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## SOME GRÜSS TYPE INEQUALITIES IN INNER PRODUCT SPACES

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## Abstract

## Some new Grüss type inequalities in inner product spaces and applications for integrals are given.

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Some Grüss' Type Inequalities in Inner Product Spaces
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## 1. Introduction

In [1], the author has proved the following Grüss type inequality in real or complex inner product spaces.

Theorem 1.1. Let $(H,\langle\cdot, \cdot\rangle)$ be an inner product space over $\mathbb{K}(\mathbb{K}=\mathbb{R}, \mathbb{C})$ and $e \in H,\|e\|=1$. If $\varphi, \gamma, \Phi, \Gamma$ are real or complex numbers and $x, y$ are vectors in $H$ such that the conditions

$$
\begin{equation*}
\operatorname{Re}\langle\Phi e-x, x-\varphi e\rangle \geq 0 \text { and } \operatorname{Re}\langle\Gamma e-y, y-\gamma e\rangle \geq 0 \tag{1.1}
\end{equation*}
$$

hold, then we have the inequality

$$
\begin{equation*}
|\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle| \leq \frac{1}{4}|\Phi-\varphi| \cdot|\Gamma-\gamma| \tag{1.2}
\end{equation*}
$$

The constant $\frac{1}{4}$ is best possible in the sense that it cannot be replaced by a smaller constant.

Some particular cases of interest for integrable functions with real or complex values and the corresponding discrete versions are listed below.

Corollary 1.2. Let $f, g:[a, b] \rightarrow \mathbb{K}(\mathbb{K}=\mathbb{R}, \mathbb{C})$ be Lebesgue integrable and such that
(1.3) $\operatorname{Re}[(\Phi-f(x))(\overline{f(x)}-\bar{\varphi})] \geq 0, \operatorname{Re}[(\Gamma-g(x))(\overline{g(x)}-\bar{\gamma})] \geq 0$
for a.e. $x \in[a, b]$, where $\varphi, \gamma, \Phi, \Gamma$ are real or complex numbers and $\bar{z}$ denotes


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the complex conjugate of $z$. Then we have the inequality

$$
\begin{align*}
\left\lvert\, \frac{1}{b-a} \int_{a}^{b} f(x) \overline{g(x)} d x-\frac{1}{b-a} \int_{a}^{b} f(x) d x\right. & \left.\cdot \frac{1}{b-a} \int_{a}^{b} \overline{g(x)} d x \right\rvert\,  \tag{1.4}\\
& \leq \frac{1}{4}|\Phi-\varphi| \cdot|\Gamma-\gamma|
\end{align*}
$$

The constant $\frac{1}{4}$ is best possible.
The discrete case is embodied in
Corollary 1.3. Let $\mathbf{x}, \mathbf{y} \in \mathbb{K}^{n}$ and $\varphi, \gamma, \Phi, \Gamma$ are real or complex numbers such that

$$
\begin{equation*}
\operatorname{Re}\left[\left(\Phi-x_{i}\right)\left(\overline{x_{i}}-\bar{\varphi}\right)\right] \geq 0, \quad \operatorname{Re}\left[\left(\Gamma-y_{i}\right)\left(\overline{y_{i}}-\bar{\gamma}\right)\right] \geq 0 \tag{1.5}
\end{equation*}
$$

for each $i \in\{1, \ldots, n\}$. Then we have the inequality

$$
\begin{equation*}
\left|\frac{1}{n} \sum_{i=1}^{n} x_{i} \overline{y_{i}}-\frac{1}{n} \sum_{i=1}^{n} x_{i} \cdot \frac{1}{n} \sum_{i=1}^{n} \overline{y_{i}}\right| \leq \frac{1}{4}|\Phi-\varphi| \cdot|\Gamma-\gamma| . \tag{1.6}
\end{equation*}
$$

The constant $\frac{1}{4}$ is best possible.
For other applications of Theorem 1.1, see the recent paper [2].
In the present paper we show that the condition (1.1) may be replaced by an equivalent but simpler assumption and a new proof of Theorem 1.1 is produced. A refinement of the Grüss type inequality (1.2), some companions and applications for integrals are pointed out as well.

## 2. An Equivalent Assumption

The following lemma holds.
Lemma 2.1. Let $a, x, A$ be vectors in the inner product space $(H,\langle\cdot, \cdot\rangle)$ over $\mathbb{K}(\mathbb{K}=\mathbb{R}, \mathbb{C})$ with $a \neq A$. Then

$$
\operatorname{Re}\langle A-x, x-a\rangle \geq 0
$$

if and only if

$$
\left\|x-\frac{a+A}{2}\right\| \leq \frac{1}{2}\|A-a\| .
$$

Proof. Define

$$
I_{1}:=\operatorname{Re}\langle A-x, x-a\rangle, \quad I_{2}:=\frac{1}{4}\|A-a\|^{2}-\left\|x-\frac{a+A}{2}\right\|^{2}
$$

A simple calculation shows that

$$
I_{1}=I_{2}=\operatorname{Re}[\langle x, a\rangle+\langle A, x\rangle]-\operatorname{Re}\langle A, a\rangle-\|x\|^{2}
$$

and thus, obviously, $I_{1} \geq 0$ iff $I_{2} \geq 0$, showing the required equivalence.
The following corollary is obvious
Corollary 2.2. Let $x, e \in H$ with $\|e\|=1$ and $\delta, \Delta \in \mathbb{K}$ with $\delta \neq \Delta$. Then

$$
\operatorname{Re}\langle\Delta e-x, x-\delta e\rangle \geq 0
$$

if and only if

$$
\left\|x-\frac{\delta+\Delta}{2} \cdot e\right\| \leq \frac{1}{2}|\Delta-\delta|
$$

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Remark 2.1. If $H=\mathbb{C}$, then

$$
\operatorname{Re}[(A-x)(\bar{x}-\bar{a})] \geq 0
$$

if and only if

$$
\left|x-\frac{a+A}{2}\right| \leq \frac{1}{2}|A-a|,
$$

where $a, x, A \in \mathbb{C}$. If $H=\mathbb{R}$, and $A>a$ then $a \leq x \leq A$ if and only if $\left|x-\frac{a+A}{2}\right| \leq \frac{1}{2}|A-a|$.

The following lemma also holds.
Lemma 2.3. Let $x, e \in H$ with $\|e\|=1$. Then one has the following representation

$$
\begin{equation*}
0 \leq\|x\|^{2}-|\langle x, e\rangle|^{2}=\inf _{\lambda \in \mathbb{K}}\|x-\lambda e\|^{2} \tag{2.1}
\end{equation*}
$$

Proof. Observe, for any $\lambda \in \mathbb{K}$, that

$$
\begin{aligned}
\langle x-\lambda e, x-\langle x, e\rangle e\rangle & =\|x\|^{2}-|\langle x, e\rangle|^{2}-\lambda\left[\langle e, x\rangle-\langle e, x\rangle\|e\|^{2}\right] \\
& =\|x\|^{2}-|\langle x, e\rangle|^{2}
\end{aligned}
$$

Using Schwarz's inequality, we have

$$
\begin{aligned}
{\left[\|x\|^{2}-|\langle x, e\rangle|^{2}\right]^{2} } & =|\langle x-\lambda e, x-\langle x, e\rangle e\rangle|^{2} \\
& \leq\|x-\lambda e\|^{2}\|x-\langle x, e\rangle e\|^{2} \\
& =\|x-\lambda e\|^{2}\left[\|x\|^{2}-|\langle x, e\rangle|^{2}\right]
\end{aligned}
$$

giving the bound

$$
\begin{equation*}
\|x\|^{2}-|\langle x, e\rangle|^{2} \leq\|x-\lambda e\|^{2}, \lambda \in \mathbb{K} \tag{2.2}
\end{equation*}
$$

Taking the infimum in (2.2) over $\lambda \in \mathbb{K}$, we deduce

$$
\|x\|^{2}-|\langle x, e\rangle|^{2} \leq \inf _{\lambda \in \mathbb{K}}\|x-\lambda e\|^{2}
$$

Since, for $\lambda_{0}=\langle x, e\rangle$, we get $\left\|x-\lambda_{0} e\right\|^{2}=\|x\|^{2}-|\langle x, e\rangle|^{2}$, then the representation (2.1) is proved.

We are able now to provide a different proof for the Grüss type inequality in inner product spaces mentioned in the Introduction, than the one from paper [1].

Theorem 2.4. Let $(H,\langle\cdot, \cdot\rangle)$ be an inner product space over $\mathbb{K}(\mathbb{K}=\mathbb{R}, \mathbb{C})$ and $e \in H,\|e\|=1$. If $\varphi, \gamma, \Phi, \Gamma$ are real or complex numbers and $x, y$ are vectors in $H$ such that the conditions (1.1) hold, or, equivalently, the following assumptions

$$
\begin{equation*}
\left\|x-\frac{\varphi+\Phi}{2} \cdot e\right\| \leq \frac{1}{2}|\Phi-\varphi|, \quad\left\|y-\frac{\gamma+\Gamma}{2} \cdot e\right\| \leq \frac{1}{2}|\Gamma-\gamma| \tag{2.3}
\end{equation*}
$$

are valid, then one has the inequality

$$
\begin{equation*}
|\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle| \leq \frac{1}{4}|\Phi-\varphi| \cdot|\Gamma-\gamma| . \tag{2.4}
\end{equation*}
$$

The constant $\frac{1}{4}$ is best possible.

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Proof. It can be easily shown (see for example the proof of Theorem 1 from [1]) that

$$
\begin{equation*}
|\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle| \leq\left[\|x\|^{2}-|\langle x, e\rangle|^{2}\right]^{\frac{1}{2}}\left[\|y\|^{2}-|\langle y, e\rangle|^{2}\right]^{\frac{1}{2}} \tag{2.5}
\end{equation*}
$$

for any $x, y \in H$ and $e \in H,\|e\|=1$. Using Lemma 2.3 and the conditions (2.3) we obviously have that

$$
\left[\|x\|^{2}-|\langle x, e\rangle|^{2}\right]^{\frac{1}{2}}=\inf _{\lambda \in \mathbb{K}}\|x-\lambda e\| \leq\left\|x-\frac{\varphi+\Phi}{2} \cdot e\right\| \leq \frac{1}{2}|\Phi-\varphi|
$$

and

$$
\left[\|y\|^{2}-|\langle y, e\rangle|^{2}\right]^{\frac{1}{2}}=\inf _{\lambda \in \mathbb{K}}\|y-\lambda e\| \leq\left\|y-\frac{\gamma+\Gamma}{2} \cdot e\right\| \leq \frac{1}{2}|\Gamma-\gamma|
$$

and by (2.5) the desired inequality (2.4) is obtained.
The fact that $\frac{1}{4}$ is the best possible constant, has been shown in [1] and we omit the details.


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## 3. A Refinement of the Griuss Inequality

The following result improving (1.1) holds
Theorem 3.1. Let $(H,\langle\cdot, \cdot\rangle)$ be an inner product space over $\mathbb{K}(\mathbb{K}=\mathbb{R}, \mathbb{C})$ and $e \in H,\|e\|=1$. If $\varphi, \gamma, \Phi, \Gamma$ are real or complex numbers and $x, y$ are vectors in $H$ such that the conditions (1.1), or, equivalently, (2.3) hold, then we have the inequality
(3.1) $|\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle| \leq \frac{1}{4}|\Phi-\varphi| \cdot|\Gamma-\gamma|$

$$
-[\operatorname{Re}\langle\Phi e-x, x-\varphi e\rangle]^{\frac{1}{2}}[\operatorname{Re}\langle\Gamma e-y, y-\gamma e\rangle]^{\frac{1}{2}} .
$$

Proof. As in [1], we have

$$
\begin{equation*}
|\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle|^{2} \leq\left[\|x\|^{2}-|\langle x, e\rangle|^{2}\right]\left[\|y\|^{2}-|\langle y, e\rangle|^{2}\right], \tag{3.2}
\end{equation*}
$$

(3.3) $\|x\|^{2}-|\langle x, e\rangle|^{2}$

$$
=\operatorname{Re}[(\Phi-\langle x, e\rangle)(\overline{\langle x, e\rangle}-\bar{\varphi})]-\operatorname{Re}\langle\Phi e-x, x-\varphi e\rangle
$$

and
(3.4) $\|y\|^{2}-|\langle y, e\rangle|^{2}$

$$
=\operatorname{Re}[(\Gamma-\langle y, e\rangle)(\overline{\langle y, e\rangle}-\bar{\gamma})]-\operatorname{Re}\langle\Gamma e-x, x-\gamma e\rangle .
$$

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Using the elementary inequality

$$
4 \operatorname{Re}(a \bar{b}) \leq|a+b|^{2} ; a, b \in \mathbb{K}(\mathbb{K}=\mathbb{R}, \mathbb{C})
$$

we may state that

$$
\begin{equation*}
\operatorname{Re}[(\Phi-\langle x, e\rangle)(\overline{\langle x, e\rangle}-\bar{\varphi})] \leq \frac{1}{4}|\Phi-\varphi|^{2} \tag{3.5}
\end{equation*}
$$

and

$$
\begin{equation*}
\operatorname{Re}[(\Gamma-\langle y, e\rangle)(\overline{\langle y, e\rangle}-\bar{\gamma})] \leq \frac{1}{4}|\Gamma-\gamma|^{2} \tag{3.6}
\end{equation*}
$$

Consequently, by (3.2) - (3.6) we may state that
(3.7) $|\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle|^{2}$

$$
\begin{aligned}
\leq\left[\frac{1}{4}|\Phi-\varphi|^{2}\right. & \left.-\left([\operatorname{Re}\langle\Phi e-x, x-\varphi e\rangle]^{\frac{1}{2}}\right)^{2}\right] \\
& \times\left[\frac{1}{4}|\Gamma-\gamma|^{2}-\left([\operatorname{Re}\langle\Gamma e-y, y-\gamma e\rangle]^{\frac{1}{2}}\right)^{2}\right] .
\end{aligned}
$$

Finally, using the elementary inequality for positive real numbers

$$
\left(m^{2}-n^{2}\right)\left(p^{2}-q^{2}\right) \leq(m p-n q)^{2}
$$

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we have

$$
\begin{aligned}
& {\left[\frac{1}{4}|\Phi-\varphi|^{2}-\right.} \\
& \times\left.\left([\operatorname{Re}\langle\Phi e-x, x-\varphi e\rangle]^{\frac{1}{2}}\right)^{2}\right] \\
& \times {\left[\frac{1}{4}|\Gamma-\gamma|^{2}-\left([\operatorname{Re}\langle\Gamma e-y, y-\gamma e\rangle]^{\frac{1}{2}}\right)^{2}\right] } \\
& \leq\left(\frac{1}{4}|\Phi-\varphi| \cdot|\Gamma-\gamma|-[\operatorname{Re}\langle\Phi e-x, x-\varphi e\rangle]^{\frac{1}{2}}[\operatorname{Re}\langle\Gamma e-y, y-\gamma e\rangle]^{\frac{1}{2}}\right)^{2}
\end{aligned}
$$

giving the desired inequality (3.1).
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## 4. Some Companion Inequalities

The following companion of the Grüss inequality in inner product spaces holds.
Theorem 4.1. Let $(H,\langle\cdot, \cdot\rangle)$ be an inner product space over $\mathbb{K}(\mathbb{K}=\mathbb{R}, \mathbb{C})$ and $e \in H,\|e\|=1$. If $\gamma, \Gamma \in \mathbb{K}$ and $x, y \in H$ are such that

$$
\begin{equation*}
\operatorname{Re}\left\langle\Gamma e-\frac{x+y}{2}, \frac{x+y}{2}-\gamma e\right\rangle \geq 0 \tag{4.1}
\end{equation*}
$$

or, equivalently,

$$
\begin{equation*}
\left\|\frac{x+y}{2}-\frac{\gamma+\Gamma}{2} \cdot e\right\| \leq \frac{1}{2}|\Gamma-\gamma|, \tag{4.2}
\end{equation*}
$$

then we have the inequality

$$
\begin{equation*}
\operatorname{Re}[\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle] \leq \frac{1}{4}|\Gamma-\gamma|^{2} \tag{4.3}
\end{equation*}
$$

The constant $\frac{1}{4}$ is best possible in the sense that it cannot be replaced by a smaller constant.

Proof. Start with the well known inequality

$$
\begin{equation*}
\operatorname{Re}\langle z, u\rangle \leq \frac{1}{4}\|z+u\|^{2} ; \quad z, u \in H \tag{4.4}
\end{equation*}
$$

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Since

$$
\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle=\langle x-\langle x, e\rangle e, y-\langle y, e\rangle e\rangle
$$

then using (4.4) we may write

$$
\begin{align*}
\operatorname{Re}[\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle] & =\operatorname{Re}[\langle x-\langle x, e\rangle e, y-\langle y, e\rangle e\rangle]  \tag{4.5}\\
& \leq \frac{1}{4}\|x-\langle x, e\rangle e+y-\langle y, e\rangle e\|^{2} \\
& =\left\|\frac{x+y}{2}-\left\langle\frac{x+y}{2}, e\right\rangle \cdot e\right\|^{2} \\
& =\left\|\frac{x+y}{2}\right\|^{2}-\left|\left\langle\frac{x+y}{2}, e\right\rangle\right|^{2} .
\end{align*}
$$

If we apply Grüss' inequality in inner product spaces for, say, $a=b=\frac{x+y}{2}$, we get

$$
\begin{equation*}
\left\|\frac{x+y}{2}\right\|^{2}-\left|\left\langle\frac{x+y}{2}, e\right\rangle\right|^{2} \leq \frac{1}{4}|\Gamma-\gamma|^{2} . \tag{4.6}
\end{equation*}
$$

Making use of (4.5) and (4.6) we deduce (4.3).
The fact that $\frac{1}{4}$ is the best possible constant in (4.3) follows by the fact that if in (4.1) we choose $x=y$, then it becomes $\operatorname{Re}\langle\Gamma e-x, x-\gamma e\rangle \geq 0$, implying $0 \leq\|x\|^{2}-|\langle x, e\rangle|^{2} \leq \frac{1}{4}|\Gamma-\gamma|^{2}$, for which, by Grüss' inequality in inner product spaces, we know that the constant $\frac{1}{4}$ is best possible.

The following corollary might be of interest if one wanted to evaluate the absolute value of

$$
\operatorname{Re}[\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle]
$$

Corollary 4.2. Let $(H,\langle\cdot, \cdot\rangle)$ be an inner product space over $\mathbb{K}(\mathbb{K}=\mathbb{R}, \mathbb{C})$ and $e \in H,\|e\|=1$. If $\gamma, \Gamma \in \mathbb{K}$ and $x, y \in H$ are such that

$$
\begin{equation*}
\operatorname{Re}\left\langle\Gamma e-\frac{x \pm y}{2}, \frac{x \pm y}{2}-\gamma e\right\rangle \geq 0 \tag{4.7}
\end{equation*}
$$

or, equivalently,

$$
\begin{equation*}
\left\|\frac{x \pm y}{2}-\frac{\gamma+\Gamma}{2} \cdot e\right\| \leq \frac{1}{2}|\Gamma-\gamma| \tag{4.8}
\end{equation*}
$$

then we have the inequality

$$
\begin{equation*}
|\operatorname{Re}[\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle]| \leq \frac{1}{4}|\Gamma-\gamma|^{2} \tag{4.9}
\end{equation*}
$$

If the inner product space $H$ is real, then $($ for $m, M \in \mathbb{R}, M>m$ )

$$
\begin{equation*}
\left\langle M e-\frac{x \pm y}{2}, \frac{x \pm y}{2}-m e\right\rangle \geq 0 \tag{4.10}
\end{equation*}
$$

or, equivalently,

$$
\begin{equation*}
\left\|\frac{x \pm y}{2}-\frac{m+M}{2} \cdot e\right\| \leq \frac{1}{2}(M-m) \tag{4.11}
\end{equation*}
$$

implies

$$
\begin{equation*}
|\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle| \leq \frac{1}{4}(M-m)^{2} \tag{4.12}
\end{equation*}
$$

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In both inequalities (4.9) and (4.12), the constant $\frac{1}{4}$ is best possible.

Proof. We only remark that, if

$$
\operatorname{Re}\left\langle\Gamma e-\frac{x-y}{2}, \frac{x-y}{2}-\gamma e\right\rangle \geq 0
$$

holds, then by Theorem 4.1, we get

$$
\operatorname{Re}[-\langle x, y\rangle+\langle x, e\rangle\langle e, y\rangle] \leq \frac{1}{4}|\Gamma-\gamma|^{2}
$$

showing that

$$
\begin{equation*}
\operatorname{Re}[\langle x, y\rangle-\langle x, e\rangle\langle e, y\rangle] \geq-\frac{1}{4}|\Gamma-\gamma|^{2} \tag{4.13}
\end{equation*}
$$

Making use of (4.3) and (4.13) we deduce the desired result (4.9).
Finally, we may state and prove the following dual result as well
Proposition 4.3. Let $(H,\langle\cdot, \cdot\rangle)$ be an inner product space over $\mathbb{K}(\mathbb{K}=\mathbb{R}, \mathbb{C})$ and $e \in H,\|e\|=1$. If $\varphi, \Phi \in \mathbb{K}$ and $x, y \in H$ are such that

$$
\begin{equation*}
\operatorname{Re}[(\Phi-\langle x, e\rangle)(\overline{\langle x, e\rangle}-\bar{\varphi})] \leq 0 \tag{4.14}
\end{equation*}
$$

then we have the inequalities

$$
\begin{align*}
\|x-\langle x, e\rangle e\| & \leq[\operatorname{Re}\langle x-\Phi e, x-\varphi e\rangle]^{\frac{1}{2}}  \tag{4.15}\\
& \leq \frac{\sqrt{2}}{2}\left[\|x-\Phi e\|^{2}+\|x-\varphi e\|^{2}\right]^{\frac{1}{2}}
\end{align*}
$$



Proof. We know that the following identity holds true (see (3.3))
(4.16) $\|x\|^{2}-|\langle x, e\rangle|^{2}$

$$
=\operatorname{Re}[(\Phi-\langle x, e\rangle)(\overline{\langle x, e\rangle}-\bar{\varphi})]+\operatorname{Re}\langle x-\Phi e, x-\varphi e\rangle .
$$

Using the assumption (4.14) and the fact that

$$
\|x\|^{2}-|\langle x, e\rangle|^{2}=\|x-\langle x, e\rangle e\|^{2},
$$

by (4.16) we deduce the first inequality in (4.15).
The second inequality in (4.15) follows by the fact that for any $v, w \in H$ one has

$$
\operatorname{Re}\langle w, v\rangle \leq \frac{1}{2}\left(\|w\|^{2}+\|v\|^{2}\right)
$$

The proposition is thus proved.

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## 5. Integral Inequalities

Let $(\Omega, \Sigma, \mu)$ be a measure space consisting of a set $\Omega$, a $\sigma$-algebra of parts $\Sigma$ and a countably additive and positive measure $\mu$ on $\Sigma$ with values in $\mathbb{R} \cup\{\infty\}$. Denote by $L^{2}(\Omega, \mathbb{K})$ the Hilbert space of all real or complex valued functions $f$ defined on $\Omega$ and 2 -integrable on $\Omega$, i.e.,

$$
\int_{\Omega}|f(s)|^{2} d \mu(s)<\infty
$$

The following proposition holds
Proposition 5.1. If $f, g, h \in L^{2}(\Omega, \mathbb{K})$ and $\varphi, \Phi, \gamma, \Gamma \in \mathbb{K}$, are such that $\int_{\Omega}|h(s)|^{2} d \mu(s)=1$ and

$$
\begin{align*}
& \int_{\Omega} \operatorname{Re}[(\Phi h(s)-f(s))(\overline{f(s)}-\overline{\varphi h(s)})] d \mu(s) \geq 0  \tag{5.1}\\
& \int_{\Omega} \operatorname{Re}[(\Gamma h(s)-g(s))(\overline{g(s)}-\bar{\gamma} \overline{h(s)})] d \mu(s) \geq 0
\end{align*}
$$

or, equivalently

$$
\begin{align*}
& \left(\int_{\Omega}\left|f(s)-\frac{\Phi+\varphi}{2} h(s)\right|^{2} d \mu(s)\right)^{\frac{1}{2}} \leq \frac{1}{2}|\Phi-\varphi|  \tag{5.2}\\
& \left(\int_{\Omega}\left|g(s)-\frac{\Gamma+\gamma}{2} h(s)\right|^{2} d \mu(s)\right)^{\frac{1}{2}} \leq \frac{1}{2}|\Gamma-\gamma|
\end{align*}
$$

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then we have the following refinement of the Grüss integral inequality

$$
\begin{align*}
& \left|\int_{\Omega} f(s) \overline{g(s)} d \mu(s)-\int_{\Omega} f(s) \overline{h(s)} d \mu(s) \int_{\Omega} h(s) \overline{g(s)} d \mu(s)\right|  \tag{5.3}\\
& \leq \frac{1}{4}|\Phi-\varphi| \cdot|\Gamma-\gamma| \\
& \quad-\left[\int_{\Omega} \operatorname{Re}[(\Phi h(s)-f(s))(\overline{f(s)}-\bar{\varphi} \overline{h(s)})] d \mu(s)\right. \\
& \left.\quad \times \int_{\Omega} \operatorname{Re}[(\Gamma h(s)-g(s))(\overline{g(s)}-\bar{\gamma} \overline{h(s)})] d \mu(s)\right]^{\frac{1}{2}}
\end{align*}
$$

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The constant $\frac{1}{4}$ is best possible.
The proof follows by Theorem 3.1 on choosing $H=L^{2}(\Omega, \mathbb{K})$ with the inner product

$$
\langle f, g\rangle:=\int_{\Omega} f(s) \overline{g(s)} d \mu(s) .
$$

We omit the details.
Remark 5.1. It is obvious that a sufficient condition for (5.1) to hold is

$$
\operatorname{Re}[(\Phi h(s)-f(s))(\overline{f(s)}-\overline{\varphi h(s)})] \geq 0
$$

and

$$
\operatorname{Re}[(\Gamma h(s)-g(s))(\overline{g(s)}-\bar{\gamma} \overline{h(s)})] \geq 0
$$

for $\mu-$ a.e. $s \in \Omega$, or equivalently,

$$
\begin{aligned}
& \left|f(s)-\frac{\Phi+\varphi}{2} h(s)\right| \leq \frac{1}{2}|\Phi-\varphi||h(s)| \quad \text { and } \\
& \left|g(s)-\frac{\Gamma+\gamma}{2} h(s)\right| \leq \frac{1}{2}|\Gamma-\gamma||h(s)|
\end{aligned}
$$

for $\mu-$ a.e. $s \in \Omega$.
The following result may be stated as well.
Corollary 5.2. If $z, Z, t, T \in \mathbb{K}, \mu(\Omega)<\infty$ and $f, g \in L^{2}(\Omega, \mathbb{K})$ are such that:

$$
\begin{align*}
& \operatorname{Re}[(Z-f(s))(\overline{f(s)}-\bar{z})] \geq 0  \tag{5.4}\\
& \operatorname{Re}[(T-g(s))(\overline{g(s)}-\bar{t})] \geq 0 \text { for a.e. } s \in \Omega
\end{align*}
$$

or, equivalently

$$
\begin{align*}
& \left|f(s)-\frac{z+Z}{2}\right| \leq \frac{1}{2}|Z-z|  \tag{5.5}\\
& \left|g(s)-\frac{t+T}{2}\right| \leq \frac{1}{2}|T-t| \text { for a.e. } s \in \Omega
\end{align*}
$$

then we have the inequality

$$
\begin{align*}
& \left\lvert\, \frac{1}{\mu(\Omega)} \int_{\Omega} f(s) \overline{g(s)} d \mu(s)\right.  \tag{5.6}\\
& \left.\quad-\frac{1}{\mu(\Omega)} \int_{\Omega} f(s) d \mu(s) \cdot \frac{1}{\mu(\Omega)} \int_{\Omega} \overline{g(s)} d \mu(s) \right\rvert\,
\end{align*}
$$

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$$
\begin{aligned}
\leq \frac{1}{4}|Z-z||T-t|-\frac{1}{\mu(\Omega)} & {\left[\int_{\Omega} \operatorname{Re}[(Z-f(s))(\overline{f(s)}-\bar{z})] d \mu(s)\right.} \\
\times & \left.\int_{\Omega} \operatorname{Re}[(T-g(s))(\overline{g(s)}-\bar{t})] d \mu(s)\right]^{\frac{1}{2}}
\end{aligned}
$$

Using Theorem 4.1 we may state the following result as well.
Proposition 5.3. If $f, g, h \in L^{2}(\Omega, \mathbb{K})$ and $\gamma, \Gamma \in \mathbb{K}$ are such that $\int_{\Omega}|h(s)|^{2} d \mu(s)$ $=1$ and
(5.7) $\int_{\Omega} \operatorname{Re}\left\{\left[\Gamma h(s)-\frac{f(s)+g(s)}{2}\right]\right.$

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$$
\left.\times\left[\frac{\overline{f(s)}+\overline{g(s)}}{2}-\bar{\gamma} \bar{h}(s)\right]\right\} d \mu(s) \geq 0
$$

or, equivalently,
(5.8) $\quad\left(\int_{\Omega}\left|\frac{f(s)+g(s)}{2}-\frac{\gamma+\Gamma}{2} h(s)\right|^{2} d \mu(s)\right)^{\frac{1}{2}} \leq \frac{1}{2}|\Gamma-\gamma|$,
then we have the inequality
(5.9) $\quad I:=\int_{\Omega} \operatorname{Re}[f(s) \overline{g(s)}] d \mu(s)$
$-\operatorname{Re}\left[\int_{\Omega} f(s) \overline{h(s)} d \mu(s) \cdot \int_{\Omega} h(s) \overline{g(s)} d \mu(s)\right]$
$\leq \frac{1}{4}|\Gamma-\gamma|^{2}$.

If (5.7) and (5.8) hold with " $\pm$ " instead of " + ", then

$$
\begin{equation*}
|I| \leq \frac{1}{4}|\Gamma-\gamma|^{2} . \tag{5.10}
\end{equation*}
$$

Remark 5.2. It is obvious that a sufficient condition for (5.7) to hold is
(5.11) $\operatorname{Re}\left\{\left[\Gamma h(s)-\frac{f(s)+g(s)}{2}\right] \cdot\left[\frac{\overline{f(s)}+\overline{g(s)}}{2}-\bar{\gamma} \bar{h}(s)\right]\right\} \geq 0$
for a.e. $s \in \Omega$, or equivalently

$$
\begin{equation*}
\left|\frac{f(s)+g(s)}{2}-\frac{\gamma+\Gamma}{2} h(s)\right| \leq \frac{1}{2}|\Gamma-\gamma||h(s)| \text { for a.e. } s \in \Omega . \tag{5.12}
\end{equation*}
$$

Finally, the following corollary holds.
Corollary 5.4. If $Z, z \in \mathbb{K}, \mu(\Omega)<\infty$ and $f, g \in L^{2}(\Omega, \mathbb{K})$ are such that
(5.13) $\operatorname{Re}\left[\left(Z-\frac{f(s)+g(s)}{2}\right)\left(\frac{\overline{f(s)}+\overline{g(s)}}{2}-\bar{z}\right)\right] \geq 0$ for a.e. $s \in \Omega$ or, equivalently
(5.14) $\left|\frac{f(s)+g(s)}{2}-\frac{z+Z}{2}\right| \leq \frac{1}{2}|Z-z|$ for a.e. $s \in \Omega$,


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then we have the inequality

$$
\begin{aligned}
J & :=\frac{1}{\mu(\Omega)} \int_{\Omega} \operatorname{Re}[f(s) \overline{g(s)}] d \mu(s) \\
& \quad-\operatorname{Re}\left[\frac{1}{\mu(\Omega)} \int_{\Omega} f(s) d \mu(s) \cdot \frac{1}{\mu(\Omega)} \int_{\Omega} \overline{g(s)} d \mu(s)\right] \\
\leq & \frac{1}{4}|Z-z|^{2}
\end{aligned}
$$

If (5.13) and (5.14) hold with " $\pm$ " instead of " + ", then

$$
\begin{equation*}
|J| \leq \frac{1}{4}|Z-z|^{2} \tag{5.15}
\end{equation*}
$$

Remark 5.3. It is obvious that if one chooses the discrete measure above, then all the inequalities in this section may be written for sequences of real or complex numbers. We omit the details.

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