## ON THE NEUMANN OPERATOR OF THE ARITHMETICAL MEAN

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We shall identify the Euclidean plane  $\mathbb{R}^2$  with the set  $\mathbb{C}$  of all complex numbers. If  $z \in \mathbb{C}$ , then  $\operatorname{Re} z$ ,  $\operatorname{Im} z$  and  $\overline{z}$  denote the real part, the imaginary part and the complex conjugate of z, respectively. The scalar product of vectors  $u, v \in \mathbb{R}^2$  will be denoted by  $\langle u, v \rangle$  (=  $\operatorname{Re} u\overline{v}$ ). We shall be engaged with logarithmic potentials in the plane derived from the classical kernel defined for  $x, z \in \mathbb{R}^2$  by

$$h_z(x) = \begin{cases} \frac{1}{2\pi} \ln \frac{1}{|z-x|}, & \text{if } x \neq z, \\ +\infty, & \text{if } x = z. \end{cases}$$

The symbol  $\lambda_k$   $(k \in \{1, 2\})$  will denote the k-dimensional Hausdorff measure (with the usual normalization, so that  $\lambda_k([0, 1]^k) = 1$ ). For  $M \subset \mathbb{R}^2$  we use the symbols  $\partial M$ , int M and  $\operatorname{cl} M$  to denote the boundary, the interior and the closure of M, respectively. For  $M \neq \emptyset$  we denote by  $\mathcal{C}(M)$  the Banach space of all bounded continuous functions on M with the supremum norm, by  $1_M$  the constant function equal to 1 on M, by  $\operatorname{Const}(M) = \{\alpha 1_M; \alpha \in \mathbb{R}\}$  the class of all constant functions on M.  $\mathcal{C}_0^{(1)}$  will stand for the class of all continuously differentiable functions with a compact support in  $\mathbb{R}^2$ , for bounded M we write  $\mathcal{C}^{(1)}(M) = \{\varphi|_M : \varphi \in \mathcal{C}_0^{(1)}\}$ for the class of all restrictions to M of functions in  $\mathcal{C}_0^{(1)}$ . Throughout,  $K \subset \mathbb{R}^2$  will be a fixed non-void compact set which is massive at each  $z \in K$  in the sense that each disk

$$B_r(z) = \{ x \in \mathbb{R}^2; |x - z| < r \}$$

with radius r > 0 and center z in K intersects K in a set of positive Lebesgue measure:

$$\lambda_2[B_r(z) \cap K] > 0.$$

This is the only à priori restriction we impose on K; it is by no means essential in connection with boundary value problems (cf. Remark 1.14 and 2.3 in [8]) but it will allow us to avoid some technical complications.

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Put  $G = \mathbb{R}^2 \setminus K$  and denote by  $\mathcal{C}^*(\partial K)$  the space of all finite signed Borel measures supported by  $\partial K$ . For each  $\mu \in \mathcal{C}^*(\partial K)$  the potential

(1) 
$$\mathcal{U}\mu(x) = \int_{\partial K} h_z(x) \, d\mu(z)$$

defines a harmonic function of the variable x on  $\mathbb{R}^2 \setminus \partial K$  such that, for each bounded Borel  $P \subset \mathbb{R}^2 \setminus \partial K$ , the gradient of (1) is integrable over P:

$$\int_P |\operatorname{grad} \mathcal{U}\mu(x)| \, d\lambda_2(x) < +\infty$$

This property makes it possible to introduce the so-called weak normal derivative of  $\mathcal{U}\mu$ , to be denoted by  $N^G\mathcal{U}\mu$ , which is defined as a linear functional over  $\mathcal{C}_0^{(1)}$  by the formula

(2) 
$$\langle N^G \mathcal{U}\mu, \varphi \rangle = \int_G \langle \operatorname{grad} \varphi(x), \operatorname{grad} \mathcal{U}\mu(x) \rangle \, d\lambda_2(x), \quad \varphi \in \mathcal{C}_0^{(1)};$$

if the boundary  $\partial G = \partial K$  is smooth and *n* denotes the unit normal exterior to *G*, and if  $\mathcal{U}\mu$  extends smoothly from *G* to cl*G*, then the right-hand side in (2) transforms by divergence theorem into

$$\int_{\partial K} \varphi \frac{\partial \mathcal{U} \mu}{\partial n} \, d\lambda_1$$

so that  $N^G \mathcal{U}\mu$  is a natural weak characterization of the normal derivative  $\frac{\partial \mathcal{U}\mu}{\partial n}$  (compare [21]). Transforming the integral occurring in (2) by Fubini's theorem we get, for any  $\varphi \in \mathcal{C}_0^{(1)}$ ,

$$\left\langle N^G \mathcal{U} \mu, \varphi \right\rangle = \int_{\partial K} W \varphi(z) \, d\mu(z) \, ,$$

where

(3) 
$$W\varphi(z) = \int_G \langle \operatorname{grad} \varphi(x), \operatorname{grad} h_z(x) \rangle \ d\lambda_2(x) \,.$$

We shall consider (3) as a function of the variable  $z \in K$ . It is easily seen (cf. §2 in [8]) that, for  $z \in K$ , (3) depends on  $\varphi|_{\partial K}$  only and represents a continuous function on K which is harmonic on int K; this function  $W\varphi$  will be called the double layer potential of density  $\varphi$ . Note also that, for any fixed  $\mu \in C^*(\partial K)$ , the weak normal derivate  $N^G \mathcal{U}\mu$  has support contained in  $\partial K$  in the sense that  $\langle N^G \mathcal{U}\mu, \varphi \rangle = 0$  whenever  $\partial K$  does not meet the support of  $\varphi \in C_0^{(1)}$  (cf. 1.2 in [8]).

For  $\emptyset \neq M \subset K$  denote by  $W_M \varphi = (W \varphi) |_M$  the restriction to M of the double layer potential  $W \varphi$ . Then

$$(4_K) W_K \colon \varphi \Big|_{\partial K} \to W_K \varphi (\mathcal{C}^{(1)}(\partial K) \to \mathcal{C}(K))$$

and

$$(4_{\partial K}) \qquad \qquad W_{\partial K} \colon \varphi \Big|_{\partial K} \to W_{\partial K} \varphi \qquad (\mathcal{C}^{(1)}(\partial K) \to \mathcal{C}(\partial K)))$$

are linear operators form  $\mathcal{C}^{(1)}(\partial K)$  to  $\mathcal{C}(K)$  and from  $\mathcal{C}^{(1)}(\partial K)$  to  $\mathcal{C}(\partial K)$ , respectively. Since

(5) 
$$W_K 1_{\partial K} = 1_K$$

(cf. [8, p. 60]), we have  $W_K$  (Const  $(\partial K) \subset \text{Const}(K)$  which makes it possible to consider the operators induced on the factor space  $\mathcal{C}^{(1)}(\partial K)/_{\text{Const}}(\partial K)$  to be denoted by the same symbols

(6<sub>K</sub>) 
$$W_K: \mathcal{C}^{(1)}(\partial K)/_{\operatorname{Const}(\partial K)} \to \mathcal{C}(K)/_{\operatorname{Const}(K)}$$

and

(6<sub>$$\partial K$$</sub>)  $W_{\partial K}: \mathcal{C}^{(1)}(\partial K)/_{\operatorname{Const}(\partial K)} \to \mathcal{C}(\partial K)/_{\operatorname{Const}(\partial K)}$ 

Necessary and sufficient geometric condition is known (cf. [1], [9]; see also the exposition in [8], [14]) guaranteeing extendability of the operators  $(4_K)$ ,  $(4_{\partial K})$  to bounded linear operators defined on the whole  $\mathcal{C}(\partial K)$  and of the operators  $(6_K)$ ,  $(6_{\partial K})$  to bounded linear operators acting on  $\mathcal{C}(\partial K)/\text{Const}(\partial K)$ . As pointed out by M. Chlebík ([6]), results in geometric measure theory ([3]) permit to formulate this condition (occurring in an equivalent form in [8] and [14]; cf. proof of Lemma 3 below) in terms of the essential boundary

$$\partial_e K = \{ z \in \mathbb{R}^2; \limsup_{r \to 0^+} \lambda_2 [B_r(z) \cap K] \big/_{r^2} > 0, \ \limsup_{r \to 0^+} \lambda_2 [B_r(z) \cap G] \big/_{r^2} > 0 \}$$

as follows. Denoting for  $\theta$  in

$$\Gamma \equiv \{\theta \in \mathbb{R}^2; |\theta| = 1\}$$

and fixed  $z \in \mathbb{R}^2$  by  $n^K(z, \theta)$  the total number of points in

$$\{z+t\theta; t>0\} \cap \partial_e K$$

 $(0 \leq n^{K}(z,\theta) \leq +\infty)$  we arrive at a  $\lambda_{1}$ -measurable function  $\theta \mapsto n^{K}(z,\theta)$  which makes it possible to introduce the integral

$$v^{K}(z) := \frac{1}{\pi} \int_{\Gamma} n^{K}(z,\theta) \, d\lambda_{1}(\theta)$$

Then finiteness of the quality

(7) 
$$V^K := \sup\{v^K(z); \ z \in \partial K\}$$

is necessary and sufficient for extendability of  $W_K$  to a bounded linear operator on  $\mathcal{C}(\partial K)$  to  $\mathcal{C}(K)$  (or, equivalently, on  $\mathcal{C}(\partial K)/_{\text{Const}}(\partial K)$  to  $\mathcal{C}(K)/_{\text{Const}}(\partial K)$ ) and, which is the same, extendability of  $W_{\partial K}$  to a bounded operator on  $\mathcal{C}(\partial K)$ (or, equivalently, on  $\mathcal{C}(\partial K)/_{\text{Const}}(\partial K)$ ). The same condition

$$(8) V^K < +\infty$$

is necessary and sufficient to guarantee the existence, for each  $\mu \in C^*(\partial K)$ , of a (uniquely determined) finite signed Borel measure  $\nu_{\mu} \in C^*(B)$  representing  $N^G \mathcal{U}\mu$  in the sense that

$$\langle N^{G}\mathcal{U}\mu,\varphi\rangle = \int_{\partial K} \varphi \,d\nu_{\mu}, \quad \forall \,\varphi \in \mathcal{C}_{0}^{(1)};$$

under the assumption (8) the arising operator  $N^G \mathcal{U}: \mu \mapsto \nu_{\mu}$  is bounded on  $\mathcal{C}^*(\partial K)$  and is adjoint to  $W_{\partial K}$  acting on  $\mathcal{C}(\partial K)$ :

(9) 
$$N^G \mathcal{U} = W^*_{\partial K}.$$

Assuming (8) we define the operator of the arithmetical mean, to be denoted by  $T^K \equiv T$ , by the equation

(10) 
$$\frac{1}{2}(I+T^K) = W_{\partial K},$$

where I is the identity operator. Then (5) implies

(11) 
$$T1_{\partial K} = 1_{\partial K}.$$

The norm of T on  $\mathcal{C}(\partial K)$  is precisely evaluated by

$$||T^K|| = V^K$$

(cf. [8], 2.25; note that our normalization of  $v^{K}(z)$  is different from that used in [8], so that our  $V^{K}$  coincides with  $2V^{G}$  in [8]). The attempt to represent the solution of the Dirichlet problem for K with a prescribed boundary condition  $g \in \mathcal{C}(\partial K)$ 

in the form of the double layer potential  $W_K f$  with an unknown  $f \in \mathcal{C}(\partial K)$  leads to the equation

$$(13) (I+T)f = 2g$$

In view of (9), the attempt to find, for a given  $\nu \in \mathcal{C}^*(\partial K)$ , another  $\mu \in \mathcal{C}^*(\partial K)$ whose potential  $\mathcal{U}\mu$  solves the weak Neumann problem  $N^G\mathcal{U}\mu = \nu$  for G results in the adjoint equation

(14) 
$$(I+T)^*\mu = \nu$$

for the unknown  $\mu$ . It follows from (12) that  $||T^K|| \ge 1$  where the sign of equality holds iff K is convex (cf. [8], Theorem 3.1). If we consider  $T^K$  on the quotient space  $\mathcal{C}(\partial K)/_{\text{Const}}(\partial K)$ , then the quotient norm of  $T^K$ , to be denoted by  $||T^K||_0$ , may become less that 1. Let us recall that the norm of the class containing  $f \in \mathcal{C}(\partial K)$ in  $\mathcal{C}(\partial K)/_{\text{Const}}(\partial K)$  is given by  $\frac{1}{2} \operatorname{osc} f(\partial K)$ , where

$$\operatorname{osc} f(\partial K) = \max f(\partial K) - \min f(\partial K).$$

Hence  $||T^K||_0$  is the least constant  $q \ge 0$  for which

$$\operatorname{osc} (T^K f)(\partial K) \le q \operatorname{osc} f(\partial K), \quad \forall f \in \mathcal{C}(\partial K).$$

This constant was called the configuration constant of K by Carl Neumann who was able to prove for convex K that  $||T^K||_0 < 1$  iff K is different from triangles and quadrangles ([18]) (H. Lebesgue [12] observed later that  $||T_K^2|| < 1$  for all convex bodies  $K \subset \mathbb{R}^2$ ) which permitted to establish convergence (in the operator norm) of the Neumann series for the inverse of  $I + T^K$  on  $\mathcal{C}(\partial K)/\mathcal{C}_{\text{Const}}(\partial K)$ . Note that, in view of (9)–(11),  $(T^K)^*$  maps the subspace

$$\mathcal{C}^*_0(\partial K):=\{\mu\in\mathcal{C}^*(\partial K):\ \mu(\partial K)=0\}$$

of all balanced signed measures in  $C^*(\partial K)$  into itself and  $C_0^*(\partial K)$  may be identified with the adjoint space to  $C(\partial K)/_{\text{Const}}(\partial K)$ . Hence  $||T^K||_0$  equals the norm of the operator  $(T^K)^*$  restricted to  $C_0^*(\partial K)$ . For general K no simple evaluation of  $||T^K||_0$  comparable with the formula (12) for  $||T^K||$  seems to be known. Nevertheless, geometric estimates of the configuration constant  $||T^K||_0$  can be obtained which permit to establish the inequality  $||T^K||_0 < 1$  for many concrete highly nonconvex compact  $K \subset \mathbb{R}^2$ . We shall prove the following theorems and some of their consequences. **Theorem 1.** Let  $B_1$ ,  $B_2$  be disjoint  $\lambda_1$ -measurable subsets of  $\partial K$  and suppose that with each  $z \in B \equiv B_1 \cup B_2$  there is associated a disk  $B(z) = B_{r(z)}(\zeta(z))$  of radius  $r(z) = |z - \zeta(z)|$  such that  $K \cap B(z) = \emptyset$  for  $z \in B_1$ ,  $K \subset \operatorname{cl} B(z)$  for  $z \in B_2$ and  $z \mapsto r(z)$  is  $\lambda_1$ -measurable. If

$$\lambda_1(\partial K \setminus B) = 0 \quad and \quad \int_B rac{d\lambda_1(z)}{r(z)} < +\infty \,,$$

then

(15) 
$$||T^{K}||_{0} \leq 1 + \frac{1}{2\pi} \left( \int_{B_{1}} \frac{d\lambda_{1}(z)}{r(z)} - \int_{B_{2}} \frac{d\lambda_{1}(z)}{r(z)} \right)$$

**Theorem 2.** Suppose that with each  $z \in B_0 \subset B$  there is associated a disk  $B(z) = B_{r(z)}(\zeta(z)) \subset K$  of radius  $r(z) = |z - \zeta(z)|$ . If  $z \mapsto r(z)$  is  $\lambda_1$ -measurable,

$$\lambda_1(\partial K\setminus B_0)=0 \quad and \quad \int_{B_0} rac{d\lambda_1(z)}{r(z)}<+\infty\,,$$

then

(16) 
$$||T^K||_0 \le \frac{1}{2\pi} \int_{B_0} \frac{d\lambda_1(z)}{r(z)} - 1$$

We shall also show that the sign of equality holds in (15) and (16) if  $\partial K$  is a circular polygon of a certain type. The proofs depend on a series of lemmas.

**Lemma 1.** Let  $B \subset \partial G$ ,  $\lambda_1(\partial G \setminus B) = 0$ ,  $\delta > 0$  and suppose that with each  $z \in B$  there is associated an r(z) > 0 and  $\theta(z) \in \Gamma$  such that

$$\{z + t\theta; \ 0 < t < r(z), \ \theta \in \Gamma, \ |\theta - \theta(z)| < \delta\} \subset G.$$

If  $z \mapsto r(z)$  is  $\lambda_1$ -measurable and  $\int_B r^{-a}(z) d\lambda_1(z) < \infty$  for some  $a \in [0, \infty[$ , then  $\lambda_1(\partial G) < \infty$ .

Proof. Fix R > 0 large enough to have  $K \subset B_R(0)$  and put  $\Omega = G \cap B_R(0)$ , so that  $\partial \Omega = \partial G \cup \{\zeta; |\zeta| = R\}$ . Assumptions of our lemma guarantee that with each  $z \in C \equiv B \cup \{\zeta; |\zeta| = R\}$  it is possible to associate a circular sector  $\{z + t\theta; 0 < t < r(z), \theta \in \Gamma, |\theta - \theta(z)| < \delta_0\} \subset \Omega$ , where  $0 < \delta_0 \leq \delta, z \mapsto r(z)$ is  $\lambda_1$ -measurable on C and  $\int_C r^{-a}(z) d\lambda_1(z) < \infty$ . Put  $C_1 = \{z \in C; r(z) \geq 1\}$ ,  $C_2 = C \setminus C_1$ . Clearly,

$$\lambda_1(C_2) \le \int_{C_2} r^{-a}(z) \, d\lambda_1(z) \le \int_C r^{-a}(z) \, d\lambda_1(z) < \infty \,,$$

so that it is sufficient to verify that  $\lambda_1(C_1) < \infty$ . Let  $\mathscr{S}$  by the system of all circular sectors of the form

$$S(z, \theta_z, \delta_0) \equiv \{ z + t\theta; \ 0 < t < 1, \theta \in \Gamma, |\theta - \theta_z| < \delta_0 \}$$

with  $z \in C_1$ ,  $\theta_z \in \Gamma$  such that  $S(z, \theta_z, \delta_0) \subset \Omega$ . Let  $S = \bigcup \mathscr{S}$ , which is an open bounded set. If  $S_1, \ldots, S_k$  are mutually different components of S, then each of them must contain a sector isometric with  $S(0, 1, \delta_0)$ , whence

$$k\lambda_2(S(0,1,\delta_0)) \leq \sum_{j=1}^k \lambda_2(S_j) \leq \lambda_2(S), \quad k \leq \lambda_2(S)/\lambda_2(S(0,1,\delta_0)).$$

We see that S has only finitely many components  $S_1, \ldots, S_k$ . We shall show that each  $S_j$  has the cone property in the following sense: There is an r > 0 such that with each  $z \in \partial S_j$  it is possible to associate a  $\theta_z \in \Gamma$  with

(17) 
$$B_r(z) \cap S(z, \theta_z, r) \subset S_j.$$

Let  $z \in \partial S_j$ ,  $\mathscr{S}_j = \{D \in \mathscr{S}; D \subset S_j\}$ . There is a sequence  $x_n \in S_j$  with  $\lim_{n\to\infty} x_n = z$ . Since  $S_j = \bigcup \mathscr{S}_j$ , for each *n* there is a  $D_n \in \mathscr{S}_j$  with  $x_n \in D_n$ . Denote by  $z_n$  the vertex of  $D_n$  and by  $\theta^n \equiv \theta_{z_n}$  the corresponding vector in  $\Gamma$  determining  $D_n = S(z_n, \theta^n, \delta_0)$ . Since  $\{z_n\} \subset \partial \Omega$  which is compact, passing to subsequences, if necessary, we may achieve that  $\lim_{n\to\infty} z_n = y \in \partial \Omega$  and  $\lim_{n\to\infty} \theta^n = \tilde{\theta} \in \Gamma$  for suitable y and  $\tilde{\theta}$ . Writing  $\tilde{D} = S(y, \tilde{\theta}, \delta_0)$  we observe that

$$\tilde{D} \subset \bigcap_{k=1}^{\infty} \bigcup_{n=k}^{\infty} D_n \subset \bigcap_{k=1}^{\infty} \operatorname{cl} \bigcup_{n=k}^{\infty} D_n \subset \operatorname{cl} \tilde{D},$$

so that  $\tilde{D} \subset S_j \subset \Omega$ ,  $\tilde{D} \in \mathscr{S}_j$ . As  $x_n \in D_n$  tend to z, we have  $z \in \operatorname{cl} \tilde{D}$ . Since  $z \in \partial S_j$  while  $\tilde{D} \subset S_j$ , we see that  $z \in \partial \tilde{D}$ . It remains to realize that  $\tilde{D}$  is isometric with  $S(0, 1, \delta_0)$ , so that there is an r > 0 (depending on  $\delta_0$  only) such that with each  $\tilde{z} \in \partial \tilde{D}$  it is possible to associate a  $\theta_{\tilde{z}} \in \Gamma$  with  $S(\tilde{z}, \theta_{\tilde{z}}, r) \cap B_r(\tilde{z}) \subset \tilde{D}$ ; this is in particular true for  $\tilde{z} = z$ , so that the cone property (17) of  $S_j$  has been verified. Now we recall the following result established in [4]:

If  $\mathcal{U}$  is a bounded domain having the cone property, then there are open sets  $\mathcal{U}_1, \ldots, \mathcal{U}_p$  with  $\bigcup_{i=1}^p \mathcal{U}_i = \mathcal{U}$  such that each  $\mathcal{U}_i$  has locally lipschitzian boundary (and, in particular,  $\lambda_1(\partial \mathcal{U}_i) < \infty$ ); consequently,  $\lambda_1(\partial \mathcal{U}) \leq \sum_{i=1}^p \lambda_1(\partial \mathcal{U}_i) < \infty$ .

Applying this to  $\mathcal{U} = S_j$  (j = 1, ..., k) we get  $\lambda_1(\partial S) \leq \sum_{j=1}^k \lambda_1(\partial S_j) < \infty$ . Since  $C_1 \subset \partial S$ ,  $\lambda_1(C_1) < \infty$  has been verified and the proof is complete.  $\Box$  **Lemma 2.** Denote by  $\hat{\partial}K$  the set of all  $y \in \mathbb{R}^2$ , for which there exists  $n^K(y) \in \Gamma$  (which is called the Federer exterior normal of K at y and is uniquely determined) such that

$$\begin{split} \lim_{r \to 0^+} r^{-2} \lambda_2 [B_r(y) \cap \{ x \in K; \left\langle x - y, n^K(y) \right\rangle > 0 \}] \\ &= \lim_{r \to 0^+} r^{-2} \lambda_2 [B_r(y) \cap \{ x \in G; \left\langle x - y, n^K(y) \right\rangle < 0 \}] = 0 \,. \end{split}$$

If  $y \in \hat{\partial}K$ ,  $z \in \partial K \setminus \{y\}$ ,  $\zeta(y) \in \mathbb{R}^2$  and  $|y - \zeta(y)| = r(y) > 0$ , then the following implications hold:

(18) 
$$B_{r(y)}(\zeta(y)) \subset K \implies -\langle \text{grad } h_z(y), n^K(y) \rangle$$
  
=  $\frac{1}{4\pi r(y)} + \frac{r^2(y) - |z - \zeta(y)|^2}{4\pi r(y)|y - z|^2} \leq \frac{1}{4\pi r(y)},$ 

$$\begin{split} K \subset \operatorname{cl} B_{r(y)}(\zeta(y)) \implies - \langle \operatorname{grad} \ h_z(y), n^K(y) \rangle \\ = \frac{1}{4\pi r(y)} + \frac{r^2(y) - |z - \zeta(y)|^2}{4\pi r(y)|y - z|^2} \geq \frac{1}{4\pi r(y)} \,, \end{split}$$

(20)  

$$K \cap B_{r(y)}(\zeta(y)) = \emptyset \implies -\langle \operatorname{grad} h_z(y), n^K(y) \rangle$$

$$= -\frac{1}{4\pi r(y)} - \frac{r^2(y) - |z - \zeta(y)|^2}{4\pi r(y)|y - z|^2} \ge -\frac{1}{4\pi r(y)}$$

*Proof.* If  $y \in \hat{\partial} K$  and the assumptions from (18) or (19) are valid, then

$$n^{K}(y) = \frac{y - \zeta(y)}{r(y)},$$

while

$$\frac{y-\zeta(y)}{r(y)} = -n^K(y)$$

under the assumption occurring in (20). Since calculation yields

$$-\langle \operatorname{grad} h_{z}(y), \frac{y - \zeta(y)}{r(y)} \rangle = \frac{1}{2\pi} \left\langle \frac{y - z}{|y - z|^{2}}, \frac{y - \zeta(y)}{r(y)} \right\rangle$$
$$= \frac{1}{2\pi r(y)} \cdot \frac{|y - \zeta(y)|^{2} - \langle z - \zeta(y), y - \zeta(y) \rangle}{|y - z|^{2}}$$
$$= \frac{1}{2\pi r(y)} \cdot \frac{|y - \zeta(y)|^{2} - 2\langle z - \zeta(y), y - \zeta(y) \rangle + |z - \zeta(y)|^{2}}{2|y - z|^{2}}$$
$$+ \frac{r^{2}(y) - |z - \zeta(y)|^{2}}{4\pi r(y)|y - z|^{2}}$$
$$= \frac{1}{4\pi r(y)} + \frac{r^{2}(y) - |z - \zeta(y)|^{2}}{4\pi r(y)|y - z|^{2}}.$$

It remains to note that  $r^2(y) - |z - \zeta(y)|^2 \leq 0$  under the assumptions occurring in (18), (20), while  $r^2(y) - |z - \zeta(y)|^2 \geq 0$  under the assumption occurring in (19).

Lemma 3. If the assumptions of Theorem 1 are fulfilled, then

$$V^K = \|T^K\| < \infty \,.$$

Proof. Lemma 1 shows that  $\lambda_1(\partial K) < \infty$ , so that K has finite perimeter P(K)in the sense of 2.10 in [8] (see 4.5 in [3]). For  $y \in \partial K$  the vector  $n^K(y) \in \Gamma$  has been defined in Lemma 2; we shall further put  $n^K(y) = 0$  ( $\in \mathbb{R}^2$ ) for  $y \in \mathbb{R}^2 \setminus \partial K$ . Then the vector-valued function  $y \mapsto n^K(y)$  is defined on  $\mathbb{R}^2$  and is Borel measurable (cf. Remark 2.14 in [8]), so that we may introduce

$$2\int_{\partial K} |\langle n^{K}(y), \operatorname{grad} h_{z}(y)\rangle| d\lambda_{1}(y) \equiv v^{K}(z)$$

(which agrees with the quantity occurring in (28) in [8] up to the multiplicative factor 2). Then a necessary and sufficient condition for extendability of  $W_{\partial K}$  (defined so far on  $\mathcal{C}^{(1)}(\partial K)$  only) to a bounded linear operator on  $\mathcal{C}(\partial K)$  consists in finiteness of the quantity

$$V^K \equiv \sup\{v^K(z); \ z \in \partial K\}$$

which is then equal to the norm of the operator  $T^K$  defined by (10) (cf. §2 in [8], in particular 2.19–2.25; notice that our  $V^K$  coincides with  $2V^G$  occurring in [8]). We should remark that the quantity  $v^K(z)$  can be equivalently defined by various expressions, one of them being

$$v^{K}(z) = rac{1}{\pi} \int_{\Gamma} n_{\infty}^{K}(\theta, z) \, d\lambda_{1}(\theta) \,,$$

where  $n_{\infty}^{K}(\theta, z)$  is the number of so-called hits of the half-line

$$H_z(\theta) = \{z + t\theta; \ t > 0\}$$

on K in the sense of 1.7 in [8] (note that, according to 1.11 in [8],  $\theta \mapsto n_{\infty}^{K}(\theta, z)$  is a Baire function of the variable  $\theta \in \Gamma$ ). As pointed out by M. Chlebík [6], methods of geometric measure theory [3] permit to show that  $n_{\infty}^{K}(\theta, z)$  coincides with the total number of points in  $H_{z}(\theta) \cap \partial_{e}K$  for  $\lambda_{1}$ -a.e.  $\theta \in \Gamma$ , so that  $v^{K}(z)$  has the same meaning as described in the introduction. Fix now an arbitrary  $z \in \partial K$  and consider  $\delta > 0$  such that

(21) 
$$\lambda_1(\partial B_\delta(z) \cap \partial K) = 0$$

(as  $\lambda_1(\partial K) < \infty$ , all but countable many values  $\delta > 0$  enjoy this property). Under the conditions of Theorem 1, for  $\lambda_1$ -a.e.  $y \in \hat{\partial} K$  either the assumption in (19) or that occurring in (20) is fulfilled; accordingly,

(22) 
$$-\langle \operatorname{grad} h_z(y), n^K(y) \rangle \ge -\frac{1}{4\pi r(y)}, \quad \lambda_1 \text{-a.e. } y \in \hat{\partial} K.$$

Put  $Q = K - B_{\delta}(z)$ . Employing (21) we see that  $\lambda_1$ -a.e.  $y \in \hat{\partial}Q \cap \partial B_{\delta}(z)$  belongs to  $\hat{\partial}Q \cap \operatorname{int} K \subset \partial B_{\delta}(z) \cap \operatorname{int} K$ , so that  $n^Q(y) = \frac{z-y}{\delta}$  and

(23) 
$$\langle \operatorname{grad} h_z(y), n^Q(y) \rangle = \frac{1}{2\pi\delta}, \quad \lambda_1 \text{-a.e. } y \in \hat{\partial}Q \cap \partial B_\delta(z).$$

Noting that  $n^Q(\cdot) = n^K(\cdot)$  on  $\hat{\partial}Q \setminus \partial B_{\delta}(z) \subset \hat{\partial}K$  we get by (22), (23)

$$\begin{split} \frac{1}{2}v^Q(z) &= \int_{\partial Q} |\langle \operatorname{grad} h_z(y), n^Q(y) \rangle| \, d\lambda_1(y) \\ &\leq \int_{\partial Q \cap \partial B_{\delta}(z)} \left[ \frac{1}{\pi \delta} - \langle \operatorname{grad} h_z(y), n^Q(y) \rangle \right] \, d\lambda_1(y) \\ &\quad + \int_{\partial Q \setminus \partial B_{\delta}(z)} \left[ \frac{1}{4\pi r(y)} - \langle \operatorname{grad} h_z(y), n^Q(y) \rangle \right] \, d\lambda_1(y) \\ &\quad + \int_{\partial Q \setminus \partial B_{\delta}(z)} \frac{1}{4\pi r(y)} \, d\lambda_1(y) \\ &\leq -\int_{\partial Q} \langle \operatorname{grad} h_z(y), n^Q(y) \rangle \, d\lambda_1(y) + \frac{1}{\pi \delta} \cdot 2\pi \delta + 2 \int_{\partial K} \frac{1}{4\pi r(y)} \, d\lambda_1(y) \\ &= 2 + \frac{1}{2\pi} \int_{\partial K} \frac{1}{r(y)} \, d\lambda_1(y) \,, \end{split}$$

where we have used the fact that  $y \mapsto h_z(y)$  is harmonic in some neighbourhood of cl Q, whence it follows by the divergence theorem for sets with finite perimeter (cf. p. 49 in [8]) that

$$\int_{\hat{\partial}Q} \langle ext{grad } h_z(y), n^Q(y) 
angle \, d\lambda_1(y) 
angle = 0 \, .$$

Since  $\partial K \setminus B_{\delta}(z) \subset \partial Q$  and  $n^{K}(\cdot) = n^{Q}(\cdot)$  holds  $\lambda_{1}$ -a.e. on  $\partial K \setminus B_{\delta}(z)$  by (21), we arrive at

$$\int_{\partial K \setminus B_{\delta(z)}} \left| \left\langle \operatorname{grad} \, h_z(y), n^K(y) \right\rangle \right| d\lambda_1(y) \le \frac{1}{2} v^Q(z) \le 2 + \frac{1}{2\pi} \int_{\partial K} \frac{1}{r(y)} \, d\lambda_1(y) \, ,$$

whence we get making  $\delta \to 0^+$  (with  $\delta$  obeying (21))

$$v^{K}(z) = 2 \int_{\partial K} |\langle \operatorname{grad} h_{z}(y), n^{K}(y) \rangle| \, d\lambda_{1}(y) \le 4 + \frac{1}{\pi} \int_{\partial K} \frac{1}{r(y)} \, d\lambda_{1}(y) \, .$$

Since  $z \in \partial K$  has been arbitrarily chosen, we have

$$V^{K} \le 4 + \pi^{-1} \int_{\partial K} r^{-1}(y) \, d\lambda_{1}(y) < \infty$$

and the proof is complete.

Lemma 4. If the assumptions of Theorem 2 are fulfilled, then

$$V^K = \|T^K\| < \infty \,.$$

Proof. Choose R > 0 large enough to have  $K \subset B_R(0)$  and put  $L = \operatorname{cl} [B_R(0) \setminus K]$ . If K satisfies the assumptions of Theorem 2, then L satisfies the assumptions of Theorem 1 (where K is replaced by L) and Lemma 3 implies  $V^L < \infty$ . It remains to observe that  $V^K \leq V^L$ .

**Lemma 5.** Let  $V^K < \infty$ . Then the density

$$d_K(z) = \lim_{r \to 0^+} \frac{\lambda_2[K \cap B_r(z)]}{\lambda_2[B_r(z)]}$$

is well defined for any  $z \in \mathbb{R}^2$ . Denoting by  $\delta_z$  the Dirac unit point-mass concentrated at z define for any  $z \in \partial K$  the signed Borel measure  $\tau_z$  on  $\partial K$  by

(24) 
$$d\tau_z(y) = [1 - 2d_K(z)]d\delta_z(y) - 2\langle n^K(y), \text{grad } h_z(y)\rangle d\lambda_1(y).$$

Then

(25) 
$$T^{K}f(z) = \int_{\partial K} f \, d\tau_{z}, \quad z \in \partial K, \quad f \in \mathcal{C}(\partial K).$$

*Proof.* See §3 in [8] (p. 73).

**Lemma 6.** Let  $V^K < \infty$  and let D be a dense subset of  $\partial K$ . Let us agree to denote by  $\|\nu\|$  the total variation of an arbitrary signed Borel measure  $\nu$  on  $\partial K$ . Then

(26) 
$$||T^K||_0 = \frac{1}{2} \sup\{||\tau_u - \tau_v||; \ u, v \in D\}$$

and for each signed Borel measure  $\mu$  on  $\partial K$  the following estimate holds

(27) 
$$||T^K||_0 \le \sup\{||\tau_z - \mu||; \ z \in D\}.$$

*Proof.* If  $f \in \mathcal{C}(\partial K)$ , then we denote by  $||f||_0 = \frac{1}{2} \operatorname{osc} f(\partial K)$  the norm in  $\mathcal{C}(\partial K)/\operatorname{Const}(\partial K)$  of the class containing f. Hence

$$\begin{split} \|T^{K}\|_{0} &= \sup\left\{\frac{1}{2}\operatorname{osc} T^{K}f(\partial K); \ f \in \mathcal{C}(\partial K), \ \|f\|_{0} \leq 1\right\} \\ &= \frac{1}{2}\sup\left\{\left|\int_{\partial K} f \ d\tau_{u} - \int_{\partial K} f \ d\tau_{v}\right|; \ u, v \in D, \ f \in D, \ f \in \mathcal{C}(\partial K), \ \|f\|_{0} \leq 1\right\} \\ &= \sup\left\{\left|\int_{\partial K} f \ d(\tau_{u} - \tau_{v})\right|; \ u, v \in D, \ f \in \mathcal{C}(\partial K), \ \|f\|_{0} \leq \frac{1}{2}\right\}. \end{split}$$

In view of (11) we have  $\int_{\partial K} d(\tau_u - \tau_v) = 0$ , so that the last expression transforms into

$$\|T^{K}\|_{0} = \sup\left\{ \left| \int_{\partial K} f \, d(\tau_{u} - \tau_{v}) \right|; \, u, v \in D, \, f \in \mathcal{C}(\partial K), \, \|f\| \leq \frac{1}{2} \right\}$$
$$= \frac{1}{2} \sup\left\{ \|\tau_{u} - \tau_{v}\|; \, u, v \in D \right\}$$

which is (26). Given  $f \in \mathcal{C}(\partial K)$  we have for any  $\gamma \in \mathbb{R}$ :

$$||T^K f||_0 \le ||T^K f - \gamma \mathbf{1}_{\partial K}|| = \sup\left\{ \left| \int_{\partial K} f \, d\tau_z - \gamma \right|; \, z \in D \right\} \,.$$

Choosing  $\gamma = \int_{\partial K} f \, d\mu$  we arrive at

$$||T^{K}f||_{0} \leq \sup\left\{\left|\int_{\partial K} f d(\tau_{z}-\mu)\right|; z \in D\right\} \leq ||f|| \sup\{||\tau_{z}-\mu||; z \in D\}.$$

In this inequality we replace f by  $f - \alpha 1_{\partial K}$  for any  $\alpha \in \mathbb{R}$ . Since

$$||T^{K}f||_{0} = ||T^{K}f - \alpha 1_{\partial K}||_{0}$$

we get

$$|T^K f||_0 \le ||f - \alpha \mathbf{1}_{\partial K}|| \cdot \sup\{||\tau_z - \mu||; z \in D\}, \quad \alpha \in \mathbb{R},$$

so that

$$|T^{K}f||_{0} \leq ||f||_{0} \cdot \sup\{||\tau_{z} - \mu||; z \in D\}, \quad f \in \mathcal{C}(\partial K),$$

and (27) follows.

We are in position to present proofs of Theorems 1, 2 stated above.

Proof of Theorem 1. We know from Lemma 3 that  $V^K < \infty$ . Define a signed Borel measure  $\mu$  on  $\partial K$  putting for each Borel set  $M \subset \partial K$ 

$$\mu(M) = \frac{1}{2\pi} \left( \int_{M \cap B_2} \frac{d\lambda_1(y)}{r(y)} - \int_{M \cap B_1} \frac{d\lambda_1}{r(y)} \right) \,.$$

Fix  $z \in \hat{\partial} K$ , so that  $d_K(z) = \frac{1}{2}$ . Using (24), (19), (20) we get

$$\begin{aligned} \|\tau_{z} - \mu\| &= \int_{B_{1}} \left[ -2 \left\langle \text{grad } h_{z}(y), n^{K}(y) \right\rangle + \frac{1}{2\pi r(y)} \right] d\lambda_{1}(y) \\ &+ \int_{B_{2}} \left[ -2 \left\langle \text{grad } h_{z}(y), n^{K}(y) \right\rangle - \frac{1}{2\pi r(y)} \right] d\lambda_{1}(y) \\ &= \int_{\partial K} d\tau_{z}(y) + \frac{1}{2\pi} \left( \int_{B_{1}} \frac{d\lambda_{1}(y)}{r(y)} - \int_{B_{2}} \frac{d\lambda_{1}(y)}{r(y)} \right) \\ &= T^{K} \mathbf{1}_{\partial K}(z) + \frac{1}{2\pi} \left( \int_{B_{1}} \frac{d\lambda_{1}(y)}{r(y)} - \int_{B_{2}} \frac{d\lambda_{1}(y)}{r(y)} \right) , \end{aligned}$$

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which in combination with (11), (27) completes the proof, because  $\hat{\partial}K$  is dense in  $\partial K$  thanks to our assumption that K is massive at each point of  $\partial K$  (cf. [8], p. 54 and isoperimetric lemma on p. 50).

Proof of Theorem 2. Lemma 4 shows that  $V^K < \infty$ . Fix again an arbitrary  $z \in \hat{\partial} K$  and define now the signed measure  $\mu$  on Borel sets  $M \subset \partial K$  by

$$\mu(M) = \frac{1}{2\pi} \int_{M \cap B_0} \frac{d\lambda_1(y)}{r(y)}$$

•

It follows from (24), (18) that

$$\|\mu - \tau_z\| = \int_{B_0} \left[ \frac{1}{2\pi r(y)} + 2 \left\langle \text{grad } h_z(y), n^K(y) \right\rangle \right] d\lambda_1(y)$$
$$= \frac{1}{2\pi} \int_{B_0} \frac{d\lambda_1(y)}{r(y)} - T^K \mathbf{1}_{\partial K}(z)$$

which together with (11), (27) proves (16), because  $\hat{\partial}K$  is dense in  $\partial K$  as observed above.

**Notation.** We now specialize to the case that K is bounded by a simple oriented circular polygon

$$\partial K = \bigcup_{m=1}^{n} C_m \cup \{z_m\},\,$$

where  $C_m$  is an open oriented circular arc situated on the boundary of a disk  $B_{r_m}(\zeta_m)$  and  $z_m$  is the initial point of  $C_m$ ; for m < n the end-point of  $C_m$  coincides with  $z_{m+1}$ , the end-point of  $C_n$  is  $z_1$ . Further suppose that for  $1 \le k < m \le n$  either  $C_k \cap \partial B_{r_m}(\zeta_m) = \emptyset$  or else  $C_k \subset \partial B_{r_m}(\zeta_m) \setminus C_m$ . We put

$$\begin{aligned} \alpha_m &= \lambda_1(C_m)/r_m \,, \qquad \qquad \mathcal{A}_0 = \left\{ m; \, B_{r_m}(\zeta_m) \subset K \right\}, \\ \mathcal{A}_1 &= \left\{ m; \, B_{r_m}(\zeta_m) \cap K = \emptyset \right\}, \quad \mathcal{A}_2 = \left\{ m; \, K \subset \mathrm{cl} \, B_{r_m}(\zeta_m) \right\} \end{aligned}$$

and adopt the following assumption:

$$\mathcal{A}_0 \cup \mathcal{A}_1 \cup \mathcal{A}_2 = \{1, \ldots, n\}.$$

Then we may state the following result.

**Theorem 3.** Let *i* run over  $A_0$ , *j* run over  $A_1$  and *k* run over  $A_2$ . If  $A_0 = \emptyset$ , then

(28) 
$$||T^K||_0 \le 1 + \frac{1}{2\pi} \left( \sum_j \alpha_j - \sum_k \alpha_k \right) \,,$$

where the sign of equality holds in case  $n \leq 4$ . If  $\mathcal{A}_1 = \emptyset = \mathcal{A}_2$ , then

(29) 
$$||T^K|| \le \frac{1}{2\pi} \sum_{i=1}^n \alpha_i - 1,$$

where again the sign of equality holds provided  $n \leq 4$ ; now the condition

(30) 
$$\operatorname{int} K \setminus \bigcup_{i=1}^{n} B_{r_i}(\zeta_i) \equiv \bigcap_{i=1}^{n} [\operatorname{int} K \setminus B_{r_i}(\zeta_i)] \neq \emptyset$$

implies that

(31) 
$$\frac{1}{2\pi} \sum_{i=1}^{n} \alpha_i - 1 \ge 1$$

(so that in case  $n \leq 4$  the operator  $T^K$  cannot be contractive on  $\mathcal{C}(\partial K)/_{\text{Const}(\partial K)}$  in view of the equality in (29)), while the conditions

(32) 
$$\bigcap_{i=1}^{n} [\operatorname{int} K \setminus B_{r_i}(\zeta_i)] = \emptyset, \quad \bigcap_{i=1}^{n} B_{r_i}(\zeta_i) \neq \emptyset$$

together imply the inequality

(33) 
$$\frac{1}{2\pi} \sum_{i=1}^{n} \alpha_1 - 1 < 1$$

(guaranteeing contractivity of  $T^K$  on  $\mathcal{C}(\partial K)/_{\text{Const}}(\partial K)$ ).

**Corollary 1.** If  $A_0 = \emptyset = A_1$ , then (28) implies the inequality

$$||T^K||_0 \le 1 - \frac{1}{2\pi} \sum_{k=1}^n \alpha_k$$

guaranteeing contractivity of  $T^K$  on  $\mathcal{C}(\partial K)/_{\operatorname{Const}}(\partial K)$ . If  $\mathcal{A}_0 = \emptyset = \mathcal{A}_2$  and  $n \leq 4$  then the equality

$$||T^K||_0 = 1 + \frac{1}{2\pi} \sum_{k=1}^n \alpha_k$$

holds, so that  $T^K$  cannot be contractive on  $\mathcal{C}(\partial K)/_{\text{Const}}(\partial K)$ .

The proof will depend on the following lemma.

**Lemma 7.** Put for any  $m \in \{1, \ldots, n\}$ 

$$\sigma_m = \begin{cases} 1, & \text{in case } K \cap B_{r_m}(\zeta_m) \neq \emptyset, \\ -1, & \text{in case } K \cap B_{r_m}(\zeta_m) = \emptyset. \end{cases}$$

If  $z \in C_m$ , then

(34) 
$$-2 \int_{\partial K \setminus C_m} \langle \operatorname{grad} h_z(y), n^K(y) \rangle \, d\lambda_1(y) \\= 1 - \frac{1}{2\pi} \sigma_m \alpha_m, \quad m \in \{1, \dots, n\};$$

further we have

(35)  

$$-2\int_{\partial K \setminus C_1 \setminus C_n} \langle \operatorname{grad} h_{z_1}(y), n^K(y) \rangle \, d\lambda_1(y)$$

$$= 2d_K(z_1) - \frac{1}{2\pi}\sigma_1\alpha_1 - \frac{1}{2\pi}\sigma_n\alpha_n \,,$$
(36)

(36)

$$-2 \int_{\partial K \setminus C_{m-1} \setminus C_m} \langle \operatorname{grad} h_{z_m}(y), n^K(y) \rangle \, d\lambda_1(y)$$
  
=  $2d_K(z_m) - \frac{1}{2\pi} \sigma_{m-1} \alpha_{m-1} - \frac{1}{2\pi} \sigma_m \alpha_m \quad \text{for } 1 < m \le n \,.$ 

Proof. If  $z \in C_m$ , then (11), (25), (24) yield

(37) 
$$-2\int_{\partial K} \langle n^K(y), \operatorname{grad} h_z(y) \rangle d\lambda_1(y) = \int_{\partial K} d\tau_z(y) + [2d_K(z) - 1] = 2d_K(z).$$

From Lemma 2 we get for  $y, z \in C_m, y \neq z$ 

$$-\left\langle \operatorname{grad} h_z(y), n^K(y) \right\rangle = \frac{\sigma_m}{4\pi r_m},$$

whence

(38) 
$$-2\int_{C_m} \left\langle n^K(y), \operatorname{grad} h_z(y) \right\rangle \, d\lambda_1(y) = \frac{1}{2\pi} \sigma_m \alpha_m \,,$$

which together with (37) implies (34).

If  $y \in C_1$ , then Lemma 2 combined with  $|z_1 - \zeta_1| = r_1$  yields again

$$-\left\langle \operatorname{grad} h_{z_1}(y), n^K(y) \right\rangle = \frac{\sigma_1}{4\pi r_1},$$

whence

(39) 
$$-2\int_{C_1} \left\langle \operatorname{grad} h_{z_1}(y), n^K(y) \right\rangle \, d\lambda_1(y) = \frac{1}{2\pi} \sigma_1 \alpha_1$$

Similarly we get from Lemma 2 for  $y \in C_n$  in view of  $|z_1 - \zeta_n| = r_n$ 

$$-\left\langle \operatorname{grad} h_{z_1}(y), n^K(y) \right\rangle = \frac{\sigma_n}{4\pi r_n},$$

so that

(40) 
$$-2\int_{C_n} -\left\langle \operatorname{grad} h_{z_1}(y), n^K(y)\right\rangle \, d\lambda_1(y) = \frac{1}{2\pi}\sigma_n\alpha_n \, .$$

Combining (37), (39), (40) we get (35). Similar reasoning proves (36).

Proof of Theorem 3. Assuming  $\mathcal{A}_0 = \emptyset$  put  $B_1 = \bigcup C_j$   $(j \in \mathcal{A}_1), B_2 = \bigcup C_k$  $(k \in \mathcal{A}_2), B = B_1 \cup B_2, B(z) = B_{r_m}(\zeta_m)$  for  $z \in C_m$   $(1 \le m \le n)$ . Then  $\partial K \setminus B = \{z_1, \ldots, z_n\}$  and Theorem 1 implies

$$||T^{K}||_{0} \leq 1 + \frac{1}{2\pi} \left( \sum_{j} \lambda(C_{j}) / r_{j} - \sum_{k} \lambda(C_{k}) / r_{k} \right)$$

which is (28). Now we shall verify that the sign of equality holds in (28) provided  $1 \leq n \leq 4$ . This is clear when n = 1, because then  $\mathcal{A}_3 = \emptyset$ ,  $\alpha_1 = 2\pi$  and  $0 \leq ||T^K||_0 \leq 1 - \frac{1}{2\pi}\alpha_1 = 0$ . Let now n = 2 and fix  $u \in C_1$ ,  $v \in C_2$ . According to Lemma 2 we have for  $y \in C_1$ 

$$-\left\langle \text{grad } h_u(y), n^K(y) \right\rangle = \frac{\sigma_1}{4\pi r_1}, \quad -\left\langle \text{grad } h_v(y), n^K(y) \right\rangle - \frac{\sigma_1}{4\pi r_1} \ge 0,$$

while for  $y \in C_2$ 

$$-\left\langle \text{grad } h_v(y), n^K(y) \right\rangle = \frac{\sigma_2}{4\pi r_2}, \quad -\left\langle \text{grad } h_u(y), n^K(y) \right\rangle - \frac{\sigma_2}{4\pi r_2} \ge 0.$$

Hence we get by (24)

$$\begin{aligned} \|\tau_u - \tau_v\| &= -\int_{C_1} \left[ \frac{\sigma_1}{2\pi r_1} + 2\left\langle \operatorname{grad} h_v(y), n^K(y) \right\rangle \right] d\lambda_1(y) \\ &- \int_{C_2} \left[ \frac{\sigma_2}{2\pi r_2} + 2\left\langle \operatorname{grad} h_u(y), n^K(y) \right\rangle \right] d\lambda_1(y) \\ &= -\frac{\sigma_1}{2\pi} \frac{\lambda_1(C_1)}{r_1} - 2\int_{\partial K \setminus C_2} \left\langle \operatorname{grad} h_v(y), n^K(y) \right\rangle d\lambda_1(y) \\ &- 2\int_{\partial K \setminus C_1} \left\langle \operatorname{grad} h_u(y), n^K(y) \right\rangle d\lambda_1(y) - \frac{\sigma_2}{2\pi} \frac{\lambda_1(C_2)}{r_2} \end{aligned}$$

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Using (34) we arrive at

$$\|\tau_u - \tau_v\| = -\frac{\sigma_1}{2\pi}\alpha_1 + \left(1 - \frac{\sigma_2}{2\pi}\alpha_2\right) + \left(1 - \frac{\sigma_1}{2\pi}\alpha_1\right) - \frac{\sigma_2}{2\pi}\alpha_2$$
$$= 2\left(1 - \frac{1}{2\pi}\sigma_1\alpha_1 - \frac{1}{2\pi}\sigma_2\alpha_2\right).$$

Hence we get by (26)

$$||T^{K}||_{0} \geq \frac{1}{2} ||\tau_{u} - \tau_{v}|| = 1 - \frac{1}{2\pi} (\sigma_{1}\alpha_{1} + \sigma_{2}\alpha_{2})$$

which is the inequality opposite to (28) for n = 2.

Next we shall consider the case n = 3. Observing that

$$\langle \operatorname{grad} h_{z_1}(y), n^K(y) \rangle = \langle \operatorname{grad} h_{z_3}(y), n^K(y) \rangle \quad \text{for } y \in C_3$$

by Lemma 2, we get from (24) and this lemma

$$\begin{split} \|\tau_{z_1} - \tau_{z_3}\| &= |1 - 2d_K(z_1)| + |1 - 2d_K(z_3)| \\ &- \int_{C_1} \left[ \frac{\sigma_1}{2\pi r_1} + 2 \left\langle \operatorname{grad} h_{z_3}(y), n^K(y) \right\rangle \right] d\lambda_1(y) \\ &- \int_{C_2} \left[ \frac{\sigma_2}{2\pi r_2} + 2 \left\langle \operatorname{grad} h_{z_1}(y), n^K(y) \right\rangle \right] d\lambda_1(y) \\ &\geq [1 - 2d_K(z_1)] + [1 - 2d_K(z_3)] - \frac{1}{2\pi} \sigma_1 \alpha_1 \\ &- 2 \int_{\partial K \setminus C_2 \setminus C_3} \left\langle \operatorname{grad} h_{z_3}(y), n^K(y) \right\rangle d\lambda_1(y) - \frac{1}{2\pi} \sigma_2 \alpha_2 \\ &- 2 \int_{\partial K \setminus C_1 \setminus C_3} \left\langle \operatorname{grad} h_{z_1}(y), n^K(y) \right\rangle d\lambda_1(y) \,. \end{split}$$

Employing (36) and (35) we obtain

$$\begin{aligned} \|\tau_{z_1} - \tau_{z_3}\| &\geq [1 - 2d_K(z_1)] + [1 - 2d_K(z_3)] - \frac{1}{2\pi}\sigma_1\alpha_1 + \left[2d_K(z_3) - \frac{1}{2\pi}\sigma_2\alpha_2 - \frac{1}{2\pi}\sigma_3\alpha_3\right] - \frac{1}{2\pi}\sigma_2\alpha_2 + \left[2d_K(z_1) - \frac{1}{2\pi}\sigma_1\alpha_1 - \frac{1}{2\pi}\sigma_3\alpha_3\right] \\ &= 2\left(1 - \sum_{m=1}^3 \frac{1}{2\pi}\sigma_m\alpha_m\right),\end{aligned}$$

whence it follows by (26) that

$$||T^K||_0 \ge \frac{1}{2} ||\tau_{z_1} - \tau_{z_3}|| \ge 1 - \frac{1}{2\pi} \sum_{m=1}^3 \sigma_m \alpha_m$$

which gives the inequality opposite to (28) for n = 3.

Finally we shall treat the case n = 4. We obtain from (24) and Lemma 2

$$\begin{split} \|\tau_{z_1} - \tau_{z_3}\| &= |1 - 2d_K(z_1)| + |1 - 2d_K(z_3)| \\ &- \sum_{m=2}^3 \int_{C_m} \left[ 2 \left\langle \operatorname{grad} h_{z_1}(y), n^K(y) \right\rangle + \frac{\sigma_m}{2\pi r_m} \right] d\lambda_1(y) \\ &- \sum_{m \in \{1,4\}} \int_{C_m} \left[ 2 \left\langle \operatorname{grad} h_{z_3}(y), n^K(y) \right\rangle + \frac{\sigma_m}{2\pi r_m} \right] d\lambda_1(y) \\ &\geq [1 - 2d_K(z_1)] + [1 - 2d_K(z_3)] - \sum_{m=1}^4 \frac{1}{2\pi} \sigma_m \alpha_m \\ &- 2 \int_{\partial K \setminus C_1 \setminus C_4} \left\langle \operatorname{grad} h_{z_1}(y), n^K(y) \right\rangle d\lambda_1(y) \\ &- 2 \int_{\partial K \setminus C_2 \setminus C_3} \left\langle \operatorname{grad} h_{z_3}(y), n^K(y) \right\rangle d\lambda_1(y) \,. \end{split}$$

Applying (35), (36) we finally get

$$\begin{aligned} \|\tau_{z_1} - \tau_{z_3}\| &\ge [1 - 2d_K(z_1)] + [1 - 2d_K(z_3)] \\ &- \frac{1}{2\pi} \sum_{m=1}^4 \sigma_m \alpha_m + \left[ 2d_K(z_1) - \frac{1}{2\pi} \sigma_1 \alpha_1 - \frac{1}{2\pi} \sigma_4 \alpha_4 \right] \\ &+ \left[ 2d_K(z_3) - \frac{1}{2\pi} \sigma_2 \alpha_2 - \frac{1}{2\pi} \sigma_3 \alpha_3 \right] = 2 \left( 1 - \frac{1}{2\pi} \sum_{m=1}^4 \sigma_m \alpha_m \right) \end{aligned}$$

which again yields the inequality

$$||T^K||_0 \ge 1 - \frac{1}{2\pi} \sum_{m=1}^4 \sigma_m \alpha_m$$

opposite to (28) for n = 4.

The first part of Theorem 3 dealing with the inequality (28) concerning the case  $\mathcal{A}_0 = \emptyset$  is completely proved. We now proceed to the case  $\mathcal{A}_1 = \emptyset = \mathcal{A}_2$  and put  $B_0 = \bigcup_{i=1}^n C_i$ . Then  $\partial K \setminus B_0 = \{z_1, \ldots, z_n\}$  and letting again  $B(z) = B_{r_m}(\zeta_m)$  for  $z \in C_m$   $(1 \le m \le n)$  we get from Theorem 2

$$||T^{K}||_{0} \leq \frac{1}{2\pi} \sum_{i=1}^{n} \lambda(C_{i})/r_{i} - 1,$$

which is the inequality (29). It remains to discuss the case  $1 \le n \le 4$ . If n = 1 then  $\alpha_1 = 2\pi$  and  $||T^K||_0 = 0$  as in the first part of the proof. If n = 2 we again

choose  $u \in C_1, v \in C_2$  and get by (24) and Lemma 2

$$\begin{aligned} \|\tau_u - \tau_v\| &= \int_{C_1} \left[ 2 \left\langle \operatorname{grad} h_v(y), n^K(y) \right\rangle + \frac{1}{2\pi r_1} \right] d\lambda_1(y) \\ &+ \int_{C_2} \left[ 2 \left\langle \operatorname{grad} h_u(y), n^K(y) \right\rangle + \frac{1}{2\pi r_2} \right] d\lambda_1(y) \\ &= \frac{1}{2\pi} (\alpha_1 + \alpha_2) + 2 \int_{\partial K \setminus C_2} \left\langle \operatorname{grad} h_v(y), n^K(y) \right\rangle d\lambda_1(y) \\ &+ 2 \int_{\partial K \setminus C_1} \left\langle \operatorname{grad} h_u(y), n^K(y) \right\rangle d\lambda_1(y) . \end{aligned}$$

Hence it follows by (34) that

$$\|\tau_u - \tau_v\| = \frac{1}{2\pi}(\alpha_1 + \alpha_2) - 1 + \frac{1}{2\pi}\alpha_1 - 1 + \frac{1}{2\pi}\alpha_2 = \frac{1}{\pi}(\alpha_1 + \alpha_2) - 2$$

which together with (26) implies

$$||T^{K}||_{0} \geq \frac{1}{2}||\tau_{u} - \tau_{v}|| = \frac{1}{2\pi}(\alpha_{1} + \alpha_{2}) - 1,$$

so that equality holds in (29) for n = 2. If n = 3, then (24) and Lemma 2 imply

$$\begin{split} \|\tau_{z_{1}} - \tau_{z_{3}}\| &= |1 - 2d_{K}(z_{1})| + |1 - 2d_{K}(z_{3})| \\ &+ \int_{C_{1}} \left[ 2 \left\langle \text{grad } h_{z_{3}}(y), n^{K}(y) \right\rangle + \frac{1}{2\pi r_{1}} \right] d\lambda_{1}(y) \\ &+ \int_{C_{2}} \left| 2 \left\langle \text{grad } h_{z_{1}}(y), n^{K}(y) \right\rangle + \frac{1}{2\pi r_{2}} \right] d\lambda_{1}(y) \\ &\geq 2d_{K}(z_{1})] + 2d_{K}(z_{3}) - 2 + \frac{1}{2\pi}\alpha_{1} + \frac{1}{2\pi}\alpha_{2} \\ &+ 2 \int_{\partial K \setminus C_{2} \setminus C_{3}} \left\langle \text{grad } h_{z_{3}}(y), n^{K}(y) \right\rangle d\lambda_{1}(y) \\ &+ 2 \int_{\partial K \setminus C_{1} \setminus C_{3}} \left\langle \text{grad } h_{z_{1}}(y), n^{K}(y) \right\rangle d\lambda_{1}(y) . \end{split}$$

Using (36), (35) we get

$$\begin{aligned} \|\tau_{z_1} - \tau_{z_3}\| &\geq 2d_K(z_1) + 2d_K(z_3) - 2 + \frac{1}{2\pi}(\alpha_1 + \alpha_2) \\ &- 2d_K(z_3) + \frac{1}{2\pi}(\alpha_2 + \alpha_3) - 2d_K(z_1) + \frac{1}{2\pi}(\alpha_1 + \alpha_3) \\ &= \frac{1}{\pi}(\alpha_1 + \alpha_2 + \alpha_3), \end{aligned}$$

whence

$$||T^K||_0 \ge \frac{1}{2} ||\tau_{z_1} - \tau_{z_3}|| \ge \frac{1}{2\pi} \sum_{i=1}^3 \alpha_i - 1$$

by (26), which shows that equality holds in (29) for n = 3. Finally, if n = 4 we obtain similarly from (24) and Lemma 2

$$\begin{split} \|\tau_{z_{1}} - \tau_{z_{3}}\| &= |1 - 2d_{K}(z_{1})| + |1 - 2d_{K}(z_{3})| \\ &+ \sum_{i=2}^{3} \int_{C_{i}} \left[ 2 \left\langle \operatorname{grad} h_{z_{1}}(y), n^{K}(y) \right\rangle + \frac{1}{2\pi r_{i}} \right] d\lambda_{1}(y) \\ &+ \sum_{i \in \{1,4\}} \int_{C_{i}} \left[ 2 \left\langle \operatorname{grad} h_{z_{3}}(y), n^{K}(y) \right\rangle + \frac{1}{2\pi r_{i}} \right] d\lambda_{1}(y) \\ &\geq 2d_{K}(z_{1}) - 1 + 2d_{K}(z_{3}) - 1 + \sum_{i=1}^{4} \frac{1}{2\pi} \alpha_{i} \\ &+ 2 \int_{\partial K \setminus C_{1} \setminus C_{4}} \left\langle \operatorname{grad} h_{z_{1}}(y), n^{K}(y) \right\rangle d\lambda_{1}(y) \\ &+ 2 \int_{\partial K \setminus C_{2} \setminus C_{3}} \left\langle \operatorname{grad} h_{z_{3}}(y), n^{K}(y) \right\rangle d\lambda_{1}(y) \\ &= \frac{1}{\pi} \sum_{i=1}^{4} \alpha_{i} - 2 \quad (\operatorname{see} (35) \text{ and } (36)) \,, \end{split}$$

so that by (26) we have again

$$||T^{K}||_{0} \ge \frac{1}{2}||\tau_{z_{1}} - \tau_{z_{3}}|| \ge \frac{1}{2\pi} \sum_{i=1}^{4} \alpha_{i} - 1$$

which yields equality in (29) for n = 4.

Now we assume (30) together with  $\mathcal{A}_0 = \{1, \ldots, n\}$  and choose  $z_0 \in \operatorname{int} K \setminus \bigcup_{i=1}^n B_{r_i}(\zeta_i)$ . Denote by  $\bigtriangleup \arg[y - z_0; y \in C_i]$  the increment of the argument of  $y - z_0$  as y describes the oriented arc  $C_i$ . Assuming, as we may, that the Jordan curve  $\partial K$  arising as the union of the oriented arcs  $\operatorname{cl} C_1, \ldots, \operatorname{cl} C_n$  is positively oriented we get

$$2\pi = \sum_{i=1}^{n} \bigtriangleup \arg[y - z_0; y \in C_i] = \sum_{i=1}^{n} \int_{C_i} \frac{\langle n^K(y), y - z_0 \rangle}{|y - z_0|^2} d\lambda_1(y)$$
$$= -2\pi \sum_{i=1}^{n} \int_{C_i} \langle n^K(y), \operatorname{grad} h_{z_0}(y) \rangle d\lambda_1(y).$$

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We have seen in the proof of (18) in Lemma 2 that for  $i \in \{1, ..., n\}$  and any  $z_0 \notin \partial K$ 

(41) 
$$\left( y \in C_i, B_{r_i}(\zeta_i) \subset K \right) \implies -\left\langle \text{grad } h_{z_0}(y), n^K(y) \right\rangle$$
$$= \frac{1}{4\pi r_i} + \frac{r_i^2 - |z_0 - \zeta_i|^2}{4\pi r_i |y - z_0|^2}$$

whence we get noting that  $|z_0 - \zeta_i| \ge r_i$  for  $i \in \{1, \ldots, n\}$ 

$$2\pi \le \frac{1}{2} \sum_{i=1}^{n} \int_{C_i} \frac{d\lambda_1(y)}{r_i} = \frac{1}{2} \sum_{i=1}^{n} \alpha_i$$

which proves (31).

Finally suppose that (32) holds together with  $\mathcal{A}_0 = \{1, \ldots, n\}$  and choose  $z_0 \in \bigcap_{i=1}^n B_{r_i}(\zeta_i) \subset \text{int } K$ . Keeping the assumption that  $\partial K$  is positively oriented we obtain from (41) in view of  $|z_0 - \zeta_i| < r_i$   $(1 \le i \le n)$  by the above reasoning

$$2\pi = -2\pi \sum_{i=1}^{n} \int_{C_i} \left\langle n^K(y), \operatorname{grad} h_{z_0}(y) \right\rangle \, d\lambda_1(y)$$
$$> \frac{1}{2} \sum_{i=1}^{n} \int_{C_i} \frac{d\lambda_1(y)}{r_i} = \frac{1}{2} \sum_{i=1}^{n} \alpha_i$$

which is (33). The proof of Theorem 3 is complete.

**Corollary 2.** If n = 2 in Theorem 3 then  $T^K$  is always contractive on  $\mathcal{C}(\partial K)/_{\text{Const}}(\partial K)$  if both  $C_1$  and  $C_2$  are convex w.r. to K (i.e.  $\sigma_1 = 1 = \sigma_2$ ); if only  $C_1$  is convex while  $C_2$  is concave (i.e.  $\sigma_1 = 1 = -\sigma_2$ ), then  $||T^K||_0 < 1$  iff  $\alpha_1 > \alpha_2$ .

 $\square$ 

**Remark.** If  $\mathcal{A}_1 = \emptyset = \mathcal{A}_2$  and  $\operatorname{int} K \subset \bigcup_{i=1}^n B_{r_i}(\zeta_i)$  then, as we have seen in Theorem 3,

(42) 
$$\bigcap_{i=1}^{n} B_{r_i}(\zeta_i) \neq \emptyset$$

is sufficient for  $||T^K||_0 < 1$ ; to see that (42) is not necessary consider  $\alpha \in ]0, \pi/2[$ and form the region

$$K = \operatorname{cl} B_1(-2\cos\alpha) \cup \operatorname{cl} B_1(0) \cup \operatorname{cl} B_1(2\cos\alpha)$$

whose boundary consists of four circular arcs

$$\begin{split} C_1 &= \{-2\cos\alpha + \exp i\theta; \alpha < \theta < 2\pi - \alpha\} & \text{(so that } \alpha_1 = 2\pi - 2\alpha), \\ C_2 &= \{\exp i\theta; -\pi + \alpha < \theta < -\alpha\} & \text{(so that } \alpha_2 = \pi - 2\alpha), \\ C_3 &= \{+2\cos\alpha + \exp i\theta; -\pi + \alpha < \theta < \pi - \alpha\} & \text{(so that } \alpha_3 = 2\pi - 2\alpha), \\ C_4 &= \{\exp i\theta; \alpha < \theta < \pi - \alpha\} & \text{(so that } \alpha_4 = \pi - 2\alpha), \end{split}$$

and their end-points  $z_1, \ldots, z_4$ . Elementary considerations show that (42) holds iff  $\alpha > \pi/3$  while the equality occurring in (29) (Theorem 3) for n = 4 tells us that  $||T^K||_0 < 1$  iff  $\alpha > \pi/4$ .

**Comments.** The estimate  $||T^K||_0 < 1$  guarantees convergence of the Neumann series for the inverse of  $I \pm T^K$  in the operator norm; it is not indispensable for the convergence of the Neumann series  $\sum_{n=0}^{\infty} (-1)^n (T^K)^n g$  (corresponding to an individual  $g \in \mathcal{C}(\partial K)$  to the solution f of the equation  $(I + T^K)f = g$  in  $\mathcal{C}(\partial K)$  (cf. [20], [15]). Nevertheless, evalation or estimates of  $||T^K||_0$  are useful in connection with iterative techniques connected with the equations of the type (13), (14) (cf. [7], [19]). C. Neumann started investigation of the quantity  $||T^K||_0$ (which he called the configuration constant of K) in order to get a proof for the existence of the solution of the Dirichlet problem for any continuous boundary condition g prescribed on the boundary of a convex region K([17]); Dirichlet's principle used for this purpose previously by Riemann lost credit after Weierstrass' criticism concerning attaining minima in variational problems. C. Neumann's first proof dealing with the inequality  $||T^K||_0 < 1$  for convex regions  $K \subset \mathbb{R}^2$  different from triangles and quadrangles was only sketchy (as he himself admitted cf. [18], p. 759) and was followed by a detailed and correct proof in [18], §6 (which was known in his time - cf. [5]). This contribution was forgotten later and after Lebesgue's criticism [12] of Neumann's first proof (which apparently contained the same gap connected with attaining minima as Riemann's reasoning based on the Dirichlet principle) there remained a common belief that Neumann's proof of  $||T^K||_0 < 1$  for general convex  $K \subset \mathbb{R}^2$  different from triangles and quadrangles was insufficient (cf. [16], [2], chap. 8, p. 572); Neumann's original proof has been included in [11], characterization of convex bodies in higher dimensional spaces for which the operator of the arithmetical mean is contractive is presented in [10], where also historical comments are included. We refer the reader to [13] for the description of the role played by the Neumann operator in the development of the theory of integral equations.

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