# ON THE NEUMANN OPERATOR OF THE ARITHMETICAL MEAN 

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We shall identify the Euclidean plane $\mathbb{R}^{2}$ with the set $\mathbb{C}$ of all complex numbers. If $z \in \mathbb{C}$, then $\operatorname{Re} z, \operatorname{Im} z$ and $\bar{z}$ denote the real part, the imaginary part and the complex conjugate of $z$, respectively. The scalar product of vectors $u, v \in \mathbb{R}^{2}$ will be denoted by $\langle u, v\rangle(=\operatorname{Re} u \bar{v})$. We shall be engaged with logarithmic potentials in the plane derived from the classical kernel defined for $x, z \in \mathbb{R}^{2}$ by

$$
h_{z}(x)= \begin{cases}\frac{1}{2 \pi} \ln \frac{1}{|z-x|}, & \text { if } x \neq z \\ +\infty, & \text { if } x=z\end{cases}
$$

The symbol $\lambda_{k}(k \in\{1,2\})$ will denote the $k$-dimensional Hausdorff measure (with the usual normalization, so that $\left.\lambda_{k}\left([0,1]^{k}\right)=1\right)$. For $M \subset \mathbb{R}^{2}$ we use the symbols $\partial M$, int $M$ and $\mathrm{cl} M$ to denote the boundary, the interior and the closure of $M$, respectively. For $M \neq \emptyset$ we denote by $\mathcal{C}(M)$ the Banach space of all bounded continuous functions on $M$ with the supremum norm, by $1_{M}$ the constant function equal to 1 on $M$, by $\operatorname{Const}(M)=\left\{\alpha 1_{M} ; \alpha \in \mathbb{R}\right\}$ the class of all constant functions on $M . \mathcal{C}_{0}^{(1)}$ will stand for the class of all continuously differentiable functions with a compact support in $\mathbb{R}^{2}$, for bounded $M$ we write $\mathcal{C}^{(1)}(M)=\left\{\left.\varphi\right|_{M}: \varphi \in \mathcal{C}_{0}^{(1)}\right\}$ for the class of all restrictions to $M$ of functions in $\mathcal{C}_{0}^{(1)}$. Throughout, $K \subset \mathbb{R}^{2}$ will be a fixed non-void compact set which is massive at each $z \in K$ in the sense that each disk

$$
B_{r}(z)=\left\{x \in \mathbb{R}^{2} ;|x-z|<r\right\}
$$

with radius $r>0$ and center $z$ in $K$ intersects $K$ in a set of positive Lebesgue measure:

$$
\lambda_{2}\left[B_{r}(z) \cap K\right]>0
$$

This is the only à priori restriction we impose on $K$; it is by no means essential in connection with boundary value problems (cf. Remark 1.14 and 2.3 in [8]) but it will allow us to avoid some technical complications.

[^0]Put $G=\mathbb{R}^{2} \backslash K$ and denote by $\mathcal{C}^{*}(\partial K)$ the space of all finite signed Borel measures supported by $\partial K$. For each $\mu \in \mathcal{C}^{*}(\partial K)$ the potential

$$
\begin{equation*}
\mathcal{U} \mu(x)=\int_{\partial K} h_{z}(x) d \mu(z) \tag{1}
\end{equation*}
$$

defines a harmonic function of the variable $x$ on $\mathbb{R}^{2} \backslash \partial K$ such that, for each bounded Borel $P \subset \mathbb{R}^{2} \backslash \partial K$, the gradient of (1) is integrable over $P$ :

$$
\int_{P}|\operatorname{grad} \mathcal{U} \mu(x)| d \lambda_{2}(x)<+\infty
$$

This property makes it possible to introduce the so-called weak normal derivative of $\mathcal{U} \mu$, to be denoted by $N^{G} \mathcal{U} \mu$, which is defined as a linear functional over $\mathcal{C}_{0}^{(1)}$ by the formula

$$
\begin{equation*}
\left\langle N^{G} \mathcal{U} \mu, \varphi\right\rangle=\int_{G}\langle\operatorname{grad} \varphi(x), \operatorname{grad} \mathcal{U} \mu(x)\rangle d \lambda_{2}(x), \quad \varphi \in \mathcal{C}_{0}^{(1)} \tag{2}
\end{equation*}
$$

if the boundary $\partial G=\partial K$ is smooth and $n$ denotes the unit normal exterior to $G$, and if $\mathcal{U} \mu$ extends smoothly from $G$ to $\mathrm{cl} G$, then the right-hand side in (2) transforms by divergence theorem into

$$
\int_{\partial K} \varphi \frac{\partial \mathcal{U} \mu}{\partial n} d \lambda_{1}
$$

so that $N^{G} \mathcal{U} \mu$ is a natural weak characterization of the normal derivative $\frac{\partial \mathcal{U} \mu}{\partial n}$ (compare [21]). Transforming the integral occurring in (2) by Fubini's theorem we get, for any $\varphi \in \mathcal{C}_{0}^{(1)}$,

$$
\left\langle N^{G} \mathcal{U} \mu, \varphi\right\rangle=\int_{\partial K} W \varphi(z) d \mu(z)
$$

where

$$
\begin{equation*}
W \varphi(z)=\int_{G}\left\langle\operatorname{grad} \varphi(x), \operatorname{grad} h_{z}(x)\right\rangle d \lambda_{2}(x) \tag{3}
\end{equation*}
$$

We shall consider (3) as a function of the variable $z \in K$. It is easily seen (cf. §2 in $[8])$ that, for $z \in K$, (3) depends on $\left.\varphi\right|_{\partial K}$ only and represents a continuous function on $K$ which is harmonic on int $K$; this function $W \varphi$ will be called the double layer potential of density $\varphi$. Note also that, for any fixed $\mu \in \mathcal{C}^{*}(\partial K)$, the weak normal derivate $N^{G} \mathcal{U} \mu$ has support contained in $\partial K$ in the sense that $\left\langle N^{G} \mathcal{U} \mu, \varphi\right\rangle=0$ whenever $\partial K$ does not meet the support of $\varphi \in \mathcal{C}_{0}^{(1)}($ cf. 1.2 in [8] $)$.

For $\emptyset \neq M \subset K$ denote by $W_{M} \varphi=\left.(W \varphi)\right|_{M}$ the restriction to $M$ of the double layer potential $W \varphi$. Then

$$
\begin{equation*}
W_{K}:\left.\varphi\right|_{\partial K} \rightarrow W_{K} \varphi \quad\left(\mathcal{C}^{(1)}(\partial K) \rightarrow \mathcal{C}(K)\right) \tag{K}
\end{equation*}
$$

and
$\left(4_{\partial K}\right) \quad W_{\partial K}:\left.\varphi\right|_{\partial K} \rightarrow W_{\partial K} \varphi \quad\left(\mathcal{C}^{(1)}(\partial K) \rightarrow \mathcal{C}(\partial K)\right)$
are linear operators form $\mathcal{C}^{(1)}(\partial K)$ to $\mathcal{C}(K)$ and from $\mathcal{C}^{(1)}(\partial K)$ to $\mathcal{C}(\partial K)$, respectively. Since

$$
\begin{equation*}
W_{K} 1_{\partial K}=1_{K} \tag{5}
\end{equation*}
$$

(cf. [8, p. 60]), we have $W_{K}(\operatorname{Const}(\partial K) \subset \operatorname{Const}(K)$ which makes it possible to consider the operators induced on the factor space $\mathcal{C}^{(1)}(\partial K) /$ Const $(\partial K)$ to be denoted by the same symbols

$$
\begin{equation*}
W_{K}: \mathcal{C}^{(1)}(\partial K) / \operatorname{Const}(\partial K) \rightarrow \mathcal{C}(K) / \operatorname{Const}(K) \tag{K}
\end{equation*}
$$

and
$\left(6_{\partial K}\right) \quad W_{\partial K}: \mathcal{C}^{(1)}(\partial K) /$ Const $(\partial K) \rightarrow \mathcal{C}(\partial K) /$ Const $(\partial K)$.
Necessary and sufficient geometric condition is known (cf. [1], [9]; see also the exposition in $[\mathbf{8}],[\mathbf{1 4}])$ guaranteeing extendability of the operators $\left(4_{K}\right),\left(4_{\partial K}\right)$ to bounded linear operators defined on the whole $\mathcal{C}(\partial K)$ and of the operators $\left(6_{K}\right)$, $\left(6_{\partial K}\right)$ to bounded linear operators acting on $\mathcal{C}(\partial K) / \operatorname{Const}(\partial K)$. As pointed out by M. Chlebík ([6]), results in geometric measure theory ( $[\mathbf{3}]$ ) permit to formulate this condition (occurring in an equivalent form in $[\mathbf{8}]$ and $[\mathbf{1 4}]$; cf. proof of Lemma 3 below) in terms of the essential boundary

$$
\partial_{e} K=\left\{z \in \mathbb{R}^{2} ; \limsup _{r \rightarrow 0^{+}} \lambda_{2}\left[B_{r}(z) \cap K\right] / r^{2}>0, \limsup _{r \rightarrow 0^{+}} \lambda_{2}\left[B_{r}(z) \cap G\right] / r^{2}>0\right\}
$$

as follows. Denoting for $\theta$ in

$$
\Gamma \equiv\left\{\theta \in \mathbb{R}^{2} ;|\theta|=1\right\}
$$

and fixed $z \in \mathbb{R}^{2}$ by $n^{K}(z, \theta)$ the total number of points in

$$
\{z+t \theta ; t>0\} \cap \partial_{e} K
$$

$\left(0 \leq n^{K}(z, \theta) \leq+\infty\right)$ we arrive at a $\lambda_{1}$-measurable function $\theta \mapsto n^{K}(z, \theta)$ which makes it possible to introduce the integral

$$
v^{K}(z):=\frac{1}{\pi} \int_{\Gamma} n^{K}(z, \theta) d \lambda_{1}(\theta)
$$

Then finiteness of the quality

$$
\begin{equation*}
V^{K}:=\sup \left\{v^{K}(z) ; z \in \partial K\right\} \tag{7}
\end{equation*}
$$

is necessary and sufficient for extendability of $W_{K}$ to a bounded linear operator on $\mathcal{C}(\partial K)$ to $\mathcal{C}(K)$ (or, equivalently, on $\mathcal{C}(\partial K) /$ Const $(\partial K)$ to $\mathcal{C}(K) /$ Const $(\partial K))$ and, which is the same, extendability of $W_{\partial K}$ to a bounded operator on $\mathcal{C}(\partial K)$ (or, equivalently, on $\mathcal{C}(\partial K) /$ Const $(\partial K)$ ). The same condition

$$
\begin{equation*}
V^{K}<+\infty \tag{8}
\end{equation*}
$$

is necessary and sufficient to guarantee the existence, for each $\mu \in \mathcal{C}^{*}(\partial K)$, of a (uniquely determined) finite signed Borel measure $\nu_{\mu} \in \mathcal{C}^{*}(B)$ representing $N^{G} \mathcal{U} \mu$ in the sense that

$$
\left\langle N^{G} \mathcal{U} \mu, \varphi\right\rangle=\int_{\partial K} \varphi d \nu_{\mu}, \quad \forall \varphi \in \mathcal{C}_{0}^{(1)}
$$

under the assumption (8) the arising operator $N^{G} \mathcal{U}: \mu \mapsto \nu_{\mu}$ is bounded on $\mathcal{C}^{*}(\partial K)$ and is adjoint to $W_{\partial K}$ acting on $\mathcal{C}(\partial K)$ :

$$
\begin{equation*}
N^{G} \mathcal{U}=W_{\partial K}^{*} \tag{9}
\end{equation*}
$$

Assuming (8) we define the operator of the arithmetical mean, to be denoted by $T^{K} \equiv T$, by the equation

$$
\begin{equation*}
\frac{1}{2}\left(I+T^{K}\right)=W_{\partial K} \tag{10}
\end{equation*}
$$

where $I$ is the identity operator. Then (5) implies

$$
\begin{equation*}
T 1_{\partial K}=1_{\partial K} \tag{11}
\end{equation*}
$$

The norm of $T$ on $\mathcal{C}(\partial K)$ is precisely evaluated by

$$
\begin{equation*}
\left\|T^{K}\right\|=V^{K} \tag{12}
\end{equation*}
$$

(cf. [8], 2.25; note that our normalization of $v^{K}(z)$ is different from that used in [8], so that our $V^{K}$ coincides with $2 V^{G}$ in $[\mathbf{8}]$ ). The attempt to represent the solution of the Dirichlet problem for $K$ with a prescribed boundary condition $g \in \mathcal{C}(\partial K)$
in the form of the double layer potential $W_{K} f$ with an unknown $f \in \mathcal{C}(\partial K)$ leads to the equation

$$
\begin{equation*}
(I+T) f=2 g \tag{13}
\end{equation*}
$$

In view of (9), the attempt to find, for a given $\nu \in \mathcal{C}^{*}(\partial K)$, another $\mu \in \mathcal{C}^{*}(\partial K)$ whose potential $\mathcal{U} \mu$ solves the weak Neumann problem $N^{G} \mathcal{U} \mu=\nu$ for $G$ results in the adjoint equation

$$
\begin{equation*}
(I+T)^{*} \mu=\nu \tag{14}
\end{equation*}
$$

for the unknown $\mu$. It follows from (12) that $\left\|T^{K}\right\| \geq 1$ where the sign of equality holds iff $K$ is convex (cf. [8], Theorem 3.1). If we consider $T^{K}$ on the quotient space $\mathcal{C}(\partial K) /$ Const $(\partial K)$, then the quotient norm of $T^{K}$, to be denoted by $\left\|T^{K}\right\|_{0}$, may become less that 1 . Let us recall that the norm of the class containing $f \in \mathcal{C}(\partial K)$ in $\mathcal{C}(\partial K) /$ Const $(\partial K)$ is given by $\frac{1}{2} \operatorname{osc} f(\partial K)$, where

$$
\operatorname{osc} f(\partial K)=\max f(\partial K)-\min f(\partial K)
$$

Hence $\left\|T^{K}\right\|_{0}$ is the least constant $q \geq 0$ for which

$$
\operatorname{osc}\left(T^{K} f\right)(\partial K) \leq q \operatorname{osc} f(\partial K), \quad \forall f \in \mathcal{C}(\partial K)
$$

This constant was called the configuration constant of $K$ by Carl Neumann who was able to prove for convex $K$ that $\left\|T^{K}\right\|_{0}<1$ iff $K$ is different from triangles and quadrangles $([\mathbf{1 8}])$ (H. Lebesgue [12] observed later that $\left\|T_{K}^{2}\right\|<1$ for all convex bodies $K \subset \mathbb{R}^{2}$ ) which permitted to establish convergence (in the operator norm) of the Neumann series for the inverse of $I+T^{K}$ on $\mathcal{C}(\partial K) / \operatorname{Const}(\partial K)$. Note that, in view of $(9)-(11),\left(T^{K}\right)^{*}$ maps the subspace

$$
\mathcal{C}_{0}^{*}(\partial K):=\left\{\mu \in \mathcal{C}^{*}(\partial K): \mu(\partial K)=0\right\}
$$

of all balanced signed measures in $\mathcal{C}^{*}(\partial K)$ into itself and $\mathcal{C}_{0}^{*}(\partial K)$ may be identified with the adjoint space to $\mathcal{C}(\partial K) /$ Const $(\partial K)$. Hence $\left\|T^{K}\right\|_{0}$ equals the norm of the operator $\left(T^{K}\right)^{*}$ restricted to $\mathcal{C}_{0}^{*}(\partial K)$. For general $K$ no simple evaluation of $\left\|T^{K}\right\|_{0}$ comparable with the formula (12) for $\left\|T^{K}\right\|$ seems to be known. Nevertheless, geometric estimates of the configuration constant $\left\|T^{K}\right\|_{0}$ can be obtained which permit to establish the inequality $\left\|T^{K}\right\|_{0}<1$ for many concrete highly nonconvex compact $K \subset \mathbb{R}^{2}$. We shall prove the following theorems and some of their consequences.

Theorem 1. Let $B_{1}, B_{2}$ be disjoint $\lambda_{1}$-measurable subsets of $\partial K$ and suppose that with each $z \in B \equiv B_{1} \cup B_{2}$ there is associated a disk $B(z)=B_{r(z)}(\zeta(z))$ of radius $r(z)=|z-\zeta(z)|$ such that $K \cap B(z)=\emptyset$ for $z \in B_{1}, K \subset \operatorname{cl} B(z)$ for $z \in B_{2}$ and $z \mapsto r(z)$ is $\lambda_{1}$-measurable. If

$$
\lambda_{1}(\partial K \backslash B)=0 \quad \text { and } \quad \int_{B} \frac{d \lambda_{1}(z)}{r(z)}<+\infty
$$

then

$$
\begin{equation*}
\left\|T^{K}\right\|_{0} \leq 1+\frac{1}{2 \pi}\left(\int_{B_{1}} \frac{d \lambda_{1}(z)}{r(z)}-\int_{B_{2}} \frac{d \lambda_{1}(z)}{r(z)}\right) \tag{15}
\end{equation*}
$$

Theorem 2. Suppose that with each $z \in B_{0} \subset B$ there is associated a disk $B(z)=B_{r(z)}(\zeta(z)) \subset K$ of radius $r(z)=|z-\zeta(z)|$. If $z \mapsto r(z)$ is $\lambda_{1}$-measurable,

$$
\lambda_{1}\left(\partial K \backslash B_{0}\right)=0 \quad \text { and } \quad \int_{B_{0}} \frac{d \lambda_{1}(z)}{r(z)}<+\infty
$$

then

$$
\begin{equation*}
\left\|T^{K}\right\|_{0} \leq \frac{1}{2 \pi} \int_{B_{0}} \frac{d \lambda_{1}(z)}{r(z)}-1 \tag{16}
\end{equation*}
$$

We shall also show that the sign of equality holds in (15) and (16) if $\partial K$ is a circular polygon of a certain type. The proofs depend on a series of lemmas.

Lemma 1. Let $B \subset \partial G, \lambda_{1}(\partial G \backslash B)=0, \delta>0$ and suppose that with each $z \in B$ there is associated an $r(z)>0$ and $\theta(z) \in \Gamma$ such that

$$
\{z+t \theta ; 0<t<r(z), \theta \in \Gamma,|\theta-\theta(z)|<\delta\} \subset G
$$

If $z \mapsto r(z)$ is $\lambda_{1}$-measurable and $\int_{B} r^{-a}(z) d \lambda_{1}(z)<\infty$ for some $a \in[0, \infty[$, then $\lambda_{1}(\partial G)<\infty$.

Proof. Fix $R>0$ large enough to have $K \subset B_{R}(0)$ and put $\Omega=G \cap B_{R}(0)$, so that $\partial \Omega=\partial G \cup\{\zeta ;|\zeta|=R\}$. Assumptions of our lemma guarantee that with each $z \in C \equiv B \cup\{\zeta ;|\zeta|=R\}$ it is possible to associate a circular sector $\left\{z+t \theta ; 0<t<r(z), \theta \in \Gamma,|\theta-\theta(z)|<\delta_{0}\right\} \subset \Omega$, where $0<\delta_{0} \leq \delta, z \mapsto r(z)$ is $\lambda_{1}$-measurable on $C$ and $\int_{C} r^{-a}(z) d \lambda_{1}(z)<\infty$. Put $C_{1}=\{z \in C ; r(z) \geq 1\}$, $C_{2}=C \backslash C_{1}$. Clearly,

$$
\lambda_{1}\left(C_{2}\right) \leq \int_{C_{2}} r^{-a}(z) d \lambda_{1}(z) \leq \int_{C} r^{-a}(z) d \lambda_{1}(z)<\infty
$$

so that it is sufficient to verify that $\lambda_{1}\left(C_{1}\right)<\infty$. Let $\mathscr{S}$ by the system of all circular sectors of the form

$$
S\left(z, \theta_{z}, \delta_{0}\right) \equiv\left\{z+t \theta ; 0<t<1, \theta \in \Gamma,\left|\theta-\theta_{z}\right|<\delta_{0}\right\}
$$

with $z \in C_{1}, \theta_{z} \in \Gamma$ such that $S\left(z, \theta_{z}, \delta_{0}\right) \subset \Omega$. Let $S=\cup \mathscr{S}$, which is an open bounded set. If $S_{1}, \ldots, S_{k}$ are mutually different components of $S$, then each of them must contain a sector isometric with $S\left(0,1, \delta_{0}\right)$, whence

$$
k \lambda_{2}\left(S\left(0,1, \delta_{0}\right)\right) \leq \sum_{j=1}^{k} \lambda_{2}\left(S_{j}\right) \leq \lambda_{2}(S), \quad k \leq \lambda_{2}(S) / \lambda_{2}\left(S\left(0,1, \delta_{0}\right)\right)
$$

We see that $S$ has only finitely many components $S_{1}, \ldots, S_{k}$. We shall show that each $S_{j}$ has the cone property in the following sense: There is an $r>0$ such that with each $z \in \partial S_{j}$ it is possible to associate a $\theta_{z} \in \Gamma$ with

$$
\begin{equation*}
B_{r}(z) \cap S\left(z, \theta_{z}, r\right) \subset S_{j} \tag{17}
\end{equation*}
$$

Let $z \in \partial S_{j}, \mathscr{S}_{j}=\left\{D \in \mathscr{S} ; D \subset S_{j}\right\}$. There is a sequence $x_{n} \in S_{j}$ with $\lim _{n \rightarrow \infty} x_{n}=z$. Since $S_{j}=\cup \mathscr{S}_{j}$, for each $n$ there is a $D_{n} \in \mathscr{S}_{j}$ with $x_{n} \in D_{n}$. Denote by $z_{n}$ the vertex of $D_{n}$ and by $\theta^{n} \equiv \theta_{z_{n}}$ the corresponding vector in $\Gamma$ determining $D_{n}=S\left(z_{n}, \theta^{n}, \delta_{0}\right)$. Since $\left\{z_{n}\right\} \subset \partial \Omega$ which is compact, passing to subsequences, if necessary, we may achieve that $\lim _{n \rightarrow \infty} z_{n}=y \in \partial \Omega$ and $\lim _{n \rightarrow \infty} \theta^{n}=\tilde{\theta} \in \Gamma$ for suitable $y$ and $\tilde{\theta}$. Writing $\tilde{D}=S\left(y, \tilde{\theta}, \delta_{0}\right)$ we observe that

$$
\tilde{D} \subset \bigcap_{k=1}^{\infty} \bigcup_{n=k}^{\infty} D_{n} \subset \bigcap_{k=1}^{\infty} \operatorname{cl} \bigcup_{n=k}^{\infty} D_{n} \subset \operatorname{cl} \tilde{D}
$$

so that $\tilde{D} \subset S_{\tilde{j}} \subset \Omega, \tilde{D} \in \mathscr{S}_{j}$. As $x_{n} \in D_{n}$ tend to $z$, we have $z \in \underset{\tilde{D}}{ } \mathrm{cl} \tilde{D}$. Since $z \in \partial S_{j}$ while $\tilde{D} \subset S_{j}$, we see that $z \in \partial \tilde{D}$. It remains to realize that $\tilde{D}$ is isometric with $S\left(0,1, \delta_{0}\right)$, so that there is an $r>0$ (depending on $\delta_{0}$ only) such that with each $\tilde{z} \in \partial \tilde{D}$ it is possible to associate a $\theta_{\tilde{z}} \in \Gamma$ with $S\left(\tilde{z}, \theta_{\tilde{z}}, r\right) \cap B_{r}(\tilde{z}) \subset \tilde{D}$; this is in particular true for $\tilde{z}=z$, so that the cone property (17) of $S_{j}$ has been verified. Now we recall the following result established in [4]:

If $\mathcal{U}$ is a bounded domain having the cone property, then there are open sets $\mathcal{U}_{1}, \ldots, \mathcal{U}_{p}$ with $\cup_{i=1}^{p} \mathcal{U}_{i}=\mathcal{U}$ such that each $\mathcal{U}_{i}$ has locally lipschitzian boundary (and, in particular, $\left.\lambda_{1}\left(\partial \mathcal{U}_{i}\right)<\infty\right)$; consequently, $\lambda_{1}(\partial \mathcal{U}) \leq \sum_{i=1}^{p} \lambda_{1}\left(\partial \mathcal{U}_{i}\right)<\infty$.

Applying this to $\mathcal{U}=S_{j}(j=1, \ldots, k)$ we get $\lambda_{1}(\partial S) \leq \sum_{j=1}^{k} \lambda_{1}\left(\partial S_{j}\right)<\infty$. Since $C_{1} \subset \partial S, \lambda_{1}\left(C_{1}\right)<\infty$ has been verified and the proof is complete.

Lemma 2. Denote by $\hat{\partial} K$ the set of all $y \in \mathbb{R}^{2}$, for which there exists $n^{K}(y) \in$ $\Gamma$ (which is called the Federer exterior normal of $K$ at $y$ and is uniquely determined) such that

$$
\begin{aligned}
& \lim _{r \rightarrow 0^{+}} r^{-2} \lambda_{2}\left[B_{r}(y) \cap\left\{x \in K ;\left\langle x-y, n^{K}(y)\right\rangle>0\right\}\right] \\
& \quad=\lim _{r \rightarrow 0^{+}} r^{-2} \lambda_{2}\left[B_{r}(y) \cap\left\{x \in G ;\left\langle x-y, n^{K}(y)\right\rangle<0\right\}\right]=0 .
\end{aligned}
$$

If $y \in \hat{\partial} K, z \in \partial K \backslash\{y\}, \zeta(y) \in \mathbb{R}^{2}$ and $|y-\zeta(y)|=r(y)>0$, then the following implications hold:

$$
\begin{align*}
B_{r(y)}(\zeta(y)) \subset K \Longrightarrow & -\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle  \tag{18}\\
& =\frac{1}{4 \pi r(y)}+\frac{r^{2}(y)-|z-\zeta(y)|^{2}}{4 \pi r(y)|y-z|^{2}} \leq \frac{1}{4 \pi r(y)}
\end{align*}
$$

$$
\begin{align*}
K \subset \operatorname{cl} B_{r(y)}(\zeta(y)) \Longrightarrow & -\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle  \tag{19}\\
& =\frac{1}{4 \pi r(y)}+\frac{r^{2}(y)-|z-\zeta(y)|^{2}}{4 \pi r(y)|y-z|^{2}} \geq \frac{1}{4 \pi r(y)},
\end{align*}
$$

$$
\begin{align*}
K \cap B_{r(y)}(\zeta(y))=\emptyset \Longrightarrow & -\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle  \tag{20}\\
& =-\frac{1}{4 \pi r(y)}-\frac{r^{2}(y)-|z-\zeta(y)|^{2}}{4 \pi r(y)|y-z|^{2}} \geq-\frac{1}{4 \pi r(y)}
\end{align*}
$$

Proof. If $y \in \hat{\partial} K$ and the assumptions from (18) or (19) are valid, then

$$
n^{K}(y)=\frac{y-\zeta(y)}{r(y)}
$$

while

$$
\frac{y-\zeta(y)}{r(y)}=-n^{K}(y)
$$

under the assumption occurring in (20). Since calculation yields

$$
\begin{aligned}
&-\left\langle\operatorname{grad} h_{z}(y), \frac{y-\zeta(y)}{r(y)}\right\rangle=\frac{1}{2 \pi}\left\langle\frac{y-z}{|y-z|^{2}}, \frac{y-\zeta(y)}{r(y)}\right\rangle \\
&= \frac{1}{2 \pi r(y)} \cdot \frac{|y-\zeta(y)|^{2}-\langle z-\zeta(y), y-\zeta(y)\rangle}{|y-z|^{2}} \\
&= \frac{1}{2 \pi r(y)} \cdot \frac{|y-\zeta(y)|^{2}-2\langle z-\zeta(y), y-\zeta(y)\rangle+|z-\zeta(y)|^{2}}{2|y-z|^{2}} \\
& \quad+\frac{r^{2}(y)-|z-\zeta(y)|^{2}}{4 \pi r(y)|y-z|^{2}} \\
&= \frac{1}{4 \pi r(y)}+\frac{r^{2}(y)-|z-\zeta(y)|^{2}}{4 \pi r(y)|y-z|^{2}}
\end{aligned}
$$

It remains to note that $r^{2}(y)-|z-\zeta(y)|^{2} \leq 0$ under the assumptions occurring in (18), (20), while $r^{2}(y)-|z-\zeta(y)|^{2} \geq 0$ under the assumption occurring in (19). $\square$

Lemma 3. If the assumptions of Theorem 1 are fulfilled, then

$$
V^{K}=\left\|T^{K}\right\|<\infty
$$

Proof. Lemma 1 shows that $\lambda_{1}(\partial K)<\infty$, so that $K$ has finite perimeter $P(K)$ in the sense of 2.10 in $[\mathbf{8}]$ (see 4.5 in $[\mathbf{3}]$ ). For $y \in \hat{\partial} K$ the vector $n^{K}(y) \in \Gamma$ has been defined in Lemma 2; we shall further put $n^{K}(y)=0\left(\in \mathbb{R}^{2}\right)$ for $y \in \mathbb{R}^{2} \backslash \hat{\partial} K$. Then the vector-valued function $y \mapsto n^{K}(y)$ is defined on $\mathbb{R}^{2}$ and is Borel measurable (cf. Remark 2.14 in [8]), so that we may introduce

$$
2 \int_{\partial K}\left|\left\langle n^{K}(y), \operatorname{grad} h_{z}(y)\right\rangle\right| d \lambda_{1}(y) \equiv v^{K}(z)
$$

(which agrees with the quantity occurring in (28) in [8] up to the multiplicative factor 2). Then a necessary and sufficient condition for extendability of $W_{\partial K}$ (defined so far on $\mathcal{C}^{(1)}(\partial K)$ only) to a bounded linear operator on $\mathcal{C}(\partial K)$ consists in finiteness of the quantity

$$
V^{K} \equiv \sup \left\{v^{K}(z) ; z \in \partial K\right\}
$$

which is then equal to the norm of the operator $T^{K}$ defined by (10) (cf. §2 in [8], in particular 2.19-2.25; notice that our $V^{K}$ coincides with $2 V^{G}$ occurring in [8]). We should remark that the quantity $v^{K}(z)$ can be equivalently defined by various expressions, one of them being

$$
v^{K}(z)=\frac{1}{\pi} \int_{\Gamma} n_{\infty}^{K}(\theta, z) d \lambda_{1}(\theta)
$$

where $n_{\infty}^{K}(\theta, z)$ is the number of so-called hits of the half-line

$$
H_{z}(\theta)=\{z+t \theta ; t>0\}
$$

on $K$ in the sense of 1.7 in [8] (note that, according to 1.11 in $[\mathbf{8}], \theta \mapsto n_{\infty}^{K}(\theta, z)$ is a Baire function of the variable $\theta \in \Gamma$ ). As pointed out by M. Chlebík [6], methods of geometric measure theory [3] permit to show that $n_{\infty}^{K}(\theta, z)$ coincides with the total number of points in $H_{z}(\theta) \cap \partial_{e} K$ for $\lambda_{1}$-a.e. $\theta \in \Gamma$, so that $v^{K}(z)$ has the same meaning as described in the introduction. Fix now an arbitrary $z \in \partial K$ and consider $\delta>0$ such that

$$
\begin{equation*}
\lambda_{1}\left(\partial B_{\delta}(z) \cap \partial K\right)=0 \tag{21}
\end{equation*}
$$

(as $\lambda_{1}(\partial K)<\infty$, all but countable many values $\delta>0$ enjoy this property). Under the conditions of Theorem 1, for $\lambda_{1}$-a.e. $y \in \hat{\partial} K$ either the assumption in (19) or that occurring in (20) is fulfilled; accordingly,

$$
\begin{equation*}
-\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle \geq-\frac{1}{4 \pi r(y)}, \quad \lambda_{1} \text {-a.e. } y \in \hat{\partial} K \tag{22}
\end{equation*}
$$

Put $Q=K-B_{\delta}(z)$. Employing (21) we see that $\lambda_{1}$-a.e. $y \in \hat{\partial} Q \cap \partial B_{\delta}(z)$ belongs to $\hat{\partial} Q \cap \operatorname{int} K \subset \partial B_{\delta}(z) \cap \operatorname{int} K$, so that $n^{Q}(y)=\frac{z-y}{\delta}$ and

$$
\begin{equation*}
\left\langle\operatorname{grad} h_{z}(y), n^{Q}(y)\right\rangle=\frac{1}{2 \pi \delta}, \quad \lambda_{1} \text {-a.e. } y \in \hat{\partial} Q \cap \partial B_{\delta}(z) \tag{23}
\end{equation*}
$$

Noting that $n^{Q}(\cdot)=n^{K}(\cdot)$ on $\hat{\partial} Q \backslash \partial B_{\delta}(z) \subset \hat{\partial} K$ we get by (22), (23)

$$
\begin{aligned}
\frac{1}{2} v^{Q}(z)= & \int_{\hat{\partial} Q}\left|\left\langle\operatorname{grad} h_{z}(y), n^{Q}(y)\right\rangle\right| d \lambda_{1}(y) \\
\leq & \int_{\hat{\partial} Q \cap \partial B_{\delta}(z)}\left[\frac{1}{\pi \delta}-\left\langle\operatorname{grad} h_{z}(y), n^{Q}(y)\right\rangle\right] d \lambda_{1}(y) \\
& +\int_{\hat{\partial} Q \backslash \partial B_{\delta}(z)}\left[\frac{1}{4 \pi r(y)}-\left\langle\operatorname{grad} h_{z}(y), n^{Q}(y)\right\rangle\right] d \lambda_{1}(y) \\
& +\int_{\hat{\partial} Q \backslash \partial B_{\delta}(z)} \frac{1}{4 \pi r(y)} d \lambda_{1}(y) \\
\leq & -\int_{\hat{\partial} Q}\left\langle\operatorname{grad} h_{z}(y), n^{Q}(y)\right\rangle d \lambda_{1}(y)+\frac{1}{\pi \delta} \cdot 2 \pi \delta+2 \int_{\partial K} \frac{1}{4 \pi r(y)} d \lambda_{1}(y) \\
= & 2+\frac{1}{2 \pi} \int_{\partial K} \frac{1}{r(y)} d \lambda_{1}(y)
\end{aligned}
$$

where we have used the fact that $y \mapsto h_{z}(y)$ is harmonic in some neighbourhood of $\operatorname{cl} Q$, whence it follows by the divergence theorem for sets with finite perimeter (cf. p. 49 in [8]) that

$$
\left.\int_{\hat{\partial} Q}\left\langle\operatorname{grad} h_{z}(y), n^{Q}(y)\right\rangle d \lambda_{1}(y)\right\rangle=0
$$

Since $\partial K \backslash B_{\delta}(z) \subset \partial Q$ and $n^{K}(\cdot)=n^{Q}(\cdot)$ holds $\lambda_{1}$-a.e. on $\partial K \backslash B_{\delta}(z)$ by (21), we arrive at

$$
\int_{\partial K \backslash B_{\delta(z)}}\left|\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle\right| d \lambda_{1}(y) \leq \frac{1}{2} v^{Q}(z) \leq 2+\frac{1}{2 \pi} \int_{\partial K} \frac{1}{r(y)} d \lambda_{1}(y)
$$

whence we get making $\delta \rightarrow 0^{+}$(with $\delta$ obeying (21))

$$
v^{K}(z)=2 \int_{\partial K}\left|\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle\right| d \lambda_{1}(y) \leq 4+\frac{1}{\pi} \int_{\partial K} \frac{1}{r(y)} d \lambda_{1}(y)
$$

Since $z \in \partial K$ has been arbitrarily chosen, we have

$$
V^{K} \leq 4+\pi^{-1} \int_{\partial K} r^{-1}(y) d \lambda_{1}(y)<\infty
$$

and the proof is complete.

Lemma 4. If the assumptions of Theorem 2 are fulfilled, then

$$
V^{K}=\left\|T^{K}\right\|<\infty
$$

Proof. Choose $R>0$ large enough to have $K \subset B_{R}(0)$ and put $L=\operatorname{cl}\left[B_{R}(0) \backslash\right.$ $K]$. If $K$ satisfies the assumptions of Theorem 2 , then $L$ satisfies the assumptions of Theorem 1 (where $K$ is replaced by $L$ ) and Lemma 3 implies $V^{L}<\infty$. It remains to observe that $V^{K} \leq V^{L}$.

Lemma 5. Let $V^{K}<\infty$. Then the density

$$
d_{K}(z)=\lim _{r \rightarrow 0^{+}} \frac{\lambda_{2}\left[K \cap B_{r}(z)\right]}{\lambda_{2}\left[B_{r}(z)\right]}
$$

is well defined for any $z \in \mathbb{R}^{2}$. Denoting by $\delta_{z}$ the Dirac unit point-mass concentrated at $z$ define for any $z \in \partial K$ the signed Borel measure $\tau_{z}$ on $\partial K$ by

$$
\begin{equation*}
d \tau_{z}(y)=\left[1-2 d_{K}(z)\right] d \delta_{z}(y)-2\left\langle n^{K}(y), \operatorname{grad} h_{z}(y)\right\rangle d \lambda_{1}(y) \tag{24}
\end{equation*}
$$

Then

$$
\begin{equation*}
T^{K} f(z)=\int_{\partial K} f d \tau_{z}, \quad z \in \partial K, \quad f \in \mathcal{C}(\partial K) \tag{25}
\end{equation*}
$$

Proof. See $\S 3$ in [8] (p. 73).
Lemma 6. Let $V^{K}<\infty$ and let $D$ be a dense subset of $\partial K$. Let us agree to denote by $\|\nu\|$ the total variation of an arbitrary signed Borel measure $\nu$ on $\partial K$. Then

$$
\begin{equation*}
\left\|T^{K}\right\|_{0}=\frac{1}{2} \sup \left\{\left\|\tau_{u}-\tau_{v}\right\| ; u, v \in D\right\} \tag{26}
\end{equation*}
$$

and for each signed Borel measure $\mu$ on $\partial K$ the following estimate holds

$$
\begin{equation*}
\left\|T^{K}\right\|_{0} \leq \sup \left\{\left\|\tau_{z}-\mu\right\| ; z \in D\right\} \tag{27}
\end{equation*}
$$

Proof. If $f \in \mathcal{C}(\partial K)$, then we denote by $\|f\|_{0}=\frac{1}{2}$ osc $f(\partial K)$ the norm in $\mathcal{C}(\partial K) /$ Const $(\partial K)$ of the class containing $f$. Hence

$$
\begin{aligned}
& \left\|T^{K}\right\|_{0}=\sup \left\{\frac{1}{2} \operatorname{osc} T^{K} f(\partial K) ; f \in \mathcal{C}(\partial K),\|f\|_{0} \leq 1\right\} \\
& =\frac{1}{2} \sup \left\{\left|\int_{\partial K} f d \tau_{u}-\int_{\partial K} f d \tau_{v}\right| ; u, v \in D, f \in D, f \in \mathcal{C}(\partial K),\|f\|_{0} \leq 1\right\} \\
& =\sup \left\{\left|\int_{\partial K} f d\left(\tau_{u}-\tau_{v}\right)\right| ; u, v \in D, f \in \mathcal{C}(\partial K),\|f\|_{0} \leq \frac{1}{2}\right\}
\end{aligned}
$$

In view of (11) we have $\int_{\partial K} d\left(\tau_{u}-\tau_{v}\right)=0$, so that the last expression transforms into

$$
\begin{aligned}
\left\|T^{K}\right\|_{0} & =\sup \left\{\left|\int_{\partial K} f d\left(\tau_{u}-\tau_{v}\right)\right| ; u, v \in D, f \in \mathcal{C}(\partial K),\|f\| \leq \frac{1}{2}\right\} \\
& =\frac{1}{2} \sup \left\{\left\|\tau_{u}-\tau_{v}\right\| ; u, v \in D\right\}
\end{aligned}
$$

which is (26). Given $f \in \mathcal{C}(\partial K)$ we have for any $\gamma \in \mathbb{R}$ :

$$
\left\|T^{K} f\right\|_{0} \leq\left\|T^{K} f-\gamma 1_{\partial K}\right\|=\sup \left\{\left|\int_{\partial K} f d \tau_{z}-\gamma\right| ; z \in D\right\}
$$

Choosing $\gamma=\int_{\partial K} f d \mu$ we arrive at

$$
\left\|T^{K} f\right\|_{0} \leq \sup \left\{\left|\int_{\partial K} f d\left(\tau_{z}-\mu\right)\right| ; z \in D\right\} \leq\|f\| \sup \left\{\left\|\tau_{z}-\mu\right\| ; z \in D\right\}
$$

In this inequality we replace $f$ by $f-\alpha 1_{\partial K}$ for any $\alpha \in \mathbb{R}$. Since

$$
\left\|T^{K} f\right\|_{0}=\left\|T^{K} f-\alpha 1_{\partial K}\right\|_{0}
$$

we get

$$
\left\|T^{K} f\right\|_{0} \leq\left\|f-\alpha 1_{\partial K}\right\| \cdot \sup \left\{\left\|\tau_{z}-\mu\right\| ; z \in D\right\}, \quad \alpha \in \mathbb{R}
$$

so that

$$
\left\|T^{K} f\right\|_{0} \leq\|f\|_{0} \cdot \sup \left\{\left\|\tau_{z}-\mu\right\| ; z \in D\right\}, \quad f \in \mathcal{C}(\partial K)
$$

and (27) follows.
We are in position to present proofs of Theorems 1, 2 stated above.
Proof of Theorem 1. We know from Lemma 3 that $V^{K}<\infty$. Define a signed Borel measure $\mu$ on $\partial K$ putting for each Borel set $M \subset \partial K$

$$
\mu(M)=\frac{1}{2 \pi}\left(\int_{M \cap B_{2}} \frac{d \lambda_{1}(y)}{r(y)}-\int_{M \cap B_{1}} \frac{d \lambda_{1}}{r(y)}\right) .
$$

Fix $z \in \hat{\partial} K$, so that $d_{K}(z)=\frac{1}{2}$. Using (24), (19), (20) we get

$$
\begin{aligned}
\left\|\tau_{z}-\mu\right\|= & \int_{B_{1}}\left[-2\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle+\frac{1}{2 \pi r(y)}\right] d \lambda_{1}(y) \\
& +\int_{B_{2}}\left[-2\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle-\frac{1}{2 \pi r(y)}\right] d \lambda_{1}(y) \\
= & \int_{\partial K} d \tau_{z}(y)+\frac{1}{2 \pi}\left(\int_{B_{1}} \frac{d \lambda_{1}(y)}{r(y)}-\int_{B_{2}} \frac{d \lambda_{1}(y)}{r(y)}\right) \\
= & T^{K} 1_{\partial K}(z)+\frac{1}{2 \pi}\left(\int_{B_{1}} \frac{d \lambda_{1}(y)}{r(y)}-\int_{B_{2}} \frac{d \lambda_{1}(y)}{r(y)}\right)
\end{aligned}
$$

which in combination with (11), (27) completes the proof, because $\hat{\partial} K$ is dense in $\partial K$ thanks to our assumption that $K$ is massive at each point of $\partial K$ (cf. [8], p. 54 and isoperimetric lemma on p. 50).

Proof of Theorem 2. Lemma 4 shows that $V^{K}<\infty$. Fix again an arbitrary $z \in \hat{\partial} K$ and define now the signed measure $\mu$ on Borel sets $M \subset \partial K$ by

$$
\mu(M)=\frac{1}{2 \pi} \int_{M \cap B_{0}} \frac{d \lambda_{1}(y)}{r(y)}
$$

It follows from (24), (18) that

$$
\begin{aligned}
\left\|\mu-\tau_{z}\right\| & =\int_{B_{0}}\left[\frac{1}{2 \pi r(y)}+2\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle\right] d \lambda_{1}(y) \\
& =\frac{1}{2 \pi} \int_{B_{0}} \frac{d \lambda_{1}(y)}{r(y)}-T^{K} 1_{\partial K}(z)
\end{aligned}
$$

which together with (11), (27) proves (16), because $\hat{\partial} K$ is dense in $\partial K$ as observed above.

Notation. We now specialize to the case that $K$ is bounded by a simple oriented circular polygon

$$
\partial K=\bigcup_{m=1}^{n} C_{m} \cup\left\{z_{m}\right\}
$$

where $C_{m}$ is an open oriented circular arc situated on the boundary of a disk $B_{r_{m}}\left(\zeta_{m}\right)$ and $z_{m}$ is the initial point of $C_{m}$; for $m<n$ the end-point of $C_{m}$ coincides with $z_{m+1}$, the end-point of $C_{n}$ is $z_{1}$. Further suppose that for $1 \leq k<m \leq n$ either $C_{k} \cap \partial B_{r_{m}}\left(\zeta_{m}\right)=\emptyset$ or else $C_{k} \subset \partial B_{r_{m}}\left(\zeta_{m}\right) \backslash C_{m}$. We put

$$
\begin{array}{ll}
\alpha_{m}=\lambda_{1}\left(C_{m}\right) / r_{m}, & \mathcal{A}_{0}=\left\{m ; B_{r_{m}}\left(\zeta_{m}\right) \subset K\right\} \\
\mathcal{A}_{1}=\left\{m ; B_{r_{m}}\left(\zeta_{m}\right) \cap K=\emptyset\right\}, & \mathcal{A}_{2}=\left\{m ; K \subset \operatorname{cl} B_{r_{m}}\left(\zeta_{m}\right)\right\}
\end{array}
$$

and adopt the following assumption:

$$
\mathcal{A}_{0} \cup \mathcal{A}_{1} \cup \mathcal{A}_{2}=\{1, \ldots, n\}
$$

Then we may state the following result.
Theorem 3. Let $i$ run over $\mathcal{A}_{0}$, $j$ run over $\mathcal{A}_{1}$ and $k$ run over $\mathcal{A}_{2}$. If $\mathcal{A}_{0}=\emptyset$, then

$$
\begin{equation*}
\left\|T^{K}\right\|_{0} \leq 1+\frac{1}{2 \pi}\left(\sum_{j} \alpha_{j}-\sum_{k} \alpha_{k}\right) \tag{28}
\end{equation*}
$$

where the sign of equality holds in case $n \leq 4$. If $\mathcal{A}_{1}=\emptyset=\mathcal{A}_{2}$, then

$$
\begin{equation*}
\left\|T^{K}\right\| \leq \frac{1}{2 \pi} \sum_{i=1}^{n} \alpha_{i}-1 \tag{29}
\end{equation*}
$$

where again the sign of equality holds provided $n \leq 4$; now the condition

$$
\begin{equation*}
\operatorname{int} K \backslash \bigcup_{i=1}^{n} B_{r_{i}}\left(\zeta_{i}\right) \equiv \bigcap_{i=1}^{n}\left[\operatorname{int} K \backslash B_{r_{i}}\left(\zeta_{i}\right)\right] \neq \emptyset \tag{30}
\end{equation*}
$$

implies that

$$
\begin{equation*}
\frac{1}{2 \pi} \sum_{i=1}^{n} \alpha_{i}-1 \geq 1 \tag{31}
\end{equation*}
$$

(so that in case $n \leq 4$ the operator $T^{K}$ cannot be contractive on $\mathcal{C}(\partial K) /$ Const $(\partial K)$ in view of the equality in (29)), while the conditions

$$
\begin{equation*}
\bigcap_{i=1}^{n}\left[\operatorname{int} K \backslash B_{r_{i}}\left(\zeta_{i}\right)\right]=\emptyset, \quad \bigcap_{i=1}^{n} B_{r_{i}}\left(\zeta_{i}\right) \neq \emptyset \tag{32}
\end{equation*}
$$

together imply the inequality

$$
\begin{equation*}
\frac{1}{2 \pi} \sum_{i=1}^{n} \alpha_{1}-1<1 \tag{33}
\end{equation*}
$$

(guaranteeing contractivity of $T^{K}$ on $\mathcal{C}(\partial K) /$ Const $(\partial K)$ ).
Corollary 1. If $\mathcal{A}_{0}=\emptyset=\mathcal{A}_{1}$, then (28) implies the inequality

$$
\left\|T^{K}\right\|_{0} \leq 1-\frac{1}{2 \pi} \sum_{k=1}^{n} \alpha_{k}
$$

guaranteeing contractivity of $T^{K}$ on $\mathcal{C}(\partial K) / \operatorname{Const}(\partial K)$. If $\mathcal{A}_{0}=\emptyset=\mathcal{A}_{2}$ and $n \leq 4$ then the equality

$$
\left\|T^{K}\right\|_{0}=1+\frac{1}{2 \pi} \sum_{k=1}^{n} \alpha_{k}
$$

holds, so that $T^{K}$ cannot be contractive on $\mathcal{C}(\partial K) /$ Const $(\partial K)$.
The proof will depend on the following lemma.

Lemma 7. Put for any $m \in\{1, \ldots, n\}$

$$
\sigma_{m}= \begin{cases}1, & \text { in case } K \cap B_{r_{m}}\left(\zeta_{m}\right) \neq \emptyset \\ -1, & \text { in case } K \cap B_{r_{m}}\left(\zeta_{m}\right)=\emptyset\end{cases}
$$

If $z \in C_{m}$, then

$$
\begin{align*}
-2 \int_{\partial K \backslash C_{m}} & \left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)  \tag{34}\\
& =1-\frac{1}{2 \pi} \sigma_{m} \alpha_{m}, \quad m \in\{1, \ldots, n\}
\end{align*}
$$

further we have

$$
\begin{align*}
-2 \int_{\partial K \backslash C_{1} \backslash C_{n}} & \left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)  \tag{35}\\
& =2 d_{K}\left(z_{1}\right)-\frac{1}{2 \pi} \sigma_{1} \alpha_{1}-\frac{1}{2 \pi} \sigma_{n} \alpha_{n}
\end{align*}
$$

$$
\begin{align*}
-2 \int_{\partial K \backslash C_{m-1} \backslash C_{m}} & \left\langle\operatorname{grad} h_{z_{m}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)  \tag{36}\\
& =2 d_{K}\left(z_{m}\right)-\frac{1}{2 \pi} \sigma_{m-1} \alpha_{m-1}-\frac{1}{2 \pi} \sigma_{m} \alpha_{m} \quad \text { for } 1<m \leq n
\end{align*}
$$

Proof. If $z \in C_{m}$, then (11), (25), (24) yield
(37) $-2 \int_{\partial K}\left\langle n^{K}(y), \operatorname{grad} h_{z}(y)\right\rangle d \lambda_{1}(y)=\int_{\partial K} d \tau_{z}(y)+\left[2 d_{K}(z)-1\right]=2 d_{K}(z)$.

From Lemma 2 we get for $y, z \in C_{m}, y \neq z$

$$
-\left\langle\operatorname{grad} h_{z}(y), n^{K}(y)\right\rangle=\frac{\sigma_{m}}{4 \pi r_{m}}
$$

whence

$$
\begin{equation*}
-2 \int_{C_{m}}\left\langle n^{K}(y), \operatorname{grad} h_{z}(y)\right\rangle d \lambda_{1}(y)=\frac{1}{2 \pi} \sigma_{m} \alpha_{m} \tag{38}
\end{equation*}
$$

which together with (37) implies (34).
If $y \in C_{1}$, then Lemma 2 combined with $\left|z_{1}-\zeta_{1}\right|=r_{1}$ yields again

$$
-\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle=\frac{\sigma_{1}}{4 \pi r_{1}}
$$

whence

$$
\begin{equation*}
-2 \int_{C_{1}}\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)=\frac{1}{2 \pi} \sigma_{1} \alpha_{1} \tag{39}
\end{equation*}
$$

Similarly we get from Lemma 2 for $y \in C_{n}$ in view of $\left|z_{1}-\zeta_{n}\right|=r_{n}$

$$
-\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle=\frac{\sigma_{n}}{4 \pi r_{n}},
$$

so that

$$
\begin{equation*}
-2 \int_{C_{n}}-\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)=\frac{1}{2 \pi} \sigma_{n} \alpha_{n} \tag{40}
\end{equation*}
$$

Combining (37), (39), (40) we get (35). Similar reasoning proves (36).
Proof of Theorem 3. Assuming $\mathcal{A}_{0}=\emptyset$ put $B_{1}=\cup C_{j}\left(j \in \mathcal{A}_{1}\right), B_{2}=\cup C_{k}$ $\left(k \in \mathcal{A}_{2}\right), B=B_{1} \cup B_{2}, B(z)=B_{r_{m}}\left(\zeta_{m}\right)$ for $z \in C_{m}(1 \leq m \leq n)$. Then $\partial K \backslash B=\left\{z_{1}, \ldots, z_{n}\right\}$ and Theorem 1 implies

$$
\left\|T^{K}\right\|_{0} \leq 1+\frac{1}{2 \pi}\left(\sum_{j} \lambda\left(C_{j}\right) / r_{j}-\sum_{k} \lambda\left(C_{k}\right) / r_{k}\right)
$$

which is (28). Now we shall verify that the sign of equality holds in (28) provided $1 \leq n \leq 4$. This is clear when $n=1$, because then $\mathcal{A}_{3}=\emptyset, \alpha_{1}=2 \pi$ and $0 \leq\left\|T^{K}\right\|_{0} \leq 1-\frac{1}{2 \pi} \alpha_{1}=0$. Let now $n=2$ and fix $u \in C_{1}, v \in C_{2}$. According to Lemma 2 we have for $y \in C_{1}$

$$
-\left\langle\operatorname{grad} h_{u}(y), n^{K}(y)\right\rangle=\frac{\sigma_{1}}{4 \pi r_{1}}, \quad-\left\langle\operatorname{grad} h_{v}(y), n^{K}(y)\right\rangle-\frac{\sigma_{1}}{4 \pi r_{1}} \geq 0
$$

while for $y \in C_{2}$

$$
-\left\langle\operatorname{grad} h_{v}(y), n^{K}(y)\right\rangle=\frac{\sigma_{2}}{4 \pi r_{2}}, \quad-\left\langle\operatorname{grad} h_{u}(y), n^{K}(y)\right\rangle-\frac{\sigma_{2}}{4 \pi r_{2}} \geq 0
$$

Hence we get by (24)

$$
\begin{aligned}
\left\|\tau_{u}-\tau_{v}\right\|= & -\int_{C_{1}}\left[\frac{\sigma_{1}}{2 \pi r_{1}}+2\left\langle\operatorname{grad} h_{v}(y), n^{K}(y)\right\rangle\right] d \lambda_{1}(y) \\
& -\int_{C_{2}}\left[\frac{\sigma_{2}}{2 \pi r_{2}}+2\left\langle\operatorname{grad} h_{u}(y), n^{K}(y)\right\rangle\right] d \lambda_{1}(y) \\
= & -\frac{\sigma_{1}}{2 \pi} \frac{\lambda_{1}\left(C_{1}\right)}{r_{1}}-2 \int_{\partial K \backslash C_{2}}\left\langle\operatorname{grad} h_{v}(y), n^{K}(y)\right\rangle d \lambda_{1}(y) \\
& -2 \int_{\partial K \backslash C_{1}}\left\langle\operatorname{grad} h_{u}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)-\frac{\sigma_{2}}{2 \pi} \frac{\lambda_{1}\left(C_{2}\right)}{r_{2}}
\end{aligned}
$$

Using (34) we arrive at

$$
\begin{aligned}
\left\|\tau_{u}-\tau_{v}\right\| & =-\frac{\sigma_{1}}{2 \pi} \alpha_{1}+\left(1-\frac{\sigma_{2}}{2 \pi} \alpha_{2}\right)+\left(1-\frac{\sigma_{1}}{2 \pi} \alpha_{1}\right)-\frac{\sigma_{2}}{2 \pi} \alpha_{2} \\
& =2\left(1-\frac{1}{2 \pi} \sigma_{1} \alpha_{1}-\frac{1}{2 \pi} \sigma_{2} \alpha_{2}\right)
\end{aligned}
$$

Hence we get by (26)

$$
\left\|T^{K}\right\|_{0} \geq \frac{1}{2}\left\|\tau_{u}-\tau_{v}\right\|=1-\frac{1}{2 \pi}\left(\sigma_{1} \alpha_{1}+\sigma_{2} \alpha_{2}\right)
$$

which is the inequality opposite to (28) for $n=2$.
Next we shall consider the case $n=3$. Observing that

$$
\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle=\left\langle\operatorname{grad} h_{z_{3}}(y), n^{K}(y)\right\rangle \quad \text { for } y \in C_{3}
$$

by Lemma 2, we get from (24) and this lemma

$$
\begin{aligned}
&\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\|=\mid 1-2 d_{K}\left(z_{1}\right)\left|+\left|1-2 d_{K}\left(z_{3}\right)\right|\right. \\
&-\int_{C_{1}}\left[\frac{\sigma_{1}}{2 \pi r_{1}}+2\left\langle\operatorname{grad} h_{z_{3}}(y), n^{K}(y)\right\rangle\right] d \lambda_{1}(y) \\
&-\int_{C_{2}}\left[\frac{\sigma_{2}}{2 \pi r_{2}}+2\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle\right] d \lambda_{1}(y) \\
& \geq\left[1-2 d_{K}\left(z_{1}\right)\right]+\left[1-2 d_{K}\left(z_{3}\right)\right]-\frac{1}{2 \pi} \sigma_{1} \alpha_{1} \\
&-2 \int_{\partial K \backslash C_{2} \backslash C_{3}}\left\langle\operatorname{grad} h_{z_{3}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)-\frac{1}{2 \pi} \sigma_{2} \alpha_{2} \\
&-2 \int_{\partial K \backslash C_{1} \backslash C_{3}}\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y) .
\end{aligned}
$$

Employing (36) and (35) we obtain

$$
\begin{aligned}
\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\| \geq & {\left[1-2 d_{K}\left(z_{1}\right)\right]+\left[1-2 d_{K}\left(z_{3}\right)\right]-\frac{1}{2 \pi} \sigma_{1} \alpha_{1}+\left[2 d_{K}\left(z_{3}\right)-\frac{1}{2 \pi} \sigma_{2} \alpha_{2}\right.} \\
& \left.-\frac{1}{2 \pi} \sigma_{3} \alpha_{3}\right]-\frac{1}{2 \pi} \sigma_{2} \alpha_{2}+\left[2 d_{K}\left(z_{1}\right)-\frac{1}{2 \pi} \sigma_{1} \alpha_{1}-\frac{1}{2 \pi} \sigma_{3} \alpha_{3}\right] \\
=2 & \left(1-\sum_{m=1}^{3} \frac{1}{2 \pi} \sigma_{m} \alpha_{m}\right)
\end{aligned}
$$

whence it follows by (26) that

$$
\left\|T^{K}\right\|_{0} \geq \frac{1}{2}\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\| \geq 1-\frac{1}{2 \pi} \sum_{m=1}^{3} \sigma_{m} \alpha_{m}
$$

which gives the inequality opposite to (28) for $n=3$.
Finally we shall treat the case $n=4$. We obtain from (24) and Lemma 2

$$
\begin{aligned}
&\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\|=\left|1-2 d_{K}\left(z_{1}\right)\right|+\left|1-2 d_{K}\left(z_{3}\right)\right| \\
&-\sum_{m=2}^{3} \int_{C_{m}}\left[2\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle+\frac{\sigma_{m}}{2 \pi r_{m}}\right] d \lambda_{1}(y) \\
&-\sum_{m \in\{1,4\}} \int_{C_{m}}\left[2\left\langle\operatorname{grad} h_{z_{3}}(y), n^{K}(y)\right\rangle+\frac{\sigma_{m}}{2 \pi r_{m}}\right] d \lambda_{1}(y) \\
& \geq\left[1-2 d_{K}\left(z_{1}\right)\right]+\left[1-2 d_{K}\left(z_{3}\right)\right]-\sum_{m=1}^{4} \frac{1}{2 \pi} \sigma_{m} \alpha_{m} \\
&-2 \int_{\partial K \backslash C_{1} \backslash C_{4}}\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y) \\
&-2 \int_{\partial K \backslash C_{2} \backslash C_{3}}\left\langle\operatorname{grad} h_{z_{3}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)
\end{aligned}
$$

Applying (35), (36) we finally get

$$
\begin{aligned}
\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\| \geq[1 & \left.-2 d_{K}\left(z_{1}\right)\right]+\left[1-2 d_{K}\left(z_{3}\right)\right] \\
& -\frac{1}{2 \pi} \sum_{m=1}^{4} \sigma_{m} \alpha_{m}+\left[2 d_{K}\left(z_{1}\right)-\frac{1}{2 \pi} \sigma_{1} \alpha_{1}-\frac{1}{2 \pi} \sigma_{4} \alpha_{4}\right] \\
& +\left[2 d_{K}\left(z_{3}\right)-\frac{1}{2 \pi} \sigma_{2} \alpha_{2}-\frac{1}{2 \pi} \sigma_{3} \alpha_{3}\right]=2\left(1-\frac{1}{2 \pi} \sum_{m=1}^{4} \sigma_{m} \alpha_{m}\right)
\end{aligned}
$$

which again yields the inequality

$$
\left\|T^{K}\right\|_{0} \geq 1-\frac{1}{2 \pi} \sum_{m=1}^{4} \sigma_{m} \alpha_{m}
$$

opposite to (28) for $n=4$.
The first part of Theorem 3 dealing with the inequality (28) concerning the case $\mathcal{A}_{0}=\emptyset$ is completely proved. We now proceed to the case $\mathcal{A}_{1}=\emptyset=\mathcal{A}_{2}$ and put $B_{0}=\cup_{i=1}^{n} C_{i}$. Then $\partial K \backslash B_{0}=\left\{z_{1}, \ldots, z_{n}\right\}$ and letting again $B(z)=B_{r_{m}}\left(\zeta_{m}\right)$ for $z \in C_{m}(1 \leq m \leq n)$ we get from Theorem 2

$$
\left\|T^{K}\right\|_{0} \leq \frac{1}{2 \pi} \sum_{i=1}^{n} \lambda\left(C_{i}\right) /_{r_{i}}-1
$$

which is the inequality (29). It remains to discuss the case $1 \leq n \leq 4$. If $n=1$ then $\alpha_{1}=2 \pi$ and $\left\|T^{K}\right\|_{0}=0$ as in the first part of the proof. If $n=2$ we again
choose $u \in C_{1}, v \in C_{2}$ and get by (24) and Lemma 2

$$
\begin{aligned}
\left\|\tau_{u}-\tau_{v}\right\|= & \int_{C_{1}}\left[2\left\langle\operatorname{grad} h_{v}(y), n^{K}(y)\right\rangle+\frac{1}{2 \pi r_{1}}\right] d \lambda_{1}(y) \\
& +\int_{C_{2}}\left[2\left\langle\operatorname{grad} h_{u}(y), n^{K}(y)\right\rangle+\frac{1}{2 \pi r_{2}}\right] d \lambda_{1}(y) \\
= & \frac{1}{2 \pi}\left(\alpha_{1}+\alpha_{2}\right)+2 \int_{\partial K \backslash C_{2}}\left\langle\operatorname{grad} h_{v}(y), n^{K}(y)\right\rangle d \lambda_{1}(y) \\
& +2 \int_{\partial K \backslash C_{1}}\left\langle\operatorname{grad} h_{u}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)
\end{aligned}
$$

Hence it follows by (34) that

$$
\left\|\tau_{u}-\tau_{v}\right\|=\frac{1}{2 \pi}\left(\alpha_{1}+\alpha_{2}\right)-1+\frac{1}{2 \pi} \alpha_{1}-1+\frac{1}{2 \pi} \alpha_{2}=\frac{1}{\pi}\left(\alpha_{1}+\alpha_{2}\right)-2
$$

which together with (26) implies

$$
\left\|T^{K}\right\|_{0} \geq \frac{1}{2}\left\|\tau_{u}-\tau_{v}\right\|=\frac{1}{2 \pi}\left(\alpha_{1}+\alpha_{2}\right)-1
$$

so that equality holds in (29) for $n=2$. If $n=3$, then (24) and Lemma 2 imply

$$
\begin{aligned}
\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\|=\mid & -2 d_{K}\left(z_{1}\right)\left|+\left|1-2 d_{K}\left(z_{3}\right)\right|\right. \\
& +\int_{C_{1}}\left[2\left\langle\operatorname{grad} h_{z_{3}}(y), n^{K}(y)\right\rangle+\frac{1}{2 \pi r_{1}}\right] d \lambda_{1}(y) \\
& \left.+\int_{C_{2}} \left\lvert\, 2\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle+\frac{1}{2 \pi r_{2}}\right.\right] d \lambda_{1}(y) \\
\geq & \left.2 d_{K}\left(z_{1}\right)\right]+2 d_{K}\left(z_{3}\right)-2+\frac{1}{2 \pi} \alpha_{1}+\frac{1}{2 \pi} \alpha_{2} \\
& +2 \int_{\partial K \backslash C_{2} \backslash C_{3}}\left\langle\operatorname{grad} h_{z_{3}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y) \\
& +2 \int_{\partial K \backslash C_{1} \backslash C_{3}}\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y)
\end{aligned}
$$

Using (36), (35) we get

$$
\begin{aligned}
\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\| \geq & 2 d_{K}\left(z_{1}\right)+2 d_{K}\left(z_{3}\right)-2+\frac{1}{2 \pi}\left(\alpha_{1}+\alpha_{2}\right) \\
& \quad-2 d_{K}\left(z_{3}\right)+\frac{1}{2 \pi}\left(\alpha_{2}+\alpha_{3}\right)-2 d_{K}\left(z_{1}\right)+\frac{1}{2 \pi}\left(\alpha_{1}+\alpha_{3}\right) \\
= & \frac{1}{\pi}\left(\alpha_{1}+\alpha_{2}+\alpha_{3}\right)
\end{aligned}
$$

whence

$$
\left\|T^{K}\right\|_{0} \geq \frac{1}{2}\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\| \geq \frac{1}{2 \pi} \sum_{i=1}^{3} \alpha_{i}-1
$$

by (26), which shows that equality holds in (29) for $n=3$. Finally, if $n=4$ we obtain similarly from (24) and Lemma 2

$$
\begin{aligned}
\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\|=\mid 1 & -2 d_{K}\left(z_{1}\right)\left|+\left|1-2 d_{K}\left(z_{3}\right)\right|\right. \\
& +\sum_{i=2}^{3} \int_{C_{i}}\left[2\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle+\frac{1}{2 \pi r_{i}}\right] d \lambda_{1}(y) \\
& +\sum_{i \in\{1,4\}} \int_{C_{i}}\left[2\left\langle\operatorname{grad} h_{z_{3}}(y), n^{K}(y)\right\rangle+\frac{1}{2 \pi r_{i}}\right] d \lambda_{1}(y) \\
\geq & 2 d_{K}\left(z_{1}\right)-1+2 d_{K}\left(z_{3}\right)-1+\sum_{i=1}^{4} \frac{1}{2 \pi} \alpha_{i} \\
& +2 \int_{\partial K \backslash C_{1} \backslash C_{4}}\left\langle\operatorname{grad} h_{z_{1}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y) \\
& +2 \int_{\partial K \backslash C_{2} \backslash C_{3}}\left\langle\operatorname{grad} h_{z_{3}}(y), n^{K}(y)\right\rangle d \lambda_{1}(y) \\
= & \frac{1}{\pi} \sum_{i=1}^{4} \alpha_{i}-2 \quad(\operatorname{see}(35) \text { and }(36)),
\end{aligned}
$$

so that by (26) we have again

$$
\left\|T^{K}\right\|_{0} \geq \frac{1}{2}\left\|\tau_{z_{1}}-\tau_{z_{3}}\right\| \geq \frac{1}{2 \pi} \sum_{i=1}^{4} \alpha_{i}-1
$$

which yields equality in (29) for $n=4$.
Now we assume (30) together with $\mathcal{A}_{0}=\{1, \ldots, n\}$ and choose $z_{0} \in \operatorname{int} K \backslash$ $\cup_{i=1}^{n} B_{r_{i}}\left(\zeta_{i}\right)$. Denote by $\triangle \arg \left[y-z_{0} ; y \in C_{i}\right]$ the increment of the argument of $y-z_{0}$ as $y$ describes the oriented arc $C_{i}$. Assuming, as we may, that the Jordan curve $\partial K$ arising as the union of the oriented $\operatorname{arcs} \operatorname{cl} C_{1}, \ldots, \operatorname{cl} C_{n}$ is positively oriented we get

$$
\begin{aligned}
2 \pi & =\sum_{i=1}^{n} \triangle \arg \left[y-z_{0} ; y \in C_{i}\right]=\sum_{i=1}^{n} \int_{C_{i}} \frac{\left\langle n^{K}(y), y-z_{0}\right\rangle}{\left|y-z_{0}\right|^{2}} d \lambda_{1}(y) \\
& =-2 \pi \sum_{i=1}^{n} \int_{C_{i}}\left\langle n^{K}(y), \operatorname{grad} h_{z_{0}}(y)\right\rangle d \lambda_{1}(y)
\end{aligned}
$$

We have seen in the proof of (18) in Lemma 2 that for $i \in\{1, \ldots, n\}$ and any $z_{0} \notin \partial K$

$$
\begin{align*}
\left(y \in C_{i}, B_{r_{i}}\left(\zeta_{i}\right) \subset K\right) \Longrightarrow & -\left\langle\operatorname{grad} h_{z_{0}}(y), n^{K}(y)\right\rangle  \tag{41}\\
& =\frac{1}{4 \pi r_{i}}+\frac{r_{i}^{2}-\left|z_{0}-\zeta_{i}\right|^{2}}{4 \pi r_{i}\left|y-z_{0}\right|^{2}}
\end{align*}
$$

whence we get noting that $\left|z_{0}-\zeta_{i}\right| \geq r_{i}$ for $i \in\{1, \ldots, n\}$

$$
2 \pi \leq \frac{1}{2} \sum_{i=1}^{n} \int_{C_{i}} \frac{d \lambda_{1}(y)}{r_{i}}=\frac{1}{2} \sum_{i=1}^{n} \alpha_{i}
$$

which proves (31).
Finally suppose that (32) holds together with $\mathcal{A}_{0}=\{1, \ldots, n\}$ and choose $z_{0} \in$ $\cap_{i=1}^{n} B_{r_{i}}\left(\zeta_{i}\right) \subset \operatorname{int} K$. Keeping the assumption that $\partial K$ is positively oriented we obtain from (41) in view of $\left|z_{0}-\zeta_{i}\right|<r_{i}(1 \leq i \leq n)$ by the above reasoning

$$
\begin{aligned}
2 \pi & =-2 \pi \sum_{i=1}^{n} \int_{C_{i}}\left\langle n^{K}(y), \operatorname{grad} h_{z_{0}}(y)\right\rangle d \lambda_{1}(y) \\
& >\frac{1}{2} \sum_{i=1}^{n} \int_{C_{i}} \frac{d \lambda_{1}(y)}{r_{i}}=\frac{1}{2} \sum_{i=1}^{n} \alpha_{i}
\end{aligned}
$$

which is (33). The proof of Theorem 3 is complete.
Corollary 2. If $n=2$ in Theorem 3 then $T^{K}$ is always contractive on $\mathcal{C}(\partial K) / \operatorname{Const}(\partial K)$ if both $C_{1}$ and $C_{2}$ are convex w.r. to $K$ (i.e. $\left.\sigma_{1}=1=\sigma_{2}\right)$; if only $C_{1}$ is convex while $C_{2}$ is concave (i.e. $\sigma_{1}=1=-\sigma_{2}$ ), then $\left\|T^{K}\right\|_{0}<1$ iff $\alpha_{1}>\alpha_{2}$.

Remark. If $\mathcal{A}_{1}=\emptyset=\mathcal{A}_{2}$ and int $K \subset \cup_{i=1}^{n} B_{r_{i}}\left(\zeta_{i}\right)$ then, as we have seen in Theorem 3,

$$
\begin{equation*}
\bigcap_{i=1}^{n} B_{r_{i}}\left(\zeta_{i}\right) \neq \emptyset \tag{42}
\end{equation*}
$$

is sufficient for $\left\|T^{K}\right\|_{0}<1$; to see that (42) is not necessary consider $\left.\alpha \in\right] 0, \pi / 2[$ and form the region

$$
K=\operatorname{cl} B_{1}(-2 \cos \alpha) \cup \operatorname{cl} B_{1}(0) \cup \operatorname{cl} B_{1}(2 \cos \alpha)
$$

whose boundary consists of four circular arcs

$$
\begin{array}{ll}
C_{1}=\{-2 \cos \alpha+\exp i \theta ; \alpha<\theta<2 \pi-\alpha\} & \text { (so that } \left.\alpha_{1}=2 \pi-2 \alpha\right), \\
C_{2}=\{\exp i \theta ;-\pi+\alpha<\theta<-\alpha\} & \text { (so that } \left.\alpha_{2}=\pi-2 \alpha\right), \\
C_{3}=\{+2 \cos \alpha+\exp i \theta ;-\pi+\alpha<\theta<\pi-\alpha\} & \text { (so that } \left.\alpha_{3}=2 \pi-2 \alpha\right), \\
C_{4}=\{\exp i \theta ; \alpha<\theta<\pi-\alpha\} & \text { (so that } \left.\alpha_{4}=\pi-2 \alpha\right),
\end{array}
$$

and their end-points $z_{1}, \ldots, z_{4}$. Elementary considerations show that (42) holds iff $\alpha>\pi / 3$ while the equality occurring in (29) (Theorem 3) for $n=4$ tells us that $\left\|T^{K}\right\|_{0}<1$ iff $\alpha>\pi / 4$.

Comments. The estimate $\left\|T^{K}\right\|_{0}<1$ guarantees convergence of the Neumann series for the inverse of $I \pm T^{K}$ in the operator norm; it is not indispensable for the convergence of the Neumann series $\sum_{n=0}^{\infty}(-1)^{n}\left(T^{K}\right)^{n} g$ (corresponding to an individual $g \in \mathcal{C}(\partial K)$ ) to the solution $f$ of the equation $\left(I+T^{K}\right) f=g$ in $\mathcal{C}(\partial K)$ (cf. [20], [15]). Nevertheless, evalation or estimates of $\left\|T^{K}\right\|_{0}$ are useful in connection with iterative techniques connected with the equations of the type (13), (14) (cf. [7], [19]). C. Neumann started investigation of the quantity $\left\|T^{K}\right\|_{0}$ (which he called the configuration constant of $K$ ) in order to get a proof for the existence of the solution of the Dirichlet problem for any continuous boundary condition $g$ prescribed on the boundary of a convex region $K([\mathbf{1 7}])$; Dirichlet's principle used for this purpose previously by Riemann lost credit after Weierstrass' criticism concerning attaining minima in variational problems. C. Neumann's first proof dealing with the inequality $\left\|T^{K}\right\|_{0}<1$ for convex regions $K \subset \mathbb{R}^{2}$ different from triangles and quadrangles was only sketchy (as he himself admitted cf. [18], p. 759 ) and was followed by a detailed and correct proof in [18], §6 (which was known in his time - cf. [5]). This contribution was forgotten later and after Lebesgue's criticism [12] of Neumann's first proof (which apparently contained the same gap connected with attaining minima as Riemann's reasoning based on the Dirichlet principle) there remained a common belief that Neumann's proof of $\left\|T^{K}\right\|_{0}<1$ for general convex $K \subset \mathbb{R}^{2}$ different from triangles and quadrangles was insufficient (cf. [16], [2], chap. 8, p. 572); Neumann's original proof has been included in [11], characterization of convex bodies in higher dimensional spaces for which the operator of the arithmetical mean is contractive is presented in [10], where also historical comments are included. We refer the reader to $[\mathbf{1 3}]$ for the description of the role played by the Neumann operator in the development of the theory of integral equations.

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