hermitian and induces a sesquilinear form. Then, we recover from the general result the well-known forms for $H$-selfadjoint and $H$-unitary matrices. We do not consider $H$-skewadjoint matrices, because a matrix $S \in \mathbb{C}^{n \times n}$ is $H$-skewadjoint if and only if $i S$ is $H$-selfadjoint and thus, the canonical form for $H$-skewadjoint matrices is an immediate consequence of the canonical form for $H$-selfadjoint matrices.

Theorem 6.1 (Canonical form for polynomially $H$-normal matrices). Let the matrix $X \in \mathbb{C}^{n \times n}$ be polynomially $H$-normal with $H$-normality polynomial $p$. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} X Q=X_{1} \oplus \cdots \oplus X_{p}, \quad Q^{*} H Q=H_{1} \oplus \cdots \oplus H_{p} \tag{6.1}
\end{equation*}
$$

where $X_{j}$ is $H_{j}$-indecomposable and where $X_{j}$ and $H_{j}$ have one of the following forms:
i) blocks associated with eigenvalues $\lambda_{j} \in \mathbb{C}$ satisfying $p\left(\lambda_{j}\right)=\overline{\lambda_{j}}$ :

$$
\begin{equation*}
X_{j}=\lambda_{j} I_{n_{j}}+e^{i \theta_{j}} T\left(0,1, i r_{j, 2}, \ldots, i r_{j, n_{j}-1}\right), \quad H_{j}=\varepsilon_{j} R_{n_{j}} \tag{6.2}
\end{equation*}
$$

where $n_{j} \in \mathbb{N}, \varepsilon_{j}= \pm 1, \theta_{j} \in[0, \pi)$, and $r_{j, 2}, \ldots, r_{j, n_{j}-1} \in \mathbb{R}$;
ii) blocks associated with a pair $\left(\lambda_{j}, \mu_{j}\right)$ of eigenvalues, where $\mu_{j}=\overline{p\left(\lambda_{j}\right)} \neq \lambda_{j}$, $\overline{p\left(\mu_{j}\right)}=\lambda_{j}$, and $\operatorname{Re}\left(\lambda_{j}\right)>\operatorname{Re}\left(\mu_{j}\right)$ or $\operatorname{Im}\left(\lambda_{j}\right)>\operatorname{Im}\left(\mu_{j}\right)$ if $\operatorname{Re}\left(\lambda_{j}\right)=\operatorname{Re}\left(\mu_{j}\right):$
(6.3) $X_{j}=\left[\begin{array}{cc}\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0 \\ 0 & p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{*}\end{array}\right], H_{j}=\left[\begin{array}{cc}0 & I_{m_{j}} \\ I_{m_{j}} & 0\end{array}\right]\left(m_{j} \in \mathbb{N}\right)$.

Moreover, the form (6.1) is unique up to the permutation of blocks, and the parameters $\theta_{j}$, and $r_{j, 2}, \ldots, r_{j, n_{j}-1}$ in (6.2) are uniquely determined by $\lambda_{j}$ and the coefficients of $p$ and can be computed from the identity

$$
\overline{\lambda_{j}} I_{n_{j}}+e^{-i \theta_{j}} T\left(0,1,-i r_{j, 2}, \ldots,-i r_{j, n_{j}-1}\right)=p\left(\lambda_{j} I_{n_{j}}+e^{i \theta_{j}} T\left(0,1, i r_{j, 2}, \ldots, i r_{j, n_{j}-1}\right)\right)
$$

Proof. Clearly, $X$ can be decomposed as in (6.1) into blocks $X_{j}$ that are $H_{j}$-indecomposable. Thus, it is sufficient to investigate the case that $X$ is $H$-indecomposable. Let $\operatorname{Eig}(X)$ be the space generated by all eigenvectors of $X$. Then $\operatorname{dim} \operatorname{Eig}(X) \leq 2$ by Proposition 3.4.
Case (1): $\operatorname{dim} \operatorname{Eig}(X)=1$. Let $\lambda$ be the eigenvalue of $X$. In particular, $X$ is similar to the Jordan block $\mathcal{J}_{n}(\lambda)$ and thus, Theorem 5.2 implies the desired result.
Case (2): $\operatorname{dim} \operatorname{Eig}(X)=2$. Then, the result follows directly from Corollary 3.5. In particular, $\lambda \neq \mu=\overline{p(\lambda)}$.
It remains to show uniqueness of the form (6.1). Thus, let us consider two canonical forms $\left(Q_{1}^{-1} X Q_{1}, Q_{1}^{*} H Q_{1}\right)$ and $\left(Q_{2}^{-1} X Q_{2}, Q_{2}^{*} H Q_{2}\right)$ for the pair $(X, H)$. Then the fact that the parameters $r_{j, 2}, \ldots, r_{j, n_{j}-1}$ and $\theta_{j}$ are uniquely determined by $\lambda_{j}$ and the coefficients of the polynomial $p$ and the uniqueness of the Jordan canonical form of $X$ imply that, apart from permutations of blocks, these two forms can only differ in the parameters $\varepsilon_{j}$ in blocks of the form (6.2). After eventually having permuted blocks in a suitable way, assume that

$$
\begin{array}{ll}
Q_{1}^{-1} X Q_{1}=X_{11} \oplus \cdots \oplus X_{1 \ell}, & Q_{1}^{*} H Q_{1}=H_{11} \oplus \cdots \oplus H_{1 \ell} \\
Q_{2}^{-1} X Q_{2}=X_{21} \oplus \cdots \oplus X_{2 \ell}, & Q_{2}^{*} H Q_{2}=H_{21} \oplus \cdots \oplus H_{2 \ell} \tag{6.5}
\end{array}
$$

are partitioned conformably such that $X_{1 j}=X_{2 j}$, for $j=1, \ldots, \ell$, that each $X_{1 j}$ has only one eigenvalue $\lambda_{j}$ with $p\left(\lambda_{j}\right)=\overline{\lambda_{j}}$ for $j=1, \ldots, \ell-1, X_{1 \ell}$ only has eigenvalues $\lambda_{k}$ with $p\left(\lambda_{k}\right) \neq \overline{\lambda_{k}}$, and that the spectra of $X_{1 i}$ and $X_{1 j}$ are disjoint for $i \neq j$, $i, j=1, \ldots, \ell$. (Thus, $X_{1 \ell}=X_{2 \ell}$ contains all blocks of the forms as in (6.3).) Let $P \in \mathbb{C}^{n \times n}$ be such that

$$
P^{-1} Q_{1}^{-1} X Q_{1} P=Q_{2}^{-1} X Q_{2} \quad \text { and } \quad P^{*} Q_{1}^{*} H Q_{1} P=Q_{2}^{*} H Q_{2}
$$

Then $X_{1 j}=X_{2 j}$ and the disjointness of spectra of $X_{1 i}$ and $X_{1 j}$ for $i \neq j$ imply that $P$ is block diagonal with a diagonal block form $P=P_{1} \oplus \ldots \oplus P_{\ell}$ conformable with (6.4). (This follows from the well-known fact that the Sylvester equation $A Y-Y B=0$ has the unique solution $Y=0$ if the spectra of $A$ and $B$ are disjoint.) In particular,

$$
P_{j}^{-1} X_{1 j} P_{j}=X_{2 j}=X_{1 j} \quad \text { and } \quad P_{j}^{*} H_{1 j} P_{j}=H_{2 j} .
$$

Hence, it suffices to consider the case that $X$ has only one eigenvalue $\lambda$ satisfying $p(\lambda)=\bar{\lambda}$. To this end, assume that

$$
\begin{align*}
\widetilde{X}:=Q_{1}^{-1} X Q_{1}=X_{11} \oplus \cdots \oplus X_{1 k}, & \widetilde{H}_{1}:=Q_{1}^{*} H Q_{1}=\varepsilon_{1} R_{n_{1}} \oplus \cdots \oplus \varepsilon_{k} R_{n_{k}}  \tag{6.6}\\
Q_{2}^{-1} X Q_{2}=X_{21} \oplus \cdots \oplus X_{2 k}, & \widetilde{H}_{2}:=Q_{2}^{*} H Q_{2}=\delta_{1} R_{n_{1}} \oplus \cdots \oplus \delta_{k} R_{n_{k}} \tag{6.7}
\end{align*}
$$

where $X_{1 j}=X_{2 j}=T\left(\lambda, e^{i \theta}, a_{2}, \ldots, a_{n_{j}-1}\right), \varepsilon_{j}, \delta_{j} \in\{-1,+1\}$ for $j=1, \ldots, k$ and, furthermore, $n_{1} \geq \cdots \geq n_{k}$. Then all we have to show is that for a fixed size, say $n_{m}$, where

$$
n_{1} \geq \cdots \geq n_{m-1}>n_{m}=\cdots=n_{m+\ell}>n_{m+\ell+1} \geq \cdots \geq n_{k}
$$

the tuple of signs $\left(\varepsilon_{m}, \ldots, \varepsilon_{m+\ell}\right)$ is a permutation of the tuple of signs $\left(\delta_{m}, \ldots, \delta_{m+\ell}\right)$. Let $Q:=Q_{1}^{-1} Q_{2}$. Then $Q^{-1} \widetilde{X} Q=\widetilde{X}$ and $Q^{*} \widetilde{H}_{1} Q=\widetilde{H}_{2}$. Partition $Q$ conformably with (6.6):

$$
Q=\left[\begin{array}{ccc}
Q_{11} & \ldots & Q_{1 k} \\
\vdots & \ddots & \vdots \\
Q_{k 1} & \ldots & Q_{k k}
\end{array}\right]
$$

Then the blocks $Q_{i, m+j} \in \mathbb{C}^{n_{1} \times n_{m+j}}, j=0, \ldots, \ell$, have the forms

$$
\begin{aligned}
Q_{i, m+j} & ={ }_{n_{i}-n_{m}}^{n_{m}}\left[\begin{array}{c}
\hat{Q}_{i, m+j}^{n_{m}} \\
0
\end{array}\right] \text { for } n_{i} \geq n_{m}, \\
\text { or } \quad Q_{i, m+j} & =n_{i}\left[\begin{array}{cc}
0 & \hat{Q}_{i, m+j}
\end{array}\right] \text { for } n_{i}<n_{m},
\end{aligned}
$$

where $\hat{Q}_{i, m+j}$ is upper triangular. Indeed, we have that $X_{1, m+j} Q_{i, m+j}=Q_{i, m+j} X_{2 i}$. Since $X_{1, m+j}$ is an upper triangular Toeplitz matrix with nonzero superdiagonal, there exists $P_{m+j} \in \mathcal{G}\left(n_{m}\right)$ such that $P_{m+j}\left(X_{1, m+j}-\lambda I_{n_{m}}\right) P_{m+j}^{-1}=\mathcal{J}_{n_{m}}(0)$. Then

$$
\mathcal{J}_{n_{m}}(0) P_{m+j} Q_{i, m+j}=P_{m+j} Q_{i, m+j} X_{2 i}
$$

and for the case $n_{i} \geq n_{m}$, the matrix $P_{m+j} Q_{i, m+j}$ has the form (4.1) by Proposition 4.2. Since $P_{m+j}$ is upper triangular, it follows that $Q_{i, m+j}$ has the desired form. (For the case $n_{i}<n_{m}$ use a corresponding variant of Proposition 4.2.) Note that for $i, j=0, \ldots, \ell$, we have in particular that $X_{1, m+i}=X_{2, m+j}$. Thus, we can choose $P_{m+j}=P_{m+i}$ and we find that $P_{m+j} Q_{m+i, m+j} P_{m+i}^{-1}$ commutes with $\mathcal{J}_{n_{m}}(0)$. But then, $P_{m+j} Q_{m+i, m+j} P_{m+i}^{-1}$ and also $Q_{m+i, m+j}$ are upper triangular Toeplitz matrices and the diagonal of $Q_{m+i, m+j}$ is constant. Denote the diagonal element of $Q_{m+i, m+j}$ by $q_{m+i, m+j}$. Now, consider the equation $Q^{*} \widetilde{H}_{1} Q=\widetilde{H}_{2}$. Then for the block $\delta_{m+j} R_{n_{m}}$ in $\widetilde{H}_{2}$, we obtain the identity

$$
\begin{equation*}
\delta_{m+j} R_{n_{m}}=\sum_{\nu=1}^{k} \varepsilon_{\nu} Q_{\nu, m+j}^{*} R_{n_{\nu}} Q_{\nu, m+j} \tag{6.8}
\end{equation*}
$$

Observe that, due to the special structure of the blocks $Q_{\nu, m+j}$, only the summands for $\nu=m, \ldots, m+\ell$ have an influence on the antidiagonal of $\delta_{m+j} R_{n_{m}}$. Thus, considering the $\left(n_{m}, 1\right)$-element of the matrix in both sides of (6.8), we obtain that

$$
\delta_{m+j}=\sum_{\nu=m}^{m+\ell} \varepsilon_{\nu} \overline{q_{\nu, m+\ell}} q_{\nu, m+\ell}
$$

for $j=0, \ldots, \ell$. Then setting

$$
\check{Q}:=\left[\begin{array}{ccc}
q_{m m} & \cdots & q_{m+\ell, m} \\
\vdots & \ddots & \vdots \\
q_{m, m+\ell} & \cdots & q_{m+\ell, m+\ell}
\end{array}\right]
$$

we obtain that $\operatorname{diag}\left(\delta_{m}, \ldots, \delta_{m+\ell}\right)=\check{Q}^{*} \operatorname{diag}\left(\varepsilon_{m}, \ldots, \varepsilon_{m+\ell}\right) \check{Q}$. But then Sylvester's Law of Inertia implies that $\left(\varepsilon_{m}, \ldots, \varepsilon_{m+\ell}\right)$ is a permutation of $\left(\delta_{m}, \ldots, \delta_{m+\ell}\right)$.

REmARK 6.2. The proof of uniqueness of the parameter $\varepsilon_{j}$ uses the same techniques as does the proof of uniqueness for the case of $H$-selfadjoint $X$. For this case, uniqueness has been shown in various sources, see, e.g., $[6,15]$. Here, the proof of uniqueness has been included for the sake of self-containment of the paper.

At this point, it is interesting to point out the difference in the canonical forms given in Theorem 6.1 and Theorem 2.1. As one can immediately see, there are no restrictions on the entries in the strict upper triangular parts in the upper triangular Toeplitz blocks in the form (2.2). In particular, a block-Toeplitz $H$-normal matrix in canonical form may have several upper triangular Toeplitz blocks associated with the same eigenvalue $\lambda$, but with different entries in the strict upper triangular part. On the other hand, each block $X_{j}$ in the form (6.1) is uniquely determined by the associated eigenvalue $\lambda_{j}$ and the $H$-normality polynomial $p$ which imposes restrictions on the entries in the strict upper triangular parts. We quote the following example from [20] for illustrating this fact:

$$
X=\left[\begin{array}{llll}
0 & 1 & 0 & 0 \\
0 & 0 & 0 & 0 \\
0 & 0 & 0 & i \\
0 & 0 & 0 & 0
\end{array}\right], \quad H=\left[\begin{array}{llll}
0 & 1 & 0 & 0 \\
1 & 0 & 0 & 0 \\
0 & 0 & 0 & 1 \\
0 & 0 & 1 & 0
\end{array}\right]
$$

By definition, $X$ is block-Toeplitz $H$-normal, but a straightforward computation reveals that there exists no polynomial $p$ such that $X^{[*]}=p(X)$. The argument just explained cannot be used if the geometric multiplicity of every eigenvalue of $X$ does not exceed one, i.e., if $X$ is nonderogatory. In fact, it is easy to prove that for nonderogatory matrices $H$-normality already implies block-Toeplitz $H$-normality and polynomially $H$-normality.

Proposition 6.3. Let $X \in \mathbb{C}^{n \times n}$ be $H$-normal and nonderogatory. Then $X$ is polynomially $H$-normal (and thus, also block-Toeplitz $H$-normal.)

Proof. It is a well known fact that any matrix that commutes with a nonderogatory matrix $X$ is a polynomial in $X$. Thus, since $H$-normality means that $X^{[*]}$ commutes with $X$, we immediately obtain that $X$ is polynomially $H$-normal.

In the following, we recover from Theorem 6.1 canonical forms for $H$-selfadjoint and $H$-unitary matrices.

Theorem 6.4 (Canonical form for $H$-selfadjoint matrices). Let $A \in \mathbb{C}^{n \times n}$ be $H$-selfadjoint. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} A Q=A_{1} \oplus \cdots \oplus A_{p}, \quad Q^{*} H Q=H_{1} \oplus \cdots \oplus H_{p} \tag{6.9}
\end{equation*}
$$

where $A_{j}$ is $H_{j}$-indecomposable and where $A_{j}$ and $H_{j}$ have one of the following forms:
i) blocks associated with real eigenvalues $\lambda_{j} \in \mathbb{R}$ :

$$
\begin{equation*}
A_{j}=\mathcal{J}_{n_{j}}\left(\lambda_{j}\right), \quad H_{j}=\varepsilon_{j} R_{n_{j}} \tag{6.10}
\end{equation*}
$$

where $n_{j} \in \mathbb{N}, \varepsilon_{j}= \pm 1$;
ii) blocks associated with a pair $\left(\lambda_{j}, \bar{\lambda}_{j}\right)$ of conjugate complex eigenvalues:

$$
A_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{6.11}\\
0 & \mathcal{J}_{m_{j}}\left(\lambda_{j}\right)^{*}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
I_{m_{j}} & 0
\end{array}\right],
$$

where $m_{j} \in \mathbb{N}$ and $\operatorname{Im}\left(\lambda_{j}\right)>0$.
Moreover, the form (6.9) is unique up to the permutation of blocks.
Proof. $A$ is $H$-selfadjoint if and only if $A$ is polynomially $H$-normal with $H$ normality polynomial $p(t)=t$. Thus $p(\lambda)=\bar{\lambda}$ if and only if $\lambda \in \mathbb{R}$. Moreover, $p^{\prime}(t)=1$ for all $t \in \mathbb{C}$. Then, the result follows directly from Theorem 6.1. Indeed, the blocks of the form (6.2) in Theorem 6.1 satisfy

$$
\overline{\lambda_{j}} I_{n_{j}}+e^{-i \theta_{j}} T\left(0,1,-i r_{j, 2}, \ldots,-i r_{j, n_{j}-1}\right)=\lambda_{j} I_{n_{j}}+e^{i \theta_{j}} T\left(0,1, i r_{j, 2}, \ldots, i r_{j, n_{j}-1}\right)
$$

which implies $\theta_{j}=0$, and $r_{j, 2}=\cdots=r_{j, n_{j}-1}=0$.
Remark 6.5. Theorem 6.4 coincides with the canonical form for $H$-selfadjoint matrices derived in [6]. This form is related to the canonical form for pairs of Hermitian under congruence, see [25,15]. Indeed, if $(\mathcal{G}, \mathcal{H})$ is the canonical form for the pair $(H A, H)$ under congruence, then $\left(\mathcal{H}^{-1} \mathcal{G}, \mathcal{H}\right)$ is the canonical form for the pair $(A, H)$ under the transformation (1.1).

Theorem 6.6 (Canonical form for $H$-unitary matrices). Let $U \in \mathbb{C}^{n \times n}$ be $H$ unitary. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} U Q=U_{1} \oplus \cdots \oplus U_{p}, \quad Q^{*} H Q=H_{1} \oplus \cdots \oplus H_{p} \tag{6.12}
\end{equation*}
$$

where $U_{j}$ is $H_{j}$-indecomposable and where $U_{j}$ and $H_{j}$ have one of the following forms:
i) blocks associated with unimodular eigenvalues $\lambda_{j} \in \mathbb{C},\left|\lambda_{j}\right|=1$ :

$$
\begin{equation*}
U_{j}=\lambda_{j} I_{n_{j}}+i \lambda_{j} T\left(0,1, i r_{2}, \ldots, i r_{n-1}\right), \quad H_{j}=\varepsilon_{j} R_{n_{j}} \tag{6.13}
\end{equation*}
$$

where $n_{j} \in \mathbb{N}$ and $\varepsilon_{j}= \pm 1$. Moreover, $r_{k}=0$ for odd $k$ and the parameters $r_{k}$ for even $k$ are real and uniquely determined by the recursive formula

$$
\begin{equation*}
r_{2}=\frac{1}{2}, \quad r_{k}=\frac{1}{2}\left(\sum_{\nu=1}^{\frac{k}{2}-1} r_{2 \cdot \nu} r_{2 \cdot\left(\frac{k}{2}-\nu\right)}\right), \quad 4 \leq k \leq n_{j} \tag{6.14}
\end{equation*}
$$

ii) blocks associated with a pair $\left(\lambda_{j}, \bar{\lambda}_{j}^{1}\right)$ of nonunimodular eigenvalues:

$$
U_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{6.15}\\
0 & \mathcal{J}_{m_{j}}\left(\lambda_{j}\right)^{-*}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
I_{m_{j}} & 0
\end{array}\right]
$$

where $m_{j} \in \mathbb{N}$ and $\left|\lambda_{j}\right|>1$.

Moreover, the form (6.12) is unique up to the permutation of blocks.
Proof. Since $U$ is $H$-unitary, we have $U^{-1}=p(U)$. (In particular, this implies $p(\lambda)=\lambda^{-1}$ for all eigenvalues $\lambda \in \mathbb{C}$ of $U$.) Thus, the result is a special case of Theorem 6.1 and the parameters $\theta_{j}$ and $r_{2}, \ldots, r_{n-1}$ are uniquely determined by $\lambda_{j}$ and the coefficients of $p$. The formula for $\theta_{j}$ and the recursive formula for the parameters $r_{j}$ in blocks of the form (6.13) follow from equating to zero the entries in the matrix $U U^{[*]}-I$, i.e.,

$$
\left(\lambda_{j} I_{n_{j}}+e^{i \theta_{j}} T\left(0,1, i r_{2}, \ldots, i r_{n-1}\right)\right)\left(\bar{\lambda}_{j} I_{n_{j}}+e^{-i \theta_{j}} T\left(0,1,-i r_{2}, \ldots,-i r_{n-1}\right)\right)=I_{n_{j}}
$$

Comparing the (1,2)-elements in both sides, we obtain $\bar{\lambda}_{j} e^{i \theta_{j}}+\lambda_{j} e^{-i \theta_{j}}=0$. If $\arg \left(\lambda_{j}\right)=\phi$, i.e., $\lambda_{j}=e^{i \phi}$, we obtain that $e^{i\left(\theta_{j}-\phi\right)}+e^{i\left(\phi-\theta_{j}\right)}=0$ or, equivalently, $e^{2 i\left(\phi-\theta_{j}\right)}=-1$ which reduces to

$$
2\left(\phi-\theta_{j}\right)=\pi+2 k \pi \text { for some } k \in \mathbb{N} \cup\{0\}
$$

Thus, noting that $\theta_{j} \in[0, \pi)$, we obtain that it has the form

$$
\theta_{j}= \begin{cases}\phi_{j}+\frac{\pi}{2} & \text { for } \phi_{j} \in\left[0, \frac{\pi}{2}\right) \\ \phi_{j}-\frac{\pi}{2} & \text { for } \phi_{j} \in\left[\frac{\pi}{2}, \frac{3 \pi}{2}\right) \\ \phi_{j}-\frac{3 \pi}{2} & \text { for } \phi_{j} \in\left[\frac{3 \pi}{2}, 2 \pi\right)\end{cases}
$$

In particular, $\bar{\lambda}_{j} e^{i \theta_{j}}=i$ if $\phi_{j} \in\left[0, \frac{\pi}{2}\right) \cup\left[\frac{3 \pi}{2}, 2 \pi\right)$ and $\bar{\lambda}_{j} e^{i \theta_{j}}=-i$ otherwise. Applying a transformation with the diagonal matrix $\operatorname{diag}\left(1,-1,(-1)^{2}, \ldots,(-1)^{n_{j}-1}\right)$ in the case $\phi_{j} \in\left[\frac{\pi}{2}, \frac{3 \pi}{2}\right.$ ) (which has the effect of switching the sign of the superdiagonal elements of $U_{j}$ while leaving the other parameters unaffected, and changing $H_{j}$ to $-H_{j}$ if $n_{j}$ is even) sets the superdiagonal element of $U_{j}$ equal to $i \lambda_{j}$ for all $\phi_{j} \in[0,2 \pi)$. Comparing then the (1,3)-elements in both sides of

$$
\begin{equation*}
\left(\lambda_{j} I_{n_{j}}+i \lambda_{j} T\left(0,1, i r_{2}, \ldots, i r_{n-1}\right)\right)\left(\bar{\lambda}_{j} I_{n_{j}}-i \lambda_{j} T\left(0,1,-i r_{2}, \ldots,-i r_{n-1}\right)\right)=I_{n_{j}} \tag{6.16}
\end{equation*}
$$

we obtain

$$
i r_{2} \bar{\lambda}_{j}\left(i \lambda_{j}\right)+1-i r_{2} \lambda_{j}\left(-i \lambda_{j}\right)
$$

which implies $r_{2}=\frac{1}{2}$. Finally, comparing the $(1, k+1)$-elements in both sides of (6.16), we obtain that

$$
i r_{k} \bar{\lambda}_{j}\left(i \lambda_{j}\right)+i r_{k-1}+\left(\sum_{\nu=2}^{k-2} r_{\nu} r_{k-\nu}\right)-i r_{k-1}-i r_{k} \lambda_{j}\left(-i \lambda_{j}\right)=0
$$

for $k=3, \ldots, n-1$ which implies $r_{k}=0$ for odd $k$ and

$$
r_{k}=\frac{1}{2}\left(\sum_{\nu=1}^{\frac{k}{2}-1} r_{2 \cdot \nu} r_{2 \cdot\left(\frac{k}{2}-\nu\right)}\right), \quad 4 \leq k \leq n_{j}
$$

for even $k$. This gives the representations of $U_{j}$ and $H_{j}$ as in (6.13). Concerning the blocks of the form (6.15) note that $p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{*}=\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)^{-*} . \quad \square$

Remark 6.7. A slightly different version of Theorem 6.6 has been proved in [9]. The difference of the forms lies in the representation of the blocks of the form (6.15). In [9], the corresponding block is represented as $Q^{-1} U_{j} Q=T_{1} \oplus T_{2}$ and $Q^{*} H_{j} Q=R_{2 n_{j}}$, where $T_{1}, T_{2} \in \mathbb{C}^{n_{j} \times n_{j}}$ are upper triangular Toeplitz matrices. Moreover, the first ten parameters $r_{2}, \ldots, r_{20}$ are listed in [9]. These are

$$
\begin{aligned}
& r_{2}=\frac{1}{2}, \quad r_{4}=\frac{1}{8}, \quad r_{6}=\frac{1}{16}, \quad r_{8}=\frac{5}{128}, \quad r_{10}=\frac{7}{256}, \\
& r_{12}=\frac{21}{1024}, \quad r_{14}=\frac{33}{2048}, \quad r_{16}=\frac{429}{32768}, \quad r_{18}=\frac{715}{65536}, \quad r_{20}=\frac{2431}{262144} .
\end{aligned}
$$

REMARK 6.8. It is interesting to observe that the blocks of the form (6.13) share the property with the blocks of the form (5.4) that every other superdiagonal is zero.
7. The case of symmetric bilinear forms. In this section, we derive canonical forms for the case that $H$ is symmetric. Here, we have to distinguish $H$-selfadjoint and $H$-skewadjoint matrices, because both sets of matrices are invariant under multiplication with complex numbers, and thus, if $A$ is $H$-selfadjoint then so is $i A$.

Theorem 7.1 (Canonical form for polynomially $H$-normal matrices). Let the matrix $X \in \mathbb{C}^{n \times n}$ be polynomially $H$-normal with $H$-normality polynomial $p$. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} X Q=X_{1} \oplus \cdots \oplus X_{p}, \quad Q^{T} H Q=H_{1} \oplus \cdots \oplus H_{p} \tag{7.1}
\end{equation*}
$$

where $X_{j}$ is $H_{j}$-indecomposable and where $X_{j}$ and $H_{j}$ have one of the following forms:
i) blocks associated with $\lambda_{j} \in \mathbb{C}$ satisfying $p\left(\lambda_{j}\right)=\lambda_{j}$ and $p^{\prime}\left(\lambda_{j}\right)=1$ if $n_{j}>1$ :

$$
\begin{equation*}
X_{j}=\mathcal{J}_{n_{j}}(\lambda), \quad H_{j}=R_{n_{j}} \tag{7.2}
\end{equation*}
$$

where $n_{j} \in \mathbb{N}$;
ii) odd-sized blocks associated with $\lambda_{j} \in \mathbb{C}$ satisfying $p\left(\lambda_{j}\right)=\lambda_{j}$ and $p^{\prime}\left(\lambda_{j}\right)=-1$ :

$$
\begin{equation*}
X_{j}=T\left(\lambda_{j}, 1, a_{2}, \ldots, a_{n_{j}-1}\right), \quad H_{j}=\Sigma_{n_{j}} \tag{7.3}
\end{equation*}
$$

where $n_{j} \in \mathbb{N}$ is odd, $n_{j} \geq 3$, and $a_{k}=0$ for odd $k$;
iii) paired even-sized blocks associated with $\lambda_{j} \in \mathbb{C}$ satisfying $p\left(\lambda_{j}\right)=\lambda_{j}$ and $p^{\prime}\left(\lambda_{j}\right)=-1$ :

$$
X_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{7.4}\\
0 & p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
I_{m_{j}} & 0
\end{array}\right]
$$

where $m_{j} \in \mathbb{N}$ is even.
iv) blocks associated with a pair $\left(\lambda_{j}, \mu_{j}\right) \in \mathbb{C} \times \mathbb{C}$, satisfying $\mu_{j}=p\left(\lambda_{j}\right) \neq \lambda_{j}$ and $\operatorname{Re}\left(\lambda_{j}\right)>\operatorname{Re}\left(\mu_{j}\right)$ or $\operatorname{Im}\left(\lambda_{j}\right)>\operatorname{Im}\left(\mu_{j}\right)$ if $\operatorname{Re}\left(\lambda_{j}\right)=\operatorname{Re}\left(\mu_{j}\right)$ :

$$
X_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{7.5}\\
0 & p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
I_{m_{j}} & 0
\end{array}\right]
$$

where $m_{j} \in \mathbb{N}$.

Moreover, the form (7.1) is unique up to the permutation of blocks and the nonzero parameters $a_{k}$ in (7.3) are uniquely determined by $\lambda_{j}$ and the coefficients of $p$ and can be computed from the identity $T\left(\lambda_{j},-1, a_{2}, 0, a_{4}, 0, \ldots\right)=p\left(T\left(\lambda_{j}, 1, a_{2}, 0, a_{4}, 0, \ldots\right)\right)$.

Proof. Again, $X$ can be decomposed as in (7.1) into blocks $X_{j}$ that are $H_{j}$-indecomposable and it is sufficient to investigate the case that $X$ is $H$-indecomposable. Let $\operatorname{Eig}(X)$ be the space generated by all eigenvectors of $X$. Then $\operatorname{dim} \operatorname{Eig}(X) \leq 2$ by Proposition 3.4.
Case (1): $\operatorname{dim} \operatorname{Eig}(X)=1$. Let $\lambda$ be the eigenvalue of $X$. In particular, $X$ is similar to the Jordan block $\mathcal{J}_{n}(\lambda)$ and thus, Theorem 5.2 yields the existence of blocks of the forms (7.2) and (7.3). Indeed, note that in the case $p^{\prime}(\lambda)=-1$, Theorem 5.2 implies that $n$ is necessarily odd.
Case (2): $\operatorname{dim} \operatorname{Eig}(X)=2$. Then, the result follows directly from Corollary 3.5. If $\lambda$ denotes one of the eigenvalues of $X$, then we have, in particular, either $\lambda \neq \mu=p(\lambda)$ or $\lambda=p(\lambda)$ and $p^{\prime}(\lambda)^{m-1}=-1$ which is only possible for the case that $p^{\prime}(\lambda)=-1$ and $m$ is even. (In the latter case, the block is indeed $H_{j}$-indecomposable, because blocks of type (7.3) must be odd-dimensional.)
Uniqueness of the form (7.1) follows immediately from the uniqueness of the Jordan canonical form of $X$ and the uniqueness statement in Theorem 5.2.

Theorem 7.2 (Canonical form for $H$-selfadjoint matrices). Let $A \in \mathbb{C}^{n \times n}$ be $H$-selfadjoint. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} A Q=\mathcal{J}_{n_{1}}\left(\lambda_{1}\right) \oplus \cdots \oplus \mathcal{J}_{n_{p}}\left(\lambda_{p}\right), \quad Q^{T} H Q=R_{n_{1}} \oplus \cdots \oplus R_{n_{p}} . \tag{7.6}
\end{equation*}
$$

Moreover, the form (7.6) is unique up to the permutation of blocks.
Proof. $A$ is $H$-selfadjoint if and only if $A$ is polynomially $H$-normal with $H$ normality polynomial $p(t)=t$. Then $p^{\prime}(t)=1$ for all $t \in \mathbb{C}$ and $p(\lambda)=\lambda$ for all eigenvalues $\lambda \in \mathbb{C}$ of $A$. Thus, the result follows immediately from Theorem 7.1.

Theorem 7.3 (Canonical forms for $H$-skewadjoint matrices). Let $S \in \mathbb{C}^{n \times n}$ be $H$-skewadjoint. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} S Q=S_{1} \oplus \cdots \oplus S_{p}, \quad Q^{T} H Q=H_{1} \oplus \cdots \oplus H_{p} \tag{7.7}
\end{equation*}
$$

where $S_{j}$ is $H_{j}$-indecomposable and where $S_{j}$ and $H_{j}$ have one of the following forms:
i) blocks associated with $\lambda_{j}=0$, where $n_{j} \in \mathbb{N}$ is odd:

$$
\begin{equation*}
S_{j}=\mathcal{J}_{n_{j}}(0), \quad H_{j}=\Sigma_{n_{j}} \tag{7.8}
\end{equation*}
$$

ii) paired blocks associated with $\lambda_{j}=0$, where $m_{j} \in \mathbb{N}$ is even:

$$
S_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}(0) & 0  \tag{7.9}\\
0 & -\left(\mathcal{J}_{m_{j}}(0)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
I_{m_{j}} & 0
\end{array}\right] ;
$$

iii) blocks associated with a pair $\left(\lambda_{j},-\lambda_{j}\right) \in \mathbb{C} \times \mathbb{C}$, satifying $\operatorname{Re}\left(\lambda_{j}\right)>0$ and $m_{j} \in \mathbb{N}$ :

$$
S_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{7.10}\\
0 & -\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
I_{m_{j}} & 0
\end{array}\right] .
$$

Moreover, the form (7.1) is unique up to the permutation of blocks.
Proof. $S$ is $H$-skewadjoint if and only if $S$ is polynomially $H$-normal with $H$ normality polynomial $p(t)=-t$. Then $p^{\prime}(t)=-1$ for all $t \in \mathbb{C}$. Thus, the result follows immediately from Theorem 7.1. Note that the parameters $a_{k}$ in the blocks of the form (7.3) are zero because of $T\left(0,-1, a_{2}, 0, a_{4}, \ldots\right)=-T\left(0,1, a_{2}, 0, a_{4}, \ldots\right)$.

Remark 7.4. The canonical forms for $H$-selfadjoint and $H$-skewadjoint matrices are related to the canonical forms for pairs of symmetric matrices or a pair consisting of a symmetric and a skew-symmetric matrix given in $[26,16]$. (See also Remark 6.5).

Theorem 7.5 (Canonical form for $H$-unitary matrices). Let $U \in \mathbb{C}^{n \times n}$ be $H$ unitary. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} U Q=U_{1} \oplus \cdots \oplus U_{p}, \quad Q^{T} H Q=H_{1} \oplus \cdots \oplus H_{p} \tag{7.11}
\end{equation*}
$$

where $U_{j}$ is $H_{j}$-indecomposable and where $U_{j}$ and $H_{j}$ have one of the following forms:
i) blocks associated with $\lambda_{j}=\delta= \pm 1$, where $n_{j} \in \mathbb{N}$ is odd:

$$
\begin{equation*}
U_{j}=T\left(\delta, 1, r_{2}, \ldots, r_{n_{j}-1}\right), \quad H_{j}=\Sigma_{n_{j}} \tag{7.12}
\end{equation*}
$$

Moreover, $r_{k}=0$ for odd $k$ and the parameters $r_{k}$ for even $k$ are real and uniquely determined by the recursive formula

$$
\begin{equation*}
r_{2}=\frac{1}{2} \delta, \quad r_{k}=-\frac{1}{2} \delta\left(\sum_{\nu=1}^{\frac{k}{2}-1} r_{2 \cdot \nu} r_{2 \cdot\left(\frac{k}{2}-\nu\right)}\right), \quad 4 \leq k \leq n_{j} \tag{7.13}
\end{equation*}
$$

ii) paired blocks associated with $\lambda_{j}= \pm 1$, where $m_{j} \in \mathbb{N}$ is even:

$$
U_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{7.14}\\
0 & \left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{-T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
I_{m_{j}} & 0
\end{array}\right]
$$

iii) blocks associated with a pair $\left(\lambda_{j}, \lambda_{j}^{-1}\right) \in \mathbb{C} \times \mathbb{C}$, where $\operatorname{Re}\left(\lambda_{j}\right)>\operatorname{Re}\left(\lambda_{j}^{-1}\right)$ or $\operatorname{Im}\left(\lambda_{j}\right)>\operatorname{Im}\left(\lambda_{j}^{-1}\right)$ if $\operatorname{Re}\left(\lambda_{j}\right)=\operatorname{Re}\left(\lambda_{j}^{-1}\right)$, and $m_{j} \in \mathbb{N}$ :

$$
U_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{7.15}\\
0 & \left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{-T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
I_{m_{j}} & 0
\end{array}\right]
$$

Moreover, the form (7.11) is unique up to the permutation of blocks.
Proof. The result is a special case of Theorem 7.1. Since $U$ is $H$-unitary, $U$ is polynomially $H$-normal and the $H$-normality polynomial satisfies $U^{-1}=p(U)$. In particular, this implies $p(\lambda)=\lambda^{-1}$ for all eigenvalues $\lambda \in \mathbb{C}$ of $U$. Thus $p(\lambda)=\lambda$ if and only if $\lambda= \pm 1$. Let $\widetilde{Q}$ be such that $\widetilde{U}:=\widetilde{Q}^{-1} U \widetilde{Q}$ is in Jordan canonical form. Then

$$
\widetilde{U} p(\widetilde{U})=\widetilde{Q}^{-1} U \widetilde{Q} \widetilde{Q}^{-1} p(U) \widetilde{Q}=I
$$

In particular, if $\mathcal{J}_{\nu}(\lambda)$ is a Jordan block of $\widetilde{U}$, we obtain that $\mathcal{J}_{\nu}(\lambda) p\left(\mathcal{J}_{\nu}(\lambda)\right)=I_{\nu}$. Observing that $p\left(\mathcal{J}_{\nu}(\lambda)\right)$ has the form as in (2.5), we obtain that $\lambda p^{\prime}(\lambda)+p(\lambda)=0$
whenever there exists a Jordan block of size larger than one associated with $\lambda$. Thus, if $p(\lambda)=\lambda$ (or, equivalently, $\lambda= \pm 1$ ) and if there exists a Jordan block of size larger than one associated with $\lambda$, then $p^{\prime}(\lambda)=-1$. Thus, the result follows from Theorem 7.1. The recursive formula for the parameters $r_{j}$ in blocks of the form (7.12) follow from equating to zero the entries in the matrix $U U^{[T]}-I$ as in the proof of Theorem 6.6. Here, the equations become

$$
2 \delta r_{2}-1=0 \quad \text { and } \quad 2 \delta r_{k}+\sum_{\nu=2}^{k-2} r_{\nu} r_{k-\nu}=0 \quad \text { for } k=3, \ldots, n_{j}-1
$$

Remark 7.6. It seems that the result in Theorem 7.5 has not appeared as explicit in the literature before. However, other canonical forms and sets of invariants for H unitary matrices have been known earlier. For example, Jordan canonical forms for complex orthogonal matrices under arbitrary similarity have been presented in [13].
8. The case of a skew-symmetric bilinear form. In this section, we present a canonical form for polynomially $H$-normal matrices for the case that $H$ is skewsymmetric. Again, we have to distinguish $H$-selfadjoint and $H$-skewadjoint matrices.

Theorem 8.1 (Canonical form for polynomially $H$-normal matrices). Let the matrix $X \in \mathbb{C}^{n \times n}$ be polynomially $H$-normal with $H$-normality polynomial $p$. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} X Q=X_{1} \oplus \cdots \oplus X_{p}, \quad Q^{T} H Q=H_{1} \oplus \cdots \oplus H_{p} \tag{8.1}
\end{equation*}
$$

where $X_{j}$ is $H_{j}$-indecomposable and where $X_{j}$ and $H_{j}$ have one of the following forms:
i) even-sized blocks associated with $\lambda_{j} \in \mathbb{C}$, where $p\left(\lambda_{j}\right)=\lambda_{j}$ and $p^{\prime}\left(\lambda_{j}\right)=-1$ :

$$
\begin{equation*}
X_{j}=T\left(\lambda_{j}, 1, a_{2}, \ldots, a_{n_{j}-1}\right), \quad H_{j}=\Sigma_{n_{j}} \tag{8.2}
\end{equation*}
$$

where $n_{j} \in \mathbb{N}$ is even, $a_{k}=0$ for odd $k$, and $p^{\prime}\left(\lambda_{j}\right)=-1$;
ii) paired odd-sized blocks associated with $\lambda_{j} \in \mathbb{C}$ satisfying $p\left(\lambda_{j}\right)=\lambda_{j}$ and $p^{\prime}\left(\lambda_{j}\right)=-1$ if $m_{j}>1$ :

$$
X_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{8.3}\\
0 & p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
-I_{m_{j}} & 0
\end{array}\right]
$$

where $m_{j} \in \mathbb{N}$ is odd;
iii) paired blocks associated with $\lambda_{j} \in \mathbb{C}$ satisfying $p\left(\lambda_{j}\right)=\lambda_{j}$ and $p^{\prime}\left(\lambda_{j}\right)=1$ :

$$
X_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{8.4}\\
0 & p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
-I_{m_{j}} & 0
\end{array}\right]
$$

where $m_{j} \in \mathbb{N}, m_{j}>1$;
iv) blocks associated with a pair $\left(\lambda_{j}, \mu_{j}\right) \in \mathbb{C} \times \mathbb{C}$, satisfying $\mu_{j}=p\left(\lambda_{j}\right) \neq \lambda_{j}$ and $\operatorname{Re}\left(\lambda_{j}\right)>\operatorname{Re}\left(\mu_{j}\right)$ or $\operatorname{Im}\left(\lambda_{j}\right)>\operatorname{Im}\left(\mu_{j}\right)$ if $\operatorname{Re}\left(\lambda_{j}\right)=\operatorname{Re}\left(\mu_{j}\right):$

$$
X_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{8.5}\\
0 & p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
-I_{m_{j}} & 0
\end{array}\right]
$$

where $m_{j} \in \mathbb{N}$.

Moreover, the form (8.1) is unique up to the permutation of blocks and the nonzero parameters $a_{2 \cdot k}$ in (8.2) are uniquely determined by $\lambda_{j}$ and the coefficients of $p$ and can be computed from the identity $T\left(\lambda_{j},-1, a_{2}, 0, a_{4}, 0, \ldots\right)=p\left(T\left(\lambda_{j}, 1, a_{2}, 0, a_{4}, 0, \ldots\right)\right)$.

Proof. Clearly, $X$ can be decomposed as in (8.1) into blocks $X_{j}$ that are $H_{j}$-indecomposable and it is sufficient to investigate the case that $X$ is $H$-indecomposable. Let $\operatorname{Eig}(X)$ be the space generated by all eigenvectors of $X$. Then $\operatorname{dim} \operatorname{Eig}(X) \leq 2$ by Proposition 3.4.
Case (1): $\operatorname{dim} \operatorname{Eig}(X)=1$. Let $\lambda$ be the eigenvalue of $X$. In particular, $X$ is similar to the Jordan block $\mathcal{J}_{n}(\lambda)$ and thus, by Theorem 5.2 , we have that $p^{\prime}(\lambda)=-1$, that $n$ is even, and that $X$ and $H$ can be transformed into the forms (8.2).
Case (2): $\operatorname{dim} \operatorname{Eig}(X)=2$. Then, the result follows directly from Corollary 3.5. If $\lambda$ denotes one of the eigenvalues of $X$ then, in particular, we either have $\lambda \neq \mu=p(\lambda)$ or $\lambda=p(\lambda)$ and $p^{\prime}(\lambda)^{m-1}=1$ (if $\left.m>2\right)$ ) which is possible for $m=1$, for $p^{\prime}(\lambda)=-1$ and odd $m>1$, or for $p^{\prime}(\lambda)=1$ and $m>1$.
Uniqueness of the form (8.1) follows immediately from the uniqueness of the Jordan canonical form of $X$ and the uniqueness statement in Theorem 5.2.

Theorem 8.2 (Canonical form for $H$-selfadjoint matrices). Let $A \in \mathbb{C}^{n \times n}$ be $H$-selfadjoint. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{align*}
Q^{-1} A Q & =\left[\begin{array}{cc}
\mathcal{J}_{m_{1}}\left(\lambda_{1}\right) & 0 \\
0 & \mathcal{J}_{m_{1}}\left(\lambda_{1}\right)^{T}
\end{array}\right] \oplus \cdots \oplus\left[\begin{array}{cc}
\mathcal{J}_{m_{p}}\left(\lambda_{p}\right) & 0 \\
0 & \mathcal{J}_{m_{p}}\left(\lambda_{p}\right)^{T}
\end{array}\right],  \tag{8.6}\\
Q^{T} H Q & =\left[\begin{array}{cc}
0 & I_{m_{1}} \\
-I_{m_{1}} & 0
\end{array}\right] \oplus \cdots \oplus\left[\begin{array}{cc}
0 & I_{m_{p}} \\
-I_{m_{p}} & 0
\end{array}\right] . \tag{8.7}
\end{align*}
$$

Moreover, the form (8.6)-(8.7) is unique up to the permutation of blocks.
Proof. $A$ is $H$-selfadjoint if and only if $A$ is polynomially $H$-normal with $H$ normality polynomial $p(t)=t$. Then $p^{\prime}(t)=1$ for all $t \in \mathbb{C}$ and $p(\lambda)=\lambda$ for all eigenvalues $\lambda \in \mathbb{C}$ of $A$. Thus, the result follows immediately from Theorem 8.1.

Theorem 8.3 (Canonical form for $H$-skewadjoint matrices). Let $S \in \mathbb{C}^{n \times n}$ be $H$-skewadjoint. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} S Q=S_{1} \oplus \cdots \oplus S_{p}, \quad Q^{T} H Q=H_{1} \oplus \cdots \oplus H_{p} \tag{8.8}
\end{equation*}
$$

where $S_{j}$ is $H_{j}$-indecomposable and where $S_{j}$ and $H_{j}$ have one of the following forms:
i) blocks associated with $\lambda_{j}=0$, where $n_{j} \in \mathbb{N}$ is even:

$$
\begin{equation*}
S_{j}=\mathcal{J}_{n_{j}}(0), \quad H_{j}=\Sigma_{n_{j}} \tag{8.9}
\end{equation*}
$$

ii) paired blocks associated with $\lambda_{j}=0$, where $m_{j} \in \mathbb{N}$ is odd:

$$
S_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}(0) & 0  \tag{8.10}\\
0 & -\left(\mathcal{J}_{m_{j}}(0)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
-I_{m_{j}} & 0
\end{array}\right] ;
$$

iii) blocks associated with a pair $\left(\lambda_{j},-\lambda_{j}\right) \in \mathbb{C} \times \mathbb{C}$, where $\operatorname{Re}\left(\lambda_{j}\right)>0$ and $m_{j} \in \mathbb{N}$ :

$$
S_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{8.11}\\
0 & -\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
-I_{m_{j}} & 0
\end{array}\right] .
$$

Moreover, the form (8.1) is unique up to the permutation of blocks.
Proof. $S$ is $H$-skewadjoint if and only if $S$ is polynomially $H$-normal with $H$ normality polynomial $p(t)=-t$. Then $p^{\prime}(t)=-1$ for all $t \in \mathbb{C}$. Thus, the result follows immediately from Theorem 7.1. Note that the parameters $a_{2 \cdot \ell}$ in the blocks of the form (7.3) are zero because of $T\left(0,-1, a_{2}, 0, a_{4}, \ldots\right)=-T\left(0,1, a_{2}, 0, a_{4}, \ldots\right)$. $\quad \square$

Remark 8.4. The canonical forms for $H$-selfadjoint and $H$-skewadjoint matrices are related to the canonical forms for pairs of skew-symmetric matrices or a pair consisting of a symmetric and a skew-symmetric matrix given in $[26,16]$. (See also Remark 6.5).

Theorem 8.5 (Canonical form for $H$-unitary matrices). Let $U \in \mathbb{C}^{n \times n}$ be $H$ unitary. Then there exists a nonsingular matrix $Q$ such that

$$
\begin{equation*}
Q^{-1} U Q=U_{1} \oplus \cdots \oplus U_{p}, \quad Q^{T} H Q=H_{1} \oplus \cdots \oplus H_{p} \tag{8.12}
\end{equation*}
$$

where $U_{j}$ is $H_{j}$-indecomposable and where $U_{j}$ and $H_{j}$ have one of the following forms:
i) even-sized blocks associated with $\lambda_{j}=\delta= \pm 1$, where $n_{j} \in \mathbb{N}$ is even:

$$
\begin{equation*}
U_{j}=T\left(\delta, 1, r_{2}, \ldots, r_{n_{j}-1}\right), \quad H_{j}=\Sigma_{n_{j}} \tag{8.13}
\end{equation*}
$$

Moreover, $r_{k}=0$ for odd $k$ and the parameters $r_{k}$ for even $k$ are real and uniquely determined by the recursive formula

$$
\begin{equation*}
r_{2}=\frac{1}{2} \delta, \quad r_{k}=-\frac{1}{2} \delta\left(\sum_{\nu=1}^{\frac{k}{2}-1} r_{2 \cdot \nu} r_{2 \cdot\left(\frac{k}{2}-\nu\right)}\right), \quad 4 \leq k \leq n_{j} \tag{8.14}
\end{equation*}
$$

ii) paired blocks associated with $\lambda_{j}= \pm 1$, where $m_{j} \in \mathbb{N}$ is odd:

$$
U_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{8.15}\\
0 & \left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{-T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
-I_{m_{j}} & 0
\end{array}\right] ;
$$

iii) blocks associated with a pair $\left(\lambda_{j}, \lambda_{j}^{-1}\right) \in \mathbb{C} \times \mathbb{C}$, satisfying $\operatorname{Re}\left(\lambda_{j}\right)>\operatorname{Re}\left(\lambda_{j}^{-1}\right)$ or $\operatorname{Im}\left(\lambda_{j}\right)>\operatorname{Im}\left(\lambda_{j}^{-1}\right)$ if $\operatorname{Re}\left(\lambda_{j}\right)=\operatorname{Re}\left(\lambda_{j}^{-1}\right)$, where $m_{j} \in \mathbb{N}$ :

$$
U_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{8.16}\\
0 & \left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{-T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
-I_{m_{j}} & 0
\end{array}\right]
$$

Moreover, the form (8.12) is unique up to the permutation of blocks.
Proof. The proof is analogous to the proof of Theorem 7.5.
Remark 8.6. It seems that the result in Theorem 8.5 has not appeared as explicit in the literature before. However, other canonical forms and sets of invariants for $H$-unitary matrices have been known earlier.
9. The real case. So far, mainly the complex case has been studied, but some of the general results in Sections 3 and 4 apply to the real case as well. These results allow a classification of polynomially $H$-normal matrices under the additional
hypothesis that the spectrum is real. For the case of a nonreal spectrum, further considerations are necessary, see [18] for details.

Theorem 9.1. Let $\delta= \pm 1$ be such that $H^{T}=\delta H$ and $X \in \mathbb{R}^{n \times n}$ be polynomially $H$-normal with $H$-normality polynomial $p \in \mathbb{R}[t]$. If $\sigma(X) \subseteq \mathbb{R}$, then there exists a nonsingular matrix $P \in \mathbb{R}^{n \times n}$ such that

$$
\begin{equation*}
P^{-1} X P=X_{1} \oplus \cdots \oplus X_{p}, \quad P^{T} H P=H_{1} \oplus \cdots \oplus H_{p} \tag{9.1}
\end{equation*}
$$

where $X_{j}$ is $H_{j}$-indecomposable, and $X_{j}$ and $H_{j}$ have one of the following forms:
i) blocks associated with $\lambda_{j} \in \mathbb{R}$ satisfying $p\left(\lambda_{j}\right)=\lambda_{j}$ and $p^{\prime}\left(\lambda_{j}\right)=1$ if $n_{j}>1$ :
(9.2) if $\delta=+1: X_{j}=\mathcal{J}_{n_{j}}\left(\lambda_{j}\right), \quad H_{j}=\varepsilon_{j} R_{n_{j}}$,

$$
\text { if } \delta=-1: X_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{9.3}\\
0 & p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
-I_{m_{j}} & 0
\end{array}\right]
$$

where $\varepsilon_{j}= \pm 1$ and $n_{j} \in \mathbb{N}$ if $\delta=+1$ and $n_{j}=2 m_{j} \in \mathbb{N}$ is even if $\delta=-1$;
ii) blocks associated with $\lambda_{j} \in \mathbb{R}$ satisfying $p\left(\lambda_{j}\right)=\lambda_{j}$ and $p^{\prime}\left(\lambda_{j}\right)=-1$ :

$$
\begin{equation*}
X_{j}=T\left(\lambda_{j}, 1, a_{j, 2}, \ldots, a_{j, n_{j}-1}\right), \quad H_{j}=\varepsilon_{j} \Sigma_{n_{j}} \tag{9.4}
\end{equation*}
$$

where $n_{j}>1$ is odd if $\delta=1$ and even if $\delta=-1, a_{j, 2}, \ldots, a_{j, n_{j}-1} \in \mathbb{R}$, $a_{j, k}=0$ for odd $k$, and $\varepsilon_{j}= \pm 1$;
iii) blocks associated with $\lambda_{j} \in \mathbb{R}$ satisfying $p\left(\lambda_{j}\right)=\lambda_{j}$ and satisfying $p^{\prime}\left(\lambda_{j}\right)=-1$ if $m_{j}>1$ :

$$
X_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{9.5}\\
0 & p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
\delta I_{m_{j}} & 0
\end{array}\right]
$$

where $m_{j} \in \mathbb{N}$ is even if $\delta=+1$ and odd if $\delta=-1$;
iv) blocks associated with a pair $\left(\lambda_{j}, \mu_{j}\right) \in \mathbb{R} \times \mathbb{R}$ with $\mu_{j}=p\left(\lambda_{j}\right)<\lambda_{j}=p\left(\mu_{j}\right)$ :

$$
X_{j}=\left[\begin{array}{cc}
\mathcal{J}_{m_{j}}\left(\lambda_{j}\right) & 0  \tag{9.6}\\
0 & p\left(\mathcal{J}_{m_{j}}\left(\lambda_{j}\right)\right)^{T}
\end{array}\right], \quad H_{j}=\left[\begin{array}{cc}
0 & I_{m_{j}} \\
\delta I_{m_{j}} & 0
\end{array}\right]
$$

where $m_{j} \in \mathbb{N}$.
The form (9.1) is unique up to permutation of blocks and the nonzero parameters $a_{j, k}$ in (9.4) are uniquely determined by $\lambda_{j}$ and the coefficients of $p$ and can be computed from the identity $T\left(\lambda_{j},-1, a_{j, 2}, 0, a_{j, 4}, 0, \ldots\right)=p\left(T\left(\lambda_{j}, 1, a_{j, 2}, 0, a_{j, 4}, 0, \ldots\right)\right)$.

Proof. Clearly, $X$ can be decomposed as in (9.1) into blocks $X_{j}$ that are $H_{j}$-indecomposable. Thus, it is sufficient to investigate the case that $X$ is $H$-indecomposable. Taking into account that $X$ has real eigenvalues only, the result immediately follows from Proposition 3.4, Corollary 3.5, and Theorem 5.2. Concerning uniqueness note that if $\left(\widetilde{X}_{1}, \widetilde{H}_{1}\right)$ and $\left(\widetilde{X}_{2}, \widetilde{H}_{2}\right)$ are two canonical forms for $(X, H)$ as in (9.1), then the fact that $\widetilde{X}_{1}$ and $\widetilde{X}_{2}$ must have the same Jordan canonical form and the uniqueness statements in Corollary 3.5, and Theorem 5.2 imply that the two canonical forms $\left(\widetilde{X}_{1}, \widetilde{H}_{1}\right)$ and ( $\widetilde{X}_{2}, \widetilde{H}_{2}$ ) may only differ in the parameters $\varepsilon_{j}$ in (9.2) and (9.4). The proof of uniqueness of these parameters follows exactly the same lines as the proof in Theorem 6.1 that deals with the complex case.
10. Conclusions. The set of polynomially $H$-normals turns out to be an adequate set of $H$-normal matrices that simultaneously describes the behaviour of the sets of $H$-selfadjoint, $H$-skewadjoint, and $H$-unitary matrices in the context of classification. The typical scheme of the canonical form for polynomially $H$-normal matrices can also be observed in the canonical forms for $H$-selfadjoint, $H$-skewadjoint, and $H$ unitary matrices, not only in the case that $H$ is Hermitian and induces a sesquilinear form, but also in the case that $H$ is symmetric or skew-symmetric and induces a bilinear form. There are basically two types of eigenvalues of polynomially $H$-normal matrices:

1) eigenvalues that occur in pairs $(\lambda, \overline{p(\lambda)}), \lambda \neq \overline{p(\lambda)}$ or $(\lambda, p(\lambda)), \lambda \neq p(\lambda)$, respectively;
2) eigenvalues $\lambda$ for which the pairing degenerates, because of $\lambda=\overline{p(\lambda)}$ or $\lambda=p(\lambda)$, respectively.
In the case of Hermitian $H$, the set $\{\lambda \in \mathbb{C} \mid \lambda=\overline{p(\lambda)}\}$ may be infinite. In the case of $H$-selfadjoint matrices it is the real line and in the case of $H$-unitary matrices it is the unit circle. In the case of symmetric or skew-symmetric $H$, the set $\{\lambda \in \mathbb{C} \mid \lambda=p(\lambda)\}$ is either $\mathbb{C}$ (as in the case of $H$-selfadjoint matrices when $H$ is symmetric) or finite (possibly empty). Moreover, Jordan blocks for a fixed size $m$ that are associated with an eigenvalue of type 2) may be forced to occur in pairs. Information on whether this happens or not can be obtained from the value $p^{\prime}(\lambda)$. In particular, this implies that polynomially $H$-normal matrices need not be block-Toeplitz $H$-normal in the case that $H$ is symmetric or skew-symmetric.

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Electronic Journal of Linear Algebra ISSN 1081-3810
A publication of the International Linear Algebra Society
Volume 15, pp. 50-83, February 2006

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[^0]:    *Received by the editors 12 August 2005. Accepted for publication 2 February 2006. Handling Editor: Peter Lancaster.
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