# AN $L^{p}$ TWO WELL LIOUVILLE THEOREM 

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#### Abstract

We provide a different approach to and prove a (partial) generalisation of a recent theorem on the structure of low energy solutions of the compatible two well problem in two dimensions [Lor05], [CoSc06]. More specifically we will show that a "quantitative" two well Liouville theorem holds for the set of matrices $K=S O(2) \cup S O(2) H$ where $H=\left(\begin{array}{cc}\sigma & 0 \\ 0 & \sigma^{-1}\end{array}\right)$ under a constraint on the $L^{p}$ norm of the second derivative. Our theorem is the following.

Let $p \geq 1, q>1$. Let $u \in W^{2, p}\left(B_{1}(0)\right) \cap W^{1, q}\left(B_{1}(0)\right)$. There exists positive constants $\mathscr{C}_{1} \ll 1, \mathscr{C}_{2} \gg 1$ depending only on $\sigma, p, q$ such that if $u$ satisfies the following inequalities


$$
\int_{B_{\frac{1_{2}}{}}(0)} d^{q}(D u(z), K) d L^{2} z \leq \mathscr{C}_{1} \varepsilon, \quad \int_{B_{1}(0)}\left|D^{2} u(z)\right|^{p} d L^{2} z \leq \mathscr{C}_{1} \varepsilon^{1-p}
$$

then there exist $A \in K$ such that

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)}|D u(z)-A|^{q} d L^{2} z \leq \mathscr{C}_{2} \varepsilon^{\frac{1}{2 q}} \tag{1}
\end{equation*}
$$

We provide a proof of this result by use of a theorem related to the isoperimetric inequality, the approach is conceptually simpler than those previously used in [Lor05], [CoSc06], however it does not given the optimal $c \varepsilon^{\frac{1}{q}}$ bound for (1) that has been proved (for the $p=1$ case) in [CoSc06].

In 1850 Liouville [Lio50] proved the following classic theorem: given domain $\Omega \subset \mathbf{R}^{3}$ and function $u \in C^{4}\left(\Omega: \mathbf{R}^{3}\right)$ with the property $D u(x)=\lambda(x) O(x)$ where $\lambda(x) \in \mathbf{R}$ and $O(x)$ is an orthogonal $n \times n$ matrix, then $u$ is a Möbius transformation.

There are many works generalising this theorem, an incomplete list is Gehring [Ge62], Reshetnyak [Re67], Bojarski and Iwaniec [BoIw82]. A corollary to Liouville's Theorem is that a function whose gradient is in $S O(n)$ is an affine mapping. Recently Friesecke, James and Müller [FrJaMu02] have proved an optimal quantitative version of this corollary.

Theorem 1. (Friesecke, James, Müller) Let $U$ be a bounded Lipschitz domain in $\mathbf{R}^{n}, n \geq 2$. Let $q>1$. There exists a constant $C(U, q)$ with the following property. For each $v \in W^{1, q}\left(U, \mathbf{R}^{n}\right)$ there exists an associated rotation $R \in S O(n)$ such that

$$
\begin{equation*}
\|D v-R\|_{L^{q}(U)} \leq C(U, q)\|\operatorname{dist}(D v, S O(n))\|_{L^{q}(U)} \tag{2}
\end{equation*}
$$

[^0]This theorem has already had important applications [FrJaMu02], [FrJaMu06] and there have been a number of generalisations of it [ChaMu03], [FaZh05], [DeSe06]. However the corresponding statement for $S O(n)$ replaced by a set of matrices $L \subset M^{m \times n}$ which contains rank-1 connections (i.e. there exists $A, B \in L$ such that $\operatorname{rank}(A-B)=1)$ is trivially false.

However recently a version of Theorem 1 has been proved in two dimensions for the set of matrices $K=S O(2) A \cup S O$ (2) $B$ where the matrix $A B^{-1}$ is rank-1 connected to some matrix in $S O$ (2). The first result was by the author [Lor05] for invertible bilipschitz mappings with control in inequality (1) of order $\varepsilon^{\frac{1}{800}}$. This was greatly generalised by Conti, Schweizer [CoSc06], Theorem 2.1, Corollary 2.5. Our current theorem is:

Theorem 2. Let $H=\left(\begin{array}{cc}\sigma & 0 \\ 0 & \sigma^{-1}\end{array}\right)$ for $\sigma>0$. Let $p \geq 1, q \geq 1$. Let $K=$ $S O(2) \cup S O(2) H$. Let $u \in W^{2, p}\left(B_{1}(0): \mathbf{R}^{2}\right) \cap W^{1, q}\left(B_{1}(0): \mathbf{R}^{2}\right)$.

There exists positive constants $\mathscr{C}_{1} \ll 1, \mathscr{C}_{2} \gg 1$ depending only on $\sigma, p, q$ such that if $u$ satisfies the following inequalities

$$
\begin{align*}
& \int_{B_{1}(0)} d^{q}(D u(z), K) d L^{2} z \leq \mathscr{C}_{1} \varepsilon  \tag{3}\\
& \int_{B_{1}(0)}\left|D^{2} u(z)\right|^{p} d L^{2} z \leq \mathscr{C}_{1} \varepsilon^{1-p} \tag{4}
\end{align*}
$$

then there exists $J \in\{I d, H\}$ such that $\int_{B_{1}(0)} d^{q}(D u(z), S O(2) J) d L^{2} z \leq \mathscr{C}_{2} \varepsilon^{\frac{1}{2 q}}$ and consequently (by application of Theorem 1) for the case $q>1$, for some $R \in$ $S O$ (2) we have

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)}|D u(z)-R J|^{q} d L^{2} z \leq \mathscr{C}_{2} \varepsilon^{\frac{1}{2 q}} \tag{5}
\end{equation*}
$$

In [CoSc06] the hypotheses were that $u$ satisfies (3) and (4) for the case $p=$ 1, (i.e. the $L^{1}$ version of this theorem) however their theorem states the optimal inequality, namely that (5) holds for $\varepsilon^{\frac{1}{4}}$, they also established the theorem for the more general sets of matrices $S O$ (2) $A \cup S O$ (2) $B$ and stated it for Lipschitz domains. By change of variables our theorem covers the cases where $\operatorname{det}(A)=\operatorname{det}(B)=1$ and by covering theorems there is no loss of generality in taking the domain to be the unit ball.

Our approach differs from that of [Lor05], [CoSc06] in two ways. Firstly we will use the hypotheses to reduce the situation to one in which we can apply a theorem related to the isoperimetric inequality, this will allow us to gain control of our function in a central sub-ball. Though this method does not produce optimal results, it is conceptually simpler in that it is the fastest way to see why this initially surprising result should be true.

Secondly and more importantly we provide a different approach than [CoSc06] to proving the result for non-invertible mappings, specifically our argument does not require the use of the embedding $W^{1,1}\left(B_{1}(0)\right) \hookrightarrow L^{2}\left(B_{1}(0)\right)$. This embedding
together with degree arguments were used in a essential way in [CoSc06] to prove the first result for non invertible mappings, the main reason these methods can not be extended to higher dimensions is to do with the failure of this embedding for dimension $n \geq 3$. Using our methods we will prove a generalisation of Theorem 2 for $n \geq 3$ in a forth coming paper [JeLorpr2]. Our basic idea is to use the fact that on a large subset $A \subset B_{\frac{1}{2}}(0)$ the function $w:=u_{\lfloor A}$ forms a quasi-regular mapping and we obtain partial invertibility properties of $u$ inside $w(A)$. In addition the way we deal with non-invertible mappings is more detailed and complete than the proof presented in [CoSc06]. ${ }^{1}$ The paper is a rewrite of previous work of the author [Lorpr1], this preprint having become outdated has not been re-submitted for publication.

One of the main tools we will use to prove Theorem 2 is a theorem charactering the case of equality in the isoperimetric inequality. More specifically, it is well known that amongst all bodies $B$ of volume 1 in $\mathbf{R}^{n}$, the ball minimises $H^{n-1}(\partial B)$, i.e. the ball gives the case of equality of the isoperimetric inequality. A quantitative statement of this kind is given by the following theorem of Hall, Hayman, Weitsman [HaHaWe91].

Theorem 3. (Hall et al.) Let $E$ be a set of finite perimeter in $\mathbf{R}^{2}, R:=$ $\left(\frac{L^{2}(E)}{\pi}\right)^{\frac{1}{2}}$ and let the Fraenkel asymmetry $\lambda(E)$ be defined by

$$
\begin{equation*}
\lambda(E):=\inf _{a \in \mathbf{R}^{2}} \frac{L^{2}\left(E \backslash B_{R}(a)\right)}{\pi R^{2}} . \tag{6}
\end{equation*}
$$

Then

$$
\begin{equation*}
(\operatorname{Per}(E))^{2} \geq 4 \pi\left(1+\frac{(\lambda(E))^{2}}{4}\right) L^{2}(E) \tag{7}
\end{equation*}
$$

The starting idea of the proof of the Theorem 2 is the same starting idea as that of Theorem 1 of [Lor05] and that of Theorem 2.1 of [CoSc06]. This idea is to surround a central sub-ball with a lower dimensional set on which $u$ is close to affine. In [Lor05] the set was the boundary of a diamond, in [CoSc06] the corners of a triangle. In both papers the lower dimensional set is found using that fact that hypotheses (3), (4) (for $p=1$ ) forces the perimeter of the set

$$
\begin{equation*}
\mathscr{W}=\left\{x \in B_{1}(0): d(D u(x), S O(2))<d(D u(x), S O(2) H)\right\} \tag{8}
\end{equation*}
$$

to be less that $\mathscr{C}_{1}$, for example since $H^{1}(\partial \mathscr{W}) \leq \mathscr{C}_{1}$ it is easy to find (by Fubini's Theorem) many intervals $[a, b] \subset B_{1}(0)$ for which $[a, b] \cap \partial \mathscr{W}=\emptyset$ so (possibly after a change of variables) $[a, b] \subset \mathscr{W}$ and then the full force of hypothesis (3) goes to show that for "most" intervals the gradient of $D u$ stays close to $S O(2)$ and hence there is no stretching of $u([a, b])$ in the sense that we have the inequality $|u(a)-u(b)| \leq H^{1}(u([a, b])) \leq|a-b|+c \varepsilon^{\frac{1}{q}}$. To begin to establish affine type

[^1]properties we would like to show an inequality of the form
\[

$$
\begin{equation*}
|u(a)-u(b)| \geq|a-b|-c \varepsilon^{\frac{1}{q}} \tag{9}
\end{equation*}
$$

\]

In [Lor05] it was established that there exists two "special directions" $\eta_{1}, \eta_{2} \in S^{1}$ (defined by $\left|H^{-1} \eta_{i}\right|=1$ for $i=1,2$ ) for which (9) holds true for intervals parallel to $\eta_{1}$ and $\eta_{2}$ and for which $\int_{[a, b]} d(D u(z), K) d H^{1} z \leq c \varepsilon^{\frac{1}{q}}$. Hence it was possible to show $u$ is close to affine on the boundary of a diamond.

In [CoSc06], (9) was established using the fact that the inverse map $u^{-1}$ satisfies an inequality of the form (3) and "in some sense" an inequality of the form (4) in the image $u\left(B_{1}(0)\right)$, so assuming that intervals $[a, b]$ and $[u(a), u(b)]$ satisfy the appropriate inequalities both in the reference configuration and the image, the nonstretching argument can be carried out on $[u(a), u(b)]$ and on $[a, b]$ to establish

$$
\begin{equation*}
|a-b| \approx|u(a)-u(b)| \pm c \varepsilon^{\frac{1}{q}} . \tag{10}
\end{equation*}
$$

With this approach it is only necessary to control three points $\{a, b, c\}$ that form the corners of an equilateral triangle because (10) shows that the distances of the set $\{u(a), u(b), u(c)\}$ are (almost) preserved, and hence $\{u(a), u(b), u(c)\}$ comes close to forming the corners of an equilateral triangle. With one further geometric idea (the "two triangles" argument of [CoSc06], p847, p848) this can be used to show that in ball $B_{r_{0}}(0)$ contained in the triangle, $L^{2}\left(B_{r_{0}}(0) \backslash \mathscr{W}\right) \leq \varepsilon^{\frac{1}{q}}$, the theorem then follows by an application of Theorem 1, the main gain in control comes from this strategy, i.e. to reduce the situation to a point where we have the hypotheses to apply Theorem 1 .

In the proof of Theorem 2 we exploit the bound $H^{1}(\partial \mathscr{W}) \leq \mathscr{C}_{1}$ a bit differently. This time instead of lines we consider the boundary of balls, we can chose $r_{0} \in\left(\frac{1}{4}, \frac{3}{4}\right)$ so that $\partial B_{r_{0}}(0) \subset \mathscr{W}$ and $\int_{\partial B_{r_{0}}(0)} d^{p}(D u(z), K) d H^{1} z \leq \varepsilon$, and hence we have (possibly after change of variables) $H^{1}\left(u\left(\partial B_{r_{0}}(0)\right)\right) \leq 2 \pi r_{0}+c \varepsilon^{\frac{1}{q}}$. Assuming $u$ is an open mapping (which it almost is since inequality (3) implies there is a set $Z$ with $L^{2}\left(B_{1}(0) \backslash Z\right) \leq c \varepsilon^{\frac{1}{q}}$ for which $u_{L Z}$ is a quai-regular mapping) we have $H^{1}\left(\partial u\left(B_{r_{0}}(0)\right)\right) \leq H^{1}\left(u\left(\partial B_{r_{0}}(0)\right)\right) \leq 2 \pi r_{0}+c \varepsilon^{\frac{1}{q}}$. And since by some degree arguments it is not hard to show $L^{2}\left(u\left(B_{r_{0}}(0)\right)\right) \approx \int_{B_{r_{0}}(0)} \operatorname{det}(D u(z)) d L^{2} z \geq \pi r^{2}-$ $c \varepsilon^{\frac{1}{4}}$ we have that the set $u\left(B_{r_{0}}(0)\right)$ comes very close to optimising the constants in the isoperimetric inequality so applying Theorem 3 we have that the Fraenkel asymmetry of $u\left(B_{r_{0}}(0)\right)$ satisfies

$$
\begin{equation*}
\lambda\left(u\left(B_{r_{0}}(0)\right)\right) \leq c \varepsilon^{\frac{1}{2 q}} . \tag{11}
\end{equation*}
$$

The loss of a factor 2 in control comes from using Theorem 3, as Theorem 3 is optimal this is a feature of the approach. However having (11) it is not hard to show $L^{2}\left(B_{r_{0}}(0) \backslash \mathscr{W}\right) \leq c \varepsilon^{\frac{1}{2 q}},(5)$ then follows by application of Theorem 1. Conceptually this approach is simpler in that it avoids many of the quite delicate issues of finding substitutes for invertibility of $u$ and controlling lines simultaneously in the reference
configuration and in the image, however only suboptimal bounds can be established with the "isoperimetric method". For optimal bounds the "non stretching in lines" method of [CoSc06] is best.

We would like to acknowledge that in the overall strategy (i.e. getting to the point of being able to apply Theorem 1 as soon as possible) and in the technical details (the use of degree theory, co-area argument along rays) we use many ideas of [CoSc06].

Definition 1. Given a connected open set $\Omega \subset \mathbf{R}^{n}$. A function $f \in W^{1,2}(\Omega$ : $\mathbf{R}^{n}$ ) with the property that $\operatorname{det}(D u(z)) \geq 0$ for a.e. $x \in \Omega$ is said to be of finite dilation if and only if $\|D f(x)\|^{n} \leq K(x)|\operatorname{det}(D f(x))|$ a.e. where $1 \leq K(x)<\infty$. The function $f$ is said to have integrable dilation if and only if $\int_{\Omega} K(x) d L^{n} x<\infty$.

We will need the following theorem [IwSv93].
Theorem 4. (Iwaniec, Šverák) Let $\Omega \subset \mathbf{R}^{2}$ be a connected open set. Given function $f: \Omega \rightarrow \mathbf{R}^{2}$, $f \in W^{1,2}(\Omega)$ which has integrable dilation then $f$ is open and discrete.

It is also well known that functions of finite dilation are continuous [VoGo76].
Lemma 1. Let

$$
\begin{equation*}
d_{0}:=\min \{d(S O(2), S O(2) H), d(S O(2),\{P: \operatorname{det}(P) \leq 0\})\} \tag{12}
\end{equation*}
$$

and let $X \subset \mathbf{R}^{2}$ be an open bounded connected set. Suppose $f: \bar{X} \rightarrow \mathbf{R}^{2}$ is $C^{1}$ with the property that $\sup \{d(D f(z), S O(2)): z \in \bar{X}\} \leq \frac{9 d_{0}}{10}$ then for any open subset $Y \subset X$ we have

$$
\begin{equation*}
\partial f(Y) \subset f(\partial Y) \tag{13}
\end{equation*}
$$

Proof. Since $\|D f\|_{L^{\infty}(\bar{X})}<\infty$ we know for some constant $c,\|D f(z)\|^{2} \leq$ $c \operatorname{det}(D f(z))$ for all $z \in \bar{X}$ and hence $f$ is a function of integrable dilation. Thus by Theorem 4 we know it is an open map and it is well known (see Exercise 9.12 [Vu88]) that (13) follows for any open $Y \subset X$.

Definition 2. For $C^{1}$ function $w: \Omega \rightarrow \mathbf{R}^{n}$ and subset $B \subset \Omega$ we can define the Brouwder degree $d(y, w, B)$ via Definition 1.9 [FoGa95], note that for $y$ such that

$$
w^{-1}(y) \subset\{x \in \Omega: \operatorname{det}(D w(x)) \neq 0\}
$$

we have

$$
\begin{equation*}
d(y, w, B)=\sum_{x \in w^{-1}(y) \cap B} \operatorname{sgn}(\operatorname{Det}(D w(x))) \tag{14}
\end{equation*}
$$

where $\operatorname{sgn}(t)=1$ for $t>0$ and $\operatorname{sgn}(t)=-1$ for $t<0$. We define

$$
\begin{equation*}
N(y, w, B):=\operatorname{Card}\left(\left\{x \in w^{-1}(y) \cap B\right\}\right) \tag{15}
\end{equation*}
$$

We will repeatedly use the following change of variable formula Theorem 5.27 from [FoGa95], we will state it in less generality than in [FoGa95].

Theorem 5. Let $D \subset \mathbf{R}^{n}$ be an open, bounded set and let $w: D \rightarrow \mathbf{R}^{n}$ be a $C^{1}$ function. Let $\phi \in L^{\infty}\left(\mathbf{R}^{n}\right)$, then for every open subset $G \subset D$

$$
\begin{equation*}
\int_{G} \phi(w(x)) \operatorname{det}(D w(x)) d L^{n} x=\int_{\mathbf{R}^{n}} \phi(y) d(w, G, y) d L^{n} y . \tag{16}
\end{equation*}
$$

## 1. Proof of Theorem 2

1.1. Reduction. Given $u \in W^{2, p}\left(B_{1}(0)\right) \cap W^{1, q}\left(B_{1}(0)\right)$ we can convolve $u$ with a standard convolution kernel $\phi$ to form $u_{\rho}:=\phi_{\rho} * u$. Since we know $u_{\rho} \xrightarrow{W^{1, q}\left(B_{1}(0)\right)} u$ and $u_{\rho} \xrightarrow{W^{2, p}\left(B_{1}(0)\right)} u$ as $\rho \rightarrow 0$ (see for example Section 4.2 [EvGa92]). So for small enough $\rho_{0}$ we have a smooth function $\psi:=u_{\rho_{0}}$ which satisfies

$$
\begin{equation*}
\int_{B_{1}(0)} d^{q}(D \psi(z), K) d L^{2} z \leq 2 \mathscr{C}_{1} \varepsilon \tag{17}
\end{equation*}
$$

$$
\begin{equation*}
\int_{B_{1}(0)}\left|D^{2} \psi(z)\right|^{p} d L^{2} z \leq 2 \mathscr{C}_{1} \varepsilon^{1-p} \tag{18}
\end{equation*}
$$

and

$$
\begin{equation*}
\|u-\psi\|_{W^{1, q}\left(B_{1}(0)\right)} \leq \varepsilon \tag{19}
\end{equation*}
$$

Let $\epsilon=\varepsilon^{\frac{1}{q}}$. By Holder's inequality (17) implies

$$
\begin{equation*}
\int_{B_{1}(0)} d(D \psi(z), K) d L^{2} z \leq 2 \pi \mathscr{C}_{1}^{\frac{1}{q}} \epsilon . \tag{20}
\end{equation*}
$$

We will argue our main lemmas for function $\psi$.

## 2. Main lemmas

In the coming lemma we establish the basic consequences of $\mathscr{W}$ (see (8)) having small perimeter. By the relative isoperimetric inequality we have

$$
\min \left\{L^{2}(\mathscr{W}), L^{2}\left(B_{1}(0) \backslash \mathscr{W}\right)\right\} \leq c \mathscr{C}_{1}^{2}
$$

depending on which is the minimum we make a changes of variables to obtain a function $v$ with the property $\int d(D v, S O(2)) \leq c \mathscr{C}_{1}^{2}$ and has all the important properties of $\psi$. Throughout our proof $c$ will denote any constant depending only on matrix $H$, note that $c$ may be used repeatedly inside a proof denoting different constants on each occasion.

Lemma 2. Let $p \geq 1$. Let $p^{*}$ be the Hölder conjugate of $p$, i.e. $\frac{1}{p}+\frac{1}{p^{*}}=1$. Suppose $\psi \in C^{1}\left(B_{1}(0)\right)$ satisfies (17), (18) and (20). Define

$$
\begin{equation*}
L(\psi):=\int_{B_{1}(0)} d(D \psi(z), S O(2))-d(D \psi(z), S O(2) H) d L^{2} z \tag{21}
\end{equation*}
$$

Let $l_{H}$ be an affine function with the property that $l_{H}(0)=0$ and $D l_{H}=H$. Let us define $v: B_{\frac{1}{2}}(0) \rightarrow \mathbf{R}^{2}$ by

$$
v(z):= \begin{cases}\psi\left(l_{H}(\sigma z)\right) \sigma^{-1}, & \text { if } L(\psi) \geq 0  \tag{22}\\ \psi(z), & \text { if } L(\psi)<0\end{cases}
$$

We will show there exists positive constant $c_{2}=c_{2}(\sigma)>1$ such that $v$ has the following properties.

- For the set of matrices $\widetilde{K}:=S O(2) \cup S O(2) J$ (where $J$ is a diagonal matrix with eigenvalues $\sigma, \sigma^{-1}$ ) we have

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)} d(D v(z), \widetilde{K}) d L^{2} z \leq c_{2} \mathscr{C}_{1} \epsilon . \tag{23}
\end{equation*}
$$

and

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)} d^{q}(D v(z), \widetilde{K}) d L^{2} z \leq 3 \mathscr{C}_{1} \varepsilon \tag{24}
\end{equation*}
$$

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)} d^{\frac{q}{p^{*}}}(D v(z), \widetilde{K})\left|D^{2} v(z)\right| d L^{2} z \leq c_{2} \mathscr{C}_{1} . \tag{25}
\end{equation*}
$$

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)} d(D v(z), S O(2)) d L^{2} z \leq c_{2} \mathscr{C}_{1}^{2} \tag{26}
\end{equation*}
$$

- Let $\beta:=\frac{1}{2\left(1+\frac{q}{p^{*}}\right)}$, for any $b \in B_{\frac{1}{4}}(0)$ there exists a set $K_{b} \subset\left(0, \frac{1}{2}\right)$ with $L^{1}\left(\left(0, \frac{1}{2}\right) \backslash K_{b}\right) \leq 8 c_{2} \sqrt{\mathscr{C}_{1}}$ and the properties

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0) \cap \partial B_{r}(b)} d(D v(z), S O(2)) d H^{1} z \leq c \epsilon \text { for each } r \in K_{b} . \tag{27}
\end{equation*}
$$

And

$$
\sup \left\{d(D v(z), S O(2)): z \in \partial B_{r}(b) \cap B_{\frac{1}{2}}(0)\right\} \leq \mathscr{C}_{1}^{\beta}
$$

Proof. Step 1. We will show we can find $a_{1} \in\left[\frac{9 d_{0}}{10}, d_{0}\right]$ such that

$$
\begin{equation*}
H^{1}\left(\left\{x \in B_{\frac{1}{2}}(0): d(D \psi(x), S O(2))=a_{1}\right\}\right)<c \mathscr{C}_{1} . \tag{29}
\end{equation*}
$$

Let

$$
G_{a_{1}}=\left\{x \in B_{\frac{1}{2}}(0): d(D \psi(x), S O(2))<a_{1}\right\}
$$

and let

$$
B_{a_{1}}=\left\{x \in B_{\frac{1}{2}}(0): d(D \psi(x), S O(2) H)<a_{1}\right\} .
$$

We will also show

$$
\begin{equation*}
\min \left\{L^{2}\left(B_{\frac{1}{2}}(0) \backslash G_{a_{1}}\right), L^{2}\left(B_{\frac{1}{2}}(0) \backslash B_{a_{1}}\right)\right\} \leq c \mathscr{C}_{1}^{2} \tag{30}
\end{equation*}
$$

Proof of Step 1. Let $p^{*}$ be the Hölder conjugate of $p$. By Young's inequality

$$
\begin{aligned}
& \int_{B_{\frac{1}{2}}(0)} \varepsilon d^{\frac{q}{p^{*}}}(D \psi(x), K)\left|D^{2} \psi(x)\right| d L^{2} x \\
& \leq \int_{B_{\frac{1}{2}}(0)} d^{q}(D \psi(x), K)+\varepsilon^{p}\left|D^{2} \psi(x)\right|^{p} d L^{2} x \\
& \stackrel{(17),(18)}{\leq} 4 \mathscr{C}_{1} \varepsilon,
\end{aligned}
$$

which gives

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)} d^{\frac{q}{p^{*}}}(D \psi(x), K)\left|D^{2} \psi(x)\right| d L^{2} x \leq 4 \mathscr{C}_{1} \tag{31}
\end{equation*}
$$

Let $S(x)=d(D \psi(x), S O(2))$. By the Co-area formula $\int_{\frac{g_{0}}{10}}^{d_{0}} H^{1}\left(S^{-1}(h)\right) d L^{1} h \stackrel{(31)}{\leq}$ $c \mathscr{C}_{1}$. So we can find $a_{1} \in\left(\frac{9 d_{0}}{10}, d_{0}\right)$ such that $H^{1}\left(S^{-1}\left(a_{1}\right)\right) \leq c \mathscr{C}_{1}$. By the relative isoperimetric inequality [AmFuPa00] Remark 3.49, 3.43 we have

$$
\min \left\{L^{2}\left(G_{a_{1}} \cap B_{\frac{1}{2}}(0)\right)^{\frac{1}{2}}, L^{2}\left(B_{\frac{1}{2}}(0) \backslash G_{a_{1}}\right)^{\frac{1}{2}}\right\} \leq c \mathscr{C}_{1}
$$

If $L(\psi)<0$ then we must have $L^{2}\left(B_{\frac{1}{2}}(0) \backslash G_{a_{1}}\right) \leq c \mathscr{C}_{1}^{2}$ and if $L(\psi) \geq 0$ we must have $L^{2}\left(B_{\frac{1}{2}}(0) \cap G_{a_{1}}\right) \leq c \mathscr{C}_{1}^{2}$ from this and (17) it is easy to see $L^{2}\left(B_{\frac{1}{2}}(0) \backslash B_{a_{1}}\right) \leq$ $c \mathscr{C}_{1}^{2}$. This completes the proof of Step 1.

Step 2. Defining $v$ by (22) we will show $v$ satisfies (23), (24), (25), (26).
Proof of Step 2. In the case where $L(\psi)<0$, (23) follows by Hölder's inequality

$$
\int_{B_{\frac{1}{2}}(0)} d(D v(z), K) d L^{2} z \leq 2 \mathscr{C}_{1} \epsilon
$$

Inequality (26) follows because if $x \notin G_{a_{1}}$ then $d(D v(z), S O(2)) \leq c d(D v(z), K)+$ $c$ so

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)} d(D v(z), S O(2)) d L^{2} z \stackrel{(23)}{\leq} c \mathscr{C}_{1}^{2} . \tag{32}
\end{equation*}
$$

Finally (25) is immediate from (31).
In the case where $L(\psi) \geq 0$ for $\widetilde{K}=S O(2) \cup S O(2) H^{-1}$, (23) follows from (17) by change of variables. We can also show $\int_{B_{\frac{1}{2}}(0)} d(D v(z), S O(2) H) d L^{2} z \leq c \mathscr{C}_{1}^{2}$ by an identical argument to (32), inequality (26) then follows by a change of variables. Inequality (25) follows from (31) again by change of variables.

Step 3. We will show $v$ satisfies (27), (28).
Proof of Step 3. Let

$$
K_{b}^{1}=\left\{h \in\left(0, \frac{1}{2}\right): \int_{\partial B_{h}(0)} d^{\frac{q}{p^{*}}}(D v(z), \widetilde{K})\left|D^{2} v(z)\right| d H^{1} z \leq \frac{\sqrt{\mathscr{C}_{1}}}{2^{2 \beta+1}}\right\} .
$$

So by (25) $L^{1}\left(\left(0, \frac{1}{2}\right) \backslash K_{b}^{1}\right) \leq 8 c_{2} \sqrt{\mathscr{C}_{1}}$.

$$
K_{b}^{2}=\left\{h \in\left(0, \frac{1}{2}\right): \int_{\partial B_{h}(0)} d(D v(z), S O(2)) d H^{1} z \leq \mathscr{C}_{1}\right\}
$$

By (26) $L^{1}\left(\left(0, \frac{1}{2}\right) \backslash K_{b}^{2}\right) \leq c_{2} \mathscr{C}_{1}$. We claim that for any $h \in K_{b}^{1} \cap K_{b}^{2}$ we have

$$
\begin{equation*}
\sup \left\{d(D v(z), S O(2)): z \in \partial B_{h}(0)\right\}<\mathscr{C}_{1}^{\beta} \tag{33}
\end{equation*}
$$

Suppose (33) is false, then we must be able to find $a_{1}, a_{2} \in \partial B_{h}$ (0) with the following properties

- $d\left(D v\left(a_{1}\right), S O(2)\right)=\frac{\mathscr{C}_{1}^{\beta}}{2}, d\left(D v\left(a_{2}\right), S O(2)\right)=\mathscr{C}_{1}^{\beta}$.
- We can find a connected component of $\partial B_{h}(0) \backslash\left\{a_{1}, a_{2}\right\}$ which we will denote by $T$ with the property that

$$
\begin{equation*}
d(D v(x), S O(2)) \in\left[\frac{\mathscr{C}_{1}^{\beta}}{2}, \mathscr{C}_{1}^{\beta}\right] \text { for all } x \in T \tag{34}
\end{equation*}
$$

Thus

$$
\int_{T} d^{\frac{q}{p^{*}}}(D v(z), \widetilde{K})\left|D^{2} v(z)\right| d H^{1} z \geq\left(\frac{\mathscr{C}_{1}^{\beta}}{2}\right)^{\frac{q}{p^{*}}} \int_{T}\left|D^{2} v(z)\right| d H^{1} z \geq \frac{\sqrt{\mathscr{C}_{1}}}{2^{2 \beta}}
$$

and this contradicts the fact that $h \in K_{b}^{1}$. Let

$$
K_{b}^{3}=\left\{h \in\left(0, \frac{1}{2}\right): \int_{\partial B_{h}(0)} d(D v(z), \widetilde{K}) d H^{1} z \leq c_{2} \sqrt{\mathscr{C}_{1} \epsilon}\right\} .
$$

By (23) we know $L^{1}\left(\left(0, \frac{1}{2}\right) \backslash K_{b}^{3}\right) \leq \sqrt{\mathscr{C}_{1}}$. For any $h \in K_{b}^{1} \cap K_{b}^{2} \cap K_{b}^{3}$ we have that if $z \in \partial B_{h}(0)$ then $d(D v(z), \widetilde{K})=d(D v(z), S O(2))$ so defining $K_{b}:=K_{b}^{1} \cap K_{b}^{2} \cap K_{b}^{3}$ the set $K_{b}$ satisfies (27) and (28) and this completes the proof.
2.1. Introduction to Lemma 3. In the introduction we mapped a ball into the image, for reasons to do with lack of invertibility it will turn out to be more convenient to "pull back" a ball $B_{h}(y)$ from the image, this is essentially because in this way we can guarantee that $L^{2}\left(v^{-1}\left(B_{h}(y)\right)\right)$ is "almost" greater or equal to $\pi h^{2}$. If we can show $v^{-1}\left(\partial B_{h}(y)\right)$ is well defined and forms a Jordan curve and $H^{1}\left(v^{-1}\left(\partial B_{h}(y)\right)\right) \leq 2 \pi h+c \varepsilon^{\frac{1}{q}}$ then we can apply Theorem 3. However to carry this out we need to establish some limited form of invertibility of $v$, specifically we need $v^{-1}\left(\partial B_{h}(y)\right)$ to form a Jordan curve.
2.1.1. Motivation for Step 4. To establish the invertibility properties described in (2.1) we need to consider a function $w$ defined on a subset $A \subset B_{\frac{1}{2}}(0)$
for which $\operatorname{det}(D v)>c$. In addition we need to show that the degree of $w$ is 1 on the boundaries of many balls in the image of $w$. This can be done by establishing $L^{2}(w(A)) \approx \frac{\pi}{4}$, which we will show via truncation arguments and the use of the lower bound (46).
2.1.2. Motivation for Step 5. Having shown that $w^{-1}\left(\partial B_{h}(y)\right)$ is a Jordan curve, let $\mathscr{I}_{y}$ denote its interior. We now need to show $L^{2}\left(\mathscr{I}_{y}\right) \geq \pi h^{2}-c \varepsilon^{\frac{1}{q}}$, this could be established if we know every point in $\mathscr{I}_{y} \cap A$ is mapped into the ball $B_{h}(y)$. Step 5 shows this via the following argument, since some of the points of $\mathscr{I}_{y} \cap A$ must be mapped inside $B_{h}(y)$, if $w\left(\mathscr{I}_{y} \cap A\right)$ spreads outside $B_{h}(y)$ we must have $w\left(\mathscr{I}_{y} \cap A\right) \cap \partial B_{h}(y) \neq \emptyset$ however this implies there exists $z \in \partial B_{h}(y)$ such that $\operatorname{Card}\left(w^{-1}(z)\right) \geq 2$ because $w\left(\partial \mathscr{I}_{y}\right)=\partial B_{h}(y)$ and this contradicts the fact $w$ has degree 1 on $\partial B_{h}(y)$.
2.1.3. Motivation for Step 6. Having established that $\mathscr{I}_{y}$ has the property $L^{2}\left(\mathscr{I}_{y}\right) \geq \pi h^{2}-c \varepsilon^{\frac{1}{q}}$ and $H^{1}\left(\partial \mathscr{I}_{y}\right) \leq 2 \pi h+c \varepsilon^{\frac{1}{q}}$ we can apply Theorem 3 to show there exists $\omega_{b}$ such that $L^{2}\left(\mathscr{I}_{y} \triangle B_{p_{h}}\left(\omega_{b}\right)\right) \leq c \varepsilon^{\frac{1}{2 q}}\left(\right.$ where $\left.p_{h}=\sqrt{\frac{L^{2}\left(\mathscr{g}_{y}\right)}{\pi}}\right)$. In some sense this implies $\partial \mathscr{I}_{y}$ is "close" to a circle. We would like to use this to show $L^{2}\left(\mathscr{I}_{y} \backslash \mathscr{W}\right)$ is small. To do this we will use the fact $J$ has "shrink directions", by this we mean there exists $\theta_{1}, \theta_{2} \in S^{1}$ such that $\left|J \theta_{i}\right|=1$ for $i=1,2$ and denoting by $\mathscr{S}$ the set of $\psi$ "between" $\theta_{1}$ and $\theta_{2}$ we have $|J \psi|<1$ for all $\psi \in \mathscr{S}$. The argument will be that if $L^{2}\left(\mathscr{W}^{c} \cap \mathscr{I}_{y}\right)$ is large then we must be able to find many lines (parallel to the shrink directions) starting from the $\omega_{y}$ and going to the boundary $\partial \mathscr{I}_{y}$ which has large intersection with $\mathscr{W}^{c}$ hence the image of the path will be less than $h$ so (assuming $\omega_{y}$ is mapped close to $y$ and $p_{h} \leq h+c \varepsilon^{\frac{1}{2 q}}$ ) this will be a contradiction. This argument will only work if for "most" $\psi \in \mathscr{S}$, the line starting from $\omega_{y}$, parallel to $\psi$ and ending in $\partial \mathscr{I}_{y}$ (denoted $l_{\psi}$ ) has the property that $\int_{l_{\psi}} d(D v, \widetilde{K})$ is small. Formally we need $\int_{\psi \in \mathscr{S}} \int_{l \psi} d(D v, \widetilde{K})<c \varepsilon^{\frac{1}{q}}$. To find this we need to use the Coarea formula with a function $\Psi_{y}$ defined by $\left|x-\omega_{y}\right| e^{i \Psi_{y}(x)}=x-\omega_{y}$ (identifying $\mathbf{R}^{2}$ with $\mathbf{C}$ in the obvious way) and since $\left|D \Psi_{y}(z)\right| \approx \frac{1}{\left|z-\omega_{y}\right|}$ we need to have $\int d(D v(z), K)\left|z-\omega_{y}\right|^{-1} d L^{2} z \leq c \varepsilon^{\frac{1}{q}}$. Let $c_{0}$ denote the "centre" of $v\left(B_{\frac{1}{2}}(0)\right)$, assuming the set of points $\left\{\omega_{y}: y \in B_{\frac{1}{8}}\left(c_{0}\right)\right\}$ has positive measure, by a Fubini trick learnt from [CoSc06] we can find a $\omega_{y}$ for which this holds. The point of Step 6 is to establish the existence of such a large set of $\left\{\omega_{y}: y \in B_{\frac{1}{8}}\left(c_{0}\right)\right\}$. Specifically we show there is a large set $\Upsilon_{0} \subset B_{\frac{1}{8}}(0)$ such that for every $x \in \Upsilon_{0}$, the point $y:=v(x)$ has the properties we want (i.e. invertibility of $w$ on $\partial B_{h}(y)$ ). Since (as we will later show) $x \approx \omega_{v(x)}$ the set $\Upsilon_{0}$ provide us with the large set points we require.
2.1.4. Motivation for Step 7. As mentioned in 2.1.3, in order for our arguments with the "shrink directions" to work we need that $p_{h} \leq h+c \varepsilon^{\frac{1}{2 q}}$ and $\left|w\left(\omega_{y}\right)-y\right| \leq \varepsilon^{\frac{1}{2 q}}$ since otherwise the image of lines from $\omega_{y}$ to $\partial \mathscr{I}_{y}$ can indeed have non-trivial intersection with $\mathscr{W}^{c}$ and they could still reach $\partial B_{h}(y)$. To establish these two things we will pull back lines of the form $\left[y, t_{\theta}\right]$ where $t_{\theta} \in \partial B_{h}(y)$. If we find three such points $t_{\theta_{1}}, t_{\theta_{2}}$ and $t_{\theta_{3}}$ where the angle between any two of them is close to $\frac{2 \pi}{3}$ and we can show $H^{1}\left(u^{-1}\left(\left[y, t_{\theta_{i}}\right]\right)\right) \leq h+c \varepsilon^{\frac{1}{2 q}}$ for $i=1,2,3$ then since this implies $\omega_{h} \in \bigcap_{i=1}^{3} B_{h+c \varepsilon^{\frac{1}{2 q}}}\left(w^{-1}\left(t_{\theta_{i}}\right)\right)$ it follows $\left|\omega_{h}-w^{-1}(b)\right| \leq c \varepsilon^{\frac{1}{2 q}}$, from this it is easy to show $p_{h} \leq h+c \varepsilon^{\frac{1}{2 q}}$. The purpose of Step 7 is to show we can find such lines.

Lemma 3. Given a function $v \in C^{4}\left(B_{\frac{1}{2}}(0)\right)$ satisfying properties (23), (25), (26), (27) and (28) of Lemma 2. We will show there exists a set $\Lambda_{0} \subset B_{\frac{1}{8}}(0)$ with $L^{2}\left(B_{\frac{1}{8}}(0) \backslash \Lambda_{0}\right) \leq c \mathscr{C}_{1}^{\frac{1}{4 q}}$ such that for any $b \in \Lambda_{0}$ we can find a set $D_{b} \subset\left(\frac{1}{8}, \frac{5}{16}\right)$ with $L^{1}\left(\left(\frac{1}{8}, \frac{5}{16}\right) \backslash D_{b}\right) \leq c \mathscr{C}^{\frac{1}{32 q}}$ and for any $h \in D_{b}$ there exists a connected open set $I_{b}$ with the following properties

$$
\begin{align*}
& v\left(\partial I_{b}\right)=\partial B_{h}(v(b)),  \tag{35}\\
& \partial I_{b} \subset N_{c \mathscr{C} \mathscr{C}_{1}^{1 b}}^{\frac{1}{16}}\left(\partial B_{h}(b)\right) . \tag{36}
\end{align*}
$$

And

$$
\begin{equation*}
L^{2}\left(I_{b} \backslash B_{h}(b)\right) \leq c \sqrt{\epsilon} \tag{37}
\end{equation*}
$$

Proof. Step 1. We show that for any $b \in B_{\frac{1}{4}}(0)$ there exists a set $\mathscr{Y}_{b} \subset\left(0, \frac{1}{2}\right)$ with $L^{1}\left(\left(0, \frac{1}{2}\right) \backslash \mathscr{Y}_{b}\right) \leq c \sqrt{\mathscr{C}_{1}}$ affine function $l_{R}$ with derivative $R \in S O$ (2) such that

$$
\begin{equation*}
\left\|v-l_{R}\right\|_{L^{\infty}\left(\partial B_{r}(b)\right)} \leq c \sqrt{\mathscr{C}_{1}} \text { for each } r \in \mathscr{T}_{b} . \tag{38}
\end{equation*}
$$

Proof of Step 1. By applying Proposition A1 of [FrJaMu02] (and taking $\lambda=$ $10 \sigma^{-1}$ ) we have a $c$-Lipschitz function $\tilde{v}$ and

$$
\begin{equation*}
L^{2}\left(\left\{x \in B_{\frac{1}{2}}(0): \tilde{v}(x) \neq v(x)\right\}\right) \stackrel{(23)}{\leq} c \epsilon \tag{39}
\end{equation*}
$$

And in the same way

$$
\begin{equation*}
\|D v-D \tilde{v}\|_{L^{1}\left(B_{\frac{1}{2}}(0)\right)} \leq c \epsilon \tag{40}
\end{equation*}
$$

Thus

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)} d^{2}(D \tilde{v}(z), S O(2)) d L^{2} z \stackrel{(26),(40)}{\leq} c \mathscr{C}_{1}^{2} \tag{41}
\end{equation*}
$$

Thus applying Theorem 1 there exists $R \in S O$ (2) such that

$$
\int_{B_{\frac{1}{2}}(0)}|D \tilde{v}(z)-R| d L^{2} z \stackrel{(41)}{\leq} c \mathscr{C}_{1}
$$

And by (40) we have $\int_{B_{\frac{1}{2}}(0)}|D v(z)-R| d L^{2} z \leq c \mathscr{C}_{1}$. By Poincaré's inequality there exists and affine map $l_{R}^{2}$ with $D l_{R}=R$ such that

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)}\left|v(z)-l_{R}(z)\right| d L^{2} z \leq c \mathscr{C}_{1} \tag{42}
\end{equation*}
$$

So by the co-area formula there exists a set $\mathscr{Y}_{b} \subset\left(0, \frac{1}{2}\right)$ with $L^{1}\left(\left(0, \frac{1}{2}\right) \backslash \mathscr{Y}_{b}\right) \leq c \sqrt{\mathscr{C}_{1}}$ such that for each $r \in \mathscr{\mathscr { Y }}_{b}$ we have

$$
\begin{equation*}
\int_{\partial B_{r}(b)}\left|v(z)-l_{R}(z)\right|+|D v(z)-R| d H^{1} z \leq c \sqrt{\mathscr{C}_{1}} \tag{43}
\end{equation*}
$$

By the fundamental theorem of calculus any $r \in \mathscr{Y}_{b}$ satisfies (38) so this completes the proof of Step 1.

Step 2. Let $c_{0}=l_{R}(0)$. We will show there exists $l_{0} \in \mathscr{Y}_{0} \cap K_{0} \cap\left(\frac{1}{2}-c \sqrt{\mathscr{C}_{1}}, \frac{1}{2}\right)$ such that the Brouwder degree of $v$ and $\tilde{v}$ satisfy

$$
\begin{equation*}
d\left(v, B_{l_{0}}(0), z\right)=1 \text { for any } z \in B_{l_{0}-c \sqrt{\epsilon_{1}}}\left(c_{0}\right) \tag{44}
\end{equation*}
$$

and

$$
\begin{equation*}
d\left(\tilde{v}, B_{l_{0}}(0), z\right)=1 \text { for any } z \in B_{l_{0}-c \sqrt{\mathscr{b}_{1}}}\left(c_{0}\right) \tag{45}
\end{equation*}
$$

Hence

$$
\begin{equation*}
L^{2}\left(\tilde{v}\left(B_{l_{0}}(0)\right) \cap B_{\frac{1}{2}}\left(c_{0}\right)\right) \geq \frac{\pi}{4}-c \sqrt{\mathscr{C}_{1}} . \tag{46}
\end{equation*}
$$

Proof of Step 2. Let

$$
\begin{equation*}
F_{0}:=\left\{h \in\left(0, \frac{1}{2}\right): H^{1}\left(\left\{x \in B_{\frac{1}{2}}(0): \tilde{v}(x) \neq v(x)\right\} \cap \partial B_{h}(0)\right) \leq c \sqrt{\epsilon}\right\} \tag{47}
\end{equation*}
$$

From (39) we know $L^{1}\left(\left(0, \frac{1}{2}\right) \backslash F_{0}\right) \leq c \sqrt{\epsilon}$. Pick $l_{0} \in \mathscr{Y}_{0} \cap F_{0} \cap\left(\frac{1}{2}-c \sqrt{\mathscr{C}_{1}}, \frac{1}{2}\right)$. By (38) we know

$$
\begin{equation*}
v\left(\partial B_{l_{0}}(0)\right) \subset N_{c \sqrt{\mathscr{C}_{1}}}\left(\partial B_{l_{0}}\left(c_{0}\right)\right) \tag{48}
\end{equation*}
$$

In addition since $\tilde{v}$ is Lipschitz using (48) and the fact that $l_{0} \in F_{0}$ we must have

$$
\begin{equation*}
\tilde{v}\left(\partial B_{l_{0}}(0)\right) \subset N_{c \sqrt{\mathscr{C}_{1}}}\left(\partial B_{l_{0}}\left(c_{0}\right)\right) \tag{49}
\end{equation*}
$$

Now let us define the homopoty $H(x, t)=(1-t) v(x)+t l_{R}(x)$. And define $h_{t}(x):=$ $H(x, t)$. Note that $B_{l_{0}-c \sqrt{\mathscr{G}_{1}}}\left(c_{0}\right) \cap h_{t}\left(\partial B_{l_{0}}(0)\right)=\emptyset$ for any $t \in[0,1]$ and hence by Theorem 2.3 [FoGa95] we have

$$
d\left(v, B_{l_{0}}(0), p\right)=d\left(l_{R}, B_{l_{0}}(0), p\right)=1 \text { for any } p \in B_{l_{0}-c \sqrt{\mathscr{C}_{1}}}\left(c_{0}\right)
$$

and thus establishes (44). Using (49), (45) follows via an identical argument. By Theorem 2.1 [FoGa95] (45) implies $B_{l_{0}-c \sqrt{6_{1}}}\left(c_{0}\right) \subset \tilde{v}\left(B_{l_{0}}(0)\right)$ hence (46) follows.

Step 3. Let $Q: \mathbf{R} \rightarrow \mathbf{R}_{+}$be defined by $Q(t)=t-4 \epsilon$ if $t \geq 4 \epsilon$ and $Q(t)=0$ if $t<4 \epsilon$. Let $Q_{\epsilon}:=Q * \phi_{\epsilon}$ where $\phi_{\epsilon}$ is the standard rescaled convolution kernel on $\mathbf{R}$ (i.e. $\left.\operatorname{Spt} \phi_{\epsilon} \subset[-\epsilon, \epsilon]\right)$. Let $J(M):=d(M, \widetilde{K})$. Finally we define $L_{\epsilon}(z)=Q_{\epsilon}(J(D v(z)))$. Note $L_{\epsilon} \in C^{3}\left(B_{\frac{1}{2}}(0)\right)$. It could be that $\left\{z \in B_{\frac{1}{2}}(0):\left|D L_{\epsilon}(z)\right|=0\right\}$ is uncountable. However by the Area formula

$$
\begin{equation*}
\int_{B_{\epsilon}(0) \cap D L_{\epsilon}\left(B_{l_{0}}(0)\right)} \operatorname{Card}\left(\left\{z \in \overline{B_{l_{0}}(0)}: D L_{\epsilon}(z)=P\right\}\right) d L^{2} P<\infty \tag{50}
\end{equation*}
$$

So we must be able to find $P_{0} \in B_{\epsilon}(0)$ such that

$$
\begin{equation*}
\operatorname{Card}\left(\left\{z \in B_{l_{0}}(0): D L_{\epsilon}(z)=P_{0}\right\}\right)<\infty \tag{51}
\end{equation*}
$$

Defined $\mathscr{L}(z):=L_{\epsilon}(z)-P_{0} \cdot z$, so

$$
\begin{align*}
& \operatorname{Card}\left(\left\{z \in \overline{B_{l_{0}}(0)}:|D \mathscr{L}(z)|=0\right\}\right)  \tag{52}\\
& =\operatorname{Card}\left(\left\{z \in \overline{B_{l_{0}}(0)}: D L_{\epsilon}(z)=P_{0}\right\}\right)<\infty
\end{align*}
$$

Let $\beta=\frac{1}{2\left(1+\frac{q}{p^{*}}\right)}$. We will assume $\mathscr{C}_{1}$ is small enough so that $8 \mathscr{C}_{1}^{\beta}<d_{0}$ (recall Definition (12)). We will show we can find $H \subset\left(2 \mathscr{C}_{1}^{\beta}, 4 \mathscr{C}_{1}^{\beta}\right)$ with $L^{1}(H) \geq \frac{19}{10} \mathscr{C}_{1}^{\beta}$ such that for any $a \in H$

$$
\begin{equation*}
H^{1}\left(\mathscr{L}^{-1}(a)\right) \leq c \sqrt{\mathscr{C}_{1}} . \tag{53}
\end{equation*}
$$

Proof of Step 3. We know $|D \mathscr{L}(z)| \leq\left|D L_{\epsilon}(z)\right|+\epsilon \leq\left|D^{2} v(z)\right|+\epsilon$. By the Co-area formula

$$
\begin{align*}
\int_{2 \mathscr{C}_{1}^{\beta}}^{4 \mathscr{C}_{1}^{\beta}} H^{1}\left(\mathscr{L}^{-1}(a)\right) d L^{1} a & \leq \int_{\left\{z \in B_{\frac{1}{2}}(0): 2 \mathscr{C}_{1}^{\beta} \leq \mathscr{L}(z) \leq 4 \mathscr{C}_{1}^{\beta}\right\}}\left|D^{2} v(z)\right| d L^{2} z+c \epsilon  \tag{54}\\
& \stackrel{(25)}{\leq} c \mathscr{C}_{1}^{1-\frac{\beta q}{p^{*}}}
\end{align*}
$$

As $1-\left(\frac{q}{p^{*}}+1\right) \beta=\frac{1}{2}$, the set

$$
\begin{equation*}
H:=\left\{a \in\left[2 \mathscr{C}_{1}^{\beta}, 4 \mathscr{C}_{1}^{\beta}\right]: H^{1}\left(\mathscr{L}^{-1}(a)\right) \leq c \sqrt{\mathscr{C}_{1}}\right\} \tag{55}
\end{equation*}
$$

has the property that $L^{1}(H) \geq \frac{19}{10} \mathscr{C}_{1}^{\beta}$. This completes the proof of Step 3.
Step 4. Let $a_{1} \in H \cap\left[3 \mathscr{C}_{1}^{\beta}, 4 \mathscr{C}_{1}^{\beta}\right]$. Let

$$
\begin{equation*}
\Psi_{a_{1}}=\left\{x \in B_{\frac{1}{2}}(0): d(D v(x), \widetilde{K})<a_{1}\right\} . \tag{56}
\end{equation*}
$$

Let $l_{0} \in\left(\frac{1}{2}-c \sqrt{\mathscr{C}_{1}}, \frac{1}{2}\right) \cap \mathscr{Y} \cap K_{0}$ be the number satisfying (44) and (45) from Step 2. We will show there exists open subset $A \subset B_{l_{0}}(0) \cap \Psi_{a_{1}}$ with the properties

$$
\begin{equation*}
L^{2}\left(B_{l_{0}}(0) \backslash A\right) \leq c \epsilon \text { and } \partial B_{l_{0}}(0) \subset \bar{A} . \tag{57}
\end{equation*}
$$

- There exists $a_{2} \in\left[2 \mathscr{C}_{1}^{\beta}, 3 \mathscr{C}_{1}^{\beta}\right]$ such that defining

$$
\begin{equation*}
W_{a_{2}}:=\left\{x \in B_{\frac{1}{2}}(0): \mathscr{L}(z)=a_{2}\right\} \tag{58}
\end{equation*}
$$

we have

$$
\begin{equation*}
\partial A \subset \partial B_{l_{0}}(0) \cup W_{a_{2}} \tag{59}
\end{equation*}
$$

- Also

$$
\begin{equation*}
B_{l_{0}}(0) \backslash \bar{A}=\bigcup_{k=1}^{m_{0}} D_{k} \text { where }\left\{D_{1}, D_{2}, \ldots D_{m_{0}}\right\} \text { are connected open sets. } \tag{60}
\end{equation*}
$$

In addition defining $w: \bar{A} \rightarrow \mathbf{R}^{2}$ by $w(x):=v(x)$ for $x \in A$ we will show $w$ satisfies

$$
\begin{equation*}
L^{2}\left(w(A) \cap B_{\frac{1}{2}}\left(c_{0}\right)\right) \geq \frac{\pi}{4}-c \sqrt{\mathscr{C}_{1}} . \tag{61}
\end{equation*}
$$

$$
\begin{equation*}
\partial w(A) \subset w(\partial A) . \tag{62}
\end{equation*}
$$

Finally for any $y \in B_{\frac{1}{4}}\left(c_{0}\right)$ there exists a set $L_{y} \subset\left(0, \frac{1}{2}+\left|y-c_{0}\right|\right)$ with the property that

$$
\begin{equation*}
L^{1}\left(\left(0, \frac{1}{2}+\left|y-c_{0}\right|\right) \backslash L_{y}\right) \leq c \mathscr{C}_{1}^{\frac{1}{16}} \tag{63}
\end{equation*}
$$

and denoting $l_{1}:=l_{0}-c \sqrt{\mathscr{C}_{1}}, U_{y}:=\left(\bigcup_{h \in L_{y}} \partial B_{h}(y)\right) \cap B_{l_{1}}\left(c_{0}\right)$ we have

$$
\begin{equation*}
U_{y} \subset w(A) \text { and } d(w, A, z)=1 \text { for all } z \in U_{y} . \tag{64}
\end{equation*}
$$

Proof of Step 4. Let

$$
\begin{equation*}
a_{2} \in\left[2 \mathscr{C}_{1}^{\beta}, \frac{5}{2} \mathscr{C}_{1}^{\beta}\right] \cap H \tag{65}
\end{equation*}
$$

and define

$$
\begin{equation*}
\mathscr{B}=\left\{x \in B_{l_{0}}(0): \mathscr{L}(x)>a_{2}\right\} . \tag{66}
\end{equation*}
$$

Since $l_{0} \in K_{0}$ from (28) (assuming $\epsilon$ is small enough) we know

$$
\begin{equation*}
\partial B_{l_{0}}(0) \cap \overline{\mathscr{B}}=\emptyset \text { hence } d\left(\partial B_{l_{0}}(0), \overline{\mathscr{B}}\right)>0 . \tag{67}
\end{equation*}
$$

Now since $\mathscr{B}$ is open we can find countably many open connected sets $D_{1}, D_{2}, \ldots$ such that $\mathscr{B}=\bigcup_{k=1}^{\infty} D_{k}$. However by continuity of $D v$ we know that

$$
\begin{equation*}
\mathscr{L}(z)=Q_{\epsilon}(J(D v(z)))-P_{0} \cdot D v(z)=a_{2} \text { for any } z \in \partial \mathscr{B} . \tag{68}
\end{equation*}
$$

Since from (52) we know $|D \mathscr{L}(z)| \neq 0$ except for finitely many points, for any $k$ the boundary $\partial D_{k}$ forms a piecewise smooth set of finite $H^{1}$ measure. In addition for any $k_{1} \neq k_{2}$ if $z_{0} \in \partial D_{k_{1}} \cap \partial D_{k_{2}}$ as $\frac{D L_{\delta}\left(z_{0}\right)}{\left|D L_{\delta}\left(z_{0}\right)\right|}$ has to be the inward pointing unit normal to both $\partial D_{k_{1}}$ and $\partial D_{k_{2}}$ at $z_{0}$ and this is only possible if $\left|D \mathscr{L}\left(z_{0}\right)\right|=0$. Thus $\operatorname{Card}\left(\partial D_{k_{1}} \cap \partial D_{k_{2}}\right)<\infty$ for any $k_{1} \neq k_{2}$. Thus

$$
\begin{equation*}
\sum_{k=1}^{\infty} H^{1}\left(\partial D_{k}\right)=H^{1}\left(\bigcup_{k=1}^{\infty} D_{k}\right) \leq c \sqrt{\mathscr{C}_{1}} . \tag{69}
\end{equation*}
$$

As diam $\left(D_{k}\right) \leq H^{1}\left(\partial D_{k}\right)$ we know $\operatorname{diam}\left(D_{k}\right) \rightarrow 0$ as $k \rightarrow \infty$. Now recall $v$ is $C^{4}$, so $\mathscr{L}$ is Lipschitz on any compact subset of $B_{\frac{1}{2}}(0)$ and as (68) holds for $z \in \partial D_{k}$, there exists $m_{0} \in \mathbf{N}$ such that for any $k>m_{0}$, if $z \in D_{k}$ so $\mathscr{L}(z) \leq c \operatorname{diam}\left(D_{k}\right)+a_{2} \leq$ $\frac{11}{4} \mathscr{C}_{1}^{\beta}$. Hence defining $A:=B_{l_{0}}(0) \backslash\left(\bigcup_{k=1}^{m_{0}} D_{k}\right)$ we have that $A \subset \Psi_{a_{1}}, A$ satisfies (60) and it is clear from continuity of $D v$ that (59) is satisfied. Now note

$$
\begin{equation*}
L^{2}\left(\bigcup_{k=1}^{m_{0}} D_{k}\right) \stackrel{(65),(66)}{\leq} L^{2}\left(\left\{x \in B_{\frac{1}{2}}(0): d(D v(x), \widetilde{K})>\mathscr{C}_{1}^{\beta}\right\}\right) \stackrel{(23)}{\leq} c \epsilon . \tag{70}
\end{equation*}
$$

As $B_{l_{0}}(0) \backslash \overline{\mathscr{B}} \subset A$, (67) together with (70) implies (57). Let

$$
\begin{equation*}
N:=\left\{x \in B_{\frac{1}{2}}(0): \tilde{v}(x)=v(x)\right\} \tag{71}
\end{equation*}
$$

so by (39)

$$
\begin{equation*}
L^{2}(A \backslash N) \leq c \epsilon \tag{72}
\end{equation*}
$$

Now

$$
\begin{align*}
& \tilde{v}\left(B_{l_{0}}(0) \backslash(N \cap A)\right) \leq \int_{B_{l_{0}}(0) \backslash(N \cap A)} \operatorname{det}(D \tilde{v}(z)) d L^{2} z  \tag{73}\\
& \stackrel{(57),(72)}{\leq} c \epsilon .
\end{align*}
$$

And as

$$
\begin{equation*}
\tilde{v}\left(B_{l_{0}}(0)\right) \cap B_{\frac{1}{2}}\left(c_{0}\right) \subset\left(\tilde{v}\left(B_{l_{0}}(0) \backslash(N \cap A)\right) \cup \tilde{v}(N \cap A)\right) \cap B_{\frac{1}{2}}\left(c_{0}\right), \tag{74}
\end{equation*}
$$

we know

$$
\begin{align*}
L^{2}\left(v(N \cap A) \cap B_{\frac{1}{2}}\left(c_{0}\right)\right) & =L^{2}\left(\tilde{v}(N \cap A) \cap B_{\frac{1}{2}}\left(c_{0}\right)\right) \\
& \xrightarrow[(73),(74),(46)]{ } \frac{\pi}{4}-c \sqrt{\mathscr{C}_{1}} . \tag{75}
\end{align*}
$$

Hence (61) follows. Let $\mathscr{U}_{1}, \mathscr{U}_{2}, \ldots \mathscr{U}_{m_{1}}$ denote the connected components of $A$, by (60) we know there are only finitely many such components. Finally by Lemma 1 we know that for any $i \in\left\{1,2, \ldots m_{1}\right\}$ we have $\partial w\left(\mathscr{U}_{i}\right) \subset w\left(\partial \mathscr{U}_{i}\right)$ and this establishes (62).

We will assume $a_{2}$ was chosen to be one of the a.e. numbers such that $W_{a_{2}}$ (as the level set of a Lipschitz function [Fed69] 3,3.2.15) forms a rectifiable set.

By (38) we know $w\left(\partial B_{l_{0}}(0)\right) \subset N_{c \sqrt{6_{1}}}\left(l_{R}\left(\partial B_{l_{0}}(0)\right)\right)=N_{c \sqrt{6_{1}}}\left(\partial B_{l_{0}}\left(c_{0}\right)\right)$. So for $l_{1}:=l_{0}-c \sqrt{\mathscr{C}_{1}}$

$$
\begin{equation*}
\partial w(A) \cap B_{l_{1}}\left(c_{0}\right) \stackrel{(62)}{\subset} w(\partial A) \cap B_{l_{1}}\left(c_{0}\right) \stackrel{(59)}{\subset} w\left(W_{a_{2}}\right) . \tag{76}
\end{equation*}
$$

So as $a_{2} \in H$

$$
\begin{equation*}
H^{1}\left(w\left(W_{a_{2}}\right)\right) \leq c H^{1}\left(W_{a_{2}}\right) \stackrel{(55)}{\leq} c \sqrt{\mathscr{C}_{1}} . \tag{77}
\end{equation*}
$$

Let

$$
\begin{equation*}
T_{y}:=\left\{h \in\left(0, \frac{1}{2}+\left|y-c_{0}\right|\right): \partial B_{h}(y) \cap w\left(W_{a_{2}}\right) \neq \emptyset\right\} . \tag{78}
\end{equation*}
$$

Let $X_{0}: \mathbf{R}^{2} \rightarrow \mathbf{R}$ be defined by $X_{0}(z)=|z-y|$ so $T_{y} \subset X_{0}\left(w\left(W_{a_{2}}\right)\right)$ and as $X_{0}$ is 1-Lipschitz so $L^{1}\left(X_{0}\left(w\left(W_{a_{2}}\right)\right)\right) \leq c \sqrt{\mathscr{C}_{1}}$. Hence

$$
\begin{equation*}
L^{1}\left(T_{y}\right) \leq c \sqrt{\mathscr{C}_{1}} . \tag{79}
\end{equation*}
$$

Let

$$
Y_{0}=\left\{h \in\left(0, \frac{1}{2}+\left|y-c_{0}\right|-2 \mathscr{C}_{1}^{\frac{1}{4}}\right) \backslash T_{y}: \partial B_{h}(y) \cap w(A) \cap B_{l_{1}}\left(c_{0}\right)=\emptyset\right\}
$$

See Figure 1,


Figure 1.

$$
L^{2}\left(\left(\bigcup_{h \in Y_{0}} \partial B_{h}(y)\right) \cap B_{l_{1}}\left(c_{0}\right)\right) \geq \mathscr{C}_{1}^{\frac{1}{4}} \frac{\left(L^{1}\left(Y_{0}\right)\right)^{2}}{2}
$$

And as $\left(\bigcup_{h \in Y_{0}} \partial B_{h}(y)\right) \cap B_{l_{1}}\left(c_{0}\right) \subset B_{\frac{1}{2}}\left(c_{0}\right) \backslash w(A)$ and from (61) we have

$$
\begin{equation*}
L^{1}\left(Y_{0}\right) \leq c \mathscr{C}_{1}^{\frac{1}{8}} \tag{80}
\end{equation*}
$$

Let $Y_{1}:=\left(0, \frac{1}{2}+\left|y-c_{0}\right|\right) \backslash\left(T_{y} \cup Y_{0}\right)$. Let

$$
\begin{equation*}
E_{0}:=\left(\bigcup_{h \in Y_{1}} \partial B_{h}(y)\right) \cap B_{l_{1}}\left(c_{0}\right) \tag{81}
\end{equation*}
$$

For $h \in Y_{1}$, as $h \notin Y_{0}$ there exists $z_{0} \in \partial B_{h}(y) \cap w(A) \cap B_{l_{1}}\left(c_{0}\right)$, now suppose $\partial B_{h}(y) \cap B_{l_{1}}\left(c_{0}\right) \not \subset w(A)$ then we must have $\partial B_{h}(y) \cap B_{l_{1}}\left(c_{0}\right) \cap \partial w(A) \neq \emptyset$ and from (76) this implies $B_{h}(y) \cap B_{l_{1}}\left(c_{0}\right) \cap w\left(W_{a_{2}}\right) \neq \emptyset$ which by (78) is a contradiction. Thus $E_{0} \subset w(A) \backslash w(\partial A)$.

Now for any $h \in Y_{1}$ as $\partial B_{h}(y) \cap B_{l_{1}}\left(c_{0}\right)$ is a connected set it must belong to a connected component of $\mathbf{R}^{2} \backslash w(\partial A)$ and hence by Theorem 2.3 [FoGa95] there exists a function $N: Y_{1} \rightarrow \mathbf{N}$ such that $d(z, w, A)=N(h)$ for any $z \in \partial B_{h}(y) \cap B_{l_{1}}\left(c_{0}\right)$. Let $Y_{2}=\left\{h \in Y_{1}: N(h) \geq 2\right\}$ and define $E_{1}=\bigcup_{h \in Y_{2}} \partial B_{h}(y) \cap B_{l_{0}}\left(c_{0}\right)$. So

$$
\begin{equation*}
\int_{E_{0}} d(w, A, y) d L^{2} y \geq L^{2}\left(E_{1}\right)+L^{2}\left(E_{0}\right) \tag{82}
\end{equation*}
$$

So using Theorem 5 (taking $\phi=\chi_{w(A)}$ ) recalling that $A \subset \Psi_{a_{1}}$

$$
\begin{equation*}
\int_{E_{0}} d(w, A, y) d L^{2} y \leq \int_{w(A)} d(w, A, y) d L^{2} y \stackrel{(23)}{\leq} L^{2}(A)+c \epsilon \tag{83}
\end{equation*}
$$

Thus we have

$$
\begin{equation*}
\frac{\pi}{4}+c \epsilon \geq L^{2}(A)+c \epsilon \stackrel{(83),(82)}{\geq} L^{2}\left(E_{1}\right)+L^{2}\left(E_{0}\right) \tag{84}
\end{equation*}
$$

Now

$$
\begin{equation*}
L^{2}\left(E_{0}\right) \stackrel{(81)}{\geq} \frac{\pi}{4}-c \sqrt{\mathscr{C}_{1}}-c L^{1}\left(T_{y} \cap Y_{0}\right) \stackrel{(80),(79)}{\geq} \frac{\pi}{4}-c \mathscr{C}_{1}^{\frac{1}{8}} \tag{85}
\end{equation*}
$$

Thus $L^{2}\left(E_{1}\right) \stackrel{(84),(85)}{\leq} c \mathscr{C}_{1}^{\frac{1}{8}}$ since

$$
L^{2}\left(E_{1}\right) \geq 2 \pi \int_{Y_{2}} r d L^{1} r \geq 2 \pi \int_{0}^{L^{1}\left(Y_{2}\right)} r d L^{1} r \pi\left(L^{1}\left(Y_{2}\right)\right)^{2}
$$

and as $c \sqrt{L^{2}\left(E_{1}\right)} \geq L^{1}\left(Y_{2}\right)$ this implies $L^{2}\left(Y_{2}\right) \leq c \mathscr{C}_{1}^{\frac{1}{16}}$. Let $L_{y}=Y_{1} \backslash Y_{2}$, so $L_{y}$ satisfies all the properties of Step 4.

Step 5. Let $y_{0} \in B_{\frac{1}{8}}\left(c_{0}\right)$, let $L_{y_{0}}$ be as defined in Step 4. For any $h \in L_{y_{0}} \cap\left(0, \frac{1}{8}\right)$ we will show $w^{-1}\left(\partial B_{h}\left(y_{0}\right)\right)$ is a Jordan curve. Let $\mathscr{I}_{y_{0}}$ denote the interior of the curve we will prove

$$
\begin{equation*}
w\left(\partial \mathscr{I}_{y_{0}}\right)=\partial B_{h}\left(y_{0}\right), w\left(\mathscr{I}_{y_{0}} \cap A\right) \subset B_{h}\left(y_{0}\right) . \tag{86}
\end{equation*}
$$

And

$$
\begin{equation*}
w\left(\left(B_{l_{0}}(0) \backslash \overline{\mathscr{I}_{y_{0}}}\right) \cap A\right) \subset{\overline{B_{h}\left(y_{0}\right)}}^{c} \tag{87}
\end{equation*}
$$

Proof of Step 5. Since $A \subset \Psi_{a_{1}}$ we know for every $x \in \mathbf{R}^{2}$

$$
\begin{equation*}
d(w, A, x)=\sum_{z \in w^{-1}(x)} \operatorname{sgn}(\operatorname{det}(D w(z)))=\operatorname{Card}\left(w^{-1}(x)\right) \tag{88}
\end{equation*}
$$

so from (64) we know

$$
\begin{equation*}
\operatorname{Card}\left(w^{-1}(x)\right)=1 \text { for any } x \in \partial B_{h}\left(y_{0}\right) . \tag{89}
\end{equation*}
$$

So $w^{-1}\left(\partial B_{h}\left(y_{0}\right)\right)$ is a closed curve with no intersections, i.e. $w^{-1}\left(\partial B_{h}\left(y_{0}\right)\right)$ forms a Jordan curve. Thus $\mathbf{R}^{2} \backslash w^{-1}\left(\partial B_{h}\left(y_{0}\right)\right)$ has two connected components, let $\mathscr{I}_{y_{0}}$ denote the interior component. Recall (60) on the structure of the set $A$. Since $\partial \mathscr{I}_{y_{0}}$ is a compact set contained in open set $A$ so

$$
\begin{equation*}
d\left(\partial \mathscr{I}_{y_{0}},\left\{D_{1}, D_{2}, \ldots D_{m_{0}}\right\}\right)>d\left(\partial \mathscr{I}_{y_{0}}, \partial A\right)>0 \tag{90}
\end{equation*}
$$

We will show that

$$
\begin{equation*}
w\left(\mathscr{I}_{y_{0}} \backslash\left(\bigcup_{k=1}^{m_{0}} D_{k}\right)\right) \subset B_{h}\left(y_{0}\right) \tag{91}
\end{equation*}
$$

and

$$
\begin{equation*}
w\left(\left(B_{l_{0}}(0) \backslash \overline{\mathscr{I}_{y_{0}}}\right) \backslash\left(\bigcup_{k=1}^{m_{0}} D_{k}\right)\right) \subset{\overline{B_{h}\left(y_{0}\right.}{ }^{c} . . . . ~ . ~}_{\text {. }} \tag{92}
\end{equation*}
$$

As $A \cap \mathscr{I}_{y_{0}} \subset \mathscr{I}_{y_{0}} \backslash\left(\bigcup_{k=1}^{m_{0}} D_{k}\right)$ thus (91) implies the second part of (86). And similarly (92) implies (87). First we will establish (91). Let $x_{0} \in \partial \mathscr{I}_{y_{0}}$ since we know $\operatorname{det}\left(D w\left(x_{0}\right)\right)>c$ it is easy to see that for small enough $\alpha, w\left(B_{\alpha}\left(x_{0}\right) \cap \mathscr{I}_{y_{0}}\right) \subset$ $B_{h}\left(y_{0}\right)$. For any $z_{1} \in \mathscr{I}_{y_{0}} \backslash\left(\bigcup_{k=1}^{m_{0}} \overline{D_{k}}\right)$, as $\mathscr{I}_{y_{0}}$ is connected we must be able to find a path in $\mathscr{I}_{y_{0}}$ starting from $z_{0} \in B_{\alpha}\left(x_{0}\right) \cap \mathscr{I}_{y_{0}}$ and ending in $z_{1}$. Formally, there exists a function $P:[0, \gamma] \rightarrow \mathscr{I}_{y_{0}}$ with $P(0)=z_{0}, P(\gamma)=z_{1}$ and $P([0, \gamma]) \subset \mathscr{I}_{y_{0}}$.

Let $J=P^{-1}\left(P([0, \gamma]) \cap\left(\bigcup_{k=1}^{m_{0}} \overline{D_{k}}\right)\right)$ let $I_{1}, I_{2}, \ldots I_{m_{1}}$ denote the connected components of $[0, \gamma] \backslash J$ labelled so that $\sup I_{i} \leq \inf I_{i+j}$. Let $a_{i}, b_{i}$ be the endpoints of $I_{i}$, i.e. $\left[a_{i}, b_{i}\right]=\overline{I_{i}}$. Now $P\left(a_{1}\right)=P(0)=z_{0}$ but $P\left(b_{1}\right) \in \bigcup_{k=1}^{m_{0}} \partial D_{k}$. As $P\left(\left(a_{1}, b_{1}\right)\right)$ is connected we claim we must have

$$
\begin{equation*}
w\left(P\left(\left(a_{1}, b_{1}\right)\right)\right) \subset B_{h}\left(y_{0}\right) \tag{93}
\end{equation*}
$$

since otherwise there exists $y \in w\left(P\left(\left(a_{1}, b_{1}\right)\right)\right) \cap \partial B_{h}\left(y_{0}\right)$ and so there must be $x_{1} \in$ $P\left(\left(a_{1}, b_{1}\right)\right) \subset \mathscr{I}_{y_{0}} \cap A$ and $x_{2} \in w^{-1}\left(\partial B_{h}\left(y_{0}\right)\right)=\partial \mathscr{I}_{y_{0}}$ with $w\left(x_{1}\right)=w\left(x_{2}\right)=y$ and thus

$$
\begin{equation*}
d(w, A, y)=\sum_{x \in w^{-1}(y)} \operatorname{sgn}(\operatorname{det}(D w(x))) \geq 2 \tag{94}
\end{equation*}
$$

which contradicts (89) thus (93) is established. Now

$$
\begin{equation*}
\exists k_{1} \in\left\{1,2, \ldots m_{0}\right\} \text { such that } P\left(b_{1}\right) \in \partial D_{k_{1}} \text { and also } P\left(a_{2}\right) \in \partial D_{k_{1}} \tag{95}
\end{equation*}
$$

so we have

$$
\begin{equation*}
w\left(P\left(b_{1}\right)\right), w\left(P\left(a_{2}\right)\right) \in w\left(\partial D_{k_{1}}\right) \tag{96}
\end{equation*}
$$

From (93) we have $w\left(P\left(b_{1}\right)\right) \in \overline{B_{h}\left(y_{0}\right)}$ and we claim must have

$$
\begin{equation*}
w\left(\partial D_{k_{1}}\right) \subset B_{h}\left(y_{0}\right) \tag{97}
\end{equation*}
$$

since otherwise there must exist $y \in w\left(\partial D_{k_{1}}\right) \cap \partial B_{h}\left(y_{0}\right)$ and in the same way we establish (94) (using the fact $D_{k_{1}} \subset \mathscr{I}_{y_{0}}$ ) this implies $d(w, A, y) \geq 2$. So as $P\left(a_{2}\right) \in \partial D_{k_{1}}$ we know $w\left(P\left(a_{2}\right)\right) \in B_{h}\left(y_{0}\right)$. In the same way as before we have $P\left(\left(a_{2}, b_{2}\right)\right) \subset B_{h}\left(y_{0}\right)$ and again $P\left(b_{2}\right) \in D_{k_{2}}$ for some $k_{2} \in\left\{1,2, \ldots, m_{0}\right\}$, we can then repeat the argument to show $w\left(\partial D_{k_{2}}\right) \subset B_{h}\left(y_{0}\right)$. So continuing in this way we have $v\left(P\left(\left(a_{m_{0}}, b_{m_{0}}\right)\right)\right) \subset B_{h}\left(y_{0}\right)$ and as this means $v\left(z_{1}\right)=v(P(\gamma))=$ $v\left(P\left(b_{m_{0}}\right)\right) \in B_{h}\left(y_{0}\right)$ we have established (91). The proof of (92) is identical. This completes the proof of Step 5 .

Step 6. We will show we can find a set $\Upsilon_{0} \subset B_{\frac{1}{8}}(0) \cap A$ such that

$$
\begin{equation*}
L^{2}\left(B_{\frac{1}{8}}(0) \backslash \Upsilon_{0}\right) \leq c \sqrt{\mathscr{C}_{1}} \tag{98}
\end{equation*}
$$

and $\Upsilon_{0}$ has the property that for any $b \in \Upsilon_{0}$ there exists a set $D_{b} \subset L_{v(b)} \cap\left(\frac{1}{8}, \frac{5}{16}\right)$ such that

$$
\begin{equation*}
L^{1}\left(\left(\frac{1}{8}, \frac{5}{16}\right) \backslash D_{b}\right) \leq c \mathscr{C}_{1}^{\frac{1}{32 q}} \tag{99}
\end{equation*}
$$

and any $h \in D_{b}$ has the property that

$$
\begin{align*}
& w^{-1}\left(\partial B_{h}(v(b))\right) \subset N_{c \mathscr{C}_{1}^{\frac{1}{32}}}\left(\partial B_{h}(b)\right),  \tag{100}\\
& \int_{\partial B_{h}(v(b))} d\left(D w^{-1}(z), S O(2)\right) d H^{1} z \leq c \epsilon . \tag{101}
\end{align*}
$$

In addition $\Upsilon_{0}$ has the properties

$$
\begin{gather*}
v(x) \in B_{\sqrt{\varepsilon_{1}}}\left(l_{R}(x)\right) \subset B_{\frac{1}{8}}\left(c_{0}\right) \text { for any } x \in \Upsilon_{0},  \tag{102}\\
d(w, A, v(x))=1 \text { for each } x \in \Upsilon_{0} . \tag{103}
\end{gather*}
$$

Proof of Step 6. Recall $c_{0}=l_{R}(0)$, let $U_{c_{0}}$ be defined as in Step 4. Let $E_{0}:=$ $w^{-1}\left(U_{c_{0}}\right)$. Now for any $x \in U_{c_{0}}, D w^{-1}(x)=\left[D w\left(w^{-1}(x)\right)\right]^{-1}$ and as $w^{-1}(x) \in A$ we have

$$
d\left(D w\left(w^{-1}(x)\right), \widetilde{K}\right) \leq 4 \mathscr{C}_{1}^{\beta} \text { where } \beta=\frac{1}{2\left(1+\frac{q}{p^{*}}\right)}
$$

This implies $d\left(\left[D w\left(w^{-1}(x)\right)\right]^{-1}, S O(2) \cup S O(2) J^{-1}\right) \leq 32 \mathscr{C}_{1}^{\beta}$. Hence

$$
\begin{equation*}
L^{2}\left(E_{0}\right)=\int_{U_{c_{0}}} \operatorname{det}\left(D w^{-1}(z)\right) d L^{2} z \stackrel{(63)}{\geq}\left(1-c \mathscr{C}_{1}^{\frac{1}{16 q}}\right) \frac{\pi}{4} \tag{104}
\end{equation*}
$$

Note that since for any $x \in E_{0}$ we have $v(x) \in U_{c_{0}}$ and hence by (64) we know

$$
\begin{equation*}
d(w, A, v(x))=1 \text { for } x \in E_{0} . \tag{105}
\end{equation*}
$$

Let

$$
\begin{equation*}
E_{1}:=\left\{x \in A:\left|l_{R}(x)-v(x)\right| \leq \sqrt{\mathscr{C}_{1}}\right\} \tag{106}
\end{equation*}
$$

we know from (42) that

$$
\begin{equation*}
L^{2}\left(A \backslash E_{1}\right) \leq c \sqrt{\mathscr{C}_{1}} . \tag{107}
\end{equation*}
$$

Now for any $b \in E_{0} \cap E_{1} \cap B_{\frac{1}{8}}(0)$ let $\mathscr{A}_{b}=\bigcup_{h \in\left(\frac{1}{4}, \frac{5}{16}\right) \cap L_{v(b)}} \partial B_{h}(v(b))$. So note since $b \in E_{1}$

$$
\mathscr{A}_{b} \subset B_{\frac{5}{16}}(v(b)) \stackrel{(106)}{\subset} B_{\frac{5}{16}+\sqrt{\mathscr{C}_{1}}}\left(l_{R}(b)\right) \subset B_{\frac{15}{32}}\left(c_{0}\right) .
$$

Note

$$
\begin{equation*}
L^{2}\left(v\left(E_{0} \cap E_{1} \cap N\right)\right) \stackrel{(104),(107)}{\geq} L^{2}(\tilde{v}(A \cap N))-c \mathscr{C}_{1}^{\frac{1}{16 q}} \stackrel{(75)}{\geq} \frac{\pi}{4}-c \mathscr{C}_{1}^{\frac{1}{16 q}} \tag{108}
\end{equation*}
$$

Now by Step 5 for any $h \in\left(\frac{1}{4}, \frac{5}{16}\right) \cap L_{v(b)}$ we know $w^{-1}\left(\partial B_{h}(v(b))\right)$ is a Jordan curve and $w^{-1}\left(\partial B_{h}(v(b))\right) \subset \Psi_{a_{1}}$, by continuity of $D v$ and since $a_{1}<\frac{d_{0}}{8}$ (see Definition (12)) we know either

$$
\begin{equation*}
\left\{D v(z): z \in w^{-1}\left(\partial B_{h}(v(b))\right)\right\} \subset N_{2 a_{1}}(S O(2)) \tag{109}
\end{equation*}
$$

or

$$
\begin{equation*}
\left\{D v(z): z \in w^{-1}\left(\partial B_{h}(v(b))\right)\right\} \subset N_{2 a_{1}}(S O(2) J) \tag{110}
\end{equation*}
$$

Let

$$
\begin{aligned}
& S_{b}^{1}=\left\{h \in\left(\frac{1}{4}, \frac{5}{16}\right) \cap L_{v(b)}:(109) \text { holds true }\right\} \\
& S_{b}^{2}=\left\{h \in\left(\frac{1}{4}, \frac{5}{16}\right) \cap L_{v(b)}:(110) \text { holds true }\right\}
\end{aligned}
$$

Thus

$$
\begin{equation*}
S_{b}^{1} \cup S_{b}^{2}=\left(\frac{1}{4}, \frac{5}{16}\right) \cap L_{v(b)} \tag{111}
\end{equation*}
$$

Now

$$
\begin{aligned}
& \int_{\mathscr{A}_{b}} d\left(D w^{-1}(z), S O(2)\right) d L^{2} z \\
& =\int_{w^{-1}\left(\mathscr{A}_{b}\right)} d\left([D w(y)]^{-1}, S O(2)\right)\left(\operatorname{det}\left([D w(y)]^{-1}\right)\right)^{-1} d L^{2} y .
\end{aligned}
$$

And since $w^{-1}\left(\mathscr{A}_{b}\right) \subset A$ so for any $y \in w^{-1}\left(\mathscr{A}_{b}\right)$ we have $d(D w(y), \widetilde{K}) \leq 4 \mathscr{C}_{1}^{\beta}$ which implies $d\left([D w(y)]^{-1}, S O(2) \cup S O(2) J^{-1}\right) \leq 16 \mathscr{C}_{1}^{\beta}$ and hence

$$
\begin{equation*}
\int_{\mathscr{A} \mathscr{A}_{b}} d\left(D w^{-1}(z), S O(2)\right) d L^{2} z \leq c \int_{B_{\frac{1}{2}}(0)} d(D w(y), S O(2)) d L^{2} y \stackrel{(26)}{\leq} c \mathscr{C}_{1}^{2} \tag{112}
\end{equation*}
$$

Now let $W_{b}^{2}=\bigcup_{h \in S_{b}^{2}} \partial B_{h}(v(b)), \int_{W_{b}^{2}} d\left(D w^{-1}(z), S O(2)\right) d L^{2} z \geq \frac{d_{0}}{2} L^{2}\left(W_{b}^{2}\right)$ so from (112) we have

$$
\begin{equation*}
L^{1}\left(S_{b}^{2}\right) \leq c L^{2}\left(W_{b}^{2}\right) \leq c \mathscr{C}_{1}^{2} \tag{113}
\end{equation*}
$$

Let $W_{b}^{1}:=\bigcup_{h \in S_{b}^{1}} \partial B_{h}(v(b))$ so arguing as before there exists a positive constant $c_{3}=c_{3}(\sigma)$

$$
\begin{align*}
& \int_{W_{b}^{1}} d\left(D w^{-1}(z), S O(2)\right) d L^{2} z \\
& \leq c \int_{w^{-1}\left(W_{b}^{1}\right)} d(D w(y), S O(2)) d L^{2} y \stackrel{(23),(109)}{\leq} c_{3} \epsilon \tag{114}
\end{align*}
$$

Let

$$
\begin{equation*}
P_{b}=\left\{h \in S_{b}^{1}: \int_{\partial B_{h}(v(b))} d\left(D w^{-1}(z), S O(2)\right) d H^{1} z \leq \mathscr{C}_{1}^{-1} c_{3} \epsilon\right\} \tag{115}
\end{equation*}
$$

so from (114) we have $L^{1}\left(S_{b}^{1} \backslash P_{b}\right) \leq \mathscr{C}_{1}$ and from this and (111), (113) and (63) we have

$$
\begin{equation*}
L^{1}\left(\left(\frac{1}{8}, \frac{5}{16}\right) \backslash P_{b}\right) \leq c \mathscr{C}_{1}^{\frac{1}{16}} \tag{116}
\end{equation*}
$$

Let

$$
\begin{equation*}
D_{b}=\left\{h \in P_{b}: H^{1}\left(\partial B_{h}(v(b)) \backslash v\left(E_{0} \cup E_{1}\right)\right) \leq \mathscr{C}_{1}^{\frac{1}{32}}\right\} . \tag{117}
\end{equation*}
$$

So

$$
c \mathscr{C}_{1}^{\frac{1}{16 q}} \stackrel{(108)}{\geq} L^{2}\left(A\left(v(b), \frac{1}{4}, \frac{5}{16}\right) \backslash v\left(E_{0} \cup E_{1}\right)\right) \stackrel{(117)}{\geq} \mathscr{C}_{1}^{\frac{1}{32}} L^{1}\left(P_{b} \backslash D_{b}\right)
$$

and thus we have

$$
\begin{equation*}
L^{1}\left(D_{b}\right) \geq \frac{3}{16}-c \mathscr{b}_{1}^{\frac{1}{32 q}} \tag{118}
\end{equation*}
$$

Let $h \in D_{b}$. Let $z_{0} \in \partial B_{h}(v(b)) \cap w\left(E_{0} \cap E_{1}\right) \subset U_{c_{0}}$ thus $d\left(w, A, z_{0}\right)=1$ and hence $\operatorname{Card}\left(w^{-1}\left(z_{0}\right)\right)=1$. Thus as $w^{-1}\left(z_{0}\right) \in E_{1}$ we have

$$
\begin{equation*}
\left|z_{0}-l_{R}\left(w^{-1}\left(z_{0}\right)\right)\right|=\left|w\left(w^{-1}\left(z_{0}\right)\right)-l_{R}\left(w^{-1}\left(z_{0}\right)\right)\right| \stackrel{(106)}{\leq} \sqrt{\mathscr{C}_{1}} . \tag{119}
\end{equation*}
$$

Thus as $b \in E_{1}$ and $z_{0} \in \partial B_{h}(v(b))$ we have

$$
\begin{equation*}
w^{-1}\left(z_{0}\right) \stackrel{(119)}{\in} B_{\sqrt{6_{1}}}\left(l_{R}^{-1}\left(z_{0}\right)\right) \subset N_{\sqrt{\mathscr{C}_{1}}}\left(\partial B_{h}\left(l_{R}^{-1}(v(b))\right)\right) \stackrel{(106)}{\subset} N_{2 \sqrt{\mathscr{C}_{1}}}\left(\partial B_{h}(b)\right) \tag{120}
\end{equation*}
$$

And for any $z_{1} \in \partial B_{h}(v(b)) \backslash v\left(E_{0} \cap E_{1}\right)$ from (117) we can find a point $z_{2} \in$ $\partial B_{h}(v(b)) \cap v\left(E_{0} \cap E_{1}\right)$ such that if $W$ denote the short connected component of $\partial B_{h}(v(b)) \backslash\left\{z_{1}, z_{2}\right\}$ then $H^{1}(W) \leq \mathscr{C}_{1}^{\frac{1}{32}}$. So

$$
\begin{aligned}
\left|w^{-1}\left(z_{1}\right)-w^{-1}\left(z_{2}\right)\right| & \leq H^{1}(W)+\int_{\partial B_{h}(v(b))} d\left(D w^{-1}(z), S O(2)\right) d H^{1} z \\
& \stackrel{(115)}{\leq} c \mathscr{C}_{1}^{\frac{1}{32}}
\end{aligned}
$$

Hence

$$
\begin{equation*}
w^{-1}\left(\partial B_{h}(v(b))\right) \subset N_{c \mathscr{C _ { 1 } ^ { 1 2 }}}^{\frac{1}{22}}\left(\partial B_{h}(b)\right) . \tag{121}
\end{equation*}
$$

Letting $\Upsilon_{0}=E_{1} \cap E_{2} \cap B_{\frac{1}{8}-c \sqrt{\mathscr{C}_{1}}}(0)$, by (105), (106), (115), (118) and (120) $\Upsilon_{0}$ satisfies (99), (100), (101), (102) and (103) and this completes the proof of Step 6.

Step 7. We will show there exists a set $\Xi_{0} \subset B_{\frac{1}{8}}\left(c_{0}\right) \cap w(A)$ such that

$$
\begin{equation*}
L^{2}\left(\Xi_{0}\right) \geq \frac{\pi}{64}-c \mathscr{C}_{1}^{\frac{1}{4 q}} \tag{122}
\end{equation*}
$$

and for any $a \in \Xi_{0}$ there exists $\Theta_{a} \subset S^{1}$ with the following properties

$$
\begin{equation*}
H^{1}\left(S^{1} \backslash \Theta_{a}\right) \leq c \mathscr{C}_{1}^{\frac{1}{8}} \tag{123}
\end{equation*}
$$

- For each $\theta \in \Theta_{a}$ let $t(\theta) \in \mathbf{R}_{+}$be the smallest number such that $a+\theta t(\theta) \in$ $v\left(\partial B_{l_{0}}(0)\right)$, we will show $[a, a+\theta t(\theta)) \subset w(A)$ and

$$
\begin{equation*}
d(w, A, y)=1 \text { for any } y \in[a, a+\theta t(\theta)) \tag{124}
\end{equation*}
$$

- For any $\theta \in \Theta_{a}$

$$
\begin{equation*}
\int_{[a, a+\theta t(\theta))} d\left(D w^{-1}(z), S O(2)\right) d L^{1} z \leq c \epsilon \tag{125}
\end{equation*}
$$

Proof Step 7. Recall inclusion (59) $\partial A \subset \partial B_{l_{0}}(0) \cup W_{a_{2}}$ (where $W_{a_{2}}$ is defined by (58) and recall $a_{2} \in H \subset\left[2 \mathscr{C}_{1}^{\beta}, 3 \mathscr{C}_{1}^{\beta}\right]$ ) and as $l_{0} \in K_{0}$ from (28) we have $\partial B_{l_{0}}(0) \cap W_{a_{2}}=\emptyset$. Let $\Gamma=w\left(W_{a_{2}}\right)$, since $\Gamma$ is the Lipschitz image of a rectifiable set it is rectifiable and from (77) we have $H^{1}(\Gamma) \leq c \sqrt{\mathscr{C}_{1}}$. Define measure $\mu$ by $\mu(B)=H^{1}(B \cap \Gamma)$. So $\mu\left(\mathbf{R}^{2}\right) \leq c \sqrt{\mathscr{C}_{1}}$. By Fubini's Theorem

$$
\begin{equation*}
\int_{B_{2}\left(c_{0}\right)} \int_{B_{2}\left(c_{0}\right)} \frac{1}{|z-y|} d \mu z d L^{2} y=\int_{B_{2}\left(c_{0}\right)} \int_{B_{2}\left(c_{0}\right)} \frac{1}{|z-y|} d L^{2} y d \mu z \leq c \sqrt{\mathscr{C}_{1}} . \tag{126}
\end{equation*}
$$

Let

$$
\begin{equation*}
\Xi_{1}:=\left\{y \in B_{\frac{1}{8}}\left(c_{0}\right): \int_{B_{2}\left(c_{0}\right)} \frac{1}{|z-y|} d \mu z \leq \mathscr{C}_{1}^{\frac{1}{4}}\right\} \tag{127}
\end{equation*}
$$

So from (126)

$$
\begin{equation*}
L^{2}\left(B_{\frac{1}{8}}(0) \backslash \Xi_{1}\right) \leq c \mathscr{C}_{1}^{\frac{1}{4}} \tag{128}
\end{equation*}
$$

Let $E_{a}(z): \Gamma \rightarrow S^{1}$ be defined by $E_{a}(z):=\frac{(z-a)}{|z-a|}$, so $\left|D E_{a}(z)\right|=\frac{1}{|z-a|}$. Now using the Co-area formula for rectifiable sets, Theorem 3.2.22 [Fed69] we have that for any $a \in \mathbf{R}^{2}$

$$
\begin{equation*}
\int_{\Gamma} \frac{\chi_{B_{2}\left(c_{0}\right)}(z)}{|z-a|} d H^{1} z \geq \int_{S^{1}} \operatorname{Card}\left(E_{a}^{-1}(\theta) \cap \Gamma \cap B_{2}\left(c_{0}\right)\right) d H^{1} \theta . \tag{129}
\end{equation*}
$$

So if $a \in \Xi_{1}$ we have

$$
\int_{S^{1}} \operatorname{Card}\left(E_{a}^{-1}(\theta) \cap \Gamma \cap B_{2}\left(c_{0}\right)\right) d H^{1} \theta \stackrel{(129),(127)}{\leq} \mathscr{C}_{1}^{\frac{1}{4}}
$$

Thus each $a \in \Xi_{1}$ we can find a set $\Sigma_{a}^{1} \subset S^{1}$ such that

$$
\begin{equation*}
H^{1}\left(S^{1} \backslash \Sigma_{a}^{1}\right) \leq \mathscr{C}_{1}^{\frac{1}{8}} \tag{130}
\end{equation*}
$$

and for every $\theta \in \Sigma_{a}^{1}$ we have $\operatorname{Card}\left(E_{a}^{-1}(\theta) \cap \Gamma \cap B_{2}\left(c_{0}\right)\right)=0$. Since $l_{0} \in \mathscr{Y}_{0}$ we know

$$
\begin{equation*}
v\left(\partial B_{l_{0}}(0)\right) \stackrel{(38)}{\subset} N_{c \sqrt{6_{1}}}\left(\partial B_{l_{0}}\left(c_{0}\right)\right) . \tag{131}
\end{equation*}
$$

Given $b \in B_{\frac{1}{8}}\left(c_{0}\right)$, for each $\theta \in S^{1}$ we define $t_{b}(\theta) \in \mathbf{R}_{+}$to be the smallest number such that $\left[b+\theta t_{b}(\theta)\right] \cap v\left(\partial B_{l_{0}}(0)\right) \neq \emptyset$. Thus for $a \in \Xi_{1} \cap w(A), \theta \in \Sigma_{a}^{1}$ as $w(\partial A) \stackrel{(59)}{\subset} \Gamma \cup v\left(\partial B_{l_{0}}(0)\right)$ we have $\left[a, a+\theta t_{a}(\theta)\right) \cap \partial w(A) \stackrel{(62)}{\subset}\left[a, a+\theta t_{a}(\theta)\right) \cap$ $w(\partial A)=\emptyset$ and this implies

$$
\begin{equation*}
\bigcup_{\theta \in \Sigma_{a}^{1}}\left[a, a+\theta t_{a}(\theta)\right) \subset w(A) \backslash w(\partial A) \text { for any } a \in \Xi_{1} \cap w(A) . \tag{132}
\end{equation*}
$$

Hence as $d(w, A, y)$ is constant on the connected components of $\mathbf{R}^{2} \backslash w(\partial A)$ and $\left[a, \theta t_{a}(\theta)\right)$ must belong to one such connected component there exists, $N(\theta) \geq 1$ such that $d(w, A, y)=N(\theta)$ for any $y \in\left[a, a+\theta t_{a}(\theta)\right)$. Let

$$
\begin{equation*}
\mathbf{H}_{a}:=\left\{\theta \in \Sigma_{a}^{1}: N(\theta) \geq 2\right\} . \tag{133}
\end{equation*}
$$

Arguing as we did in Step 4

$$
\int_{\bigcup_{\theta \in \Sigma_{a}^{1}}\left[a, a+\theta t_{a}(\theta)\right)} d(w, A, y) d L^{2} y \geq L^{2}\left(\bigcup_{\theta \in \Sigma_{a}^{1}}\left[0, \theta t_{a}(\theta)\right)\right)+L^{2}\left(\bigcup_{\theta \in \mathbf{H}_{a}}\left[0, \theta t_{a}(\theta)\right)\right)
$$

As by Theorem 5 (again taking $\phi=\chi_{w(A)}$ )

$$
\int_{\bigcup_{\theta \in \Sigma_{a}^{1}}\left[a, a+\theta t_{a}(\theta)\right)} d(w, A, y) d L^{2} y \leq L^{2}(A)+c \epsilon \stackrel{(23)}{\leq} \frac{\pi}{4}+c \epsilon
$$

and as from (131) we know $t_{a}(\theta) \geq \frac{1}{16}$ for every $\theta \in S^{1}$ thus

$$
\begin{equation*}
\frac{H^{1}\left(\mathbf{H}_{a}\right)}{16}+L^{2}\left(\bigcup_{\theta \in \Sigma_{a}^{1}}\left[0, \theta t_{a}(\theta)\right)\right) \leq \frac{\pi}{4}+c \epsilon \tag{134}
\end{equation*}
$$

However

$$
\begin{equation*}
L^{2}\left(\bigcup_{\theta \in \Sigma_{a}^{1}}\left[0, \theta t_{a}(\theta)\right)\right) \stackrel{(131),(130)}{\geq} L^{2}\left(B_{\frac{1}{2}-c \sqrt{\mathscr{C}_{1}}}\left(c_{0}\right)\right)-c \mathscr{C}_{1}^{\frac{1}{8}} \geq \frac{\pi}{4}-c \mathscr{C}_{1}^{\frac{1}{8}} \tag{135}
\end{equation*}
$$

so from (135), (134) we have

$$
\begin{equation*}
H^{1}\left(\mathbf{H}_{a}\right) \leq c \mathscr{C}_{1}^{\frac{1}{8}} \tag{136}
\end{equation*}
$$

Let

$$
\begin{equation*}
\Sigma_{a}^{2}:=\Sigma_{a}^{1} \backslash \mathbf{H}_{a} \text { and } \mathbf{S}_{a}^{1}:=\bigcup_{\theta \in \Sigma_{a}^{2}}\left[a, a+\theta t_{a}(\theta)\right) \tag{137}
\end{equation*}
$$

Let $\mathbf{W}:=\bigcup_{a \in \Xi_{1} \cap w(A)} \mathbf{S}_{a}^{1}$. From (132) we know $\mathbf{W} \subset w(A)$ from the definition of $\Sigma_{a}^{2}$ (see (137), (133)) we know for any $y \in \mathbf{W}$, we have $\operatorname{Card}\left(w^{-1}(y)\right)=d(w, A, y)=1$ and hence the inverse of $w$ is well defined on $\mathbf{W}$.

It will simplify the notation to define $Q:\left\{M \in \mathbf{M}^{2 \times 2}: \operatorname{det}(M)>0\right\} \rightarrow \mathbf{M}^{2 \times 2}$ by $Q(M)=M^{-1}$, let $\mathbf{K}:=S O(2) \cup S O(2) J^{-1}$ so as

$$
w^{-1}(\mathbf{W}) \subset A \stackrel{(56)}{\subset}\left\{x \in B_{\frac{1}{2}}(0): d(D v(x), \widetilde{K}) \leq 5 \mathscr{C}^{\beta}\right\}
$$

and as $D w^{-1}(y)=\left[D w\left(w^{-1}(y)\right)\right]^{-1}$

$$
\begin{align*}
& \int_{\mathbf{W}}\left|D^{2} w^{-1}(y)\right|\left|d^{\frac{q}{p^{*}}}\left(D w^{-1}(y), \mathbf{K}\right)\right| d L^{2} y \\
& \leq c \int_{w^{-1}(\mathbf{W})}|D Q(D w(z))|\left|D^{2} w(z)\right| d^{\frac{q}{p^{*}}}\left([D w(z)]^{-1}, \mathbf{K}\right)\left(\operatorname{det}\left([D w(z)]^{-1}\right)\right) d L^{2} z  \tag{138}\\
& \quad(25) c \mathscr{C}_{1}
\end{align*}
$$

Similarly

$$
\begin{equation*}
\int_{\mathbf{W}} d\left(D w^{-1}(y), \mathbf{K}\right) d L^{2} y \stackrel{(23)}{\leq} c \epsilon \tag{139}
\end{equation*}
$$

Finally $\int_{\mathbf{W}} d\left(D w^{-1}(y), S O(2)\right) d L^{2} y \stackrel{(26)}{\leq} c \mathscr{C}_{1}^{2}$. Now by Theorem 5 and (103), since $\Upsilon_{0} \subset \Psi_{a_{1}}$ so $L^{2}\left(w\left(\Upsilon_{0}\right)\right) \stackrel{(98)}{\geq} \frac{\pi}{64}-c \mathscr{C}_{1}^{\frac{1}{2 q}}$. And as by (102) $w\left(\Upsilon_{0}\right) \subset B_{\frac{1}{8}}(0)$ it is clear from (128) that $L^{2}\left(w\left(\Upsilon_{0}\right) \cap \Xi_{1}\right) \geq \frac{\pi}{64}-c \mathscr{C}_{1}^{\frac{1}{4 q}}$. Now by the same Fubini argument
we used to established (127), (128) we can find a set $\Xi_{0} \subset \Xi_{1} \cap w\left(\Upsilon_{0}\right)$ with

$$
\begin{equation*}
L^{2}\left(\Xi_{0}\right) \geq L^{2}\left(\Xi_{1} \cap w\left(\Upsilon_{0}\right)\right)-c \sqrt{\mathscr{C}_{1}} \geq \frac{\pi}{64}-c \mathscr{C}_{1}^{\frac{1}{4 q}} \tag{140}
\end{equation*}
$$

and for any $a \in \Xi_{0}$ we have

$$
\begin{align*}
& \int_{\mathbf{S}_{a}^{1}}\left|D^{2} w^{-1}(y)\right| d^{\frac{q}{p^{*}}}\left(D w^{-1}(y), \mathbf{K}\right)|y-a|^{-1} d L^{2} y \leq c \sqrt{\mathscr{C}_{1}}  \tag{141}\\
& \int_{\mathbf{S}_{a}^{1}} d\left(D w^{-1}(y), \mathbf{K}\right)|y-a|^{-1} d L^{2} y \leq c \epsilon \tag{142}
\end{align*}
$$

and

$$
\begin{equation*}
\int_{\mathbf{S}_{a}^{1}} d\left(D w^{-1}(y), S O(2)\right)|y-a|^{-1} d L^{2} y \leq c \mathscr{C}_{1}^{\frac{3}{2}} \tag{143}
\end{equation*}
$$

By the Co-area formula for by $a \in \Xi_{0}$ we can find $\Theta_{a} \subset \Sigma_{a}^{2}$ with

$$
\begin{equation*}
H^{1}\left(\Sigma_{a}^{2} \backslash \Theta_{a}\right) \leq \mathscr{C}_{1}^{\frac{1}{4}} \tag{144}
\end{equation*}
$$

and any $\theta \in \Theta_{a}$ has the property

$$
\begin{gather*}
\int_{\left[a, a+\theta t_{a}(\theta)\right)}\left|D^{2} w^{-1}(y)\right| d^{\frac{q}{p^{*}}}\left(D w^{-1}(y), \mathbf{K}\right) d H^{1} y \leq c \mathscr{C}_{1}^{\frac{1}{4}},  \tag{145}\\
\int_{\left[a, a+\theta t_{a}(\theta)\right)} d\left(D w^{-1}(y), \mathbf{K}\right) d H^{1} y \leq c \epsilon \tag{146}
\end{gather*}
$$

and

$$
\begin{equation*}
\int_{\left[a, a+\theta t_{a}(\theta)\right)} d\left(D w^{-1}(y), S O(2)\right) d H^{1} y \leq c \mathscr{C}_{1}^{\frac{5}{4}} . \tag{147}
\end{equation*}
$$

And as we have seen before in (33) of Lemma 2, inequalities (145) and (147) imply

$$
d\left(D w^{-1}(z), S O(2)\right)<d\left(D w^{-1}(z), S O(2) J\right) \text { for any } z \in\left[a, a+\theta t_{a}(\theta)\right)
$$

and thus (146) gives

$$
\begin{equation*}
\int_{\left[a, a+\theta t_{a}(\theta)\right)} d\left(D w^{-1}(y), S O(2)\right) d H^{1} z \leq c \epsilon . \tag{148}
\end{equation*}
$$

From (130), (136), (144) $\Theta_{a}$ satisfies (123). By (133), (137) it satisfies (124), from (148) it satisfies (125) and finally from (140) it satisfies (122). This completes the proof of Step 7 .

Step 8. Recall the definition of set $\Upsilon_{0}$, from Step 6. We will show that for any $b \in \Upsilon_{0}$ and any $h \in D_{b}$

$$
\begin{equation*}
H^{1}\left(w^{-1}\left(\partial B_{h}(v(b))\right)\right) \leq 2 \pi h+c \epsilon \tag{149}
\end{equation*}
$$

and denoting the interior of $w^{-1}\left(\partial B_{h}(v(b))\right)$ by $I_{b}$ (i.e. $I_{b}:=\mathscr{I}_{v(b)}$ of Step 5) we have

$$
\begin{equation*}
L^{2}\left(I_{b} \cap A\right) \geq \pi h^{2}-c \epsilon \tag{150}
\end{equation*}
$$

Proof of Step 8. As $b \in \Upsilon_{0}, v(b) \in B_{\frac{1}{8}}\left(c_{0}\right)$ and so

$$
\begin{equation*}
B_{h}(v(b)) \subset B_{\frac{15}{32}}\left(c_{0}\right) \subset B_{l_{1}}\left(c_{0}\right) \tag{151}
\end{equation*}
$$

From Step 4 (64) we know that for $h \in D_{h}$ we have $\partial B_{h}(v(b)) \subset w(A)$ and $d(w, A, z)=1$ for $z \in \partial B_{h}(v(b))$ thus it makes sense to consider the inverse of $w$ on $\partial B_{h}(v(b))$, we also know $w^{-1}\left(\partial B_{h}(v(b))\right)$ is a Jordan curve and recall $N$ is the set of points at which $v$ and $\tilde{v}$ agree (see (71)) and from (39) we know that $L^{2}\left(B_{l_{0}}(0) \backslash N\right) \leq c \epsilon$. We will show

$$
\begin{equation*}
L^{2}\left(B_{h}(v(b)) \backslash v\left(I_{b} \cap A \cap N\right)\right) \leq c \epsilon \tag{152}
\end{equation*}
$$

Let $O=B_{l_{0}}(0) \backslash \overline{I_{b}}$. By (87)

$$
\begin{equation*}
\tilde{v}(N \cap A \cap O) \cap B_{h}(v(b))=\emptyset . \tag{153}
\end{equation*}
$$

So as from (151), (46)

$$
\begin{equation*}
B_{h}(v(b)) \subset \tilde{v}(N \cap A \cap O) \cup \tilde{v}\left(N \cap A \cap \overline{I_{b}}\right) \cup \tilde{v}\left(B_{l_{0}}(0) \backslash(N \cap A)\right) \tag{154}
\end{equation*}
$$

and as

$$
L^{2}\left(\tilde{v}\left(B_{l_{0}}(0) \backslash(N \cap A)\right)\right) \leq c L^{2}\left(B_{l_{0}}(0) \backslash(N \cap A)\right) \stackrel{(57),(39)}{\leq} c \epsilon
$$

together with (153), (154) this implies (152). By Theorem 5 (taking $\left.\phi=\chi_{v\left(I_{b} \cap A \cap N\right)}\right)$

$$
\begin{gather*}
\int_{I_{b} \cap A \cap N} \operatorname{det}(D v(x)) d L^{2} x  \tag{155}\\
\int_{v\left(I_{b} \cap A \cap N\right)} N\left(v, I_{b} \cap A \cap N, z\right) d L^{2} z \\
\stackrel{(152)}{\geq} \pi h^{2}-c \epsilon .
\end{gather*}
$$

And as

$$
\begin{gathered}
\int_{I_{b} \cap A \cap N} \operatorname{det}(D v(x)) d L^{2} x \leq \int_{I_{b} \cap A \cap N} 1+c d(D v(x), \widetilde{K}) d L^{2} x \\
\stackrel{(23)}{\leq} L^{2}\left(I_{b} \cap A \cap N\right)+c \epsilon .
\end{gathered}
$$

Together with (155) this gives

$$
L^{2}\left(I_{b} \cap A \cap N\right) \geq \pi h^{2}-c \epsilon
$$

which establishes (150). By Step 6, (101) $H^{1}\left(w^{-1}\left(\partial B_{h}(v(b))\right)\right) \leq 2 \pi h+c \epsilon$ which establishes (149) and completes the proof of Step 8.

Step 9. Let $b \in \Upsilon_{0}, h \in D_{b}$ for $p_{h}:=\sqrt{\frac{L^{2}\left(I_{b}\right)}{\pi}}$ there exists $\omega_{b} \in B_{\frac{1}{2}}(0)$ such that

$$
\begin{equation*}
L^{2}\left(I_{b} \backslash B_{p_{h}}\left(\omega_{b}\right)\right) \leq c \sqrt{\epsilon} \tag{156}
\end{equation*}
$$

Proof of Step 9. Recall from Step $5 \partial I_{b}=w^{-1}\left(\partial B_{h}(v(b))\right)$ and

$$
\begin{equation*}
H^{1}\left(\partial I_{b}\right)=H^{1}\left(w^{-1}\left(\partial B_{h}(v(b))\right)\right) \stackrel{(149)}{\leq} 2 \pi h+c \epsilon \tag{157}
\end{equation*}
$$

and since by (150) we know $L^{2}\left(I_{b}\right) \geq \pi h^{2}-c \epsilon$ by Theorem 3 the Fraenkel asymmetry $\lambda\left(I_{b}\right)$ satisfies

$$
(2 \pi h+c \epsilon)^{2} \stackrel{(7),(157)}{\geq} 4 \pi\left(1+\frac{\left(\lambda\left(I_{b}\right)\right)^{2}}{4}\right)\left(\pi h^{2}-c \epsilon\right)
$$

thus $4 \pi^{2} h^{2}+c \epsilon \geq 4 \pi^{2} h^{2}+\pi^{2} h^{2}\left(\lambda\left(I_{b}\right)\right)^{2}$ thus $\lambda\left(I_{b}\right) \leq c \sqrt{\epsilon}$. Thus there exists $\omega_{b} \in \mathbf{R}^{2}$ such that (156) is satisfied.

Step 10. Let $b \in \Upsilon_{0}$ be such that $v(b) \in \Xi_{0}$, for any $h \in D_{b}$ we will show

$$
\begin{equation*}
L^{2}\left(I_{b} \backslash B_{h}(b)\right) \leq c \sqrt{\epsilon} \tag{158}
\end{equation*}
$$

Proof of Step 10. Let $\omega_{b} \in \mathbf{R}^{2}$ satisfy (156) for $p_{h}=\sqrt{\frac{L^{2}\left(I_{b}\right)}{\pi}}$. First note (156) implies $L^{2}\left(I_{b} \cap B_{p_{h}}\left(\omega_{b}\right)\right) \geq \pi p_{h}^{2}-c \sqrt{\epsilon}$ and thus

$$
\begin{equation*}
L^{2}\left(B_{p_{h}}\left(\omega_{b}\right) \backslash I_{b}\right) \leq c \sqrt{\epsilon} \tag{159}
\end{equation*}
$$

Since $\partial I_{b}=w^{-1}\left(\partial B_{h}(v(b))\right) \stackrel{(100)}{\subset} N_{c \mathscr{C}_{1}^{\frac{1}{22}}}\left(\partial B_{h}(b)\right)$ it is easy to see

$$
\begin{equation*}
\omega_{b} \in B_{c \mathscr{C}_{1}^{\frac{1}{32}}}(b) \text { and }\left|p_{h}-h\right| \leq c \mathscr{C}_{1}^{\frac{1}{32}} \tag{160}
\end{equation*}
$$

For each $\theta \in S^{1}$ let $E(\theta)>0$ be the largest number such that

$$
\left(\left(\left(p_{h}+E(\theta)\right) \theta,\left(p_{h}-E(\theta)\right) \theta\right)+\omega_{b}\right) \cap \partial I_{b}=\emptyset .
$$

Let

$$
\mathscr{X}_{1}:=\left\{\theta \in S^{1}:\left(\left(p_{h}+E(\theta)\right) \theta,\left(p_{h}-E(\theta)\right) \theta+\omega_{b}\right) \subset I_{b}\right\}
$$

and let

$$
\mathscr{X}_{2}:=\left\{\theta \in S^{1}:\left(\left(p_{h}+E(\theta)\right) \theta,\left(p_{h}-E(\theta)\right) \theta+\omega_{b}\right) \cap I_{b}=\emptyset\right\} .
$$

For any $\theta \in \mathscr{X}_{1}$ we know

$$
\left(\left(p_{h}+E(\theta)\right) \theta, p_{h} \theta\right)+\omega_{b} \subset\left(I_{b} \backslash B_{p_{h}}\left(\omega_{b}\right)\right) .
$$

So there exists constant $c_{4}=c_{4}(\sigma)>0$ such that

$$
\begin{align*}
\int_{\mathscr{X}_{1}} E(\theta) d H^{1} \theta & \leq \int_{\mathscr{X}_{1}} H^{1}\left(\left(I_{b} \backslash B_{p_{h}}\left(\omega_{b}\right)\right) \cap\left\{\omega_{b}+\theta \mathbf{R}_{+}\right\}\right) d H^{1} \theta  \tag{161}\\
& \leq c L^{2}\left(I_{b} \backslash B_{p_{h}}\left(\omega_{b}\right)\right) \stackrel{(156)}{\leq} c_{4} \sqrt{\epsilon} .
\end{align*}
$$

In the same way if $\theta \in \mathscr{X}_{2}$ then we know

$$
\left(p_{h} \theta,\left(p_{h}-E(\theta)\right) \theta\right)+\omega_{b} \subset\left(B_{p_{h}}\left(\omega_{b}\right) \backslash I_{b}\right) \cap\left\{\omega_{b}+\theta \mathbf{R}_{+}\right\}
$$

and arguing in exactly the same way as (161) we get

$$
\begin{equation*}
\int_{\mathscr{X}_{2}} E(\theta) d H^{1} \theta \stackrel{(159)}{\leq} c_{4} \sqrt{\epsilon} \tag{162}
\end{equation*}
$$

Let $\mathbf{U}=\left\{\theta \in S^{1}: E(\theta)<2 c_{4} \mathscr{C}_{1}^{-1} \sqrt{\epsilon}\right\}$ so from (161), (162) we have

$$
\begin{equation*}
H^{1}\left(S^{1} \backslash \mathbf{U}\right) \leq \mathscr{C}_{1} \tag{163}
\end{equation*}
$$

For any $\theta \in \mathbf{U}$ we can find

$$
Q(\theta) \in\left\{\omega_{b}+\theta \mathbf{R}_{+}\right\} \cap N_{2 E(\theta)}\left(\partial B_{p_{h}}\left(\omega_{b}\right)\right) \cap \partial I_{b}
$$

Let $\mathbf{D}_{0}:=\bigcup_{\theta \in \mathbf{U}} Q(\theta)$, note

$$
\begin{equation*}
\mathbf{D}_{0} \subset N_{c \sqrt{\epsilon}}\left(\partial B_{p_{h}}\left(\omega_{b}\right)\right) \tag{164}
\end{equation*}
$$

and as $\mathbf{D}_{0} \subset \partial I_{b}, \mathbf{D}_{0}$ is rectifiable.
Define $\mathbf{P}: \mathbf{R}^{2} \rightarrow p_{h} S^{1}$ by $\mathbf{P}(z)=p_{h} \frac{z-\omega_{b}}{\left|z-\omega_{b}\right|}$, so $|D \mathbf{P}(z)|=\frac{p_{h}}{\left|z-\omega_{b}\right|}$. Now $\mathbf{P}\left(\mathbf{D}_{0}\right)=$ $p_{h} \mathbf{U}$ and from (163) we have

$$
\begin{equation*}
H^{1}\left(\mathbf{P}\left(\mathbf{D}_{0}\right)\right) \geq 2 \pi p_{h}-\mathscr{C}_{1} . \tag{165}
\end{equation*}
$$

As $\mathbf{D}_{0}$ is a rectifiable set we know

$$
\begin{equation*}
H^{1}\left(\mathbf{P}\left(\mathbf{D}_{0}\right)\right) \leq \int_{\mathbf{D}_{0}}\left|D \mathbf{P}(z) t_{z}\right| d H^{1} z \leq(1+c \sqrt{\epsilon}) H^{1}\left(\mathbf{D}_{0}\right) \tag{166}
\end{equation*}
$$

which implies

$$
\begin{equation*}
H^{1}\left(\mathbf{D}_{0}\right) \stackrel{(165),(166)}{\geq} 2 \pi p_{h}-c \mathscr{C}_{1} . \tag{167}
\end{equation*}
$$

Define $\mathbf{M}_{b}:=\partial B_{h}(v(b)) \backslash\left(h \Theta_{v(b)}+v(b)\right)$ (see Figure 2), as $v(b) \in \Xi_{0}$ (recall this is one of the hypotheses of Step 10) we know

$$
\begin{equation*}
H^{1}\left(\mathbf{M}_{b}\right) \stackrel{(123)}{\leq} c \mathscr{C}_{1}^{\frac{1}{8}} \tag{168}
\end{equation*}
$$

And as $h \in D_{b}$ we have that

$$
\begin{equation*}
H^{1}\left(w^{-1}\left(\mathbf{M}_{b}\right)\right)=\int_{\mathbf{M}_{b}}\left|D w^{-1}(z) t_{z}\right| d H^{1} z \stackrel{(168)}{\leq} c \mathscr{C}_{1}^{\frac{1}{8}} \tag{169}
\end{equation*}
$$

Note

$$
\begin{equation*}
H^{1}\left(\mathbf{P}\left(\mathbf{D}_{0} \backslash w^{-1}\left(\mathbf{M}_{b}\right)\right)\right) \geq H^{1}\left(\mathbf{P}\left(\mathbf{D}_{0}\right)\right)-H^{1}\left(\mathbf{P}\left(w^{-1}\left(\mathbf{M}_{b}\right)\right)\right) \tag{170}
\end{equation*}
$$

and from (100), (160) we have $w^{-1}\left(\mathbf{M}_{b}\right) \subset N_{c \mathscr{C}_{1}^{\frac{1}{32}}}\left(\partial B_{p_{h}}\left(\omega_{b}\right)\right)$ and so

$$
\begin{equation*}
H^{1}\left(\mathbf{P}\left(w^{-1}\left(\mathbf{M}_{b}\right)\right)\right)=\int_{w^{-1}\left(\mathbf{M}_{b}\right)}\left|D \mathbf{P}(z) t_{z}\right| d H^{1} z \stackrel{(169)}{\leq} c \mathscr{C}_{1}^{\frac{1}{8}} \tag{171}
\end{equation*}
$$

Let $\mathbf{D}_{1}=\mathbf{D}_{0} \backslash w^{-1}\left(\mathbf{M}_{b}\right)$, so from (167), (169) we know $H^{1}\left(\mathbf{D}_{1}\right) \geq 2 \pi p_{h}-c \mathscr{C}_{1}^{\frac{1}{8}}$. From (165), (170), (171) there must exists constant $c_{5}=c_{5}(\sigma)>0$ such that we can pick points $p_{1}, p_{2}, p_{3} \in \mathbf{D}_{1}$ for which the angle between any two of them is (roughly) $\frac{2 \pi}{3}$, formally

$$
\begin{equation*}
\left|\frac{p_{i_{1}}}{\left|p_{i_{1}}\right|} \cdot \frac{p_{i_{2}}}{\left|p_{i_{2}}\right|}+\frac{1}{2}\right|<c \mathscr{C}_{1}^{\frac{1}{8}} \text { for } i_{1}, i_{2} \in\{1,2,3\} \tag{172}
\end{equation*}
$$

And by definition of $\mathbf{D}_{1}$ we know $\frac{v\left(p_{i}\right)-v(b)}{\left|v\left(p_{i}\right)-v(b)\right|} \in \Theta_{v(b)}$ for $i=1,2,3$. Again see Figure 2.


Figure 2.

Let $\theta_{i}:=\frac{v\left(p_{i}\right)-v(b)}{\left|v\left(p_{i}\right)-v(b)\right|}$ and let $t\left(\theta_{i}\right) \geq 0$ be the smallest number such that $v(b)+$ $\theta_{i} t\left(\theta_{i}\right) \in v\left(\partial B_{l_{0}}(0)\right)$, from (124) the path $w^{-1}:\left[v(b), v(b)+\theta_{i} t\left(\theta_{i}\right)\right) \rightarrow A$ is well defined, since $p_{i} \in \partial I_{b}$ so $v\left(p_{i}\right) \in \partial B_{h}(v(b)) \subset B_{\frac{15}{32}}\left(c_{0}\right) \subset v\left(B_{l_{0}}(0)\right)$ hence $\left[v(b), v\left(p_{i}\right)\right] \subset\left[v(b), v(b)+\theta_{i} t\left(\theta_{i}\right)\right)$ thus the path $w^{-1}{ }^{32}\left(\left[v(b), v\left(p_{i}\right)\right]\right)$ is also well defined and so as $v\left(p_{i}\right) \in \partial B_{h}(v(b))$ we have

$$
\begin{equation*}
\left|b-p_{i}\right| \leq H^{1}\left(w^{-1}\left(\left[v(b), v\left(p_{i}\right)\right]\right)\right) \stackrel{(125)}{\leq} h+c \epsilon . \tag{173}
\end{equation*}
$$

Note

$$
\begin{equation*}
p_{h}=\sqrt{\frac{L^{2}\left(I_{b}\right)}{\pi}} \stackrel{(150)}{\geq} h-c \epsilon . \tag{174}
\end{equation*}
$$

Define the half-plane

$$
\begin{equation*}
\mathscr{H}(x, v):=\left\{z \in \mathbf{R}^{2}:(z-x) \cdot v \geq 0\right\} . \tag{175}
\end{equation*}
$$

Let $\mathbf{W}_{i}:=\frac{p_{i}-\omega_{b}}{\left|p_{i}-\omega_{b}\right|}$ for $i=1,2,3$. So using the fact $p_{1}, p_{2}, p_{3} \stackrel{(164)}{\epsilon} N_{c \sqrt{\epsilon}}\left(\partial B_{p_{h}}\left(\omega_{b}\right)\right)$ for the last inclusion (see Figure 3)

$$
\begin{aligned}
& b \stackrel{(173)}{\in} B_{h+c \epsilon}\left(p_{i}\right) \\
& \quad \stackrel{(174)}{\subset} \mathscr{H}\left(p_{i}+\left(p_{h}+c \epsilon\right) \mathbf{W}_{i},-\mathbf{W}_{i}\right) \\
& \subset \mathscr{H}\left(\omega_{b}+c \sqrt{\epsilon} \mathbf{W}_{i},-\mathbf{W}_{i}\right) .
\end{aligned}
$$

Thus

$$
\begin{equation*}
b \in \bigcap_{i=1}^{3} \mathscr{H}\left(\omega_{b}+c \sqrt{\epsilon} \mathbf{W}_{i},-\mathbf{W}_{i}\right) \stackrel{(172)}{\subset} B_{c \sqrt{\epsilon}}\left(\omega_{b}\right) . \tag{176}
\end{equation*}
$$



Figure 3.
Again since $p_{i} \stackrel{(164)}{\epsilon} N_{c \sqrt{\epsilon}}\left(\partial B_{p_{h}}\left(\omega_{b}\right)\right)$ and as $\left|p_{i}-\omega_{b}\right| \stackrel{(176)}{\leq}\left|p_{i}-b\right|+c \sqrt{\epsilon} \stackrel{(173)}{\leq} h+c \sqrt{\epsilon}$ thus $p_{h}-c \sqrt{\epsilon} \leq h+c \sqrt{\epsilon}$ this together with (174) gives $\left|p_{h}-h\right| \leq c \sqrt{\epsilon}$, this completes the proof of Step 10.

Proof of Lemma 3 completed. Note by Theorem 5

$$
L^{2}\left(w\left(\Upsilon_{0}\right)\right) \stackrel{(103)}{=} \int_{w\left(\Upsilon_{0}\right)} d(w, A, y) d L^{2} y \stackrel{(98)}{\geq}\left(1-c \mathscr{C}_{1}^{\frac{1}{2 q}}\right) \frac{\pi}{64}
$$

So by (122) we know $L^{2}\left(w\left(\Upsilon_{0}\right) \cap \Xi_{0}\right) \geq\left(1-c \mathscr{C}_{1}^{\frac{1}{4 q}}\right) \frac{\pi}{64}$, let $\Lambda_{0}:=w^{-1}\left(w\left(\Upsilon_{0}\right) \cap \Xi_{0}\right)$, note

$$
L^{2}\left(\Lambda_{0}\right) \geq \int_{w\left(\Upsilon_{0}\right) \cap \Xi_{0}} \operatorname{det}\left(D w^{-1}(y)\right) d L^{2} y \geq\left(1-c \mathscr{C}_{1}^{\frac{1}{4 q}}\right) \frac{\pi}{64}
$$

For any $b \in \Lambda_{0}$ by Step 9 (158) $I_{b}$ satisfies (37). In addition by (86), (99), (100) there exists $D_{b} \subset\left(\frac{1}{8}, \frac{5}{16}\right)$ with $L^{1}\left(\left(\frac{1}{8}, \frac{5}{16}\right) \backslash D_{b}\right) \leq c \mathscr{C}_{1}^{\frac{1}{32 q}}$ such that inequalities (35) and (36) of the statement of the lemma are satisfied. This completes the proof of Lemma 3.

Having established in Lemma 3 there is a large set of points $\Lambda_{0}$ with the property that for any $b \in \Lambda_{0}$, for many radii $h \in\left(\frac{1}{8}, \frac{5}{16}\right)$ we have a connected set $I_{b}$ with $L^{2}\left(I_{b} \triangle B_{h}(b)\right) \leq \varepsilon^{\frac{1}{2^{2}}}$ and with the property that $v$ maps $\partial I_{b}$ onto $\partial B_{h}(v(b))$. We will use the "shrink directions" argument described in (2.1.3) to prove that in a central sub-ball the gradient stays close to $S O(2)$.

Lemma 4. Given a function $v \in C^{4}\left(B_{\frac{1}{2}}(0)\right)$ satisfying properties (23), (25), (26), (27) and (28) of Lemma 2, define

$$
\begin{equation*}
\mathbf{B}:=\left\{x \in B_{\frac{1}{2}}(0): d(D v(x), S O(2) J)<d(D v(x), S O(2))\right\} \tag{177}
\end{equation*}
$$

we will show there exists constant $\mathscr{C}_{3}=\mathscr{C}_{3}(\sigma)>0$ such that

$$
\begin{equation*}
L^{2}\left(B_{\mathscr{C}_{3}}(0) \cap \mathbf{B}\right) \leq c \sqrt{\epsilon} \tag{178}
\end{equation*}
$$

Proof of Lemma 4. From Lemma 3 there exists a set $\Lambda_{0} \subset B_{\frac{1}{8}}(0)$ with $L^{2}\left(B_{\frac{1}{8}}(0) \backslash \Lambda_{0}\right) \leq c \mathscr{C}_{1}^{\frac{1}{4 q}}$ such that for $b \in \Lambda_{0}$ we have set $D_{b} \subset\left(\frac{1}{8}, \frac{5}{16}\right)$ with $L^{1}\left(\left(\frac{1}{8}, \frac{5}{16}\right) \backslash D_{b}\right) \leq c \mathscr{C}_{1}^{\frac{1}{32 q}}$ and for any $h \in D_{b}$ there is a connected open set $I_{b}$ satisfying (35), (36), (37). Note

$$
\int_{\Lambda_{0}} \int_{B_{\frac{1}{2}}(0)} d(D v(z), \widetilde{K})|z-x|^{-1} d L^{2} z d L^{2} x \leq c \int_{B_{\frac{1}{2}}(0)} d(D v(z), \widetilde{K}) d L^{2} z \stackrel{(23)}{\leq} c \epsilon
$$

So we can find a set $\Lambda_{1} \subset \Lambda_{0}$ with $L^{2}\left(\Lambda_{1}\right) \geq \frac{L^{2}\left(\Lambda_{0}\right)}{2}$ such that every $x \in \Lambda_{1}$ has the property

$$
\begin{equation*}
\int_{B_{\frac{1}{2}}(0)} d(D v(z), \widetilde{K})|z-x|^{-1} d L^{2} z \leq c \epsilon \tag{179}
\end{equation*}
$$

Let $b \in \Lambda_{1}$ and $h \in D_{b} \cap\left(\frac{5}{16}, \frac{6}{16}\right)$.
As in Step 10 of Lemma 3 for $\theta \in[0,2 \pi)$ define $E(\theta)>0$ to be the largest number so that $(((h-E(\theta)) \theta,(h+E(\theta)) \theta)+b) \cap \partial I_{b}=\emptyset$. Note that from (36) we know $E(\theta)<c \mathscr{C}_{1}^{\frac{1}{16}}$. In exactly the same way as we established (161), (162) of Lemma 3 we can show

$$
\begin{equation*}
\int_{S^{1}} E(\theta) d H^{1} \theta \leq c \sqrt{\epsilon} \tag{180}
\end{equation*}
$$

Since $J$ is a diagonal matrix with eigenvalues $\sigma, \sigma^{-1}$ we must be able to find $\theta_{1}, \theta_{2} \in S^{1}$ with the following properties

- $\left|J \theta_{i}\right|=1$ for $i=1,2$.
- Letting $\mathscr{H}_{0}$ denote the "short" connected component of $S^{1}$ between $\theta_{1}, \theta_{2}$ we have $|J \eta|<1$ for any $\eta \in \mathscr{H}_{0}$.
If we divide $\mathscr{H}_{0}$ into three equal sized sub-arcs, let $\mathscr{H}_{1}$ denote the central sub-arc, then there exists constant $c_{6}=c_{6}(\sigma)>0$ such that $|H \eta|<1-c_{6}$ for any $\eta \in \mathscr{H}_{1}$. Let $V_{\alpha}(0):=\left(B_{\alpha}(0) \backslash\left(B_{\frac{\alpha}{2}}(0)\right) \cap\left\{\mathbf{R} \eta: \eta \in \mathscr{H}_{1}\right\}\right.$ and let $V_{\alpha}(x):=V_{\alpha}(0)+x$.

Step 1. We will show that

$$
\begin{equation*}
L^{2}\left(V_{h}(b) \cap \mathbf{B}\right) \leq c \sqrt{\epsilon} \tag{181}
\end{equation*}
$$

Proof of Step 1. For each $\theta \in \mathscr{H}_{1}$ we can find

$$
a_{\theta} \in(((h-2 E(\theta)) \theta,(h+2 E(\theta)) \theta)+b) \cap \partial I_{b}
$$

and by (35) we know $v\left(a_{\theta}\right) \in \partial B_{h}(v(b))$ so letting $e_{\theta}:=\int_{\left[b, a_{\theta}\right]} d(D v(z), \widetilde{K}) d H^{1} z$ we have

$$
\begin{aligned}
h & =\left|v\left(a_{\theta}\right)-v(b)\right| \\
& \leq\left(1-c_{6}+e_{\theta}\right) L^{1}\left(\left[b, a_{\theta}\right] \cap \mathbf{B}\right)+\left(1+e_{\theta}\right) L^{1}\left(\left[b, a_{\theta}\right] \backslash \mathbf{B}\right) \\
& \leq\left|b-a_{\theta}\right|-c_{6} L^{1}\left(\left[b, a_{\theta}\right] \cap \mathbf{B}\right)+c e_{\theta} .
\end{aligned}
$$

Thus $L^{1}\left(\left[b, \frac{4}{16} \theta\right] \cap \mathbf{B}\right) \leq 2 E(\theta)+c e_{\theta}$. And note that by the co-area formula

$$
\begin{equation*}
\int_{0}^{2 \pi} e_{\theta} d H^{1} \theta=\int_{B_{\frac{1}{2}}(0)} d(D v(z), \widetilde{K})|z-b|^{-1} d L^{2} z \leq c \epsilon \tag{182}
\end{equation*}
$$

So again by the Co-area formula (see Figure 4)


Figure 4.

$$
\begin{equation*}
L^{2}\left(V_{\frac{1}{4}}(b) \cap \mathbf{B}\right) \leq c \int_{\mathbf{H}_{1}} L^{1}\left(\left[b, \frac{4}{16} \theta\right] \cap \mathbf{B} \backslash B_{\frac{1}{8}}(b)\right) d H^{1} \theta \stackrel{(180),(182)}{\leq} c \sqrt{\epsilon} \tag{183}
\end{equation*}
$$

Proof of Lemma completed. Assuming $\mathscr{C}_{1}$ is small enough we must be able to find $b \in \Lambda_{1} \cap V_{\frac{1}{4}}(0) \backslash B_{\frac{3}{16}}(0)$. So pick $h \in D_{b} \cap\left(\frac{4}{16}, \frac{5}{16}\right)$ then we have for some constant $\mathscr{C}_{3}=\mathscr{C}_{3}(\sigma)>0$ that $B_{\mathscr{C}_{3}}(0) \subset V_{h}(b)$, then inequality (178) follows from (183).

## 3. Proof of Theorem 2 completed

Recall we have convolved $u$ to form a smooth function $\psi:=u_{\rho_{0}}$ that satisfies (17), (18), (19) and (20). By applying Lemma 2 function $v$ defined by (22) satisfies
(23), (24), (25), (26), (27) and (28) and has all the necessary hypotheses to apply Lemma 4. So

$$
\begin{gather*}
\int_{B_{\mathscr{C}_{3}}} d(D v(x), S O(2)) d L^{2} x \stackrel{(23)}{\leq} \epsilon+c \int_{\mathbf{B}} d(D v(x), \widetilde{K}) d L^{2} x+c L^{2}(\mathbf{B})  \tag{184}\\
\stackrel{(23),(178)}{\leq} c \sqrt{\epsilon}
\end{gather*}
$$

Since $d^{q}(D v(x), S O(2)) \leq c d(D v(x), S O(2))+c d^{q}(D v(x), K)$ this gives

$$
\int_{B \mathscr{\mathscr { F }}_{3}(0)} d^{q}(D v(x), S O(2)) d L^{2} x \stackrel{(184),(24)}{\leq} c \sqrt{\epsilon} .
$$

From the definition of $v$ this implies there exists $J \in\{I d, H\}$ such that

$$
\int_{B \mathscr{C}_{3}(0)} d^{q}(D v(z), S O(2) J) d L^{2} z \leq c \varepsilon^{\frac{1}{2 q}}
$$

Assuming $\mathscr{C}_{1}$ is chosen small enough we can apply the same argument to show that for each $x_{0} \in B_{\frac{1}{2}}(0)$ there exists $J_{x_{0}} \in\{I d, H\}$ such that

$$
\begin{equation*}
\int_{\frac{B_{\frac{\mathscr{C}_{3}}{2}}\left(x_{0}\right)}{}} d^{q}\left(D u(z), S O(2) J_{x_{0}}\right) d L^{2} z \leq c \varepsilon^{\frac{1}{2 q}} \tag{185}
\end{equation*}
$$

By Besicovitch covering Theorem we can find a finite collection of points $\left\{x_{1}, x_{2}, \ldots\right.$, $\left.x_{m_{0}}\right\}$ with the properties that $B_{\frac{1}{2}}(0) \subset \bigcup_{i=1}^{m_{0}} B_{\frac{\mathscr{C}_{3}}{8}}\left(x_{i}\right)$ and $\left\|\sum_{i=1}^{m_{0}} \chi_{B_{\frac{\mathscr{G}_{3}}{8}}\left(x_{i}\right)}\right\|_{\infty} \leq 5$. Now if for some $i_{1}, i_{2} \in\left\{1,2, \ldots, m_{0}\right\}$ we have $x_{i_{1}} \in B_{\frac{\mathscr{C}_{3}}{4}}\left(x_{i_{2}}\right)$ then

$$
\left(\int_{B_{\frac{\mathscr{G}_{3}}{8}}\left(\frac{x_{i_{1}}+x_{i_{2}}}{2}\right)} d^{q}\left(D v(z), S O(2) J_{x_{a}}\right) d L^{2} z\right)^{\frac{1}{q}} \leq c \varepsilon^{\frac{1}{2 q^{2}}} \text { for } a=1,2 .
$$

And this implies $J_{x_{i_{1}}}=J_{x_{i_{2}}}$ and hence we can find $J \in\{I d, H\}$ such that

$$
\begin{equation*}
J_{x_{i}}=J \text { for } i=1,2, \ldots, m_{0} . \tag{186}
\end{equation*}
$$

Thus $\int_{B_{\frac{\mathscr{C}_{3}}{2}}\left(x_{i}\right)} d^{q}(D u(z), S O(2) J) d L^{2} z \leq c \varepsilon^{\frac{1}{2 q}}$ for $i=1,2, \ldots, m_{0}$. Hence

$$
\begin{aligned}
\int_{B_{\frac{1}{2}}(0)} d^{q}(D u(z), S O(2) J) d L^{2} z & \leq c \sum_{k=1}^{m_{0}} \int_{B_{\mathscr{G}_{3}}^{4}\left(x_{i}\right)} d^{q}(D u(z), S O(2) J) d L^{2} z \\
& \leq c \varepsilon^{\frac{1}{2 q}}
\end{aligned}
$$

thus establishes the first part of the conclusion of Theorem 2.
Now consider the case $q>1$. If $J=I d$ we can then apply Theorem 1 to conclude there exists $R \in S O$ (2) such that (5) holds true. If $J=H$ we define
$w=u \cdot l_{H^{-1}}$ where $l_{H^{-1}}$ is an affine functions with derivative $H^{-1}$, then

$$
\int_{l_{H^{-1}}^{-1}\left(B_{\frac{1}{2}}(0)\right)} d^{q}(D w(z), S O(2)) d L^{2} z \leq c \epsilon^{\frac{1}{2 q}} .
$$

Applying Theorem 1 again allows us to conclude there exists $R$ such that

$$
\int_{l_{H^{-1}}^{-1}\left(B_{\frac{1}{2}}(0)\right)}|D w(z)-R|^{q} d L^{2} z \leq c \epsilon^{\frac{1}{2 q}}
$$

changing varibles then allows to conclude (5).

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[^1]:    ${ }^{1}$ In our opinion there are correctable, but non trivial gaps in the argument of [CoSc06].

